

A GLASS OF SALTS WILL END KIDNEY-BACKACHE

Says Drugs Excite Kidneys and Recommend Only Salts, Particularly if Bladder Suffers You.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.—Adv.

Natural Inclination.
"That fellow doesn't live; he simply vegetates."
"No wonder. He's got a cabbage head, carrot hair, he's a perfect business leak and an all-around beat."

Wash day is smile day if you use Red Cross Ball Blue, American made, therefore the best made. Adv.

A married woman is fond of having her own way—and she can't understand why her husband isn't.

WOMAN IN BAD CONDITION

Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Montpelier, Vt.—"We have great faith in your remedies. I was very irregular and was tired and sleepy all the time, would have cold chills, and my hands and feet would blot. My stomach bothered me, I had pain in my side and a bad headache most of the time. Lydia E. Pinkham's Vegetable Compound has done me lots of good and I now feel fine. I am regular, my stomach is better and my pains have all left me. I can use my name if you like. I am proud of what your remedies have done for me."—Mrs. MARY GAUTHIER, 21 Ridge St., Montpelier, Vt.

An Honest Dependable Medicine
It must be admitted by every fair-minded, intelligent person, that a medicine could not live and grow in popularity for nearly forty years, and to-day hold a record for thousands upon thousands of actual cures, as has Lydia E. Pinkham's Vegetable Compound, without possessing great virtue and actual worth. Such medicines must be looked upon and termed both standard and dependable by every thinking person.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Abolish Board of Control.
Abolition of the State Board of Control was advocated by ex-State Treasurer Walter A. George and State Superintendent A. O. Thomas, and the duties of the board turned over to the university regents, at a meeting of the house committee on education. Unification of the state's school system, unnecessary duplication and removal of the normal schools from politics were the principal reasons given the committee for the abolition of the normal board.

Legislators After Hunting Privileges.
Many legislators appear determined to curtail hunting privileges in Nebraska for a number of years. Representatives Anderson and Gromley have introduced a bill prohibiting all shooting of prairie chickens and quail for five years from the time the law would go into effect, closing the shooting of the birds until 1920. Another bill would stop all quail shooting for ten years and permanently prohibit the shooting of doves or plover in the state.

New Warehouse Bill.
The much heralded substitute public warehouse bill was introduced in the senate by Grace of Harlan, taking senate file number 147. The new bill makes it optional with the elevator or warehouse man whether his warehouse shall become a public one. It specifies the rates that are to be provided for the storing of grain and provides that the warehouse proprietor insure the same and take out a bond.

Morrissey Chief Justice.
Governor Morehead has named Andrew Morrissey to be chief justice of Nebraska to succeed the late Judge Hollenbeck of Fremont. Morrissey was secretary to the governor for two years. He is 42 years old and has had a wide experience as a lawyer in the state and in Lincoln. Mr. Morrissey has been assistant to the attorney general, Willis Reed. He will serve two years.

Bill Hits Coursing.
Coursing meets with rabbits as the victims will be eliminated if the Jeary bill introduced in the house goes the entire legislative route. The measure is similar to one that has made its appearance at the last three sessions.

Annexation Bill Favored.
That the Howell consolidation bill for Omaha and surrounding municipalities will be recommended for passage by the senate committee on municipal affairs and pass the senate was predicted by friends of the measure following the recent hearing before the senators and many house members. Sentiment in the senate apparently is in favor of uniting the Douglas county municipalities and the arguments of the anti-annexationists did not have much weight, according to several senators.

Holcomb's Appointment Confirmed.
By a unanimous vote the state senate has confirmed the appointment of Silas A. Holcomb as a member of the state board of control. The appointment was made by Governor Morehead and was subject to confirmation by the upper house by a two-thirds vote. The former governor will begin a six years term on May 1. He has been on the state board for the past two years and has been instrumental in getting state institutional affairs on the present high plane that they occupy.

TO AID WATER USERS

HOUSE MEMBERS SEEK TO HAVE IRRIGATION RIGHTS DEFENDED.

ASK ATTORNEY GENERAL TO ACT
Norris Bill in Congress, Giving State Power to Bring Action Before Federal Body, Endorsed.

Lincoln.—Labounty, Woodhurst, Reynolds, Bates, Stebbins and Stearns, representing districts in the western part of the state have joined in a resolution introduced in the lower house calling upon the attorney general to take action in federal court to defend the prior rights of water users in this state against the diversion of water from the upper channels of the North and South Platte and Republican rivers in Colorado and Wyoming.

The resolution also endorses the Norris bill in congress empowering the state of Nebraska to bring appropriate proceedings before the federal reclamation bureau with the same object.

Mortgages and Capital Stock.
Under the title of H. R. 292, the committee on taxation and revenue has introduced a bill to eliminate the practice of some state banks and trust companies in evading payment of taxes by deduction of real estate mortgages from capital stock.

The bill is an amendment to the general revenue law forbidding banks and trust companies to offset mortgages against capital stock. This will, it is thought, remedy the evil and it was with this idea that the committee recently turned down a bill repealing the Smith mortgage tax law.

Change Not Wanted.
Few recommendations made to a legislature by a governor of Nebraska have met with so little response from members as the recommendation by Governor Morehead that the state railway commission be given control of all public service corporations.

Not only have legislators failed to agree with the governor, but newspapers over the state have criticized that part of his message unsparingly, saying that the cities and towns of the state are not yet ready to relinquish control of their public utilities.

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INSPECTION OF STOCK YARDS

Anderson of Boyd Introduces Bill to Remedy Alleged Inconvenience of Shippers.

State inspection of the South Omaha stock yards as one means of relieving shippers from the alleged inconvenience is the remedy suggested by Anderson of Boyd in a bill introduced in the legislature. The governor has given the live stock commissioner power to appoint a four year deputy at a salary of \$2,500 a year. Assistants may be added, when necessary, to work at \$5 a day. Under the terms of the measure each day when shipments are received the deputy or his assistants must view them and oversee the yarding, weighing, feeding and everything else in connection with their handling at the yards. Weekly reports must be made to the railway commissioner. Fees of 10 cents per car are charged to create revenue for operation of the department.

State Treasurer Hall is trying to secure legislation that will enable him to reinvest the school funds. He plans to sell securities of other states, bearing a low rate of interest, and invest them in the many bonds offered by Nebraska school districts, municipalities and counties. The reinvestment will mean no direct financial gain for the educational funds, inasmuch as the state bonds will of necessity be sold at a discount that will offset the higher rate of interest borne by the local bonds that it is proposed to purchase. The millions of dollars worth of the bonds of other states held by Nebraska in some instances, notably that of Tennessee, bear interest as low as 3 per cent. Local bonds bear interest as high as 5 per cent. The object of the state treasurer is to encourage in this way local improvements, many of which are now halted by reason of inability to market the bonds.

The State Railway commission has granted the Burlington road authority to reduce its rate on vinegar from Falls City to Hastings and Grand Island to 13 cents a hundredweight in carloads with a minimum weight of 30,000 pounds. Following the notification of the commission by the Nebraska Telephone company of the latter's purchase of the exchange at Broken Bow and the toll lines to Merna, the commission has approved the rate schedules which are not to be changed. The purchase was made of the Central Telephone company.

The house has passed the bill providing that county boards shall, on petition of 60 per cent of the electors, issue bonds for the erection of a court house or jail, not to exceed \$100,000 in cost, approximate value of building to be stated in petition. The bill permitting the filing of liens by physicians in damage cases was also passed.

Increase in the number of deputy game wardens to six, instead of three, and provision that they shall receive \$100 a month instead of \$75, and shall be named by the deputy game warden instead of the governor, are points of the bill introduced in the house by Hynek of Saline.

Despite a lengthy plea for abolition of capital punishment, Quinby of Douglas, author of that measure, saw it postponed by a vote of 21 to 12. Majority senators who were satisfied with the change from hanging to electrocution said little, but confined themselves to voting.

Senator Dodge has a bill providing for appointment by the governor of five persons to constitute an efficiency and economy commission to recommend a more efficient form of state government and to serve without pay.

Representative R. C. Druesdow of Omaha has introduced House Roll 230, providing that the penalty for selling liquor without a license shall be \$500 to \$1,000 fine and six months to a year in jail, or both.

Senator Spirk of Saline county would have legislators serve four years instead of two, and has introduced a bill providing for an amendment to the constitution along these lines.

All vehicles should carry lights from one hour after sunset to one hour before sunrise, according to Senator Mallory, who has introduced a bill to that effect.

Senator Lahners of Thayer county has a bill providing for a county bounty not to exceed 10 cents a crow for all of the birds killed.

The livestock sanitary board, at their recent meeting, listened to the arguments of men interested in horse breeding for a less stringent stallion inspection law. The law now requires an inspection once every year. The horse breeders want inspection every three years, but at the same time desire that the horse from the outside of the state be as rigidly inspected as before. The board took up the consideration of the proposed law that will enable the university farm authorities to sell hog cholera serum only to hog raisers.

CONDENSED NEWS

OF INTEREST TO ALL.

Gotthenburg was visited by a \$10,000 fire last week.
Grand Island is planning a \$100,000 sewer system.
North Bend will have a new \$25,000 church in the spring.
The jitney bus has already made its appearance at Lincoln.

Fire destroyed the home of Chas. Ash at Auburn last week.
Omaha's new million dollar hotel will be opened February 25.
The Ericson Journal has been made the official paper of Wheeler county.
There were 3,809,000 swine in Nebraska January 1, according to a federal report.

Congressman-elect Shallenberger will give a Washington's birthday address at Hastings college.
Hastings college and the Kearney normal school are arranging a series of debates for the near future.
By a preferential primary for the postmastership of Fremont, N. W. Smalls, veteran editor, was chosen.

Forty-two relics picked up on the battlefields of Europe are now on display at an Omaha department store.
The next meeting of the Nebraska farmers' congress will be held in Omaha November 30 and December 1 and 2.
The first mothers' pension in Cass county has just been awarded to Mrs. Stella Persinger, who has five young children.

James W. Fairhead has been promoted from the position of assistant cashier of the First National bank at Syracuse, to cashier.
Word has been received at Omaha from the Pasteur Institute at Chicago that the dog which bit several people was infected with rabies.
Robert I. Elliott, former deputy state superintendent, has taken up his duties in the mathematics department of the Kearney normal school.

The Fairbury Baseball association has consummated a deal whereby they become owners of the Superior franchise in the Nebraska State league.
Over fifteen hundred sacks of apples were given to visitors at the corn and apple show at Lincoln by the Central Fruit Growers' association.

The Scottsbluffs beet sugar factory used 210,000 tons of beets last year. The amount paid the farmers was \$1,400,000. The season has just closed.
Rev. M. E. Lumbaa of Wilton Junction, Ia., has accepted a call to the First Presbyterian church at Dunbar and will take up his duties in two months.

Governor Morehead and Douglas County Treasurer W. G. Ure will address the county treasurers' state meeting at Hastings February 9 and 10.
Money contributed by school children for a Nebraska building at the San Francisco exposition will be returned to the districts contributing the money.

The Dawes County Fair association has elected: President, William Donohue; vice-president, William Chisholm; treasurer, Ben Loewenthal; secretary, J. F. Lawrence.
On account of ill health Miss Catherine Butt, postmistress at Unadilla for nineteen years, has resigned and a civil service examination will be held February 20 to fill the vacancy.

That cement is better building material than other materials is the object of the meeting of the Nebraska-Cement Users, which will be held in Omaha the first week in March.

Because he failed to secure a new lease on his farm Chris Christensen of Winslow, drank carbolic acid and died within a few minutes. He was 59 years old and leaves a wife and four children.

State Auditor W. H. Smith has declined to register \$6,000 of bonds issued by the town of Kimball for water purposes because the issue was made under two conflicting sections of the statute.

At the annual stockholders meeting of the Farmers' elevator company of Silver Creek plans were made for the erection of an elevator within a short time. Several thousand dollars have been collected.

"A bill to make Nebraska a large manufacturing center" is the title of a proposed law which will be presented in the Nebraska legislature by Representative F. M. Broome, and which is being promoted by the Commercial club at Alliance.

Companies A, B, C and D of the Fourth Infantry, Nebraska National guard, and the regimental band—all located at Omaha—will be subjected to federal inspection on March 2, 3, 4 and 5. Orders to that effect have been issued by General Hall.

Under the direction of Mayor Ingaham of Hastings a committee of the council has begun investigation looking to dollar gas in Hastings and a reduction of the price of electric current for cooking purposes from 6 to 3 1/2 cents per kilowatt hour.

State Treasurer Hall has purchased the bonds of two Nebraska school districts in the total sum of \$40,000. The bonds bear 5 per cent. The districts selling the bonds were No. 23 of Platte county (Creston), and No. 26 of Fillmore (Exeter). Each district sold \$20,000 worth.

Miss Mabel Gould, a Kearney heiress, aged 30, has been taken to the hospital for insane at Hastings after having been judged insane before the sanity board. Miss Gould is the owner of properties valued at \$40,000 and heir to a portion of her father's estate valued at \$60,000.

Henry Mohr, a prosperous farmer, owning 240 acres of land near Springfield, committed suicide by hanging himself at the home of Jacob Sass at Chalco.
Word has been received at Omaha of the death in Rochester, Minn., of Miss Eliza C. Morgan, old-time teacher in the Nebraska Normal school at Peru. For over a quarter of a century Miss Morgan was instructor of English at the normal and has thousands of friends among the graduates of that institution in the state. She left Nebraska to go to Washington, D. C., in 1892. She was 86 years old.

TALK ON WESTERN CANADA

Facts Don't Lie—Western Canada Is Full of Facts—Here Are Three of Them.

1. C. T. Moore, Underhill, Man. Came from Bruce County, Ontario, 1882, with a capital of \$2.00. Home-steaded quarter section. Now owns 2,800 acres for which he paid average of \$20.00—worth today \$40.00 per acre.

2. James Steel, Battleford, Saskatchewan. Came from Perthshire, Scotland, 1904. His fare advanced to bring himself and family to Canada. Took up homestead, which he sold later \$25.00 per acre, buying 1,000 acres at \$15.00 per acre. Has been very successful in mixed farming. Values land now at \$40.00 per acre, and is worth \$60.00. "If I had remained in the Old Country my gray hairs would have been a passport to the poor house," he says.

3. H. J. Smith, Clover Bar, Alberta. Came from North Michigan, 1893, without capital. Now farming 800 acres, valued at \$200 per acre. Purchased originally at \$15.00 per acre. Engaged in mixed farming. Cows average him \$150.00 a year.

All this talk about the exploitation of labor by capital, class distinction, living wage, high cost of living, and so forth, doesn't hold the slightest interest for the Canadian farmer. Why? Because he has proved that you can't begin too poor to become rich in Canada; that free homesteads preclude the possibility of being robbed of freedom and independence; that the high cost of living can't hurt the man who grows most of his own necessities; that his labor brings reward in exact and just proportion to time and intelligence invested.

If those who whine at urban conditions would give a little time to investigating those suburban, they would likely spy a clear way out of their difficulties. For the first step, drop a card to any Canadian Government Agent.—Advertisement.

Forgot His Sweetheart.
Doctor Brandes, the Danish man of letters, who recently visited this country, tells a curious story of himself, says the Chicago News. At the very moment he had appointed to keep a tryst with his sweetheart he was deep in Hegel.

"With a passionate desire to reach a comprehension of the truth, I grappled with the system," began with the encyclopedia, read the three volumes of "Aesthetics," the "Phenomenology of the Mind," then the "Philosophy of Law" again, and finally the logic, the natural philosophy and the philosophy of the mind in a veritable intoxication of comprehension and delight."

The lamentable sequel was that he forgot all about the young girl to whom he had to say good-by.

BILIOUS, HEADACHY, SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box.
Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.
Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

Terrier is a Vegetarian.
Mrs. M. R. L. Freshel of Boston, president of the Millennial Guild, an organization which opposes the slaughter of animals, has a Yorkshire terrier that is a vegetarian. Sister, as the terrier is known, according to Mrs. Freshel, has never eaten meat. This is what Sister likes: Lentils, peas, beans, celery, carrots, radishes, lettuce, apples, nuts, eggs, oatmeal and buttered toast.

TENDER SENSITIVE SKINS
Quickly Soothed by Cuticura. Nothing Better. Trial Free.

Especially when preceded by a hot bath with Cuticura Soap. Many comforting things these fragrant super-creamy emollients may do for the skin, scalp, hair and hands and do it quickly, effectively and economically. Also for the toilet, bath and nursery. Sample each free by mail with Book. Address postcard, Cuticura, Dept. XV, Boston. Sold everywhere.—Adv.

Explained.
"Father, what is meant by 'dim, religious light?'"
"That the windows need washing, son."

A Stitch in Time

Colds, fevers and germ diseases are pretty sure to overwork the kidneys and leave them weak. In consequence, in fact, at any time when supples is aroused by a lame, aching back, rheumatic pains, headaches, dizziness or disordered urine, the use of Doan's Kidney Pills is a stitch in time that may avoid serious kidney disease.

No other medicine is so widely used, so freely recommended or so generally successful.

A Nebraska Case
"My kidneys were weak and I had to get up often at night to pass the secretions. They were painful and I was in much distress. Doan's Kidney Pills strengthened my kidneys and relieved all the other ailments. I never knew of a better kidney medicine than this one."

YOUR OWN DRUGGIST WILL TELL YOU Doan's Kidney Pills are the best. Write for Book on the Eye by mail free. Write for Book on the Eye by mail free. Write for Book on the Eye by mail free.

It isn't every man who can crack a joke and extract the kernel without damaging it.

Red Cross Ball Blue, made in America, therefore the best, delights the housewife. All good grocers. Adv.

Safety first does not mean dodging responsibility.—Indianapolis Star.

If we could only settle our bills by paying compliments!

ALCOHOL-3 PER CENT
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Recipe of Old Dr. J. C. WELLS
Fac Simile Signature of
THE CENTAUR COMPANY, NEW YORK.
At 6 months old
35 Doses - 35 CENTS
Exact Copy of Wrapper.

INDICTIVE BUT NOT POSTED
Old Calhoun Clay Thought Beaten Foe Was Being Treated With Undue Leniency.

Gen. Carroll Devol, at a dinner in Washington, was drawn into a war argument by a young lady.

The young lady, having conquered the general, as she thought, paused and smiled triumphantly; but he, with a smile of a different kind, said:

"My young friend, it is hard to argue with you because your ignorance of war is very complete. It is plain from your remarks that you don't know the difference between a howitzer and a mortar, and I believe you think that shrapnel, grape and canister could all be shot indiscriminately out of a shotgun."

"In fact, you remind me of old Calhoun Clay."
"Cal," said the old man's master one day, "I see by the papers, Cal, that the enemy has been driven back."
"Driven back?" old Cal grunted.
"Driven back? Driven? Huh, I'd make 'em walk."

His Handicap.
"The real man rises above his handicap."
"I rise before mine."
"Before?"
"Yes, she makes me get up and get breakfast."—New York American.

A girl isn't necessarily artful because she paints.

A real guarantee on roofing!
A useless risk is to buy roofing not guaranteed by a responsible concern. When you buy our roofing you get the written guarantee of the world's largest manufacturers of roofing and building papers.

Roofings, like most people, prove their worth by the test of time

Buy materials that last

Certain-teed

Ask your dealer for products made by us—they bear our name.
Asphalt Roofings (All grades and prices)
Slate Surfaced Shingles
Asphalt Felt
Deadening Felt
Tarred Felt
Building Papers

1-ply guaranteed 5 years
2-ply guaranteed 10 years
3-ply guaranteed 15 years

General Roofing Manufacturing Company
World's largest manufacturers of Roofing and Building Papers
New York City Boston Chicago Pittsburgh Philadelphia Atlanta Cleveland Detroit St. Louis Cincinnati Kansas City Minneapolis San Francisco Seattle London Hamburg Sydney

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Tell the cook to bake with Van Houten's Rona Cocoa instead of chocolate. One telling will do. Red can, half-pound—25c.

DEFIANC STARCH
is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz. package 10c. 1-3 more starch for same money. DEFIANC STARCH CO., Omaha, Nebraska.
W. N. U., OMAHA, NO. 5-1915.

WHY NOT TRY POPHAM'S ASTHMA MEDICINE
Gives Prompt and Positive Relief in Every Case. Sold by Druggists. Price \$1.00. Trial Package by Mail 50c.

WILLIAMS MFG. CO., Props., Cleveland, O.

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