

NEWS BRIEFLY TOLD

INTELLIGENCE HERE GATHERED COVERS WIDE AREA.

GREATER OR LESSER IMPORT

Includes What is Going On at Washington and in Other Sections of the Country.

WASHINGTON.

Before completing its draft of the interstate trade commission bill as the keynote of the administration's trust program...

Attacked as an invasion of state rights, the Lever bill to authorize the commission of education to cooperate with states, educational associations or individuals in plans for the elimination of adult illiteracy...

Publicity given to recent executive proceedings in the senate, so aroused some members of that body that a resolution has been introduced and referred to the committee on foreign relations to investigate into the sources from which the executive information is obtained.

Federal approval of railroad securities prior to issue, would carry a moral obligation of the government and inferentially give a certificate of good character to preceding issues.

Conferees of the senate and house on points at issue in the Alaskan railroad bill tried vainly to reach an agreement as to the method of financing the proposed government enterprise.

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The Minnesota Railroad and Warehouse commission at St. Paul, ruled that the Northern Pacific and Great Northern railroads must pay refunds to shippers of mixed carloads of stock within the state for excess charges.

A well dressed young woman walking on the ice in Lake Michigan, a few hundred feet from the fashionable Chicago North Shore, stepped off the edge of the pack and disappeared.

George Washington's wish, expressed in his will that a University of the United States be established in the District of Columbia, may be fulfilled by a bill introduced by Senator Dillingham.

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Charles H. Moyer's deportation likely will be the last of the striking miners' grievances presented before the congressional investigating committee, with Charles H. Tanner as the only witness.

The government's regulations regarding the manufacture and sale of oleomargarine are so strict that the violations of the law charged against John F. Jelke and others were impossible, it was argued at their trial in Chicago federal court by their attorney, John Barron Payne.

The average output of coal to each person employed in the industry in the United States is a little more than 600 tons, in the United Kingdom 265 tons, in Germany, 240 tons, in France 185 tons, and in Belgium 164 tons.

Shippers of sand and gravel presented their evidence to the interstate commerce commission against the 5 per cent increase rates asked by the Eastern railroad. They told the commission the rate increases would mean serious loss to the sand and gravel men.

At the close of the ten-day campaign of the Young Women's Christian association of Baltimore to raise \$100,000 for its work, it was announced that contributions and pledges for that amount had been received.

A new gem called heliodor has been found in German South Africa.

A paper overshoe is covered by a patent recently granted to a New York inventor.

The remarriage by a person who had been divorced on the ground of infidelity is sought to be made a felony by a bill introduced in the New York legislature.

Max Zimmerman, a horse dealer, who asserts that he met Ralph Lopez, the Mexican outlaw who took refuge in a Utah mine after slaying six men, told the St. Paul police that he had seen Lopez in St. Paul.

The fact was brought out by the observance of Lincoln day in Oregon that a sister-in-law of Mrs. Abraham Lincoln, Mrs. Sarah Todd, aged 103, is living at Eugene. She sent a message to those who were celebrating at Portland.

After painting the first Lincoln highway sign on a street post in San Francisco, H. C. Fredrickson, consultant to the highway, left with a party of pioneers in a path-finding automobile to blaze the highway through California, painting poles as they go.

Advertising commissions to be composed of advertisers which will pass upon the honesty of the assertions in advertising copy before it is published were urged at the fourteenth annual meeting of the Association of American Advertisers at Chicago by Allen N. Drake of Buffalo.

Revoicable paroles for fifty convicts were signed by Governor O. B. Colquitt of Texas, and with their departure from the Huntsville penitentiary the state inaugurated an experiment in the management of prisoners without guards or shackles and a profit-sharing plan for their work on public roads.

A nurse who volunteered for service in the isolation ward of a hospital at Champaign, Ill., when a University of Illinois student afflicted with scarlet fever received care, died of the disease. She was Miss Ona Reno and was believed to have contracted the disease from one of the students who died.

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GIVEN A FREE HAND

POSTMASTER GENERAL GIVEN CONTROL OF PARCEL POST.

SENATE KILLS AMENDMENTS

All Attempts to Limit His Authority to Make Changes in Service Are Defeated.

Washington.—All attempts to limit the authority of the postmaster general to change the weight, rates or zones in the parcel post service were defeated in the senate during consideration of the postoffice appropriation bill.

An amendment to the bill as it passed the house proposed by the senate postoffice committee to prevent the postmaster from making these changes was defeated, 38 to 24. Then Senator Bankhead, chairman of the committee, sought to forestall a proposed increase in maximum weight of packages to 100 pounds by an amendment providing that post-office funds shall not be used to transport packages of more than fifty pounds.

This was defeated by one vote, the roll call standing 26 to 27. Then Senator Bankhead asked for a limitation of fifty pounds for packages on star routes. Senator Clark of Wyoming, who had fought for the original committee amendment, asserted this would be an unjustifiable discrimination against rural patrons.

The amendment was voted down, 31 to 18. Senator Clark attacked a provision of a bill granting \$2,000 to the legal representatives of specified employes of the postoffice service killed while on duty and succeeded in having struck from the list certain employes not engaged in the railway service.

He said if the bill as presented was passed, the government would have to insure the lives of employes in every other department of the government service.

Rebel Leaders at Outs. Juarez, Mexico.—It is spoken in whispers here that an alleged breach between General Carranza and General Villa is with difficulty kept from becoming open rupture.

In General Villa's public documents, prepared by subordinates, General Carranza is referred to as the "supreme chief," but there is reason to believe that General Villa considers that merely a title.

General Carranza, it is said, does not pretend to issue orders to the leader of the forces in the field.

Hereafter General Carranza is to be the sole mouthpiece of the constitutionalists in foreign matters and where foreigners are concerned, and it is pointed out as significant that General Villa himself makes the announcement which was received here recently.

Blakeley Escapes From Peril. San Francisco, Cal.—H. W. Blakeley, an aviator fought for his life 6,000 feet above San Francisco bay and won. Blakeley was returning from a trip to Cloverdale, eighty-four miles distant, and when over the bay his machine turned almost completely over.

At the same instant his engine "went dead." Blakeley managed to maneuver his biplane so as to make a spiral descent.

When within a few hundred feet of the water he unstrapped himself from his seat, leaped just before his machine struck the water. A tug captain rescued him and towed the aeroplane to shore.

Married Women Barred. Pittsburg, Pa.—Married women are barred from appointment to the Pittsburg police force, according to regulations issued by Charles S. Hubbard, director of public safety, on the ground that single women will have more time to look after their official duties.

Twenty applications have been filed for the four positions to be filled by women on the local force. The successful ones will not be required to wear uniforms and will each be paid \$75 a month. They will be subject to the general rules governing the police department.

Bleese Vetoes Medical Bill. Columbus, S. I.—"Before I would sign such a bill I would resign and go into eternal oblivion," declared Governor Bleese, vetoing a bill for medical inspection of children attending public schools in Richland county.

Sharp For Ambassador. Washington.—That Representative William G. Sharp, democrat of Florida, would be the next American ambassador to Russia is the belief of Senator Pomerene.

Opium Smugglers Plead Guilty. New York.—Two members of the notorious Panama opium smuggling ring pleaded guilty, and the federal authorities postponed their sentence in the hope that they would reveal the whereabouts of the only member still at large.

G. Lacy Crawford Dies. St. Louis, Mo.—G. Lacy Crawford, part owner of the St. Louis National league baseball club, died at his home here from a throat affection. He was 43 years old.

May Join Commerce Commission. Washington, D. C.—Joseph W. Folk, solicitor of the state department, and former governor of Missouri, has been offered and probably will accept the new post of chief counsel for the interstate commerce commission at a salary of \$10,000 a year.

Houses Destroyed By Meteor. Warsaw, Russia, Poland.—A number of houses were destroyed by a huge meteor, which descended in the village of Jendkovitz in the Polish province of Kielce.

METHODS TO CONTROL BLIND STAGGERS

Department of Agriculture Answers Request for Advice from Sixteen States Where Horses Have Been Affected by the Disease.

Washington, D. C.—In past years horses have died by the thousands in Texas, Iowa, Kansas and Nebraska from a disease affecting the nervous system, popularly known as blind staggers or forage poisoning. The department of agriculture has received urgent requests for help against this disease from sixteen different states, and as a result it is now publishing a bulletin containing definite instructions for combating this disease.

The bulletin takes notice of the fact that additional deaths have undoubtedly been due to the use of fake "cures," sold by unscrupulous persons. It is reported that in Nebraska "blackleg vaccine" was used on at least 1,500 unaffected horses, nearly 1,500 of which are said to have died as a direct result.

Investigators have practically established that this horse disease can be controlled effectively only by a total change of feed and forage. It is quite obvious that there is a direct connection between the green forage exposed pasturage and newly-cut hay or fodder which the horses eat, and this Cerebro-spinal Meningitis, as the disease is known to scientists. In fact, eating of such forage when contaminated is undoubtedly the most important cause. Over 95 per cent of cases of this disease in Kansas and Nebraska during the outbreak of 1912 were maintained under such conditions.

Many horses have died from blind staggers caused by eating moldy baled hay. As soon as the hay was eliminated the disease ceased. Other horses in the vicinity not fed upon this hay failed to contract this disease. Later some of the moldy bales were opened and exposed to the sun for three or four weeks. After this the hay was fed to horses without producing any ill effect. Forage poisoning, therefore, seems not to be an infection, but rather what is called "auto-intoxication"—that is, it is due to certain chemical poisons or toxins formed by the activity of internal organisms. These poisons may be present when the forage is taken into the body, or may be formed in the stomach. The nature of this poison is still unknown.

Characteristic Symptoms of This Disease.

When the horse is taken with the blind staggers it usually exhibits a disturbance of the appetite, depression and weakness, while there is trouble in swallowing, drooping of the head and sleepiness, which may give way to excitement and attacks of dizziness. The vision is impaired, which results in the staggering gait that gives the disease its popular name. Certain muscles of the neck and flanks are cramped and there is a grinding of the teeth. Sometimes the animal has pains as though it were afflicted with colic. The animal will walk strangely if in an open space and will try to push through any obstacle it encounters. In the stable he will press his head against the stall or rest it on the manger. Sometimes he will crowd into a corner. The temperature at the beginning of the disease ranges from 103 to 107 degrees F., but within twenty-four hours the temperature falls, and eventually becomes subnormal. The animal is often down on the second or third day and may or may not get up when urged. Death usually occurs in from four to eight days, although death may follow within ten hours of the first symptoms, while chronic cases have been known to last for three weeks. About 90 per cent of the affected animals die.

Medical Treatment Generally Un satisfactory.

While medical treatment in the vast majority of cases has not brought results, nevertheless if it is used at all it must be prompt and before the disease has had time to run. The digestive tract should be cleansed out thoroughly at once. Active and concentrated remedies should be given. Afflicted animals, however, have great difficulty in swallowing immediately after being taken, so that these remedies must generally be given by injection. Aroclon in one-half grain doses, subcutaneously, has given good results as a purgative. Early in the disease utrotopin in doses of 25 grains, dissolved in water and given by the mouth every two hours, appears to have been responsible for the recovery of some cases of the malady.

After the animal has been purged, the treatment varies according to the symptoms. The following measures have been recommended: The first and most important: Feed only clean, well-cured forage and grain, and pure water. Calomel, salol and salicylic acid, to disinfest intestines. Mild antiseptic mouthwashes are advisable. Copious cold water injections, if the temperature is high, give better results than antipyretics. An ice pack applied to the head is beneficial in the case of marked nervous disorder. One ounce doses of chloral hydrate per rectum should be given if the patient is violent or muscular spasms are severe. If the temperature becomes subnormal, the animal should be warmly blanketed.

If much weakness is shown this should be combated with stimulants, such as strychnine, camphor, alcohol, atropin or aromatic spirits of ammonia. During convalescence the usual tonic treatment is recommended.

The department of agriculture's bulletin (No. 65) is entitled "Cerebrospinal Meningitis (Forage Poisoning)," and may be had on application to the department of agriculture.

COUNTY FAIR DATES

NEBRASKA A GREAT NEWSPAPER FIELD.

GOSSIP FROM STATE CAPITAL

Items of Interest Gathered from Reliable Sources and Presented in Condensed Form to Our Readers.

Western Newspaper Union News Service. The board of agriculture has received the dates of a number of the county fairs over the state, but a great many are still lacking. The following are the dates so far as known, together with the name and address of the secretary:

Antelope—Sept. 1-3, W. W. Cole, Neligh, Box Butte. Clay—Aug. 25-28, R. A. Byrkit, Clay Center. Custer—Sept. 15-18, Emery F. Bush, Broken Bow.

Dawes—Sept. 15-18, Geo. C. Snow, Chadron. Dawson—Sept. 15-18, E. C. Van Horn, Lexington. Dodge—Sept. 15-17, F. H. Maryott, Hooper. Douglas—Sept. 15-18, J. F. McArdle, Omaha. Dundy—Sept. 15-18, J. Robinson, Broken Bow.

Fillmore—Sept. 15-18, H. P. Wilson, Geneva. Franklin—Sept. 15-18, Jesse H. Naden, Franklin. Frontier—Sept. 15-18, L. H. Cheney, Stockville. Furnas—Sept. 15-18, B. C. Lumley, Beaver City. Gage—Sept. 15-18, J. C. Emery, Beatrice.

Greeley—Sept. 15-18, M. J. Harrahall, Greeley. Hall—Sept. 15-18, A. M. Connors, Grand Island. Hamilton—Sept. 15-18, S. R. Otto, Aurora. Harlan—Sept. 15-18, C. E. Alter, Alma. Hayes—Sept. 15-18, L. W. Eneyart, Hayes Center. Hitchcock—Sept. 15-18, J. A. Kirk, Culbertson.

Holt—Sept. 15-17, J. W. Holden, Chamberlain. Jefferson—Sept. 15-17, O. H. Soltenberger, Fairbury. Johnson—Sept. 15-17, H. S. Villars, Tecumseh. Kearney—Sept. 22-24, E. B. Trough, Minden. Keith—Sept. 22-25, I. L. Woodward, Keith.

Knox—Sept. 22-25, R. M. Peyton, Creighton. Lancaster—Sept. 7-11, A. H. Smith, Lincoln. Lincoln—Sept. 22-25, M. E. Crosby, North Platte. Madison—Sept. 22-25, S. C. Blackman, Madison. Merrick—Sept. 1-3, W. D. Abel, Clark. Nemaha—Sept. 22-25, D. E. C. Long, Auburn.

Nuckolls—Sept. 22-24, George Jackson, Nelson. Pawnee—Sept. 1-3, Daniel Duff, Pierce. Platte—Sept. 22-25, Jerry Carrick, Columbus. Pawnee—Sept. 15-18, C. A. Schappel, Pawnee City. Polk—Sept. 1-4, F. H. Ball, Osceola. Saunders—Sept. 15-18, Henry Pickert, Wahoo.

Scotts Bluff—Sept. 15-18, A. E. Wood, Gerald. Seward—Sept. 15-18, Wm. H. Smith, Seward. Sheridan—Sept. 1-4, N. Cochran, Gordon. Sherman—Sept. 22-25, A. E. Chase, Loup City. Stanton—Sept. 1-4, A. H. Loeb, Stanton.

Red Willow—Aug. 25-28, C. S. Thompson, Indianola. Thayer—Sept. 1-4, E. J. Mitchell, Desler. Valley—Sept. 1-4, Edwin Blessing, Oriskany. Webster—Sept. 1-4, O. L. Lindgren, Bladen.

Many Newspapers in Nebraska.

Nebraska has 532 newspapers outside of Lincoln and Omaha. A canvass of these publications is now being made, and probably will show almost 600 publications. During the year of 1912 the state board of agriculture paid the country press \$1,344 for advertising. To the dailies in Lincoln and Omaha and other cities in Nebraska the state board paid \$1,064. Accounts are opened with each newspaper and a contract is made. The newspaper industry in the state shows a steady increase. Some papers have reported to the deputy labor commissioner under the factory law, while a great many do not care to be classed as manufacturers as far as their job plants are concerned.

Secretary of State Wait will probably throw out some of the petitions filed last week, asking to have the university location question submitted to the voters at the general election, because they are signed indiscriminately by voters living in many parts of the state. The petition blanks, made out as the law requires, have space for twenty names, and all of these on one blank are supposed to be from the same county.

Industrial Building at Asylum. With the completion of the new industrial building at the Nebraska hospital for the insane, Superintendent B. F. Williams expects to start a sort of new epoch in the life of that institution. The industrial building, together with the two modern buildings occupied for the first time last summer, will provide for the institution up-to-date scientific curative facilities. The buildings occupied last summer have been fitted with equipment for the use of hydrotherapy as a curative method. The industrial building under the course of construction will give room for placing the patients in a normal healthful environment.

Only five of the eighteen towns that have become candidates for the location of the new state reformatory have thus far made their offers specific and certain, according to the board of control. The quietest comprises Tule River, Holdrege, Superior, Crete and Kearney. The other towns have failed to make clear the nature of their bids for the place and will be asked to do so before the matter of selection is taken up by the board.

Boy Shipped as Live Stock. A boy crated and shipped as live stock was the discovery made by a veterinary surgeon at Lincoln when he was called upon to inspect a carload of goods billed from Bertrand, Neb., to Burke, S. D. The way bill on the shipment included household goods and "one hog," value, released, at \$10. Being an interstate shipment, inspection was required. The veterinarian found the household goods, but no sign of a hog. A careful search, however, revealed a boy curled up in a corner of the car, none the worse for his trip.

BRIEF NEWS OF NEBRASKA

The Havelock Y. M. C. A. will be dedicated about March 1. The "Made in Nebraska" show will be held at Lincoln next week.

A farmers' co-operative company has been organized at Greeley. A new paper will be established at Fairbury, making three for that place. The new \$55,000 high school building at Albion was dedicated Thursday.

Conway's band will be one of the musical attractions of the 1914 state fair. Kearney will hold a special election on the question of Sunday baseball.

The Fremont mid-winter fair scored a success both in exhibits and attendance. Mrs. Anna Weicki, aged 84, wandered from her home at Omaha and was found frozen to death in a snow-drift near Florence.

The Nebraska Hotel association will hold a meeting at the Clarke hotel at Hastings, March 3. The triennial convention of the Royal Neighbors of America will be held in Omaha, March 17 to 19.

Weping Water was one of the cold spots during the recent blizzard, the mercury registering 25 below. During the past year three firms at Broken Bow have paid to the farmers of that vicinity over \$155,000 for hogs. Fire in the electric light plant at Gibbon damaged machinery somewhat but did not put the plant out of service.

A proposed bond sale for \$12,500 to build additions to the Loup City high school was defeated by thirty-one votes. The municipal electric light plant at Wymore will soon give twenty-four hour service. Meters are now being installed.

John St. Clair was found lying on the floor of his room at Omaha, nearly frozen and famished from three days' exposure. The Spanish war veterans at Geneva held their annual campfire Friday night. A dance followed the campfire celebration.

The Butler county fair will be held at David City September 22 to 25, inclusive. Arrangements for exhibits are being made. Moving picture shows will be given on several Sundays at Wymore, the proceeds to be devoted to the fire department building fund.

The oldest farm in Nebraska is said to be located near Blair. It was first taken by Jacob Goll in 1847, and is now occupied by Patrick Gillespie. Saloonkeepers of Grand Island have applied to the city council for permission to employ a special officer to guard against infractions of the liquor laws.

One of the biggest social events of York was the annual ball and banquet by the fire department of that place, there being nearly 200 plates at the banquet. The saloon question will be voted upon at Wymore at the present spring election, a petition to submit the question having been presented to the city council.

The board of directors of the Central Nebraska Agricultural association is advertising for tracts of not less than sixty acres to be leased for fair grounds. Barney Jensen was so badly burned that he may not recover when he was buried in several tons of hot hand that were dumped into a sand pit at Omaha. He was warming himself in the pit.

The Washington birthday anniversary banquet, an annual social function with Fairbury Masons and their families, was a decided success, several hundred guests being in attendance. The effects of Sunday's severe blizzard were felt more or less in every portion of the state, belated trains, disorganized telegraph and telephone service and delayed mail deliveries being much in evidence.

L. D. McKenzie, a Burlington switchman, is in a serious condition from injuries received when he fell from a car in the yards at Lincoln. A diamond ring worth \$200 and a small sum in change was stolen from the desk of Miss Charlotte Templeton, secretary of the state library commission, at the state house Saturday afternoon.

Petitions are being circulated in Beatrice asking that the question of playing baseball on Sunday and opening the theaters and amusement parks be submitted to the voters at the election in April. Wilhelm Engle, residing on a farm near Grand Island, died on his eighty-second birthday, from injuries received from a vicious bull.

Hastings is making extensive preparations for entertaining the host of visitors expected at the state convention of Modern Woodmen to be held there in May. Fearing that he would be sent to the industrial school at Kearney, Lawrence Smith, a 16-year-old boy, leaped five stories to the ground at his home in Omaha, when Probation Officer Bernstein sought to take him in custody.

Orville Moritz, who disappeared from Salem twenty years ago, has been located in Brazil. He is heir to the estate of the late Henry Moritz, and was located by the administrator. The annual conference of the Nebraska chapter of the D. A. R. will be held at Fairbury, March 17, 18 and 19. The Fairbury Commercial club and the Quivira chapter will assist in the entertainment of delegates.

Over 100 delegates were in attendance at the annual convention of the Nebraska Association of Mutual Insurance Companies held at Kearney last week. William Stimbart of Hastings ran into a clothesline with such force as to knock out four teeth.

Mrs. H. H. Joslin and daughter Florence, living near Endicott, were seriously injured in a runaway accident while returning from Fairbury. The Nebraska federation of retailers will meet at Lincoln, March 9 to 14. The Nebraska mercantile show will be held in connection therewith.

The explosion of a cook stove in the Calumet cafe at Auburn started a fire, during which Mr. Van Winkle, the proprietor, was slightly burned before he succeeded in extinguishing the blaze.

"CASCARETS" FOR SLUGGISH LIVER

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now. Turn the cascals out—the headache, biliousness, indigestion, the sick, sour stomach and foul gases—turn them out to-night and keep them out with Cascarets.

Millions of men and women take a Cascaret now and then and never know the misery caused by a lazy liver, clogged bowels or an upset stomach.

Don't put in another day of distress. Let Cascarets cleanse your stomach; remove the sour, fermenting food; take the excess bile from your liver and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

A Cascaret to-night straightens you out by morning. They work while you sleep. A 10-cent box from any drug store means a clear head, sweet stomach and clean, healthy liver and bowel action for months. Children love Cascarets because they never gripe or sicken. Adv.

There are more ways than one for a woman to have her way. Only One "BROMO QUININE" To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 5c.

A GRATEFUL OLD MAN.

Mr. W. D. Smith, Ethel, Ky., writes: "I have been using Dodd's Kidney Pills for ten or twelve years and they have done me a great deal of good. I do not think I would be alive today if it were not for Dodd's Kidney Pills. I strained my back about forty years ago, which left it very weak. I was troubled with inflammation of the bladder. Dodd's Kidney Pills, 50c. per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.



Things Have Improved. President Wilson, at a dinner in Washington, said of commercial honesty: "Commercial honesty is improving. When a man lies to you and cheats you, it no longer excuses him to say, 'caveat emptor' (it's business) and shrug and smile. 'In fact,' the president ended, 'things have now so much improved that if some multi-millionaires were to lose their fortunes the same way they gained them, they'd insist on somebody going to jail.'"

Rebuke. The big man with the I-know-it-all expression sneeringly watched the little man who was eating from a sack of peanuts. "Down where I come from we use peanuts to fatten hogs," remarked the big man. "That so?" asked the little man. "Here, have some."

The Proof. "This trout is short weight, my dear." "There! I knew that dealer had something fishy about his scales!"

The Medium. "Is there any way of crossing the social chasm?" "Sure! Bridge."

The girl with a broken heart generally manages to save a few pieces. NO GUSHER But Tells Facts About Postum.

A Wis. lady found an easy and safe way out of the ills caused by coffee. She says: "We quit coffee and have used Postum for the past eight years, and drink it nearly every meal. We never tire of it. For several years previous to quitting coffee I could scarcely eat anything on account of dyspepsia, bloating after meals, palpitation, sick headache—in fact was in such misery and distress I tried living on hot water and toast. "Hearing of Postum I began drinking it and found it delicious. My ailments disappeared, and now I can eat anything I want without trouble. "My parents and husband had about the same experience. Mother would often suffer after eating, while yet drinking coffee. My husband was a great coffee drinker and suffered from indigestion and headache. "After he stopped coffee and began Postum both ailments left him. He will not drink anything else now and we have it three times a day. I could write more but am no gusher—only state plain facts. Name given by Postum Co., Battle Creek, Mich. Write for a copy of the famous little book, 'The Road to Wellville.' Postum now comes in two forms: Regular Postum—must be well boiled. 15c and 25c packages. Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins. The cost per cup of both kinds is about the same. "There's a Reason" for Postum. —sold by Grocers.