

# A Doctor's First Question Is ?

"How are Your Bowels?" A Simple Remedy that Guarantees Good Bowel Action.

Trace the origin of the commoner ills of life and almost invariably you will find that constipation was the cause. It is not to be expected that a mass of fermented food can remain in the system beyond its time without vitiating the blood and affecting the nerves and muscles. It congests the entire body.

The results are colds, fevers, piles, headaches, and nervousness, with its accompanying indigestion and sleeplessness. There is only one thing to do, and that is to remove the trouble, and when nature seems unable to do it, outside aid is necessary. You will find the best of all outside aids a remedy that many thousands are now using for this very purpose, called Dr. Caldwell's Syrup Pepsin. Many hundreds of letters are received by Dr. Caldwell telling of the good results obtained, and among the enthusiastic letters is one from Lieut. G. W. Vaughan, of 623 W. North St., Decatur, Ill. He is 72 and has had a bad liver and stomach since he came out of the army. He says he tried about everything, but never succeeded in getting permanent relief until he took Dr. Caldwell's Syrup Pepsin. He is never without a bottle in the house, and he is never without good health.



LIEUT. G. W. VAUGHAN

It has untold advantages over pills, salts and the various coarse cathartics

**Overpayment.** A certain statesman, condemning the international marriage that is based on mercenary and sordid grounds, said in Washington:

"Another pretty American countess—she inherited eight millions from her father's wholesale hardware plant—has found marriage a disappointment.

Her dyed and corseted old husband said bitterly to her one day:

"Ours was a business marriage, I bought my title with your million, as you'd buy a yard of cloth in a shop."

"Yes, blessed the young countess, you—but I ought to have got some change!"

**JUDGE CURED, HEART TROUBLE.**

I took about 6 boxes of Dodds Kidney Pills for Heart Trouble from which I had suffered for 5 years. I had dizzy spells, my eyes puffed, my breath was short and I had chills and back-ache. I took the pills about a year ago and have had no return of the palpitations. I am now 63 years old, able to do lots of manual labor, am well and hearty and weigh about 200 pounds. I feel very grateful that I found Dodds Kidney Pills and you may publish this letter if you wish. I am serving my third term as Probate Judge of Gray Co. Yours truly,

PHILIP MILLER, Osmaroon, Kan.

Correspond with Judge Miller about this wonderful remedy.

Dodds Kidney Pills, 50c per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household News, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

**A Gastronomic Test.**

"That girl's a peach!"

"Sure! She's sweet enough to eat."—Baltimore American.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate, stomach, liver and bowels. Sugar-coated tiny granules. Adv.

Denmark has between 7,000 and 8,000 automobiles, or about one to every 40 inhabitants.

Putnam Fadedness Dyes will last up to the goods wear out. Adv.

The under dog gets a lot of sympathy, but what he wants is help.

**1913 RECORD** Magnificent Crops in all Western Canada

All parts of the Provinces of Manitoba, Saskatchewan and Alberta, have produced record yields of wheat, oats, barley and flax. Wheat graded No. 1 Hard, 40 bushels per acre; No. 2 Hard, 35 bushels per acre; No. 3 Hard, 30 bushels per acre. Mixed farming may be extended fully as profitable as ordinary grain raising. The western prairie full of promise, and the only food required either for food or for fertilizer, is the grain itself. In 1912, and again in 1913, at Chicago, Manitoba carried off the championship for best wheat. Good wheat, makes excellent, elastic, crisp, and for the home market, the straw which yields to farm extensively, or the better, Canada offers the biggest opportunity of any place on the continent.

Apply for descriptive literature and circulars to the Superintendent of Immigration, Ottawa, Canada, or to

W. V. BENNETT, 100 Broadway, New York, N. Y., Canadian Government Agent

**FREE TO ALL SUFFERERS**

THE FRENCH REMEDY FOR ALL THE PATENTS

Alfalfa Seed \$6 1/2, Alfalfa, Clover Seed, etc.

W. N. U., OMAHA, NO. 6-1914.

**FRISCO'S REMEDY**

FOR COUGHS AND COLDS

## Charming Afternoon Gown by Paquin



There's no rest and but little peace for a person whose kidneys are out of order.

Lame in the morning, suffering cricks in the back and sharp stabs of pain with every sudden strain, the day is just one round of pain and trouble.

It would be strange if all-day backache did not wear on the temper, but it is not only on that account that people who suffer with weak kidneys are nervous, cross and irritable.

Uric acid is poison to the nerves, and when the kidneys are not working well, this acid collects in the blood and works upon the nerves, causing headache, dizziness, languor, an inclination to worry over trifles, and a suspicious, short temper.

Rheumatic pain, neuralgia, sciatica, lumbago, neuritis and gravel are further steps in uric acid poisoning.

Don't neglect kidney weakness. An aching back, with unnatural passages of the kidney secretions, is cause enough to suspect the kidneys. Use Doan's Kidney Pills, a remedy which has been used for years, the world over, for weak kidneys, backache, ir-

is best made up along plain and severe lines, like those shown in the model pictured.

There is not much warmth in an outside garment which leaves the chest uncovered, and therefore similar little coats are shown with wide revers to turn forward when one is outdoors and away from the chest indoors. But the lovely Paquin model, which we are studying, was not designed so much with reference to its practical side as to its picturesque and novel appearance. The clever handling of the fastening in front, where ribbon is wrapped about the fur and we are left to wonder how the wearer gets into or out of the gown, is most attractive.

The standing and full ruff of tulle is a wonderful touch in the finishing of the costume.

In keeping with it, and not taking the attention at all, the fur trimmed turban of black velvet with its little nosegay of gay flowers is just the hat for this gown. The ensemble leaves nothing to be desired—it is simple enough to please the most quiet taste and distinctive enough to suit the most discriminating dresser.

JULIA BOTTOMLEY.

**COMBINATION OF WHITE WITH BLACK CREPE**

APPARENTLY the combination of white with black crepe has come to stay. In those shops that specialize in this branch of apparel one sees a great deal of white crepe used in millinery. In the winter time it appears in facings or borders, or in made ornaments. It is in facing hats of black crepe that it is best liked.

For summer mourning, white crepe is used more extensively. All-white hats, and combinations of black and white crepe, in which the latter predominates, gives us a new kind of mourning millinery in which it is possible to be comfortable and to look cool as well.

The method of draping veils varies with the season and with ideas that

fabrics instead of fragile, as it used to be. We are indebted to the English manufacturers for this fine achievement. Crepe used to be a luxury which only rich people could really afford.

JULIA BOTTOMLEY.

**Coronation Daisies.**

The name is rather mystifying. However, it has no royal significance, as it would at first suggest. The daisies, artificial flowers, are simply fashioned from coronation braid. First cover flat, round buttons with yellow satin of the shade found in dairy centers. The buttons are the size of the centers of the natural flowers. Then about these centers loop petals of white silk coronation braid and fasten them to back of the button center. Leaf-green silk souché braid is used for the stems, and loops of the same can be made into leaves. Three dainty little flowers can be used to trim a hat, ornament a gown, used for neckwear, or any one of a number of purposes.

**Comforter Slip.**

Make your comforter in the usual way, using white cheesecloth next to the cotton. Take your silkoline or other goods; steam it up in the usual way, sewing the edges together to form a slip; now slip it on the white comforter and tie enough to hold it in place. When comforter becomes soiled take the slip off and launder; hang the cotton on the line. Beat lightly with the carpet beater; you will have a clean comforter without the usual hard labor of lifting a heavy wet comforter, and your cotton will stay soft and fluffy much longer.—Los Angeles Express.

**New Chiffon Bags.**

The newest thing in bags to carry in the afternoon and evening is made of figured chiffon with a brown background, figured with yellow roses in an indistinct design.

This is mounted over cloth of gold and silver stripes and has a silver clasp and chain.

Another bag is made of mauve and green chiffon mounted over silver cloth. Silver cords are used for drawstrings at the top and a silver tassel is fastened to the pointed end of the bag.

**The Popular Pannier.**

We were very disdainful of panniers when an attempt was made to revive them a few seasons ago. Now we are using them freely on day and evening gowns. A new variety is formed from two wide gathered flounces which are attached to the skirt on both sides and interlined with fine muslin so that they stand well out from the hips.

enter the realm of fashion and tuck it in remaining there. The veil of crepe is only moderately long now and usually draped in a box plait at the back. It may be widened to hang from the sides of the shape as shown in the illustration, or narrowed to hang straight down.

The crepe veil is, in fact, not worn as a veil but as a part of the composition of hats for first mourning. Small face veils of net, with narrow border of crepe are supplied on the models that carry the long crepe veils. All models in mourning millinery are made up in the fashionable shops in either white or black, except in cases where the character of the design calls for a combination of the two or for one color alone.

The manufacture of crepe has been so perfected that it has become practical for people of moderate means. The waterproofing processes have made it among the most durable of

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"Oh, I shall go mad."

regular kidney action and uric acid trouble. Thousands of grateful recommendations throughout the country prove their worth.

**LAID UP IN BED**  
Gave Up All Hope of Recovery

Mrs. Frank L. Mann, 1600 W. Main St., Vermillion, S. Dak., says: "When I was six years old I had diphtheria and it left my kidneys and bladder very weak. From that time until I was seventeen years old, I had kidney weakness, but as I got older I thought I would outgrow the trouble. I didn't, however, and as time passed I got worse. My feet and limbs were terribly swollen and I couldn't wear my shoes. My back was so stiff I could hardly bend over and I was laid up in bed for over a month. I lost much weight and in spite of the doctors' medicine, I didn't improve. Dizzy spells came over me and my sight was affected. Finally I gave up the doctors in despair and life certainly looked blue. I didn't think I would ever be well again. When everything else had failed, a friend urged me to try Doan's Kidney Pills and I did. After I took the first box, I noticed improvement and gradually the ailments left me. I picked up in weight and strength and by the time I had used eight boxes of Doan's Kidney Pills I was cured. I have never had any sign of kidney trouble since."

**"When Your Back is Lame—Remember the Name"**  
**DOAN'S KIDNEY PILLS**  
Sold by all Dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., Proprietors

## HAD NO RIGHT TO BE OUT

Little Jasper indignant Because His Product Seemingly Had Disobeyed His Orders.

Little Jasper Senter learned from the minister's sermon one Sunday that man was made of clay, so after returning from church he resolved to make him a man after his own fashion. The work proceeded in the clay bank back of the garden until his mother called Jasper to luncheon. He had completed all of the man save one leg.

That afternoon Jasper and his mother, while walking along the street, met a man with one leg, walking with crutches. Jasper accosted him and grabbed his coat.

"See here!" he said. "I thought I told you to stay there in the yard till I put that other leg on you!"—Judge.

## IS CHILD CROSS, FEVERISH, SICK

Look, Mother! If tongue is coated, give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach clogs, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Everything.

"How's everything in your house?" asked Smith.

"Oh," replied Brown, "she's all right."

No thoughtful person uses liquid blue. It's a pinch of blue in a large quantity of water. Ask for Red Cross Ball Blue, the blue that's all blue. Adv.

Some women have a lot of cheek, but not enough to grow a beard.

Probably Not.

A young man timidly approached the father of the girl of his choice and asked for her hand in marriage.

"I am not at all certain," said the father, "that my daughter loves you sufficiently to warrant me in entrusting her to your keeping."

"Well," replied the young man, reflectively, "perhaps you haven't had the same advantage for observing things that I have."—Harper's Monthly.

He Knew Him Well.

"What's the trouble, John?"

"Why, sir, here's a note from Mr. Mahstick, in which he tells me that he is off on a little trip and he wants me to send his drawing materials along."

"Well, and isn't that plain enough?"

"Hardly, sir. I don't think, sir, that you know Mr. Mahstick. I don't know whether to send his paints and brushes or only a corkscrew."—Stray Stories.

New Way of Finding Water.

An Arizona observer has found out how to tell by the mesquite whether water is near the surface or not. When the mesquite grows up into tree form the ground water lies within fifty feet of the surface, but if it remains a shrub prospects for finding water are not so good. We are always learning that every natural phenomenon has meaning for us, if we can only read the meaning.—Farm and Fireside.

That Week Didn't Count.

Isaac (who had just recovered from typhoid)—Doctor, you have charged me for four weeks' calls; I will pay for only three weeks!

Doctor—But I called on you every day for four weeks, Mr. Isaac.

Isaac—Well, dere was one week I was delirious and I didn't see you come in.

Jarred the Old Boy.

"Gladys said something to me the other night that smacked of unneo-do," remarked Ferd to Algy.

"What was it, dear boy?"

"Advised me not to stand under the mistletoe. Said one of the berries might fall and fracture my skull. I call that unkind; eh, what?"

Motor Circles.

"Do they move you in a circle?"

"By no means. We have a six-cylinder car. They move in a four-cylinder set."

Astonishing Tobacco Remedy—Guaranteed to instantly remove taste for cigarette or tobacco in any form of money cheerfully refunded. Send 5c and receive wonderful remedy by return mail. Address: Doan's Tobacco Company, Wichita, Kansas. Adv.

An exchange says that new novels are flooding the land. This, of course, does not include the dry kind.

Even the man who stands on his dignity may put his foot in it.

Stop baking bread so often. Buy and try

**Sunshine**

**L.W. SODA**

**CRACKERS**

They give the men folk and little folk muscle and energy because they are digestible. They're better for the family's health because of their light and flaky crispness. Serve Sunshine L-W. Soda Crackers and you add a change to meals that improves the appetite, saves you time and the trouble of baking, and delights everyone with a delicious and wholesome treat.

**LOOSE-WILES BISCUIT COMPANY**  
Bakers of Sunshine Biscuits

## Your Liver Is Clogged Up

That's Why You're Tired—Out of Sorts—Have No Appetite.

**CARTER'S LITTLE LIVER PILLS**

will put you right in a few days.

They do their duty.

Cure Constipation, Biliousness, Indigestion and Sick Headache

**SMALL PILL, SMALL DOSE, SMALL PRICE.**

Genuine must bear Signature

*New Wood*

**Sprains, Bruises**

**Stiff Muscles**

Are quickly relieved by Sloan's Liniment. Lay it on—no rubbing. Try it.

Ankle Sprain and Dislocated Hip.

"I sprained my ankle and dislocated my hip by falling out of a third story window. Went on crutches for four months. Then I started to use your Liniment, according to directions. I must say it is helping me wonderfully. I will never be without Sloan's Liniment any more."—Chas. Johnson, Leavenworth, Kan.

**SLOAN'S LINIMENT**

**Kills Pain**

Splendid for Sprains.

"I fell and sprained my arm a week ago and was in terrible pain. I could not use my hand or arm until I applied your Liniment. I shall never be without a bottle of Sloan's Liniment."—Mrs. E. E. Springer, Elizabeth, N. J.

Fine for Stiffness.

"Sloan's Liniment has done more good than anything I have ever tried for stiff joints. I got my hand hurt so badly that I had to stop work right in the busiest time of the year. I thought at first that I would have to have my hand taken off, but I got a bottle of Sloan's Liniment and cured my hand."—Miss W. Wheeler, Morris, Ala.

At all Dealers, 25c, 50c, and \$1.00

Send for Sloan's Free, instructive book on horses, cattle, dogs and poultry. Address

Dr. EARL S. SLOAN, Inc., Boston, Mass.

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