

Women Everywhere

Praise Lydia E. Pinkham's Vegetable Compound

Women from the Atlantic to the Pacific, from all sections of this great country, no city so large, no village so small but that some woman has written words of thanks for health restored by Lydia E. Pinkham's Vegetable Compound. No woman who is suffering from the ills peculiar to her sex should rest until she has given this famous remedy a trial. Is it not reasonable to believe that what it did for these women it will do for any sick woman?

Wonderful Case of Mrs. Stephenson, on the Pacific Coast.

INDEPENDENCE, OREGON.—"I was sick with what four doctors called Nervous Prostration, was treated by them for several years, would be better for a while than back in the old way again. I had palpitation of the heart very bad, fainting spells, and was so nervous that a spoon dropping to the floor would nearly kill me, could not lift the lightest weight without making me sick; in fact was about as sick and miserable as a person could be. I saw your medicines advertised and thought I would try them, and am so thankful I did for they helped me at once. I took about a dozen bottles of Lydia E. Pinkham's Vegetable Compound and also used the Sanative Wash. Since then I have used them whenever I felt sick. Your remedies are the only doctor I employ. You are at liberty to publish this letter."—Mrs. W. STEPHENSON, Independence, Oregon.

A Grateful Atlantic Coast Woman.

HODGDON, ME.—"I feel it a duty I owe to all suffering women to tell what Lydia E. Pinkham's Vegetable Compound did for me. One year ago I found myself a terrible sufferer. I had pains in both sides and such a soreness I could scarcely straighten up at times. My back ached, I had no appetite and was so nervous I could not sleep, then I would be so tired mornings that I could scarcely get around. It seemed almost impossible to move or do a bit of work and I thought I never would be any better until I submitted to an operation. I commenced taking Lydia E. Pinkham's Vegetable Compound and soon felt like a new woman. I had no pains, slept well, had good appetite and was fat and could do almost all my own work for a family of four. I shall always feel that I owe my good health to your medicine."—Mrs. HAYWARD SOWERS, Hodgdon, Maine.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with a woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.



Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

Up-to-Date Classifier.

The historical classifier has ever been an institution in France, especially Paris, where a "chef de classe" enjoys a recognized status and receives a comfortable income. It is a mistake to suppose that the only duty of classifiers is to apply. A well-organized class includes the art of infectious laughter. These called "châtouilleurs" attend the lighter forms of drama and laugh so heartily and naturally that their neighbors join in, and leave the house convinced that the play must be a most amusing one. Then, too, there are the "pleureuses," who are paid to shake with sobs at the right moment during melodrama.

"CASCARETS" FOR A BILIOUS LIVER

For sick headache, bad breath, Sour Stomach and constipation.

Get a 16-cent box now. No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets at night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 16-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

Improving With Age. "This lamb is getting pretty bad," said the new clerk. "What shall I do with it?" "Does it smell rank?" inquired the market man. "Yes. Shall I throw it away?" "No. Label it venison and mark up the price to 60 cents a pound.

Calumet the Secret of Economy

The high cost of living nowadays, and the way prices are steadily climbing skyward, is making economy in the kitchen even more important than it was in the good old days of our thirty ancestors. But how to achieve economy? There's the rub!

In many lines, it depends almost entirely on the cook's knowledge of foods and on her watchfulness—but fortunately, in one line, baking, economy can be made almost automatic by the use of the famous Calumet Baking Powder.

Economy in baking, as every good cook knows, depends not so much on economy in buying the materials as on the success of her bakings. Failures mean waste—larger losses by far than the savings she makes in buying. And the fact that Calumet absolutely prevents failures and makes every baking successful has made it the favorite of every cook that seeks to be economical. In other words, Calumet is the secret of economy in baking.

It is the present, too-attested by hundreds of leading physicians—and as for the general quality, it is enough to say that Calumet has received the highest awards at two World's Pure Food Expositions—one in Chicago, Ill., and the other in Paris, France, in March, 1902. Adv.

Modern Form. Doctor—Do you take any form of active exercise? Patient—Oh, yes, doctor. I dodge automobiles all the way downtown.

John Quincy Adams was secretary of the Russian Legation at 14 and minister to Holland at 27.

OPPORTUNITIES IN FOREST PLANTING FOR FARMERS

By ALLEN S. PECK

FORESTRY is but one of the forms of crop production included under agriculture. The woodlot is an integral part of the farm and an essential factor in its success. Forest planting is that part of forestry which seeks to restock and perpetuate desirable timber and to establish new forests on treeless areas.



Plantation of Hardy Catalpa, Reno County, Kansas.

The lands which offer opportunities for planting may be classified into (1) cut-over burned lands, not fitted for agriculture, which are not restocking naturally with commercially valuable species; (2) forest lands originally cleared for agriculture which have since proven unsuitable for this purpose; and (3) farm woodlots. The abandoned farms of southern New England are striking examples of the second class, as are also the lands in

for this purpose are the white pine, the Scotch and Austrian pines, and the Norway spruce.

Except for the early planting in New England, the farmers of Ohio and Indiana have been the first to recognize the value and importance of forest planting. In these two states and generally throughout the central valley district, the practice has been to plant rapid-growing kinds. For example, in West Virginia and southwestern Pennsylvania, walnut, locust, sugar maple, red oak, chestnut, and catalpa, have been planted for posts, mine props and timber; in Ohio, black locust and catalpa for posts; in Indiana, black locust, catalpa, and walnut; in Kentucky, black locust, catalpa, tulip poplar, maple, and walnut principally for mining timbers and posts; in Tennessee, locust, maple and cedar; in Missouri, catalpa, locust, walnut, osage orange, cottonwood; in Arkansas, locust and walnut.

In the central section forest planting has been a part of the progress in agriculture and therefore has been quite extensive in the region of best agricultural development. Nebraska and Kansas lead in the acreage of plantations. About \$40,000 acres have been planted within the central region Shelterbelts are increasing in the newer farming districts of the Dakotas and Oklahoma, and much interest is being shown in forest planting throughout the central section of the United States.

In the western region and the Pacific coast states much of the forest land is within National Forests, and forest planting on these lands is chiefly a federal problem. But there are abundant opportunities for private planting in the valleys of southern California and on irrigated lands throughout the region.

It is absolutely essential that the people of each state and particularly farm owners, should realize the immense importance of individual effort in providing for a future timber supply. The quantity of land that can be restored to value through forest planting by the federal government or by the states is in the aggregate small and comparatively insignificant as compared to the great area that must

where they are needed for protective or other purposes. Forest planting should not be confused with tree planting or arboriculture, for these terms cover only the planting and care of

the southern Appalachians, once cleared for farming but now ruined by erosion.

The area of plantation already made in the eastern region is nearly 93,000 acres, and 85,000 acres of this are about equally divided between the northern tier of states and the central hardwood region.

Forest planting requires a considerable initial investment, and the cost is relatively higher than that required to start any other form of forest work. Therefore protection of the investment is of the utmost importance, and fire is the source of loss most to be guarded against. Other things that must be taken into consideration are cheap land, a good market, a minimum initial cost, and a low rate of taxation.

In the Lake States, which have a southern hardwood forest and a northern coniferous forest, forest planting is rapidly increasing. The principal species which have been planted are white pine, Scotch pine, Norway pine, European larch, and, to some extent, the more rapid growing hardwoods, such as locust, catalpa, black walnut, cottonwood, ash and elm. As in the east, woodlots are deteriorating and require replanting. Excellent trees

are forested eventually by private landowners, among whom the farmer stands first and foremost.

Interior of a 50-Year-Old White Pine Plantation, near Bridgewater, Mass.

Red Pine Plantation, 33 Years Old, Rhode Island.

freighted eventually by private landowners, among whom the farmer stands first and foremost.

good man," said Sir Edwin. "I was merely remarking how bad that was." "Then why don't you go and do better?" said the policeman, who had no idea to whom he was speaking.—The Argonaut.

No Fanatic. Friend—I understood you'd joined the Audubon society, and yet your new hat is trimmed with feathers.

Wearer of Hat—Yes, but you see the bird they came from was killed before I joined.—Boston Transcript.

ALBERTA CROP YIELDS

At MacLeod, Alta., weather conditions were excellent all through the season. Ninety per cent of the wheat up to Oct. 1st graded No. 1, the only No. 2 being fall wheat. The yield ranged from 20 to 40 bushels per acre, with an average of 28. Oats yielded well, and barley about 60 bushels.

Inverary is a new district in Alberta. Here wheat graded No. 2 and some of it went 50 bushels to the acre, oats going about 75 bushels.

Lethbridge correspondent says: "In the Monarch district the yield on summer fallow is averaging thirty-five bushels, a large percentage No. 1 northern."

"All spring grains are yielding better than expected in the Milk river district, south. A 300 acre field of Marquis wheat gave 4 1/2 bushels.

"Experimental farm results on grain sown on irrigated land place 'Red Fife' wheat in the banner position, with a yield of 59.40 bushels per acre. Oats yielded 132 bushels to the acre.

John Turner of Lethbridge grew barley that went 60 bushels to the acre.

"Red Fife averages in weight from 60 to 68 pounds, and at Rosthern the Marquis wheat will run as high as 64 pounds to the bushel, while a sample of Marquis wheat at Arcola weighed no less than 68 pounds to the bushel. This variety is grading No. 1 hard."

Calgary, Alta., Oct. 8.—The problem of handling Alberta's big grain crop is becoming a serious one, and there is a congestion at many points in southern Alberta. One thousand cars could be used immediately. The C. P. R. prepared for a normal year, while the yield of grain was everywhere abnormal, with an increased acreage of about 23 per cent.

Moose Jaw, Sask., returns show some remarkable yields. Bassano, Alta., Sept. 25, '13—Individual record crops grown in Alberta include 1,300 acre field of spring wheat grown near Bassano which went thirty-five bushels to the acre and weighed sixty-six pounds to the bushel.

Noble, Alta., Oct. 1, '13—All records for the largest shipment of grain by one farmer will be broken this year if the estimate of C. S. Noble of Noble, Alberta, proves correct. Mr. Noble has notified the Canadian Pacific Railway here that he will have 350,000 bushels of grain, chiefly barley and oats, ready for shipment very shortly.

L. Anderson Smith, writing to a friend in the Old Country, located at Killam, Alberta, says:

"Anyone taking up land will find Alberta an ideal province. The soil is a rich black loam, varying from 6 to 12 inches in depth. The land here in this district is not wholly open prairie. At intervals, sometimes closely, sometimes widely scattered, there are small plots of poplar and willows. These generally grow round some small depression in the land, and the snow drifts here in the winter and melts in the spring filling these sloughs (province "slews") with soft water. Nearly all these sloughs have old buffalo tracks to them, for it was from them that they always got their water. The poplars are very useful for building barns and hen-houses. Wild grasses are plentiful, while tame grasses, such as timothy, brome and western rye grass do remarkably well.

—Advertisement.

The Difference. Severe Moralist—My dear young man, do you bet on the races? Experienced Jockey—No, sir; I race on the bets.

Water in bluing is adulteration. Glass and water makes liquid blue costly. Buy Red Cross Ball Blue, makes clothes whiter than snow. Adv.

Coughs and Colds cannot hold out against Dean's Mentholated Cough Drops. A single dose gives relief—5c at all Druggists.

Employment bureaus have been provided for the Philippines by the Government.

It is easier for most of us to find fault than it is to find favor.

W. N. U., OMAHA, NO. 3-1914.

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Beautify Your Hair! Make It Soft, Fluffy and Luxuriant—Try the Moist Cloth.

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance, the beauty and shimmer of true hair.

Get a 25 cent bottle of Knowlton's Danderine from any store and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all. Adv.

The Cheek of Him. Mrs. Eke—"I never got a real good bargain in shoes but once in my life."

Eke—"I know. That was when you got me."—Boston Evening Transcript.

Feel Comfortable

After eating a Hearty meal?—or is there a sense of fullness—or bloating—or Nausea. This indicates a weakened condition of the Stomach which can be materially benefited by a short course of

HOSTETTER'S Stomach Bitters

CORN FREE

Ried's Yellow Dent—a package free to anyone who writes. "Strictly Dakota grown. Matures early—the large shapely ears fill out with deep kernels, sound and hardy. Also free—Jones' Seed Book, showing results of 27 years' experience. Write today. 6 S. James Street, St. Paul, Minn., U.S.A."

Nebraska Directory

BLISS & WELLMAN Live Stock Commission Merchants 254-256 Exchange Building, South Omaha All stock consigned to us is sold by members of the firm, and all employees have been selected and trained for the work which they do. Write—phone—ship us

THE PAXTON HOTEL

Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE

SHIP TO WOOD BROS.

LEADING SELLERS OF LIVE STOCK SINCE 1867. TRY US AT SOUTH OMAHA CHICAGO SIOUX CITY W. N. U., OMAHA, NO. 3-1914.

CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Dr. J. C. Fitch* of In Use For Over Thirty Years **CASTORIA**

900 DROPS

ALCOHOL—3 PER CENT

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS—CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC

Recipe of Old Dr. SAMUEL PITCHEER

Pumpkin Seed - 1 lb.
Alumina - 1 lb.
Rochelle Salt - 1 lb.
Sassafras - 1 lb.
Peppermint - 1 lb.
Dill Seed - 1 lb.
Cinnamon - 1 lb.
Cloves - 1 lb.
Nutmeg - 1 lb.

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP

Fac-Simile Signature of *Dr. J. C. Fitch*

THE CENTRAL COMPANY, NEW YORK.

At 6 months old 35 DROPS—35 CENTS

Guaranteed under the Food and Drug Act.

Exact Copy of Wrapper.

PISO'S REMEDY

Best Cough Syrup. Tastes Good. Use in Time. Sold by Druggists.

FOR COUGHS AND COLDS

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 per Jar.