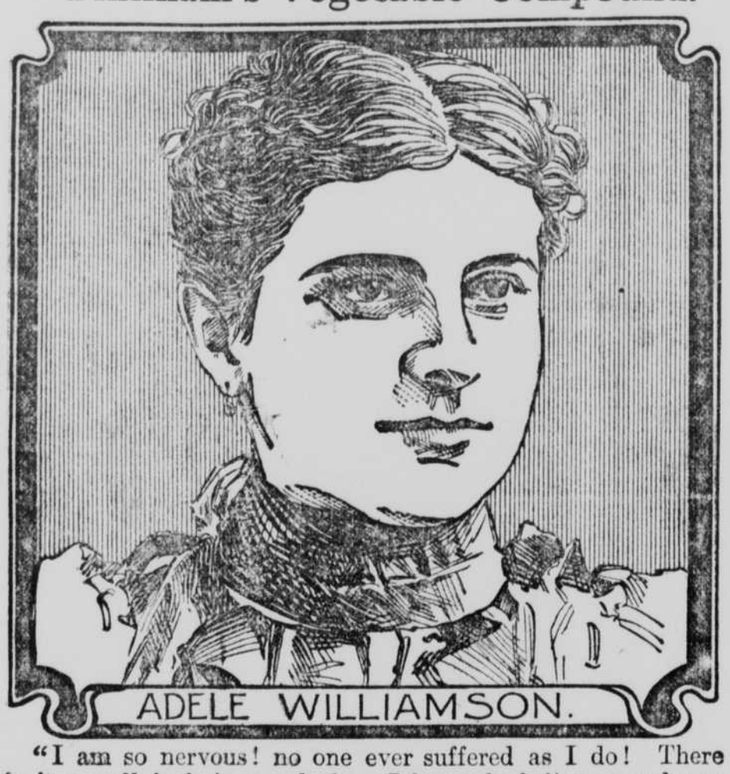
Nervous Prostration.

A Noted Boston Woman Describes its Symptoms and Terrors.—Two Severe Cases Cured by Lydia E. Pinkham's Vegetable Compound.



"I am so nervous! no one ever suffered as I do! There isn't a well inch in my body. I honestly believe my lungs are diseased, my chest pains me so, but I have no cough. I am so weak at my stomach, and have indigestion terribly, and palpitation of the heart; am losing flesh; and this headache and backache nearly kills me, and yesterday I had hysterics.

"There is a weight in the lower part of my bowels, bearing down all the time, with pains in my groins and thighs—I can't sleep, walk, or sit, and blue—oh goodness! I am simply the most miserable of women."

This is a most vivid description of a woman suffering with nervous prostration, caused by inflammation or some other diseased condition of the womb.

No woman should allow herself to reach such a perfection of misery when there is no need of it. Read about Miss Williamson's case and how she was cured.

Two Bad Cases of Nervous Prostration Cured.

"DEAR MRS. PINKHAM;—I was suffering such tortures from nervous prostration that life was a burden. I could not sleep at all, and was too weak to walk across the floor. My heart was affected so that often I could not lie down at all without almost suffocating. I took Lydia E. Pinkham's Vegetable Compound and it worked like magic. I feel that your medicine has been of inestimable benefit to me."

MISS ADELE WILLIAMSON,
196 N. Boulevard, Atlanta, Ga.

"I had nervous prostration terribly, caused by female weakness. I suffered everything; was unable to eat, sleep, or work. After a while I was induced to try Lydia E. Pinkham's Vegetable Compound, and I really began to improve on taking the first bottle. I continued to take the medicine, and am now better in every way, and feel like a different person. I am simply a well woman."

MRS. DELLA KEISER,
Marienville, Pa.

$5000 REWARD.—We have deposited with the National City Bank of Lynn, $5000, which will be paid to any person who can find that the above testimonial letters are not genuine, or were published before obtaining the writer's special permission. LYDIA E. PINKHAM MEDICINE CO.

WINCHESTER
GUN CATALOGUE FREE
Tells all about Winchester Rifles, Shotguns, and Ammunition
Send name and address on a postal now. Don't delay if you are interested.
WINCHESTER REPEATING ARMS CO.
180 WINCHESTER AVENUE - - - - NEW HAVEN, CONN.

W. L. DOUGLAS
$3 & $3.50 SHOES UNION MADE.

The real worth of W. L. Douglas $3.00 and $3.50 shoes compared with other makes is $4.00 to $5.00.

Our $4.00 Gilt Edge Line cannot be equalled at any price. We make and sell more $3.00 and $3.50 shoes than any other two manufacturers in the United States.

THE REASON more W. L. Douglas $3 and $3.50 shoes are sold than any other make is because THEY ARE THE BEST. Your dealer should keep them; we give one dealer exclusive sale in each town.

Take no substitute! Insist on having W. L. Douglas shoes with name and price stamped on bottom. If your dealer will not get them for you, send direct to factory, enclosing price and 25c. extra for carriage. State kind of leather, size, and width, plain or cap toe. Our shoes will reach you anywhere. *Write for catalogue showing new Spring styles.*

We use Fast Color Eyelets in all our shoes. W. L. Douglas Shoe Co., Brockton, Mass.

This is NO HUMBUG

Three perfect instruments in one; gagues itself; has been tested for three years; "Farmer" Brighton's Humane Swine "V" Stock Marker and Calf Dehorner prevents hogs of all ages from rooting forever and saves twenty-five bushels of corn out of one hundred in fattening them. It is the only perfect marker for all kinds of stock ever invented, makes forty-eight different marks and is the only humane calf dehorner in existence.

PRICE, $1.50.

Send for circular and testimonials, or send me a One Dollar Bill in a Letter and TRY it. If you find the above statements to be true, kindly send me the remaining fifty cents in stamps. If not, do not send a cent. This is no cheap thing and is worth $100 to any Farmer.

S. J. BRIGHTON, Fairfield, Ia.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 DAYS' treatment FREE. DR. H. H. GREEN'S SONS, Box E, Atlanta, Ga.

W. N. U.—OMAHA. No. 12—1901

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

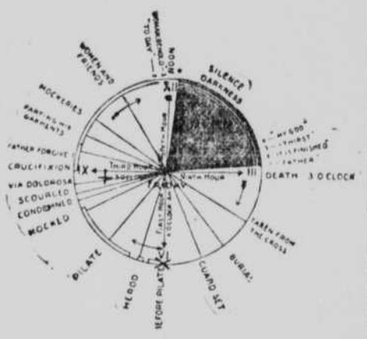
THE SUNDAY SCHOOL.

LESSON XIII, MARCH 31—A REVIEW OF CHRIST'S TRIALS.

Golden Text: He Is Reviled and Rejected of Men"—Isaiah LIII: 3—Some of the Great Truths Revealed by His Life.

Sum of quarter's lessons just closed.—It is seen from history contemporary with the ministry of Christ that the people, that is, the multitudes, were the most clamorous for his life. It is difficult to give full credit to such allegations except under the assumption that the people had been misled. They had been insiduously taught to believe that Jesus was a disturbing element. Public speakers in the pay of the money changers and grain gamblers all designated him as an anarchist and a dangerous character generally. These speakers, and their owners, dressed in their purple and fine linens, posed as the conservators of public peace and were looked up to as the "best elements." They controlled all avenues of publicity. There was no room for "hearing the other side" of the case and the masses actually came to believe that the gentle and kindly Jesus was all and even more than the "conservative elements" claimed he was. This much accomplished it was an easy matter to set up a howl for his life. Could the masses have seen the true situation not Jesus would have been the victim of their wrath.

Movement of the History.—In order to understand where the quarter's lessons, just closed, belong in the life of Christ, the part they have in his work of redemption, the accompanying diagrams of his whole life is shown. All the lessons



of this quarters belong to the last week of his life. Time.—One short week, April 1 to 7, is crowded with these mighty events, the culminating events of his life. Space.—But the importance of his brief period is shown by the fact that twenty-five of the eighty-nine chapters of the Gospels are occupied with the events of this one week, or almost one-third of the entire history.

In Matthew 7 chapters (21-27) of the 28 equal one-fourth.

In Mark 5 chapters (11-15) of the 16 equal one-third —.

In Luke 5 chapters (19-23) of the 24 equal one-fifth.

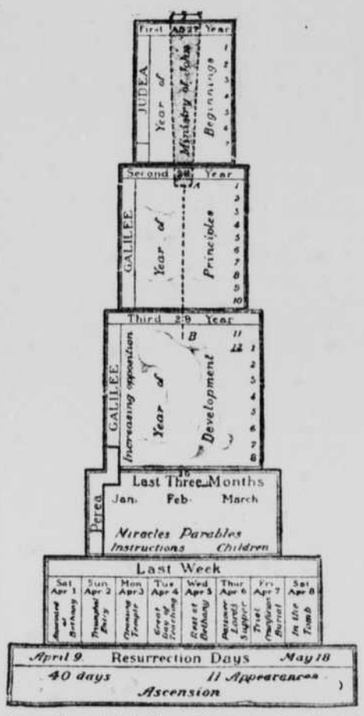
In John 8 chapters (12-19) of the 21 equal two-fifths —.

Place.—Jerusalem and vicinity, including Bethany and the Mount of Olives. Considerable time was spent in the temple.

Note the great day of teaching in the temple, and on the way to Bethany over the Mount of Olives.

Learn by heart the outline of events belonging to each of these days.

The last day.—The events of Friday,



from the trial before Pilate to the burial, may be learned from the accompanying diagram. It is well to get these fixed in the memory.

The Gift of Graciousness.

Probably there are many people who do the right thing, but who do it in the wrong way; who will perform a kind action, yet in such a manner as to give pain instead of pleasure; will grant a request or confer a favor in a manner so ungracious that the recipient almost wishes that the request had been refused or the favor withheld.

Such a one is often quite unaware of her own ungraciousness; she knows she has done a kindness and blames the recipient of it for not showing more pleasure and expressing more gratitude. If she were told that the fault lay with herself, or, rather, with her manner, she would no doubt be very much astonished, and probably reply that it was her natural manner, as if that were any excuse; and yet it is so to the speaker, for we are all apt to forget that everybody has natural faults that ought to be, and can be, overcome, and natural defects that require to be softened and improved.

Cigarettes Cause Divorce.

The fact that a husband is a cigarette fiend has just been held sufficient ground for divorce in Oshkosh, Wis., where Judge Burnell of the Circuit court gave Mrs. Beatrice Tracey her freedom for the cause named. Ezra S. Sutton of Findlay, O., is suing for divorce on the grounds that his wife is a Dowieite; that she neglects her home duties in devotion to her religious belief, and that she burdens his life, at all sorts of unholy hours, with arguments in defense of her faith.

A man does not always aim at what he means to hit.

A Month's Test Free.

If you have Rheumatism, write Dr. Shoop, Racine, Wis., Box 148, for six bottles of his Rheumatic Cure, express paid. Send no money. Pay $5.50 if cured.

Riches are often abused, but never refused.

Home-Seekers' Excursions.

On the first and third Tuesdays of each month the Chicago, Milwaukee & St. Paul Railway will sell round-trip excursion tickets from Chicago, Milwaukee and other points on its line to a great many points in South Dakota, North Dakota and other Western and Northwestern States at about one fare. Take a trip west and see the wonderful crops and what an amount of good land can be purchased for a little money. Further information as to rates, routes, prices of farm lands, etc., may be obtained by addressing F. A. Miller, General Passenger Agent, Chicago, Ill.

Little sorrows are loud, great ones silent.

Try Grain-O! Try Grain-O!

Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. ¼ the price of coffee. 15c and 25 cts. per package. Sold by all grocers.

What is play to the strong is death to the weak.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

Under white ashes lie often glowing embers.

There are a great many Remedies, but there is one CURE for a poor complexion: that is Garfield Tea which cures by purifying the Blood, thus Removing the Cause.

He who would leap high must take a long run.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

A man who is not spoken of is not abused.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

It is hard to pay for bread that has been eaten.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A new-born babe has no past and its future is uncertain.

Dyeing is as simple as washing when you use PUTNAM FADELESS DYES.

Every fool thinks he is clever enough.

Throw physic to the dogs—if you don't want the dogs—but if you want good digestion chew Beeman's Pepsin Gum.

Infinite is the help man can yield to man.—Carlyle.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

Man is the great wonder.—Hermes Trismeyistus.

Broken Backs Repaired.

The broken spleen is occasionally yielding to the skill of surgery. A number of cures have lately been made of vertebrae fractures which not long ago would have been considered hopeless. The latest case reported is from the University of Chicago, where a student broke his neck in the gymnasium October 24, and is now entirely recovered.

A Gold-Lined Goose.

A sensation was caused in New Westminster, near Vancouver, the other day, by the discovery of $12 worth of fine and coarse grain gold in the crop of a wild goose. The goose was shot at Pitt Lake, which is fed by numerous mountain streams. The sand bars along the shore were known to contain gold, but had never been prospected.

Fancy Prices for First Editions.

The demand for first editions of famous American authors holds up well, as was shown at the disposal of the Arnold collection in New York last week, when about 700 lots realized over $7,000. The prize of the sale was the first edition of Hawthorne's "Fanshawe," one of the rarest of American books, which went for $410.

Legs Cut Off Six Times.

Edward Conrad, a railroad gateman, of Allegheny, Pa., suffered an injury some years ago which made it necessary to amputate one of his legs. Since then he has had five accidents, in each of which his artificial leg was cut off.

A Warm Parody.

The Bookman's parodies on that Englishwoman's love letters are rather pat: Ownest—When I woke this morning my windows were covered with a thick, white frost, my bathtub was an improvised skating pond, and the mercury in the thermometer outside had forced a hole through the bulb at the base of the tube and disappeared. I was just dangling one timorous creamy magnolia-white foot over the edge of the bed, into the icy crackling void of circumambient cold, when the door opened and Juggins (that housemaid, beloved, is already pensioned against senility!)—Juggins brought me your letter. Ownest, think of it. Five hours had elapsed since I had heard from you!

The Kaiser and the Sergeant.

Emperor William's kindness of heart is well known and recently at the parade at Stettin he gave proof of it to a former sergeant of his under whom he had served when he was crown prince. He recognized the veteran standing among the crowd of spectators and summonded him. For some minutes he chatted pleasantly with the man and then dispatched an orderly to bring a horse for his former sergeant that the latter might be able to ride about and see the review at his ease.

The total receipts from the Philippine customs for February were $750,000.

The Remarkable success of Garfield Tea, the great HERB cure for constipation and Sick Headache, is due to its healthful action on all the digestive organs.

Celery is delicious cooked and good for rheumatic and gouty people.

I CURE FITS FREE
A Full-Size $1 Treatment of Dr. O. Phelps Brown's Great Remedy for Fits, Epilepsy and all Nervous Diseases. Address O. PHELPS BROWN, 98 Broadway, Newburgh, N.Y.

PATENTS WITHOUT FEE unless successful. Send description and get free opinion. MILO B. STEVENS & CO., Estab. 1864. Div. 2, 817—14th Street, WASHINGTON, D. C. Branch offices: Chicago, Cleveland and Detroit.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED

160 ACRE FARMS IN WESTERN CANADA FREE

If you take up your homes in Western Canada, the land of plenty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to W. V. Bennett, 801 N. Y. Life Bldg., Omaha, Neb. Special excursions to Western Canada during March and April.

For 14 Cents

We mail the following rare seed novelties.

1 pkg. Blue Blood Tomato Seed,	$ .15
1 " Northern Lemon Seed,	.15
1 " Mama's Favorite Onion Seed,	.10
1 " Emerald Green Cucumber Seed,	.10
1 " City Garden Beet Seed,	.10
1 " 13-Day Radish Seed,	.10
1 " La X. Market Lettuce Seed,	.15
8 " Brilliant Flower Seed,	.15
	$1.00

Worth $1.00 for 14 Cents.

Above 10 packages rare novelties we will mail you free, together with our great illustrated Seed Catalog, telling all about Salzer's Billion Dollar Grass Also Choice Onion Seed, 60c. a lb. Together with thousands of earliest vegetables and farm seeds, upon receipt of 14c. and this notice. When once you plant Salzer's Seeds you will never do without.

JOHN A. SALZER SEED CO., LaCrosse, Wis.

The "Big Four Route"

Is a Railway System Comprising

2,500 Miles of Superb Roadway

Built and Equipped in the Most Approved Manner of Modern Railway Construction.

The Passenger Train Service of the "BIG FOUR ROUTE" provides 200 Passenger Trains per day, requiring for their operation

150 Passenger Locomotives
450 Passenger Cars
25 Parlor Cars
20 Dining and Café Cars

In addition to which Sixty Pullman Sleepers are in Continuous Service on the "BIG FOUR" and its Through Car Lines.

WARREN J. LYNCH, Gen. Pass. & Tkt. Agt. W. P. DEPPE, Asst. G. P. & T. A. CINCINNATI, O.

CONSTIPATED
OLD AGE

Means misery on the eve of life. Nine out of ten old people are constipated because the muscles of their intestines have become weak, worn out and flabby. Constipation is the curse of old age, causes bile and acid poisons to remain in the blood, making the skin yellow and wrinkled, the eyes bleary and causing the "bones to ache." Keep the bowels strong, healthy and regular and old age loses all its terrors and weaknesses. No reason why grandpa and grandma shouldn't have bright eyes, and clear, ruddy skin and feel lively and active, if they will only keep their bowels open and vigorous with *CASCARETS CANDY CATHARTIC*, the greatest bowel tonic ever heard of. Try them to-day—a 50c box—a whole month's treatment—and find that the tortures of constipated old age are

PREVENTED BY
Cascarets
LIVER TONIC
BEST FOR THE BOWELS
10c. 25c. 50c.
ALL DRUGGISTS.
NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded. 663

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.

We are shaped and fashioned by what we love.—Goethe.

Pain relieved, sickness prevented, by timely use of Wizard Oil. Keep it always in the home.

Love and philosophy are sworn enemies.

What Do the Children Drink?

Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing, and takes the place of coffee. The more Grain-O you give the children the more health you distribute through their systems. Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about ¼ as much. All grocers sell it. 15c and 25c.

It is the raised stick that makes the dog obey.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Many a married man is a silent hero.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.