# **CUNGRESSMAN HOWARD**

### Of National Reputation Are the Men Who Recommend Peruna to Fellow Sufferers

A Remarkable Case Reported from the State of New York



CONGRESSMAN HOWARD OF ALABAMA

House of Representatives, Washington, Feb. 4, 1899. The Peruna Medicine Co., Columbus,

Gentlemen-"I have taken Peruna now for two weeks, and find I am very much relieved. I feel that my cure will be permanent. I have also taken It for la grippe, and I take pleas. | physician advised me to give up my ure in recommending Peruna as an excellent remedy to all fellow sufferers."-M. W. Howard.

Congressman Howard's home address is Fort Payne, Ala.

OST people think that catarrh is a confined to the head and Nothing is farther from the truth. It may be that the nose and throat is the oftenest affected by catarrh, but if this is so it is so on'y because these parts are more exposed to the vicissitudes of the climate than the other parts of the body.

Every organ, every duct, every cavity of the human body is liable to catarrh. A multitude of ailments depend on ca-This is true winter and summer. Catarrh causes many cases of chronic disease, where the victim has not the slightest suspicion that catarrh has anything to do with it.

The following letter which gives the experience of Mr. A. C. Lockhart is a case in point:

Mr. A. C. Lockbart, West Henrietta. N. Y., Box 58, in a letter written to Dr. Hartman says the following of

Peruna: "About fifteen years ago I commenced to be alling, and consulted a a species of dyspepsia, and advised me. months, to get a leave of absence from valuable advice gratis. my business and go into the country. I did so and got temporary relief. I went back to work again, but was Ohio.

taken with very distressing pains in my stomach.

"I seldom had a passage of the bowels naturally. I consulted another physician with no better results. The disease kept growing on me, until I had exhausted the ability of sixteen of Rochester's best physicians. The last work and go south, after he had treated me for one year "I was given a thorough examination

with the X-ray. They could not even determine what my trouble was, Some of your testimonials in the Rochester papers seemed to me worthy of consideration, and I made up my mind to try a bottle of Peruna. Before the bottle was half gone I noticed a change for the better. I am now on the fifth bottle, and have not an ache or pain anywhere. My bowels move regularly every day, and I have taken on eighteen pounds of flesh. I have recommended Peruna to a great many and they recommend it very highly. I have told several people that if they would take a bottle of Peruna, and could then candidly say that it had not, benefited them, I would pay for the medicine."-A. C. Lockhart. Mr. W. P. Peterson, of Morris, Ill.,

says "I was nearly dead with catarrhal dyspepsia and am now a well man, better, in fact, than I have been for twenty years or more.

Since I got cured by your Peruna 1 have been consulted by a great many

If you do not derive prompt and satisfactory results from the use of Pephysician. He pronounced my trouble runa, write at once to Dr. Hartman, other red or by a bright blue. There giving a full statement of your case. after he had treated me about six and he will be pleased to give you his

> Address Dr. Hartman, President of The Hartman Sanitarium, Columbus,

SPIDERS MAKE VOYAGES.

Sea in Big Ship's Rig-

The spider is a born aeronaut and makes ascensions that sometimes carry him far out to sea. During his voyage around the world in the ship Beagle the naturalist Darwin gave particular attention to the spider and his airship. This last consisted of a single strand of web silk, and the insect-in this case a tiny red gossamer spider one-tenth of an Inch long-came aboard in great numbers while the Beagle was sailing sixty miles from land. The threads of silk which they used in their aerial voyage were two and sometimes three feet in length, while they themselves were go light that they were able to voyage about on the heat waves that rose from the water on a warm day. Companies of several thousand-male, female and young-would appear in the Beagle's rigging, and immediately upon arriving they would drink thirstly of any water that could be come at. The sharp-eyed Charles Darwin thought that this thirst was caused not so much by the salt ocean air as by their passing through the dry, rarefied upper regions of the atmosphere, showing that they sailed at considerable heights in their voyages. The little travelers were very active during the time they remained aboard, running about the rigging, spinning webs from an apparently endless supply, dropping, climbing and even skimming over the smooth surface of the ocean.

Many other insects find their way out to sea, some going of their own will, while others are blown off land. One evening while the Beagle was ten miles from the shores of Patagonia she was surrounded by vast swarms of butterflies reaching beyond the range of a telescope. There was no space free of them, and they resembled nothing so much as a snowstorm. There was no wind and the insects were seemingly on a voyage of their own choosing, but before dusk a strong breeze came up and it was very likely that tens of thousands of them were drowned on their pleasure trip. At another time a number of beetleseight distinct species-were drawn up in a net set for specimens of small fishes. Four of these species were natural swimmers and Darwin concluded that they had been washed out to sea in the current of their native river. The most remarkable case of the sort during the voyage was that of a large grasshopper which flew on board when the ship was 370 miles from the nearest land that was not guarded by an unvarying trade wind. How it ever got away from its own kind was a problem that even the wise naturalist could not solve. Flies sometimes travel out to sea with a ship, but after a few days they leave the vessel and are apparently lost.

#### A LARGE VILLAGE.

Though Moscow Is Populous Its Ap pearance Is Provincial.

In Russia everything is large and everything is loud. Moscow is like an immense village and everything in it is built broad, not high, because there is so much space to cover. The public squares, unpaved and surrounded by a little rim of cobbles, are as big as meadows. The arcades and passages, with their cellars below, their steps above, their glass roofs, are so enormous that they could hold the Passage des Panoramas and the Burlington arcade and the galleries at Milan, without filling more than a corner of them. Colors shriek and flame; the Muscovite eye sees only by emphasis and contrast; red is completed either by anare no shades, no reticences, no modulations. The restaurants are filled with the din of vast mechanical organs, with drums and cymbals; a great bell clashes against a chain on all the trams to clear the road; the music one hears is a ferocity of brass. The masons who build the houses build in top boots, red shirts and pink trousers: the houses are painted red or green or blue; the churches are like the temples of savage idols, tortured into every unnatural shape and colored every glaring color. Bare feet, osier sandals and legs swathed in rags pass to and fro among the top boots of the middle classes, like the inner savagery of a race still so near barbarism, made evident in that survival of the footgear of primitive races.

Formosa's Revenue from Monopolies. Mr. Goto Shimpei, head of the civil government of Formosa, says that during the six years which have elapsed since Japan obtained possession of Formosa she has invested 140,000,000 yen (\$70,000,000) of public money in the island and it is now yielding a revenue of 15 per cent on the capital sunk. The main part of this revenue is obtained from the opium tax, the camphor monopoly and the salt monopoly, which yield 4,000,000 yen (\$3,-000,000) each. Three years ago, when the present governor-general went to Formosa, the revenue was only a little over 5,000,000 yen (\$2,500,000), but there is every reason to think that it will soon amount to 20,000,000 yen (\$10,000,000). According to the financial scheme originally mapped out, the central government was to furnish 2,-000,000 yen (\$1,000,000) annually for twenty years in aid of Formosa's administrative expenditures.-Chicago News.

Pitch Cloak for Life-Saving.

A pitch cloak is the newest form of life-saving apparatus. It is a Swiss invention. It weighs about one pound, and will keep even a fully-equipped soldier above the surface of the water. It has water-proof pockets in which food and drink may be carried, as well as blue lights, in case the wearer is shipwrecked in the night.

## Two Little Virginians

A True Story.

nians, descendants of Martha Wash- so the damage hardly showed. ington's family line and the youngest | They also owned a large glass aqua-

with long, thick golden hair, and in away the bright summer days. Down stretched from one wall to the other, her sweet blue eyes a frank, open ex- in the grove a long rock ledge they It is best for the audience to sit as pression which always told what she called "Sofa Rock," made a grand seat | far away from the stage as possible. was thinking about. She was "big sis- where they could lie and imagine all he had such nice ways, and although right were big. He loved everybody and every living thing on the place, from the horses and dogs to the chickens, ducks, and the tame rabbit and of listening to the story of how in swallow which were their special pets.

But most of all he loved his sister and would always do what she thought best, so they were companions in everything and always happy together. Both were fond of outdoor sports and delighted to go barefoot. This once led ! to what might have been a serious ac- watercresses from the shady banks and cident, for one day while climbing up into a cherry tree, Viola lost her hold and fell through, her bare foot catching by the heel in the notch of the tree, and her head suspended over a spiked fence. Steenie ran in terror toward the house to bring Aunt Kathy to the rescue, crying:

"Come quick! quick! or Viola will be killed!"

Fortunately-for Aunt Kathy couldn't clum-a boy was on the grounds near by, and running up, helped to disentagle the victim.

Another of her hair-breadth escapes was to come bounding down on an old cellar door which had lost its hinges. Aunt Kathy, who happened to be near, sprang forward in time to break her fall. When she was picked up uninjured, her aunt reminded her that she should thank God for sparing her life, down where she was, and said:

dently considering her aunt a special day she will know, too, when "big

rode together. Sometimes it happened lon. they got pitched over her head, and then the horse would lift her feet carefully for them to crawl safely out, and neigh with delight.

One night the big barn took fire, and grandma, who was visiting them at Rose Hill, was so scared that she put children on the garret steps in the dark, their hands clasped in each other's, praying to God, away from the confusion, thinking He could hear them better off by themselves.

Afterward, when Viola was older, the barn burnt down again, and seeing the glare of the flames from the house, she was the first one to try and get the animals out. Her own riding horse was among them, and in her efforts to save it, she went back twice into the building and got severely burnt. She said afterwards:

"I felt so selfish, safe outside, with all those poor things suffering in there!

With so many live pets, there was a death occasionally and a regular burial grounds of Valley Forge, where Washground was provided for those they ington and his men passed the bitter had loved. Aunt Kathy heard loud walls one afternoon, and looking from the tract has been acquired by the state her window saw approaching a sad of Pennsylvania, and the well preprocession-Steenie carrying an old trunk tray, on which was the body of ington had his headquarters is now



COME QUICK! OR VIOLA WILL BE KILLED!"

a shovel to dig the grave, walked beside him weeping. They paused beside the paling fence

cemetery.

a lovely old cabinet with brass knobs associations and city or state governto the drawers, and here were arranged | ments have done some good work in on soft cotton a wonderful collection this direction, but it is only of recent of bird's eggs, bright wings and but- years that the plan for national reserterflies. Some of the eggs were from vation has had any serious considerathe South-sea gulls, alligator and tion. heron, which Viola insisted on pronouncing "he-ron." Another drawer a park of the historic grounds at Saraheld Indian relics-arrows and curios toga, where Burgoyne surrendered to taken from a strangely formed mound Gates. The proposition to preserve the of stones which had been discovered Valley Forge tract is one that appeals near the river bank, where it was sup- still more strongly to the imagination posed Indians had been buried.

heard a gnawing sound from the cab- the nerve of Washington and of his inet, and on investigating, found that patriots even more severely than the mice had injured several of their most dangers of battle. It is strange that precious treasures. Viola and Steenie the idea of reserving this spot was not were in despair, and Viola cried:

gnawed my leg."

of the injured property, much to their | non,

Viola and Steenie, two little Virgi- delight, and arranged the things again

representatives of that distinguished rium, filled with pretty pebbles and Aunt Kathy at Rose Hill, a lovely old water insects. They had read "Water folding doors a whole room may be home on a slope, not far from the Babies" with great interest, and knew banks of the historic Potomac river. as much as the author of these deni-Viola, the elder, was tall and strong, they played, worked and dreamed off with sheets suspended from a rope "Boulder Glen" was the best of all, for stage. there the beautiful spring called "'76" ran clear and cool, and they never tired revolutionary times "Morgan's men" company came to the meeting-place.

eating delicious lunches out of Aunt

Kathy's big basket. Here they read "Treasure Island" and Hawthorne's Tales, or when tired would stretch out and the little girl immediately kneit on the grass and looking up in the blue sky, would wonder what "heaven 'I thank thee, dear Jesus, for letting was like." Steenie knows now, for he Aunt Kathy catch the cellar door," evi- has left Viola and gone there, and some sister" and "little brother" meet again Both children dearly loved Nellie in the beautiful land of the forever. Gray, a white horse on which they Kate Dandridge, in Youth's Compan-

## Valley Forge.

An earnest effort was made to pass Steenie's clothes on him wrong side the bill before congress to convert into out. Afterward she found the two a national park the historic camp



MOUNT VERNON.

winter of 1777-78. A small portion of served brick building in which Washa favorite cat, while Viola, armed with owned and cared for by a patriotic body formed at the centennial of Valley Forge, but the larger and equally historic portion of the fleid, on which the soldiers camped and suffered, is still in the hands of private owners The intrenchments and other histor's landmarks are gradually vanishing. It is desirable that the whole tract be acquired by the national government and be forever preserved as a national park, as in the case of the Chickamauga and Gettysburg battlefields. It is a curious fact that the move-

ment to preserve historic grounds of this kind at the national expense has come only since the civil war. The idea seems to have started from the great cemeteries where so many of the soldiers of the civil war lie buried near where they fell. The extension of the reservation to include the whole field of conflict and to preserve its historic landmarks under federal authority was a natural step from this beginfor the family to say farewell to "dear | ning. At last it has dawned upon the kitty," and then proceeded to their people that it may be well to extend the same process to the more import-Indoors these little Virginians had ant revolutionary battlefields. Private

There has been talk of making such of the patriotic American, for the suf-One day the children's grandma ferings of that terrible winter tested acted upon a century ago, when the "O grandma, I would rather they had whole tract could have been bought for a trifle. It should be bought now Grandma succeeded in restoring most and guarded as sacredly as Mount Ver-

#### \*\*\*\*\*\*\* Tableaux for Washington's Birthday.

\*\*\*\*\*\*\* Impromptu burlesque tableaux illustrating some of the principal events in Washington's life will be appropriate for this national holiday and will prove

mirth-provoking entertainment. name, lived with their parents and grasses, with minnows, tadpoles and When two rooms are connected by used for the stage, with a screen at the back of the stage. The doors then take There was a shady grove in front of zens of the earth, air and sky. As the place of curtains and answer very the house full of pretty play-places and they grew older, all over the place they well. In case there are no folding found and named beautiful spots where doors a large room can be curtained

Pumpkin lanterns set in a row on the ter" to "little brother," who was fra- sort of wonderful things. Then floor form a funny substitute for footgile and slight, with gray eyes and there was "Fairy Knoli," full of wild lights. The face is not cut through. brown hair. Everybody loved Steenie, flowers; and "Sycamore Hall," under but the features are cut thin enough whose waving branches they would tell to allow the light to make them visible. he was little, his notions of honor and and listen to marvelous tales. But as all the light must be thrown on the

> Here are some appropriate tableaux: Tableau 1-"Washington's Infancy." Washington's mother seated at a spinning-wheel while her son is asleep met there, and the soldiers agreed to in a cradle near by. The wheel may meet on the spot again when they re- be made of a bicycle turned upside turned. Years after only three of the down and steadied with the aid of books. A broom is fastened in an up-It was in this beautiful and historic right position to the bicycle and on spot they had their picnics, gathering the handle is tied a handkerchief to represent flax. A string tied to the flax is held by Mrs. Washington. The wheel must be set in revolution during the tableau. Mrs. Washington must wear a white cap, kerchief and apron. A cradle for her son may be made of a rocking chair by standing it on the tip end of the rockers and placing a footstool under the back of it. A pillow with a large rag doll should be placed in the cradle, and the latter

may be draped with a shawl or sheet.

Tableau 2-"State of the Country": The properties needed are two chairs and a board. The board is laid across the back of the chairs, thus forming a table. A large man dressed to represent an early settler by wrapping a blanket around his legs and putting a paper ruff around his neck is seated back of this table, on which boxes of beads and jugs of whisky are standing. One Indian seated on the ground in front is bargaining to sell some furs, while a second at the side is drinking whisky out of a jug. This picture may be made very ridiculous by putting signs to this effect on the table: Beads marked down to the lowest price." "Bargain sale of firewater." "Goods almost given away in exchange for skins." "Red flannel at a fearful sacrifice.

Tableau 3-"George's Father Taking Pay for the Cherry Tree":

A stout man in colonial dress-that s, a three-cornered hat made of paper, skirt of paper fastened to his coat and bows at knees, and a little boy similarly dressed, who is in the act of giving his father some paper money. In his hands he holds a hatchet. Tableau 4-"Bunker Hill:"

Bunker Hill may be made of chairs piled up and covered with gray blankets. A red-coated soldier on one side and a blue-coated one on the other are both trying to climb the hill and to get at each other. Each carries a poker. The costumes may be made very ridiculous, as, for example, giving a fool's cap to one man.

Tableau 5-"Washington Crossing the Delaware":

For this make use of a washtub for a ship; its sail is a towel fastened with pins to a stick, the stick being tied to broom held aloft by Washington. A second man in the tub may be fishing from behind.

Tableau 6-"Surrender of Cornwal-

Washington sitting at a table on which are strewn a quantity of papers. Cornwallis at one side giving up his sword. Some ears of corn strung on string around his waist and across his breast add to the ludicrous effect. Cornwallis must look as though he had spent the night in a barn. Tableau 7-"Franklin at the Court of

George IV."

King George in regal attire with a crown upon his head, seated on a throne, while lords and ladies are grouped on either side. At the side of the throne a paper sign is pinned on the wall: "All must bow their knees to me-George IV." Franklin is in the act of shaking hands with the king, and the courtiers all look aghast. Tableau 8-"Franklin at Home."

Franklin is seen walking along with a loaf of bread under one arm and in the act of eating a second loaf, stuffing a large end of it into his mouth,

Tableau 9-"Washington Dictating the Declaration of Independence": Washington is seen standing in a contemplative attitude with his hands under his coat tails, while a pretty young lady, in modern dress, is sitting before the typewriter taking down

Tableau 10-"Washington's Inaugu-

Washington and a judge in a long black gown and white wig (cotton batting) are standing in the center of the stage, while the judge reads from a long scroll. Washington looks very

Tableau 11-"The Minuet":

Washington's words.

Washington and his partner, both in colonial dress, dancing the minuet. This last tableau may be made very effective. Four or even six people may take part in this if the doorway is large enough for them to stand in graceful positions. Pretty costumes for the ladies consist of short-waisted dresses; this effect may be gained by tying a broad sash under the armpits over a light cotton dress.

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