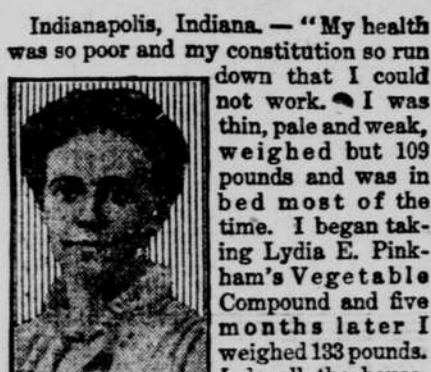


WIFE TOO ILL TO WORK IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.



Indianapolis, Indiana. "My health was so poor and my constitution so run down that I could not work."

Astonishing Power of Iron to Give Strength to Broken Down Nervous People

Physician Says Ordinary Nuxated Iron Will Increase Strength of Delicate Folk 200 Per Cent in Two Weeks' Time in Many Instances.

NEW YORK, N. Y.—In a recent discourse Dr. E. Sauer, Specialist, of this city, said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron."

They Misinform the Measles. In Japan the nursery is still protected from the inroads of measles and other infections by means of an inscription over the nursery door saying with exquisite urbanity "this child is not at home."

Matter of Necessity. "Got a chauffeur, eh? I thought you were averse to having one."

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue serious results may be expected.

Your other organs may need attention—but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, because if it proves to be the remedy you need your kidneys begin to improve they will help all the other organs to health.

Prevalency of Kidney Disease. Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

SPECIAL NOTE—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine.

FORTUNATE CITY IS BOISE

Natural Supply of Hot Water Used to Furnish Heat for Houses and Public Buildings.

Boise, the capital of Idaho, is the only city in the world to use natural hot water to supply heat to houses, public buildings and business blocks.

There are two wells, each 18 inches in diameter and 400 feet deep. The natural flow is 800,000 gallons a day. Centrifugal pumps have increased the supply to 1,250,000 gallons every day.

Engineers have tried to increase the flow of water, and they think that if they could tap the main subterranean stream they would get enough hot water to supply all the needs of the city.

These hot springs were first known by the Indians and they made the spot where Boise now stands a sort of winter resort for the Snake and Bannock tribes.

The Idea. "Why do you call that new paper of yours New Blood?" "Because I want it to circulate."

Are You Living on Your Nerves?

Do you live on your nerves? Possibly you do and boast of it as if it were something to be proud of.

Despite ideas to the contrary, few people ever work themselves to death. It is usually the combination of business and pleasure at a strenuous pace which does the damage.

It is so easy to go a little further on your nerves when you know that physically you need rest and relaxation. There may be times of stress and strain when it is justifiable to exert every atom of endurance, but this is only under special circumstances.

There is much in our modern life, with its diversity of interests, which tends to excite and irritate the nervous system. We should make an effort to offset this as much as possible.

People who live on their nerves until nervousness becomes chronic find that it brings a train of evils, indigestion, worry, excitability, temper and restlessness, all great handicaps to efficient work and rational pleasure.

Poultry Pointers

An old brush is a good thing with which to apply liquid milk killer to roosts and nearby woodwork.

Be careful that the growing chicks do not crowd in their coops as they become larger and need more room.

It is wise to scald all feed and drink dishes every few days with boiling water to kill the germs that collect there before they (the germs) have a chance to attack the fowls.

Don't let the drinking water for the fowls and chicks stand around and become hot and filthy, but give a new supply frequently during the day, cleaning out the water dish each time.

Feed three times a day and no more, but add rolled oats to the chick feed twice a day or stale bread crumbs or cornbread will do if there are no rolled oats on hand.

It is not economy to feed young or old stock on one grain, for a variety will produce better results from a smaller amount of feed.

Feed some milk or beef scraps to help build muscle, feathers and bone, one per cent of bone meal should also be included in the ration.

If there is no natural shade for the chicks, block up the coops so that the chicks can get under them, or build shelter tents, or in some way provide artificial shade.

Careful breeding, proper feeding, and the right kind of care, will produce heavy laying in any breed of fowls.

The first chick feed should be a dry mixture of cracked grains. Cracked corn, wheat, kafir, and pin-head oats are all good.

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SOME SMILES

Keen Enjoyment. "Mr. Grabocoin seems proud of the fact that he indulges in no form of recreation whatever."

Masculine View. "According to an item in this paper," remarked Mrs. Jaggs, "rum is made from the refuse of sugar."

Worth Fighting For. "What arguments can you advance in favor of preparedness?" asked the exponent of peace at any price.

And So It Happened. Heiney—I was surprised to hear that young Price had married that rich widow.

Practical Information. "Say, paw," queried the little son of a railway conductor, "what's an exchequer?"

Got the Worst of It. "You are charged with stealing a clock," said the police court judge.

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A Wish.

I'd like to be a boy again, a care-free prince of joy again. I'd like to tread the hills and dales the way I used to do.

I'd like the tattered shirt again, the knickers thick with dirt again. The ugly, dusty feet again that long ago I knew.

I'd like to play first base again, and Silver's curves to face again. I'd like to climb, the way I did, a friendly apple tree.

For, knowing what I do today, could I but wander back and play I'd get full measure of the joy that boyhood gave to me.

I'd like to be a lad again, a youngster, wild and glad again. I'd like to sleep and eat again the way I used to do.

I'd like to race and run again and drain from life its fun again. And start another round of joy the moment one was through.

But care and strife have come to me, and often days are glum to me. And sleep is not the thing it was and food is not the same.

And I have sighed and know that I must journey on again to sigh. And I have stood at envy's point and heard the voice of shame.

I've learned that joys are fleeting things; the parting pain each meeting brings; That gain and loss are partners here, and so are smiles and tears.

That only boys from day to day can drain and fill the cup of play. That age must mourn for what is lost throughout the coming years.

But boys cannot appreciate their priceless joy until too late. And those who own the charms I had will soon be changed to men.

And then they, too, will sit, as I, and backward turn to look and sigh. And share my longing, vain, to be a care-free boy again.—Edgar A. Guest in Detroit Free Press.

Characteristics of a Nation Are Displayed in Naming of Its Battleships

One of the ways nationalities have of displaying their peculiarities is in the naming of their battleships. The United States, systematic and businesslike, goes to work and uses up all the names of its states to point on the sides of its greyhounds of the sea.

Great Britain, self-appointed mistress of the waves, does not propose to have that majesty challenged. So she goes ahead and defies the world with such hair-raising names of Revenge, Implacable, Indefatigable, Victorious, Glory, Vengeance, Valiant, Conqueror, Monarch, Thunderer, Colossus, Hercules, Jupiter, Mars, Caesar, Hannibal, Lion, Tiger and so on.

Germany adheres quite decently to names of places—places in the fatherland, of course, thus proclaiming the characteristic national love of the home country.

France full of love of freedom and the things which make for human happiness, finds her most characteristic warship names in words which translated would be Truth, Justice, Democracy, Republic.

Italy, adorer of her great men in statesmanship, war, science and the arts, names her boats after Columbus, Conte di Cavour, Leonardo da Vinci and Dante Alighieri.

To be convinced that these customs of christening are peculiarly national one needs only to shuffle some of these names. Imagine us in America standing for a battleship named Indefatigable. Or imagine the name of "Sweetest Shakespeare" emblazoned on the prow of one of England's glowering fortresses of the sea.—St. Paul Pioneer Press.

Russia Growing Democratic As Result of War's Demands

Samuel Harper, professor of European history and Russian institutions at the University of Chicago and who has just returned to the United States after a four months' visit to Russia, says that Russian institutions were becoming more democratic since the war because the bureaus were unable to handle the vast supplies of provisions, clothing and supplies of all kinds for the armies in the field and had been obliged to call in the aid of the provincial councils, the zemstvos, which are growing in power every day.

"The Russian government," he said, "is in favor of American capital being used to build factories there, but part of the control must be in Russian hands. This is to avoid a repetition of the treatment accorded to the native working people by the German manufacturers before the war. The Germans refused to employ anyone, who did not speak German.

Wise and Otherwise. Love that seldom grows old is the love of money. Never argue with a wasp; it is sure to carry its point.

He who borrows money of a relative never hears the last of it. The fool with money to burn may drive an ash cart in after years.

The "war of the union" began shortly after the marriage ceremony ended. It's easier to approach luxuries than it is to back away from them again. Men are like wagons—they rattle most when there is nothing in them.

When a miser marries he picks out a woman who looks nice in her old clothes. A postage stamp is on the tip of many a man's tongue who never talks about it. A man who boasts he never did a foolish act in his life doesn't know what truth is.

Clothes do not make the man, but the better they are the more attention he is apt to receive. When a young man gets sore because another fellow makes goo-goo eyes at his best girl—that is love.

GOOD FOR HUNGRY CHILDREN

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat.

Really Good Rejoinder. The proprietors of two rival lively stables, situated alongside each other in a busy street, have been having a lively advertising duel lately.

The other week one of them stuck up on his office window a long strip of paper, bearing the words: "Our horses need no whip to make them go."

This bit of sarcasm naturally caused some amusement at the expense of the rival proprietor, but in less than an hour he neatly turned the tables by pasting the following retort on his own window: "True. The wind blows them along!"

W. L. DOUGLAS

"THE SHOE THAT HOLDS ITS SHAPE" \$3.00 \$3.50 \$4.00 \$4.50 & \$5.00

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearers protected against high prices for inferior shoes.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

TAKE GOOD CARE of the Stomach IT WILL PAY YOU

When weakness develops REMEMBER — — —

HOSTETTER'S Stomach Bitters

Strengthens—Invigorates

The genuine has Private Stamp over the neck of Bottle. Insist on having it

Spanking Causes Fire. A West Avon, Conn., dispatch says: Spanking has not gone out of style as a popular method of meting out justice in this country town at least.

Always Good Humored. Gouverneur Morris was talking about the late Richard Harding Davis. "Davis was never at a loss for a joke," said Mr. Morris.

Cardui Wins Suit. After a trial in the United States District Court of Chicago, before Judge Carpenter and a federal jury, the jury found the American Medical Association guilty of libeling Cardui, the woman's tonic, which had denounced as a "nostrum."

HOW TO REMOVE DANDRUFF Itching and Irritation of the Scalp With Cuticura. Trial Free.

On retiring lightly touch spots of dandruff, itching and burning with Cuticura Ointment. Next morning shampoo thoroughly with Cuticura Soap and hot water.

Lost Art. The four-year-old had just been re-proved at the table. He continued to talk cheerfully, though unanswered, to father. After some minutes of soliloquy he turned to mother and remarked: "Your husband doesn't talk very much this noon, does he, mother?"—Harper's Magazine.

Philanthropic. Ted—Did that rich girl offer to give you her heart and fortune? Ned—Yes, on condition that I put up an equal amount.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletcher. Use for Over 30 Years. Children Cry for Fletcher's Castoria.

The longest-wearing light weight rubbers you can buy—20,000 pairs have absolutely proved it.

Ask for GOODRICH STRAIGHT-LINE RUBBER OVERSHOES —not just "rubbers"

Snug as a glove in fit, light on your feet, and stylishly neat in appearance, with "double the wear in every pair" over what other rubbers will give you—there you have the reasons why 38,000 stores recommend "STRAIGHT-LINES" as the best you can buy—and why 20,000,000 pairs of them have been sold on their quality alone.

The Only Boots and Shoes in the World that are made like—and wear like—Goodrich Auto Tires

"HIPRESS" WITH THE RED LINE 'ROUND THE TOP

New auto tire tread rubber—tough as nails—in every pair. ONE SOLID PIECE construction, same as Goodrich Tires. Won't leak or split like others. Give 2 (and 3) times usual wear as 5,000,000 pairs have proved. Try a pair!

The B. F. Goodrich Company, Akron, Ohio Makers, also, of TERTAN—the Goodrich Sole that outwears leather on leather shoes