When You Speak of Preparedness

REMEMBER.

HOSTETTER'S Stomach Bitters

stands out very effectively as a bulwark against liver or digestive troubles, general weakness and malaria

Don't Experiment, Get Hostetter's

An Eye to Busines. "This play is the worst ever. I am going to demand my money back."

"Wait until after the next act, old man. Ten years elapse between acts 1 and 3, and you can demand interest on your money for that length of

What the Doctor Knows

KIDNEYS MUST BE RIGHT TO INSURE HEALTH.

Few people realize to what extent their health depends upon the condition of the kidneys.

The physician in nearly all cases of serious illness, makes a chemical analysis of the patient's urine. He knows that unless the kidneys are doing their work properly, the other organs cannot readily be brought back to health and strength.

When the kidneys are neglected or abused in any way, serious results are sure to follow. According to health statistics, Bright's Disease, which is really an advanced form of kidney trouble, caused nearly ten thousand deaths in one year, in the State of New York alone. Therefore, it is particularly necessary to pay more attention to the health of these important organs.

An ideal herbal compound that has had remarkable success as a kidney remedy is Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy.

The mild and healing influence of this preparation, in most cases, is soon realaccording to sworn statements and verified testimony of those who have used

When your kidneys require attention, get Swamp-Root at once from any pharmacy. It is sold by every druggist in bottles of two sizes—50c and \$1.00. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper. Adv.

Didn't Want Much.

One Saturday night a lady who possessed a fruit and vegetable shop hurried to serve her last customer, a very red-faced woman.

She asked for a pennies worth of vegetables, and wanted a piece of ev-

When she had been giver what she desired, she politely asked if they could be wrapped in a piece of paper and tied with a string.

The shopkeeper turned to her, quite calm, and said:

"Wait a minute, and I will run across to the butcher's for a bone, and I think that will complete your Sunday's dinner."

Returned It, All Right.

Over .he garden fence the conversation had suddenly turned acrimonious. "An' if yore boy, 'Erbert, ties any more cans to our pore dog's tail," was Mrs. Moggins' stern ultimatum, "'ell 'ear about it, that's all. Oh, an' per-'aps you've done wiv that saucepan wot you borrowed last Monday." "'Erbert," asked Mrs. Grubb shrilly;

'wot 'ave you bin doin' to Mrs. Moggins' dog?" "Nothin' ma!" replical the small boy

unblushingly.

"There!" said his mother triumphantly. "An' you returned 'er saucepan yesterday, didn't you, dearle?" "Sent it back by 'er dog!" said 'Erbert calmly.

John Rebow of Wilkes-Barre, Pa., has adopted 20 orphans. He has seven children of his own.



'Another Article Against Coffee"-

In spite of broad publicity, many people do not realize the harm the 21 grains of caffeine in the average cup of coffee does to many users, until they try a 10 days' change to

POSTUM

Postum satisfies the desire for a hot table drink, and its users generally sleep better, feel better, smile oftener and enjoy life more.

A fair trial - off coffee and on Postum—shows

"There's a Reason"

Paying the Price

We are always paying the price for the things we lose or gain. Out of this life of the mingled gift of gladness and of pain;

whether we pay for pleasure or whether we pay for sin. It is always paying the price for ilfe, no matter where we begin.

We say we have had a lot, we've en-loyed and we've shared in the best; sit sometimes with a little dream of old content in the breast;

And then when we look away and think of the things that were nice. It all comes over us, lucky or sad, that we've had to pay the price,

The magnate pays for his, as the pauper pays it, too And the saint pays just as the sinner does and the unsaved have to do: In all that we have and hold, or in all that

we've thrown away.

It is sure in the end to come to this that there was a price to pay.

We pay it for love and peace, for cheer and comfort and song: We pay for sinning and going astray, we pay it for doing wrong: In all that we are or seem, in gladness or

grief or pain, We are always paying the price for the things that we lose or gain.

-Folger McKinsey, in the Baltimore

Passing of French Dowry Boon to the Country, But Blow to Fiction Writers

The French custom of providing marriageable daughters with a dowry has been a social Gibraltar in that land. Without it the plots of novels and plays would have been crippled. It is a staple of French literature. Now it appears that this is only one are being swept away in the war find anything musical."

Young people who hesitate to marry because of lack of property once they lose everything proceed instantly to weddings were a leading industry ciate distinctly. among young men and women who had hesitated in the time of plenty.

The new custom in France is a vast improvement on the old. It is gratifying for the young folk, but it is hard on the fiction writers.-Boston Globe.

Deplores "American Voice:" Doctor Suggests a Remedy

Genius Rebuffed.

fast."

By LAURA JEAN LIBBEY.

There's na' luck about th' hoose, There is no' luck about the hoose. When our gude man's away'.

A paragraph has been going the rounds of the papers from one end of the country to the other concerning

the disappearance of a husband. The deserted wife in an advertisement offered four dollars for information which would lead to his whereabouts. She added pitifully that she was very poor and could not afford to pay a larger amount as it had taken the

The question now arises-how much is the average husband worth to his wife?

It seems to me that there is so much figuring to be done on the subject that gling labyrinth that it would be hard loves him for himself alone. to discover where one is actually at.

Doctor Grayson did not suggest sur-South at the close of the Civil war for the habit of slurring and clipping hours. was the wholesale marrying of young and muddling our syllables, and urged people who had not a red cent. After that no teachers be appointed who the San Francisco disaster in 1904 have not clear voices and do not enun-

The Sleep of Fishes.

It has often been asserted that fish story that anything can do violence to the laws of nature. Brehm used to contend that fish slept soundly, assaming during that time peculiar attiotherwise than sleep. Experiments Dr. Charles Prevost Grayson of Phil- go far to confirm this theory. He paid adelphia reproved American doctors at particular attention to the leach, the annual meeting of the Laryngolog- which, he found, assumed an attitude ciation because they had done nothing were less active and the keenness of whatever to correct the "American its sensorial faculties diminished. It voice," in which, he averred, "no sleeps at any hour of the day or night, amount or depth of patriotism can so and in doing so it rests on its caudal

"What is a strikebreaker?" asked

"A strikebreaker, my dear," an-

swered Mr. Dubwaite, "is a husky in-

dividual who helps to settle economic

Income and Outgo.

"How much do you suppose it costs

"As Gadspur is the average type of

Prehistoric Mollycoddle.

"He wrote a story in which the hero

"The artist who illustrated it gave

the cave man a shaggy coat of hair

Its Paradoxical Quality.

"There is one thing queer about

"It generally whets one's desire for

Heartless Man.

"If you'll cut Mrs. Dubwaite, who was glancing over

Gadspur to live?"

vas a cave man."

ly manicured nails."

"What is that?"

"Henry," said As

Mrs. Flatsome

"What's his income?"

A FEW JOKES

some wood I'll give the morning paper.

plied the tattered problems with his fists."

to live."

"Yes?"

lry humor."

you your break-

wanderer, "during

my last term in

a prison which

shall be nameless,

I was a celebrated

intramural poet.

I'll write you a

breakfast."

Not a Dry Speech.

was given in the open air?

"Go off all right?

"Well, it rained."

ervthing.'

being dry.'

Mr. Flatbush-Yes, it was.

Mrs. Flatbush-You say the dinner

"Really? It must have spoiled ev-

"No; it prevented the speakers from

"You hear so many people say: 'This

var is a horrible thing,' that the ex-

A Trite Observation.

sonnet for my

"No, you won't

either. I might be

able to start a fire

with your sonnet,

but it wouldn't

keep a fire going."

"Madam,"

There are mighty good husbands to be found the world over-men who provide liberally or the best they can for the women who loved them well enough to trust their future happiness to them. The poor-bargain husbands are few and far between. A husband is worth to a wife all the world if he is faithful, striving to do the best he can and giving her full measure of love for love.

The husband who is companionable, but is unfortunate in securing work and holding a job down, many a wife finds worthy of supporting, hoping on, Micawberlike, for better days to come. The husband who openly rebels at doing anything to provide for his wife, gives her no pleasure, is not solicitous as to whether she is well or ill, in fact who has not her interest or love for her at heart, is not worth a sou markee or one thought.

A husband should not be measured last dollar she by his wealth. Many who are fitted to had saved to pay accomplish great things are laid down the debts he had by the iron hand of circumstance. They are worth encouraging, helping and Tender-hearted wives with fickle loving. They are pure gold among the husbands were sorry for her. Inde- world of human dross. When most pendent spinsters, who put men in the wives sum up how much their husplaces they belong, expressed surprise bands are worth to them they will find at her extravagance in her willingness that though he may have his faults he to pay that sum for a worthless hoot. is sure to have redeeming qualities which far overbalance them.

Every man has failures, as well as successes. A wife should not be daunted because of them. A husband's worth it would lead one into such an entan- is far above price to the wife who (Copyright, 1916.)

more of the social landmarks which anesthetize our ears that they will | fins, the body being slightly bent, while the head sometimes leans up against the sides of the aquarium or gical treatment, but merely that the an aquatic plant. Respiration is education of children in proper articu- weak at these times. Sometimes it lation be compulsory. He blamed in- slips on its back and remains in this marry. The one bright spot in the difference and lack of proper training position absolutely motionless for

War Makes New Economies.

War is producing some queer econonies. The Italians, who are fighting above the snowline find wood scarce and fires a rarity. Their difficulties have aroused the scouts to action. never sleep, a sufficiently amazing They visit every house, collect the waste paper, and then hand it over to the girls collected in a central station. These girls, working under the eye of a teacher, spread the sheets tudes which could not be construed that and feed them into a machine which rolls them tightly into a roll of about an inch in diameter. But they are too long for use, so a chopping machine worked by hand produces as a ical, Rhinological and Otological asso- of repose, during which its functions final result, little tight rolls about two inches long. These can be dropped into a knapsack, and when a fire is wanted three or four are taken out, placed on the ground, lit, and enough heat is generated to warm thoroughly a mugful of soup.-London Chronicle.

Hand-Painted Bodice Latest.

Hand-painted undergarments are making a bid for favor in the lineup of fall apparel!

Hand painting has appeared so far only on bodices of georgette crepe designed for wear under dainty transparent evening gowns, but one of the prettiest novelties imaginable is thus developed. The daintiest of floral paterns is properly selected, and the painting must be done with an exquisite fineness of touch to produce the desired result.

An underbodice may be decorated with hand painting over its entire surface, or a mere border about the neck may be chosen in preference.

Stenciled designs are also approved well-to-do citizen, I should say it costs as a decoration for next season evehim between \$7,500 and \$10,000 a year ning underbodices, and here, as in the case of the hand-painted garments. very dainty floral patterns should be selected. Georgette crepe is the prime "What's Scribson so upset about?" choice of fabrics to be so adorned.

England's First Scientist.

The first great English scientist was Roger Bacon, who died 621 years ago. and then finished him off with careful-The exact date of his birth is unknown, but it is believed that this year marks the 700th anniversary. He was persecuted and condemned and much of his work destroyed, so that the extent of his discoveries cannot be definitely known. It is certain that he was centuries ahead of his ignorant and credulous times in chemistry, mathematics and mechanics. Branded as a magician, he was thrown into prison. From 1277 until a short time before his death Bacon was immured in a filthy cell. He is said to have invented the camera obscura.

Animal Isles.

There is the Isle of Dogs and Whale sland, Pewit island, in Essex, and Crane and Gulf islands, off the coast of Cornwall. Near Lundy island are Rat island and the Hen and Chickens. A few off the coast of Wales are Puffin island, Sheep island and the Cow and Calf island, in Pembroke.-London Chronicle.

ments-and then it may not be found i iery. Real lace inserts of white will

achieve greatness, but the majority do ably has trebled in the last five or six not seem to worry themselves very years." Purpose of the Menhaden. The most numerous fish of economic

importance on the east coast of the United States is the menhaden, which of the herring family, goes in great schools in the ocean, bays and sounds.

Gilded Hopes. "I understand Paris is going in for

Nearly Always, Willie. "Pa, I know which is the most war-

like nation." "Well, my son, which is it?" "Vacci-nation, pa. 'Cause it's al ways in arms, isn't it?"

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chart Hilltehry. In Use for Over 30 Years. Bears the Children Cry for Fletcher's Castoria

The Usual Way. Browning-I understand you were at the races yesterday? Greening-Y-yes, but I happen to pick one before he was ripe.

CLEAR RED PIMPLY FACES

Red Hands, Red Scalp With Cuticura Soap and Ointment. Trial Free.

The soap to cleanse and purify, the Ointment to soothe and heal. Nothing better, quicker, safer, surer at any price for skin troubles of young or old that itch, burn, crust, scale, torture or disfigure. Besides, they meet every want in toilet preparations.

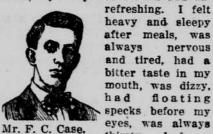
Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere .- Adv.

Real Fighting Began Later. "You were married before the war started, weren't you?"

"Well, yes; though we did have one brief engagement previous to the cere-

A GRATEFUL ACKNOWLEDGMENT.

Mr. F. C. Case of Welcome Lake. Pa., writes: "I suffered with Backache and Kidney Trouble. My head ached, my sleep was broken and un-



after meals, was always nervous and tired, had a bitter taste in my mouth, was dizzy, had floating specks before my eyes, was always thirsty, had a dragging sensation across my loins, difficulty in collecting my thoughts

ness of breath. Dodds Kidney Pills have cured me of these complaints. You are at liberty to publish this letter for the benefit of any sufferer who doubts the merit of Dodds Kidney Dodds Kidney Pills, 50c. per box at

and was troubled with short-

your dealer or Dodds Medicine Co., Buffalo, N. Y. Dodds Dyspepsia Tablets for Indigestion have been proved. 50c. per box.-Adv.

Chile has heavily increased tariff du-

read the gas and electric meters."

to pieces by the fingernails.

ALL STRENGTH BUILDERS

And prevents others having the disease no matter how, exposed. 50 cents and \$1 a bottle, \$5 and \$10 a dozen bottles. All good druggists and turf goods houses. SPOHN MEDICAL CO.,

DOUGLAS

W. L. Douglas Shoe Co., Brockton, Mass.

NCHESTER

THE SHOE THAT HOLDS ITS SHAPE"

\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00 ANDROMEN

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and

the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America.

They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and

supervision of experienced men, all working with an honest

determination to make the best shoes for the price that money

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas

name and the retail price

stamped on the bottom.

price paid for them.

The Best Known Shoes in the World.

Chemists and Bacteriologists, Goshen, Ind., U. S. A.

Stop to all Distemper

CURES THE SICK

Constant Reader. "Bliggins is a pessimist, isn't he?" The Minden Magazine, the organ of "Yes. He's so fond of bad news that

"LEADER" AND "REPEATER"

For the high flyers, or the low flyers, "Leader" and

"Repeater" shells have the reach, spread and penetra-

tion. Their great sale is due to these qualities, which

insure a full bag. Made in many gauges and loads.

BE SURE TO ASK FOR THE W BRAND

SHOT SHELLS

he goes down cellar every morning to a recent issue: "We are not, of

the Lancashire Fusiliers, observes in course, allowed to say where we are, but we may venture to say that we Opals, when first taken from the are not where we were, but where we mine, are so soft they can be picked were before we left here to go to where we have just come from.'

ow Nuxated Iron helped me to whip Frank Moran JESS WILLARD TELLS SECRET OF HIS EASY VICTORY. ALSO REVEALS HITHERTO UNTOLD SECRET OF HIS GREAT TRIUMPH OVER JACK JOHNSON; SAYS IRON IS GREATEST OF

Ordinary Nuxated Iron will often Increase the strength and endurance of delicate, nervous folks 200 per cent in two weeks' time.

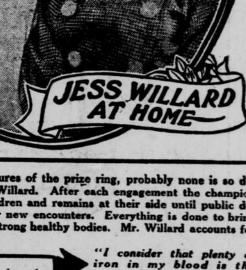
SPECIAL NOTE.—Dr. E. Sauer, a well-known physician who has studied widely in both this country and Europe, has been specially employed to make a thorough investigation into the real secret of the great strength, power and endurance of Jess Willard, and the marvelous value of nuxated iron as a strength builder.

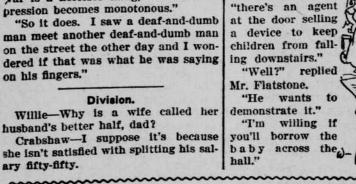
NEW YORK .- Upon being interviewed at his apartment in the Colonial Hotel, Mr. Willard said: "Yes, I have a chemist with me to study the value of different foods and products as to their power to produce great strength and endurance, both of which are so necessary in the prize ring. On his recommendation I have often taken nuxated iron and I have particularly advocated the free use of iron by all those who wish to obtain great physical and mental power. Without it I am sure that I should never have been able to whip Jack Johnson so completely and easily as I did, and while training for my fight with Frank Moran I regularly took nuxated iron, and I am certain that it was a most important factor in my winning the fight so easily." Continuing, Dr. Sauer said: "Mr. Willard's case is only one of hundreds which I could cite from my own personal experience which proves conclusively the astonishing power of nuxated iron to restore strength and vitality even in most complicated chronic conditions."

Not long ago a man came to me who was nearly half a century old, and asked me to give him a preliminary examination for life insurance. I was a consequence you become weak, pale astonished to find him with the blood and sickly looking, just like a plant pressure of a boy of 20 and as full of trying to grow in soil deficient in iron. vigor, vim and vitality as a young man If you are not strong or well, you owe -in fact, a young man he really was, it to yourself to make the following notwithstanding his age. The secret test: See how long you can work, or he said was taking iron-nuxated iron how far you can walk without becomhad filled him with renewed life. At ing tired. Next take two five-grain 30 he was in bad health; at 46 care- tablets of ordinary nuxated iron three the secret of great strength and enworn and nearly all in. Now at 50 a times per day after meals for two durance and filled his blood with iron miracle of vitality and his face beam- weeks. Then test your strength again before he went into the affray, while ing with the buoyancy of youth. As I and see for yourself how much you many another has gone to inglorious have said a hundred times over iron have gained. I have seen dozens of defeat simply for the lack of iron. is the greatest of all strength builders. nervous, run-down people who were -E. Sauer, M. D. If people would only throw away patent medicines and nauseous concoctions and take simple nuxated iron, I get rid of all symptoms of dyspepsia, am convinced that the lives of thoushands of persons might be saved who now die every year from pneumonia, iron in the proper form. And this afgrippe, consumption, kidney, liver and theart trouble, etc. The real and true to heart trouble, the heart trouble, etc. The real and true to heart trouble, etc. If people would only throw away pat- ailing all the while, double their

g all the prominent figures of the prize ring, probably none is so devoted to family life as Jess Willard. After each engagement the champion hurries to his wife and children and remains at their side until public demand forces him to leave for new encounters. Everything is done to bring up the "little Willards" with strong healthy bodies. Mr. Willard accounts for his own success by saying:—

"I consider that plenty of iron in my blood is the secret of my great strength, power and endurance."





lusband's better half, dad?

Crabshaw—I suppose it's because she isn't satisfied with splitting his salary fifty-fifty.

Wise and Otherwise.

If a man is a liar why does he get mad if he's called one? Perhaps no man appreciates a legacy more than a man without legs.

If the shoe fits it's a sure sign a woman will ask for a smaller size. And one good turn is usually follow-

ed by two bad ones—in a variety show. Even when a man knows a woman's age she never thinks he thinks she

looks it. Some men never give a thought to the hereafter except when they have occasion to pass a graveyard on a dark

The man who tries to buy his way into heaven may discover later that he gave up money to an unauthorized representative.

The truth about some men is never known until after they acquire monu- laces, silver and gold set into the hos- derful."

thereon.

When a man gets short of money lots of his so-called friends get short creased 10 per cent, but they will be of sympathy. Some men are born great, some

much about it. Next! Golden Stockings!

"This is to be one of the strongest for a large house. "Fancy colored shoes are about run

black and white slippers, with stock- Florida. ings to match the colors, and with them silver and gold and bronze. The latter in silk will match slippers in those colors and the gold and silver cloths and laces to be seen in the winter's frocks.

"We will also have inserts of metal-

always have to go with gowns upon which much lace is used. "Prices in silk stockings have in-

worn by practically everyone, as they have been now for some years. The number of silk stockings worn prob-

seasons for hosiery to match the is known also by a large number of gowns that we have had for some other names, some of them inappropritime," says a woman hosiery buyer ate and misleading. It is a member out, I think, and we shall have gray, and supports a fishery from Maine to

> municipal reform." "Good! If Paris can set a good example as successfully as it sets most

of the fashions, the result will be won-