

# Your First Duty

is to your Stomach, as this important organ controls your health, your strength and general happiness.

For any Stomach or Bowel weakness try

## HOSTETTER'S Stomach Bitters

### THE NEWEST REMEDY FOR BACKACHE, RHEUMATISM AND DROPSY

Kidney, Bladder and Uric Acid troubles bring misery to many. When the kidneys are weak or diseased, these natural filters do not cleanse the blood sufficiently, and the poisons are carried to all parts of the body. There follow depression, aches and pains, heaviness, drowsiness, irritability, headache, chilliness and rheumatism. In some people there are sharp pains in the back and loins, distressing bladder disorders and sometimes obstinate dropsy. The uric acid sometimes forms into gravel or kidney stones. When the uric acid affects the muscles and joints it causes lumbago, rheumatism, gout or sciatica. This is the time to send Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for large trial package of "Anuric."

During digestion uric acid is absorbed into the system from meat

and even from some vegetables. The poor kidneys get tired and backache begins. This is a good time to take "Anuric," the new discovery of Dr. Pierce for kidney trouble and Backache. Neglected kidney trouble is responsible for many deaths, and Insurance Company examining doctors always test the water of an applicant before a policy will be issued. Have you ever set aside a bottle of water for twenty-four hours? A heavy sediment or settling sometimes indicates kidney trouble. If you wish to know your condition send a sample of your water to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., and describe symptoms. It will be examined without any expense to you, and Dr. Pierce or his medical staff will inform you truthfully. Anuric is now for sale by dealers, in 50c pk'gs.

**Much Like One.**  
Mrs. Benham—I brought down the house.  
Benham—You talk like a cyclone.

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletchur* In Use for Over 30 Years.  
Children Cry for Fletcher's Castoria

When a wife wants pin money her husband is compelled to come to the scratch.

## ADVO JELL

THE JELL THAT WHIPS

The most fashionable and popular Table Dessert. Makes your table complete.

Beautiful Decorative Recipes—Delicious, Appetizing, Nourishing.

Nothing so delightful for the table or sick room.

Seven flavors and colors. At your grocers, or by mail, at \$1.20 the dozen.

**McCORD-BRADY CO. OMAHA**

## Simplicity Incubators

Have No Cold Corners

The Simplicity Incubator tells all about this wonderful hatchery in complete modern design and splendid hatching qualities. At your grocer or write us. Indianapolis, Ind. M. S. Dwyer St.

## Stop scratching! Resinol relieves itching instantly

That itching, burning skin-trouble which keeps you scratching and digging, is a source of disgust to others, as well as of torment to you. Why don't you get rid of it by using Resinol Ointment? Physicians have prescribed it for over 20 years. In most cases, it stops itching instantly and heals eruptions promptly. It is very easy and economical to use.

## Nebraska Directory

**MID-WEST ELECTRIC CO.**  
1207 Harvey, Omaha, Neb., 709 Cherry St., Des Moines, Iowa  
Distributors for the Middle West. General Electric Company, Everything Electrical, Metz & Weiss Fuel Oil Engines, Ball Steam Engines, American Telephones. SEND US YOUR INQUIRIES.

**FREE—NEW PRICE LIST OF MONUMENTS**  
REVOLUTION IN MONUMENT BUSINESS SEND FOR IT TODAY TO Frank Svoboda, 1215-31 S. 13th St., Omaha

## THE PAXTON HOTEL

Omaha, Nebraska  
EUROPEAN PLAN  
Rooms from \$1.00 up to \$10.00, 75 cents up double.  
CAFE PRICES REASONABLE

**SHIP TO WOOD BROS.**  
GET MORE MONEY FOR YOUR CATTLE, SHEEP AND HOGS

**RELIABLE COMMISSION MERCHANTS**  
OMAHA—CHICAGO—SIOUX CITY

## Byers Bros. & Co.

SATISFACTORY SERVICE  
LIVE STOCK COMMISSION FIRM  
SOUTH OMAHA  
Better Try Them With Your Next Business

### RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Harbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

And many a mushroom is a toad-stool in disguise.

For a really fine coffee at a moderate price, drink Denison's Seminole Brand, 35c the lb., in sealed cans.

Only one merchant in each town sells Seminole. If your grocer isn't the one, write the Denison Coffee Co., Chicago, for a souvenir and the name of your Seminole dealer.

Buy the 3 lb. Canister Can for \$1.00.—Adv.

Probably nothing dispels girlish illusions so quickly as marriage.

**Piles Relieved by First Application**  
And cured in 60 days by PAXO OINTMENT, the universal remedy for all forms of Piles. Druggists refund money if it fails. 50c.

And many a woman who is short of breath is long of tongue.

### THE EUROPEAN WAR A YEAR AGO THIS WEEK

Jan. 31, 1915.

Kaiser directed German assault on La Bassee.

French zouaves and East Indians won the Great Dune west of Lom-baertzyde.

Turks were defeated near Sari-look.

German submarine sank two British steamers in English channel.

Riots by the war party took place in Rome.

Feb. 1, 1915.

Germans evacuated Cernay and burned Alsatian towns as the French advanced.

Russians retook Borjimow trenches and captured many of German landsturm.

Severe cold hampered operations in Galicia.

Turks withdrew forces from Adrianople to defend Tchatalja.

German airmen dropped bombs on Dunkirk.

Official order issued in Germany reserving all copper and other metals used in war materials for the army.

Feb. 2, 1915.

Germans advanced, with heavy losses, southward toward the Vistula and eastward between Bejoun and Oreczefewo.

German submarine attacked British hospital ship Asturias.

Men from Swedish warship were killed by a mine.

French aviators burned castle in Alsace where German staff officers were housed.

Second contingent of Australian troops reached Egypt.

Werner Horn, German, tried to blow up Canadian Pacific railroad bridge over St. Croix river at Maine border and was arrested.

War relief clearing house for France and her allies organized in New York.

Feb. 3, 1915.

Germans tried to retake the Great Dune, Belgium.

Severe fighting at Westende.

Russians again poured into Hungary, Austrians yielding important positions.

Portugal sent re-enforcements to Angola, Africa.

Many anti-British rebels in South Africa surrendered.

Turks tried to cross Suez canal and were routed by British.

British gunboats drove Turks back at Kurna.

German auxiliary sunk by British cruiser Australia off Patagonia.

Swiss troops fired on German airmen.

Feb. 4, 1915.

Von Hindenburg hurled 50,000 men at Russian lines near Warsaw.

Germans evacuated Angola.

Turks defeated in two engagements at Suez canal.

British ships shelled Germans at Westende.

Germany proclaimed waters around Great Britain and Ireland a war zone and warned neutral vessels.

Steamer Aymeric sailed from New York with relief cargo for 12 states for Belgium.

Feb. 5, 1915.

Allies in strong offensive in Belgium.

Russians recaptured Gumine.

British captured many Turks.

Werner Horn sentenced to jail in Maine.

Allied airmen drove German general from Altkirch headquarters.

Feb. 6, 1915.

Russians shifted troops in East Galicia and Bukovina, looking for general German offensive.

Germans repulsed at Kakamas, Cape Colony.

Lusitania, warned of submarines, flew American flag in Irish sea.

British aviator sank German submarine.

Archives of Turkish government moved to Asia Minor.

### ALL WORTH SAMPLING

VARIETY OF DUMPLINGS TO SUIT ALL TASTES.

May Be Made the Chief Part of Meal or Only a Course of the Menu as May Be Desired for the Meal.

Chicken Dumplings.—Mix and sift three level teaspoonfuls of baking powder and one-half a level teaspoonful of salt with two cups of flour. Add sufficient milk to make a soft dough. Roll lightly on a floured board and cut into small biscuits. Place on a greased platter in a steamer and cook 20 minutes. Do not move or uncover the steamer while the dumplings are cooking. Do not start to make the dumplings until the chicken is tender. It can wait, but not the dumplings.

Soft Dumplings.—One cupful of finely chopped beef suet, one generous pint of flour; one teaspoonful of black pepper, ½ teaspoonful of salt. Mix well together and add enough cold water to make as thick as biscuit dough. Roll out and cut with a biscuit cutter or knife, drop into boiling water and cook for one-half hour, drain and serve hot. Serve with roast meat, or the dumplings may be slightly browned in the oven after boiling. They are also good added to a meat stew.

Liver Dumplings.—Chop one-half pound of liver and one-fourth pound of bacon, uncooked, as fine as possible. Beat two eggs lightly and add one-fourth cupful of butter to them. Then add the meat, the seasonings of chopped parsley, white herbs, salt and pepper, and ½ cupful of bread crumbs, adding more bread crumbs if necessary. This will depend on the softness or dryness of the crumbs and on the size of the eggs. The mixture should be just stiff enough to make a paste which can be formed into balls. Divide into portions, roll smoothly in the hands and poach in boiling water before boiling, cooking about fifteen minutes.

Potato Dumplings.—Grate four cold boiled potatoes and add to them one cupful of stale bread crumbs soaked in a little milk, just enough to moisten, also one cupful of bread crumbs crisped in a little butter or drippings. Add two eggs, two tablespoonfuls of flour and seasoning of salt, pepper and nutmeg. Form into medium-sized balls and steam or boil 20 minutes. Turn on to a serving dish and sprinkle with the remaining fried bread crumbs.

Drip Dumplings.—Three eggs, one-half cupful of milk, two tablespoonfuls of butter, one cupful of flour, one-half teaspoonful of salt, one-sixteenth teaspoonful of nutmeg. Break the whites of the eggs into a cup and add enough milk to fill the cup. Mix with the butter and flour in a spider and stir as it boils until it leaves the spider clean. When cool, stir in the yolks well and season to taste. Drop from a teaspoon into boiling soup five minutes before serving.

Cornmeal Dumplings.—Scald four cupfuls of cornmeal with a sufficient quantity of hot liquid in which ham has been boiled, add a dash of salt stir together well, make into balls and dip into the ham liquor when it is very hot. Boil for twenty or twenty-five minutes, occasionally stirring to keep from sticking to the kettle.

Turkish Leaf Candy.  
Toast one-fourth pound shelled almonds (blanched) and one-half pound shelled walnuts in the oven until a delicate brown. Cut one-eighth pound figs and one-eighth pound candied pineapple into strips. Work these ingredients together with one-fourth pound seeded raisins, into the fondant, which has been flavored with vanilla. Shape into a loaf and cover on all sides with melted chocolate. When hard and ready for use, cut in slices.—Mother's Magazine.

Prunes and Chestnuts.  
Soak three-fourths pound of prunes over night in just enough water to cover; then stew until tender. Shell and blanch one pound chestnuts and cook in boiling, salted water until tender. Drain, then add them to the prunes; add one slice of lemon and slowly cook both until the prunes and chestnuts are very tender and the juice of the prunes has become thick.

Queen Cake.  
One cupful sugar, one-half cupful butter, one-half cupful milk, three eggs, one cupful flour; stir sugar and butter to a cream, add the yolk of the eggs with milk, then flour into which has been stirred two heaping teaspoonfuls baking powder and corn starch; beat thoroughly together; add whites of eggs beaten last.

Potato Rissoles.  
Season a pint of hot mashed potatoes to taste with salt, pepper, butter and a little hot cream. Add a well beaten egg and mix in a cupful of finely minced cold ham. Form into balls, roll in egg and fine bread crumbs and fry in deep fat. Serve at once, garnished with crisp lettuce leaves.

Warming Over Meat.  
The best way to warm up a roast of meat is to wrap it in thickly greased paper, and keep it covered while in the oven. By having it covered the steam will prevent the meat from becoming hard and dry, and it will be some heated through in less time.

Christmas Pound Cakes.  
One pound butter, one pound sugar, one pound of flour, one pound of eggs (usually eight), salt, one pound of raisins, a little nutmeg. Put in just a little baking powder. Bake this in a large tin and cut it into four small cakes when done.

German Pancakes.  
To each egg take one tablespoonful of flour, a pinch of salt, a pinch of baking powder and add enough milk so it will pour easily into the pan. Make about as thick as griddlecakes.

To Clean Raincoat.  
Sponge with a mixture of ether and alcohol to which has been added a little ammonia.

### WORTH KNOWING

Henry VIII was the first English sovereign to be styled "his majesty."

Serbia is particularly the country of centenarians. One man in every 2,550 has lived to be one hundred years old.

An Italian scientist has developed a method of identification of individuals by means of the veins in their hands.

A New York woman has invented a dining table for schools and institutions in the form of a ring, children being seated both inside and outside to save room.

Italian army engineers will sink a large number of artesian wells in an endeavor to convert a large area of desert land in Tripoli into an oasis by irrigation.

Flour made from the kernel of the cotton seed after the oil has been extracted has been found to have much food value.

Scituate, Mass., has won the prize offered by the Massachusetts Forestry association to the city or town in the state making the best showing in the planting of shade trees. Additional trees constituted the prize.

The wolf is at the door of the University of Oklahoma. This is no figure of speech, for the campus is said really to be infested by the beasts. It is an "allied" movement, including gray and black wolves and coyotes.

Hat pins have been invented in England with flexible points that can be returned into a hat after passing through it.

Electricity is generated by a windmill so successfully at a German technical school that it is estimated that a similar plant could supply light and water for 100 persons at a cost of \$125 a year.

Machinery to sort oranges and lemons with running water, the idea being that sound fruit will sink and frost bitten float, has been patented and dedicated to the public by a California inventor.

### "CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

### QUITE A REGULAR ATTENDANT

John Inclined to Resent Insinuation That He Habitually Stayed Away From Church.

"What's that song they're singing now?"

"Rock of Ages."

"Rock of Ages?" Well, that's the first time I ever heard those words to 'Rock of Ages,' and that's the first time I ever heard that tune to it. Must be something new. Nice window they got there, ain't it?"

"Ye-es, I should say it is!"

"I don't think I'll care much for your new preacher—don't like his color."

"John!"

"Well, I don't." And I don't like the way he says 'dear,' neither. If your other preacher hadn't talked like he had a lot of potato in his mouth all the time, I'd have come offener. Lots of time I came here just on your account, and sat here in misery."

"Yes, how many times were you here in the last year?"

"Wasn't I here last Children's day?"

Anticipating a Demand.

He was the proprietor of a large draper's and milliner's shop, and was also very enterprising, and ever ready to turn anything to account.

"By the way, Miss Williams," he remarked one morning, addressing one of his charming black-gowned sales-ladies, "do you happen to know anything about the new minister who's going to have charge of the church round the corner?"

"I told him my troubles."

"Say, I've solved that problem," he exclaimed. "Why don't you do as I do? When there's no towel in my room, I just slip into the adjoining room and take the other fellow's, while he's asleep. I had to do that this morning, and fortunately the door next to mine was unlocked."

"What's the number of your room?"

"Fortune."

"Then I know where my towel went."—Columbus Dispatch.

No Change.

"It's a scandal the way women dress nowadays. Our grandmothers never wore any such immodest garments."

"Perhaps not, but I'd be willing to bet that our grandfathers made just as big a fuss over the things they did wear as you men do about the present styles."

Careless.

"What brought you here, my poor man?" asked the prison visitor.

"Just plain absent-mindedness," replied the prisoner.

"Why, how could that be?"

"I forgot to scratch the monogram off a watch before I pawned it."

To understand the newspapers, a man must have a vocabulary of at least 2,000 words.

Russian petroleum producers are experiencing much inconvenience from a scarcity of steel wire rope.

### PROVED DEPTH OF HIS LOVE

By Saying He Would Do That Which Would Please Her Least If Put to the Test.

The two lovers sat together with clasped hands. It was one of those solemn, tender moments in the early dusk. But at last she turned her lovely face toward him, her rich voice quivering with emotion.

"Darling," she said, "I have something I think I ought to say to you. I hesitate to mention it, because it is about horrid business."

"Say anything you please," he murmured, rapturously.

"It is about our future. This is a practical age, an age of efficiency, when each one of us is taught to look ahead with some definite plan. Psychology teaches us that love is a well-defined and often limited mental vibration, subject to inevitable laws. Science has laid bare to us the secrets of human life. Sociology has shown that we are often the distressed victims of forces beyond our control. In view of these undisputed facts, in view of the possibility which, however remote it may seem to each of us at the present moment, I think it is my duty to ask you, in case after we are married anything should happen to draw us apart, just what regular alimony I could count upon?"

The lover at her side uttered a sigh of anguish.

"My darling," he muttered, "I shudder when I think of such a horrible possibility. Nevertheless, I hope I am big and broad enough to appreciate thoroughly the wise and thoughtful spirit in which you have had the supreme courage to approach this question."

He turned and faced her, taking both of her beautiful hands in his.

"And so," he replied, "I shall answer you truthfully. If things get so that we cannot live together, and I am called upon for alimony, you can count upon me not to give you one red cent, even if it takes all my salary to defend myself in the courts. Before I do that I'll keep on living with you!"

She buried her head on his shoulder.

"Now I know that you love me sincerely," she whispered.—Life.

### CLEARED UP THE MYSTERY

Disgruntled Hotel Guest Had Satisfaction of Finding Out Where His Towel Had Gone.

A traveling man with headquarters in Columbus and who makes many villages in Ohio, tells the following about a small town in the southern part of the state:

"I got up one morning, and, of course, there was no towel in my room, just because I was in a hurry. So I had to go down in the public lavatory and wash. A jovial, fat fellow was sitting across from me at breakfast, and when he noticed my disposition, for I was sore about that towel, he said, 'What's the matter, sleep well?'"

"I told him my troubles."

"Say, I've solved that problem," he exclaimed. "Why don't you do as I do? When there's no towel in my room, I just slip into the adjoining room and take the other fellow's, while he's asleep. I had to do that this morning, and fortunately the door next to mine was unlocked."

"What's the number of your room?"

"Fortune."

"Then I know where my towel went."—Columbus Dispatch.

### Suppose They Drown in Meantime.

In southern California where there is rarely rain, the houses are built accordingly. Roofs that leak are common, even in the best houses, to the amazement of easterners. One easterner who is spending the winter there, complained to the landlord that the bungalow roof leaked.

"Oh, yes," replied the landlord. "The sun dries out the shingles. After it rains a few times the shingles will swell and then you will not be bothered any more."

No Matter.

Boy—I want a loaf of bread.  
Baker—White or brown.  
Boy—Doesn't matter; it's for a blind woman.

Faint heart may win fair lady—with a little assistance on her part.

Three Catholic bishops are serving as privates in the French army.

### What Does Catarrh Mean?

It means inflammation of a mucous membrane somewhere in the head, throat, bronchial tubes, stomach, biliary ducts or bowels. It always means stagnant blood—the blood that is full of impurities. Left alone, it extends until it is followed by indigestion, colds, congestion or fever. It weakens the system generally and spreads its operations until systemic catarrh or an acute illness is the result.

## Peruna

Is the nation's reliable remedy for this condition. It restores appetite, aids digestion, checks and removes inflammation, and thus enables the membranes, through which we breathe and through which our food is absorbed, to do their work properly. Forty-four years of success, with thousands of testimonials, have established it as the home remedy—Ever-Ready-to-Take. Its record of success holds a promise for you.

**THE PERUNA COMPANY**  
COLUMBUS, OHIO

You can obtain Peruna in tablet form for convenience.

### SCANDAL QUICK TO SPREAD

How It Comes That Indianapolis Lady Is Unjustly Accused of Smoking Coc Pipe.

Quite a number of Indianapolis people have cottages in Brown county, to which they go to spend the week-end. Among these are Mr. and Mrs. H—, who have a cozy log house on a hillside near Nashville. Mr. H— is fond of a pipe, particularly of a cob pipe. The other day, having mislaid or lost his solace in his resting hours, he called his boy-of-all-work and said: "Josh, go to the grocery and get me a cob pipe. Well, get two while you're at it and pick out good ones."

As Josh came out of the grocery with the pipes in his hand, he was hailed by a group of acquaintances: "Hello, Josh, where did you get them pipes?"

"Mr. H— sent me fur 'em."

"Sent 'em fur two?"

"Yep."

"Well, one of 'em mus' be fer the missus. Dinged if I knew before that she smoked."

And now the news is abroad in the Brown county hills that Mrs. H— smokes a cob pipe.—Indianapolis News.

### To Ease Her Mind.

The nurse was writing a letter for a wounded soldier.

"There's something I'd like you to put in, miss," said the soldier hesitatingly.

"Well, what is it?"

"You won't mind, now? Just put 'The nurses in this hospital are all rather elderly persons.'"

"That isn't quite true," said the youthful nurse.

"It isn't, miss; but it'll ease my missis's mind wonderful. She's always been a bit on the jealous side."

The missis's mind was eased.—Manchester Guardian.

### A Food Fact to Remember

Seventeen years ago a food was originated that combined the entire nourishment of the field grains—wheat and barley—with ease of digestion, delicious taste and other qualities of worth designed to fill a widespread human need.

Today that food—

# Grape-Nuts

has no near competitor among cereal foods in form or nutritive value, nor has it had from the start.

Grape-Nuts on the Breakfast Menu builds and maintains body, brain and nerves as no other food does. Ready to eat, economical, appetizing.

**"There's a Reason"**  
JOIN THE THINKERS' CLUB

Grocers everywhere sell Grape-Nuts.

### BIG EATERS HAVE BAD KIDNEYS AND BACKACHE

Take a Glass of Salts at Once If Your Back Is Hurting or Kidneys and Bladder Trouble You.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—Adv.

Life's mysteries: Football experts.

### USE THIS TO FILL THIS

**KOW-KURE**

At Druggists' and Food Stores, 5c and \$1.00. DAILY ASSOCIATION CO., Lynchville, Va.