Coughs, Colds,

Stomach Troubles and Catarrh Relieved. No Remedy can Compete with Peruna The Ready-to-take



atch Your Colts

SPOHN'S DISTEMPER COMPOUND

60 cents and \$1 a bottle; \$5 and \$10 the dozen of any druggist, harness dealer, or delivered by SPOHN MEDICAL CO., Chemists and Bacteriologists, Goshen, Ind., U. S. A.

As a man grows older he uses the moonlight less and less and a lantern more and more.

Always proud to show white clothes. Always Successful. Write for Booklet. Red Cross Ball Blue does make them Address NFAI INSTITUTE **Address NEAL INSTITUTE** white. All grocers. Adv. 21 Benton Street, COUNCIL BLUFFS, IA.

If wishes were mules most beggars would have more kicks coming.

BEAL OF COUNCIL BLUFFS DRINK and DRUG 3-DAY TREATMENT

Or address J. A. MAY, Manager.

W. N. U., OMAHA, NO. 50-1915.

SPAGHETT Save This Trade-Mark

and Get a Complete Set of **Oneida Community** Par Plate Silverware **Given Free With**

Products

CEND us your name and address on coupon below, and we will tell you about how we are giving complete sets of Oneida Community Par Plate Silverware, guaranteed ten years, FREE with Skinner Products. In the meantime commence saving up the trade-mark signatures from Skinner packages.

Skinner's Macaroni Products are made from the finest durum wheat in the largest and cleanest macaroni factory in America. Combine with cheap cuts of meat, left-overs, cheese, fish, oysters, mushrooms, etc. Cheaper than meat and better.

Send Coupon Today We will at once return fine recipe book and full information how to secure a beautiful set of Oneida Community Par Plate Silverware FREE. Silverware you'll be proud of and which will make your table look fine.

Allgood grocerssell Skinner's.

Cheaper by the case -24

packages. Skinner Mfg. Co. Largest Macaroni Factory in America Dept. B Omaha, Neb.





Try this easy way to clear your skin with Resinol Soap

working the creamy lather into the skin gently with the finger-tips. Then wash off with more Resinol Soap and warm water, finishing with a dash of

clear cold water to close the pores. Do this once or twice a day, and you will be astonished how quickly the healing, antiseptic Resinol medication soothes and cleanses the pores, removes pimples and blackheads, and leaves the complexion clear, fresh

with Resinol Soap and warm water, through neglect or an unwise use of cosmetics, apply a little Resinol Ointment* and let it remain on ten minutes before the final washing with Resinol Soap.

Resinol Soap is not artificially colored, its rich brown being entirely due to the Resinol balsams it contains. Sold by all druggists and dealers in toilet goods. For free sample cake and trial of Resinol Ontment, write Resinol Chemical Co.

*Physicians have prescribed Resinol Ointment for over twenty years in the treatment of skin and scalp affections.

Tells the Story of Western Canada's Rapid Progress The heavy crops in Western Canada have caused new records to be made in the handling of grains by railroads. For, while the movement of these heavy shipments has been wonderfully rapid, the resources of the different roads, despite enlarged equipments and increased facilities, have been

trained as never before, and previous records have thus been broken in all directions. The largest Lanadian wheat shipments through New York ever known are reported for the period up to October 15th, upwards of four and a quarter million bushels being exported in less than six weeks, and this was but the overflow of shipments to Montreal, through which point shipments were much larger than to New York.

Yields as high as 60 bushels of wheat per acre are reported from all parts of the country; while yields of 45 bushels per acre are common. Thousands of American farmers have taken part in this wonderful production. Land prices are still low and free homestead lands are easily secured in good localities, convenient to churches, schools, markets, railways, etc. There is no war tax on land and no conscription.

Write for illustrated pamphlet, reduced railroad rates and ot information to Superintendent Immigration, Ottawa, Canada, or W. V. BENNETT Room 4, Bee Bldg., Omaha, Neb.



Dec. 13, 1914. Allies won three-day battle on the Lys. French gained in the St. Mihiel region.

Germans were defeated in the Mlawa region. Austrian right wing, driven into Bosnia by Serbians, was attacked

by Montenegrins. Brussels and suburbs decided to pay fine to Germans. Italian artillerymen of older

classes called out. Antiwar demonstrations by wom en of Konak and Erzerum, Turkey.

Dec. 14, 1914. French continued their offensive Alsace and Lorraine. Serbians reoccupied Belgrade.

Austrians reoccupied Dukla in the Carpathians, capturing 9,000 Russians. Germans made gains in north-

ern Poland. British submarine B-II sank

Turkish battleship Messudieh in the Dardanelles. Pro-Germans mobbed in Rome.

Dec. 15, 1914.

Allies advanced on entire front n effort to drive Germans from Belgium. German attacks south of Ypres

vere repulsed. Germans rushed fresh troops to

he Vistula. Austrians recrossed Carpathians into Galicia and drove Russian left

Senussi tribesmen threatened German cruiser Cormorant was

back toward the San river.

nterned at Guam. Turks bombarded Sevastopol.

Dec. 16, 1914. Germans evacuated Dixmude and allies made gains from Arras

to the sea. Germans forced the fighting in the Argonne, but were repulsed in the Woevre region and in Alsace. King Peter entered Belgrade at

Russians collected new army at Warsaw. German warships shelled Scar

read of army.

borough, Hartlepool and Whitby killing about 120. British warships shelled West

Dec. 17, 1914. Allies entered Westende. More German troops rushed to Belgium.

Russian offensive against Silesia and Posen declared broken. Austrians had successes in

West Galicia. Austrian training ship Beetho en sunk by mine.

British squadron bombarded Turkish troops on Gulf of Saros. Field Marshal von der Goltz made commandant at Constanti

England declared protectorate over Egypt, ending Turkish suz-

Dec. 18, 1914. Allies occupied Roulers. Heavy fighting in Lille and near

Russians won in Galicia between Sanok and Lisko. Austrians announced capture

Piotrkow and Przedborz. Turks in Asia Minor were re-en

Russian Black sea fleet sank two Turkish ships

Dec. 19, 1914. British warships shelled Gernan positions on Belgian coast. Gaekwar of Baroda bought Empress of India for hospital ship. Allies gained at several points from North sea to the Oise, but lost near La Bassee.

Germans captured Lowicz. Severe fighting on the Bzura and in Galicia.

Russians held lines on the Dunaiec river against fierce attacks.

He Was the Limit.

peautiful autumn leaf." Ethel-"Well that was certainly a very pretty com pliment." Mayme-"Yes; but he didn't have sense enough to follow it up by offering to press the autump

Kiss Reports to Date.

"Is a kiss," asks the New York Her ald, "worth one hundred and twenty five dollars a minute?" No kiss that has to be bought is worth anything at all. Some kisses, voluntarily be stowed, are priceless above rubies or life itself.-Columbia State.

Perfect Artificial Foot.

The foot of the artificial leg is it itself an exceedingly clever counter feit. Its core is part of the same piece | a piece of butter. Add a little pepper of wood that makes the body of the and paprika. When very hot pile on leg. Enveloping this core is rubber hot buttered toast. Any left over vulcanized on in a series of thin lay scraps of fish or meat may be used up ers, the result being to give the foot in a similar way, and make an excela lively springiness, rendering it com lent savory to serve with a green fortable for walking and helping to salad. give the wearer a natural gait.

Optimistic Thought. Every man is arrogant or humble according to his fortunes.

Keep Toiling. He who is silent is forgotten; he who does not advance falls; he who add a pint of cream of tartar dumstops is overwhelmed, distanced crushed; he who ceases to grow great er becomes smaller; be who leaves of gives up.-Henri Frederic Amiel.

"Now, children, I want you to be salt, one-half yeast cake dissolved in perfectly quiet when the bishop is one-half cupful warm water; add flour here, and not say anything that will to make stiff batter and the beaten mortify me." "But, mamma, can't we white of one egg; let rise over night.

WORD FOR THE ONION

VEGETABLE SHOULD HOLD HIGH PLACE IN THE HOUSEHOLD.

Without Doubt, It Is the Best of All Flavoring Agents - Should Be Soaked in Cold Water Before Being Served Raw.

Onions, cabbages, turnips, carrotswhat housekeeper does not tire of the endless monotony of the displays of these vegetables in the winter shops? Of course, nowadays almost all of us can afford hothouse vegetables in the winter. So cheap they are that they are no longer a treat. Neverthless, these old winter stand-bys are still stand-bys for us, and the more we know about cooking them temptingly the better.

Onions have more possibilities, perhaps, than any of the others, for onions are one of the best flavoring agents. And the number of times a week onions can be successfully used depends almost wholly on the ingenuity of the cook.

For flavoring salads, either rub the dish in which the salad is mixed with half an onion or else place a tiny piece of onion under a little piece of bread. In this way the flavor of the onion permeates the whole dish and yet the salad does not come into direct contact with it. Onion juice or grated onion can be

used in flavoring soups and stews when a strong flavor of onion is not desired. And if only a slight flavor is liked, parboil the onion before adding it to the stew or soup.

When raw onions are served soak them beforehand for an hour in cold water. This moderates their flavor and really improves them immensely. The sharp taste is lacking and only the best of the onion flavor remains.

Many persons who do not like raw onions do like them cooked, and almost nobody finds cooked cnions indigestible-raw ones cannot always be digested. Moreover, cooked onions contain desirable food properties and are an important item in the winter

One delicious cooked onion dish is | Chicago, for a souvenir and the name prepared from onions boiled tender and put in a buttered baking dish, with grated cheese over, under and between them. A little milk is added and the dish is baked until the cheese

Another good onion dish is made from boiled onions, placed in a buttered baking dish, covered with cream sauce and sprinkled with grated cheese and bread crumbs. This should be browned in the oven.

Plain boiled onions served with melted butter and pepper and salt are good. They should be cooked tender and served very hot.

Onion soup, too, is good unless one really dislikes the onion flavor. Onions are boiled to pieces in water and this water, strained, is then mixed with hot milk, seasoned and lightly thickened. It is served very hot with croutons.-Frances Marshall, in Chicago Daily News.

Buttermilk Doughnuts.

One cupful of buttermilk, one cupful brown sugar, two tablespo butter, one egg, one-half teaspoonful of baking soda, one teaspoonful of cream of tartar, flour, one-fourth of a teaspoonful of salt. Cream the butter and sugar together, then add the egg well beaten, the buttermilk, soda, cream of tartar and enough sifted flour to make a stiff dough. Roll out about a quarter of an inch thick, cut with a doughnut cutter and fry in plenty of smoking-hot fat. Drain and dust with sifted sugar

Delicate Corn Starch.

Heat one pint water, add two tablespoonfuls corn starch, three tablespoonfuls sugar, pinch of salt, mixed together. Then add well-beaten whites of two eggs and cook until thick.

Custard Sauce for Above.-One pint hot milk, one teaspoonful corn starch, three tablespoonfuls sugar, mixed together. Add to hot milk. Then add yolks of two eggs, cook until thick and flavor with vanilla.

Bake Ham or Sausage.

Who has ever fried ham or sausage without becoming annoyed at the spattering of grease and smoke which filled the room? All this can be avoided by preparing the ham or sausage for fry-Mayme—"He's too slow for yours ing, and placing in a moderately hot truly. He said I reminded him of a oven, bake for half an hour or until as delicately browned as desired. It will be deliciously tender, and no one can tell what meat is to be served until it is placed upon the table.

> Hominy Cakes. Materials-One cupful cold cooked hominy, one egg, one tablespoonful

> melted butter. Utensils-Bowl, measuring cup, beater, tablespoon, griddle.

> Directions-Break up hominy with fork, add beaten egg and melted butter. Fry like griddle cakes. Serve with sirup or bacon gravy.

> > Ham Toast.

Mince a little left over boiled ham very finely. Warm it in a pan with

Lamb Stew.

Boil slowly three pounds of lean lamb flank one hour, then add three or four sliced onions and one-half cupful rice and boil with a heaping teaspoonful of sage and summer savory for three-quarters of an hour. Then plings mixed with three eggs. Boil 12 minutes.

Raised Rolls. Warm one cupful milk, one-fourth cupful each butter and sugar, a little just ask him if he will baptize the In the morning make into rolls and bake when light

WHAT IS URIC ACID?

THE GAUSE OF BACKACHE, RHEUMATISM, LUMBAGO

Ever since the discovery of uric acid | other diseases which are dependent on in the blood by Scheele, in 1775, and an accumulation of uric acid within the bad effect it had upon the body, scientists and physicians have striven to rid the tissues and the blood of this poison. Because of its overabundance in the system it causes backache, pains here and there, rheumatism, gout, gravel, neuralgia and sciatica. It was Dr. Pierce who discovered a new agent, called "Anuric," which will throw out and completely eradicate this uric acid from the system. "Anuric" is 37 times more po- "Pleasant Pellets" for the liver and his tent than lithia, and consequently you

need no longer fear muscular or ar- women have had a splendid reputation ticular rheumatism or gout, or many for the past fifty years.

Many a married man would starve to death if his wife didn't know how to manipulate a can opener.

Not Gray Hairs but Tired Eyes make us look older than we are. Keep your Eyes young and you will look young. After the Movies always Murine Your Eyes— Don't tell your age.

Yes, Yes! "Doan Miss Smith look cute this ebening. Mistah Johnsing?" "Yes, very cuticle, very cuticle!"

An Improved Quinine, Does not Cause Nervousness nor Ringing in Head

The happy combination of laxatives in J.A.X-ATIVE BROMO QUININE makes the Quinine in this form have a far better effect than the ordinary Quinine, and it can be taken by any-one without affecting the head. Remember to call for the full name, Laxative Bromo Quinine. Look for signature of E. W. Grove. 25c.

Superficial Impression. "That man looks as if he had some thing on his mind."

"Yes," replied Miss Cayenne; "but his conversation doesn't sound that way. He is a walking optical illusion.

For a really fine coffee at a moderate price, drink Denison's Seminole

Brand, 35c the lb., in sealed cans Only one merchant in each town sells Seminole. If your grocer isn't the one, write the Denison Coffee Co.,

of your Seminole dealer. Buy the 3 lb. Cameter Can for \$1.00.

Telling Things.

"You can tell more about a woman by looking at the man with her than by looking at her," remarked the Wise Individual.

"And you'd better tell less about her," countered the Silly Individual --Judge.

His Stand.

"Brudder Clapper," severely said good old Parson Bagster, "why don't yo' come to pra'r meetin' and lift up vo' voice in suppercation to de Lawd?" "It's dis-uh-way wid me, pahson," replied the brother, who possessed a predilection for being on the off side: 'I goes into muh closet at home and prays dar in secret. I don't take no

ters to de Lawd."

stock in dis thing o' 'dressin' open let-

Large Club for Boys. The boy in the city must avoid many upright and useful life, says the Boston Globe. Constantly he is beset with distractions which may lead him astray into the ranks of the incompetent, idle or even vicious. He is an inquisitive, knowledge-thirsting creature, full of the great possibilities of youth. His latent powers are precious; yet they are wasted with a prodi-

gality akin almost to that of nature. Hence the establishment of the large boys' club in Roxbury, handsomely housed and well equipped, means that to my business instinct. I am not runmany boys will be given the opportun- ning this sage business for the beneity to keep on the main line leading fit of my health. See?"

to a useful life. A boy's enthusiasm is more often aroused when he thinks he is playing The boys' club can catch him when Cossack.' he is enthusiastic and start that enthusiasm toward manly accomplishment. We wish the club every suc-

the body. Send to Dr. Pierce of the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., for a pamphlet on "Anuric," or send 10 cents for a trial

package of "Anuric" Tablets. If you feel that tired, worn-out feeling, backache, neuralgia, or if your sleep is disturbed by too frequent urination, go to your best store and ask for Dr. Pierce's "Anuric." Dr. Pierce's reputation is back of

this medicine and you know that his 'Favorite Prescription" for the ills of

Skimpy little Mr. Meek's stalwart helpmeet grabbed him with both hands by the hair of the head to illustrate some point which she wished to im-

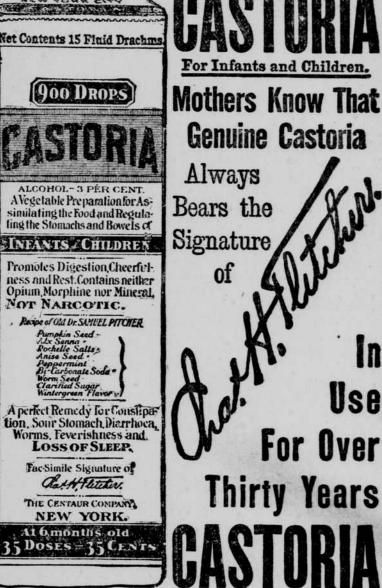
press upon him. "My dear, my dear," he chided. "I am afraid you have forgotten that I am attached to the other ends of those

Different Attitude.

"Isn't John Henry crazy over his new automobile?" "He seems to be mostly crazy un-

And some women wouldn't enjoy living in a heavenly mansion unless they could clean house at least once

However, the man at the bottom of the ladder hasn't far to fall.



Exact Copy of Wrapper Criticism Implied.

Chart fletcher.

NEW YORK.

NOT NARCOTIC.

"He doesn't like my cooking," sobbed the three months' bride, a tear on her long lashes. "I just know he doesn't. So, there!" "What makes you think so?" her

mother asked. "Has he said he doesn't like your cooking?" "N-no-o." stammered the bride.

"There is a basis," the bride insist- turned around andloveliest things for him for about two cided to become a raw-food faddist. Bo-hoo-o-oo!"-Judge.

Even Wisdom Has Its Price. "Tell me," said the youth who had acquire real wisdom." "By coming across with \$2 for a

copy of my book," replied the venerable man, "not necessarily as a guarantee of good faith, but as a tribute

Mrs. Abner Plursoll is so fierce in her attitude toward the mer that she than when he is working at school. generally is referred to as "the

> Politeness is the result of restraint imposed by civilization. The first impulse of every person is to be impolite. than to carry off an heiress.

CONFIDENT HE WAS THERE

Woman Wished She Was Able to Send Post Cards to Her Husband in Heaven.

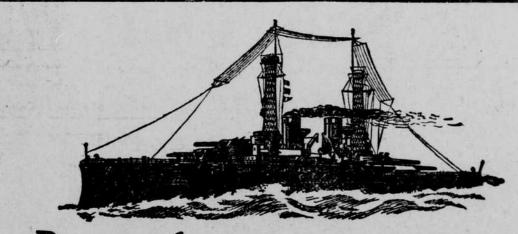
"I wish I could send post cards to heaven." When you hear a remark like that "Nonsense, child, it's just your im- you naturally turn around and take

Washington," strung in line all around side tracks if he desires to lead an weeks and then he told me he had deher face or voice to give notice of a lacking brain behind the really beautiful, black-toqued head. The woman

"The city has grown so since John come many miles to seek an interview died that every time it reaches out to with the Shelbyville Sage, "how I may take in another suburb I want him to know it. He always believed in Wash-

> Editor-I'm afraid your story would not appeal to our readers. Author-Well, couldn't you run in a

It is easier to carry on a flirtation



Preparedness The Vital Factor—

not alone in affairs of the Nation, but with the health of every citizen.

One seldom knows when the common enemy, sickness, in one form or another, is about to strike; and the best form of preparedness is to keep body and brain healthy.

Active brains and vigorous bodies are the result of right living-food plays a big part. Grape-Nuts

made of whole wheat and malted barley, supplies all the bone- and brain-building, nerve- and muscle-making elements of the grains, including the vital salts, phosphate of potash, etc., often lacking in the diet of many, but imperative for bounding good health.

and dust-proof packet is opened. With good milk or cream Grape-Nuts supplies complete A ration of Grape-Nuts each day is a safe play for health, and

"There's a Reason"

- sold by Grocers everywhere.

Grape-Nuts is easily digested—comes ready for table directly the germ-proof, moisture-

agination. I felt there was no basis-" notice. So the persons who overheard ed tearfully. "I had been cooking the She was looking over "Views of

with her just smiled.

And she was right. It would be perfectly splendid if all of us could send post cards to our folks in heaven. And what would it be if they could

Making It Clear.

send post cards to us!-Washington

few explanatory illustrations?