BROKEN DOWN IN HEALTH

Woman Tells How \$5 Worth of Pinkham's Compound Made Her Well.

Lima, Ohio. - "I was all broken down health from a displacement. One of my



lady friends came to see me and she advised me to commence taking Lydia E. Pinkham's Vegetable Compound and to use Lydia E. Pinkham's Sanative Wash. I began taking your remedies and took \$5.00 worth and in two months

was a well woman after three doctors said I never would stand up straight again. I was a midwife for seven years and I recommended the Vegetable Compound to every woman to take before birth and afterwards, and they all got along so nicely that it surely is a godsend to suffering women. If women wish to write to me I will be delighted to answer them."

— Mrs. JENNIE MOYER, 342 E. North St., Lima, Ohio.

Women who suffer from displacements, weakness, irregularities, ner-vousness, backache, or bearing-down pains, need the tonic properties of the roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

Men and Women

able by kidney and bladder trouble. Dr. Kilmer's Swamp-Root, the great kidney medicine, is highly recommended by thousands.

Swamp-Root stands the highest for the reason that so many people say it has proved to be just the remedy needed in thousands of even the most distressing

At druggists in 50c and \$1.00 sizes. You may receive a sample size bottle of Swamp-Root by Parcel Post, also a pamphlet telling you about it. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents, also mention this paper.

IT'S AN EARLY MORNING JOB

Raid on Destructive Garden Pests at Right Time Much More Effective Than Poison.

The boy who gets out early in the morning in his young garden and begins to pick squash bugs, cucumber beetles, pointo bugs, and such slugs and cut and wire worms as are in sight, with his thumb and forefinger and drop them in a deep can, will do more good than poison could do in three days, says a writer in the American Boy.

Pour boiling hot water into the tin holding these insects to make sure they are killed. Go the rounds every morning. Do not wait until after school, or late in the day, because they have feasted and crawled away to sleep and rest-most of them. Do not try to pick them at noon because they hide underground or behind leaves to get out of the hot sun. But bright and early in the morning they come out with the sparkling dew to get busy and eat the good things you have planted. Get up an hour earlier three mornings a week just to do this, and the result will repay you ten times over when your garden begins to supply you with peas and beans and cucumbers and lettuce and radishes and many other delicacies.

In the Tea Kettle.

Cousin Elmer had a big boil on the back of his neck that was interfering seriously with his enjoyment of spring and the world in general, and the conversation at the dinner table turned from Cousin Elmer's ailment to a general discussion of boils.

When a lull came, John, age eight, who had been listening intently, spoke

"The last boil I saw, papa, was in the ten kettle."-Indianapolis News.

An Anti-Militarist. "I don't believe in compulsory mili-

tary training," said Meandering Mike. "A man should not be compelled to

"Dat ain't de point," rejoined Plodding Pete. "If you get into trainin' you don't know whether you'll ever have to fight or not. But it's a sure t'ing dey'll make you use soap an' water regular, which is contrary to personal liberty."

It is not always the man who trains the vine who gets the grapes.





Topics of Interest on Home and Farm Building

William A. Radford tells the man who builds a medium priced home or farm building how to get the most in material value, convenience and architectural good looks for his money, in his articles which appear in the Northwestern weekly. He gives the latest ideas in construction and enables you to build without the expense of consulting

Expert Advises Against Big Debt Running Over Long Period of Years.

TAKE QUALITY BEFORE SIZE

House Described Here Will Satisfy Most Discriminative if Plans Are Followed Carefully in All Details.

By WILLIAM A. RADFORD.

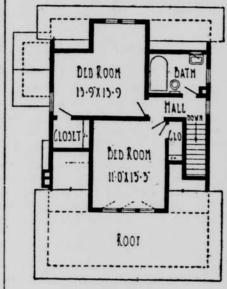
Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building, for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects, Address all inquiries to William A. Radford, No. 1827 Prairie avenue, Chicago, Ill., and only enclose two-cent stamp for reply.

There is little satisfaction gained by the man who goes into the building of a home blindly. In most cases such a man oversteps himself, gets hopelessly in debt and condemns the homebuilding idea because of his own folly. Most people obtain such pleasure out of owning their own home that they are willing to make some sacrifice to obtain it. However, if this sacrifice takes the proportions of a burden which must be carried for too long a time, its oppression will overshadow the pleasure which should be obtained from the home.

This does not mean that a man is wrong in going into debt to obtain a home. It Means that he think well is paid all or in part with borrowed matter of a home with his architect | time of building.

ing for his home. The man who has much better able to handle the prob- amount computed. lem than the man who has only his memory to help him. Suppose the are two principal things which should prospective home builder decides that be remembered: The first is that he is willing to build if he can clear quality materials and quality workhimself in five years. He should look manship should be given preference over his expense account for the preclosely as possible what his yearly ex- is always a certain amount of expense has been for food, clothing. items, exclusive of rent.

A rough balance may here be estab ished. There is a certain amount which may be spent in the construction of the house so that the expenses before the house is built will be equal to those after the house is built. Ordinarily, when this condition exists the total cost of construction must be paid from a sum in the hands of the owner at the time of building. In case it is necessary to borrow a portion of the money, the expenses over the five-year period will include the amount borrowed, plus interest up to the time of payment. Of course, if the house is paid for out of a sum which has been earning interest, this interest will cease coming in. The interest amounts will probably balance one another, since in one case an amount ceases to come in, which is practically equal, for a like principal, to the amount which must be paid out, in the other case. The difference in the two cases, then, comes down to a matter of the principal alone: If the house-construction cost



Second-Floor Plan.

and figure carefully before taking ac- money, the expenses over the fivetion. If he can easily clear up all in- year period will be greater by the debtedness in three or perhaps five amount borrowed than they would be years, he is justified in going into the if the money was all in hand at the

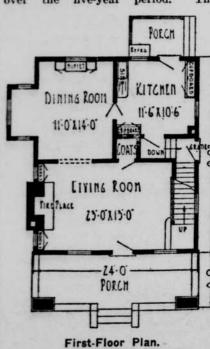
Having determined as nearly as pos-His first step in the analysis of the sible the amount which is to be inproblem should be carefully to figure vested in the house, the final expenses his probable resources over the period | should be estimated. These will inwhich he is willing to give to pay- clude probable taxes and sewer assessments and principal with interest formed the habit of recording his on any money borrowed. This amount current expenses accurately is very should be addded to the original

Regarding the house itself, there over size of structure and fast conceding five years and determine as struction. The second is that there pense connected with the erection of pleasure, sickness and all other such a house which does not show up in the estimate, an amount up to, say, If his expenses have shown an in- 5 per cent of the estimated cost of the crease over the five-year period, it is house. Having followed out all of the



curate estimate of probable expenses a home. lumped together over the five-year period will result.

The next step consists in estimating the income which may be relied upon stantial. It is not very often that the over the five-year period. This



amount should not include any doubtful resources, and it should not include interest on money which is needed in the building operations, unless It is possible to borrow a like amount at a lower rate than the income rate. or available in sums due the prospective home builder. This item will determine largely the kind and size of house to be considered.

probable that he should estimate a calculations accurately, the prospectlike increase over the next period of ive home builder may reasonably exfive years. This data should be pect to obtain the fullest measure of worked over carefully so that an ac- satisfaction out of his investment in

The accompanying illustrations present a type of house which is at the same time attractive and subcombination of stone masonry and stucco is used in house construction, and it is a peculiar fact, for the appearance of a structure built in this way is altogether pleasing and satisfac-

tory. The massiveness of the masonry species. work fits well into the design and the stucco carries along the general idea to the smallest detail. Stone is used in building the porch walls and the chimney. The porch columns are built of wood with stucco finish. The floor of the porch and the steps are made of concrete. The large roof surface is relieved with small dormers. Rafters at gable ends are supported with

wooden brackets. In the room arrangement, notice the large living room. This room occupies the entire forward half of the first floor. An open stair is built along one end of the room with a landing at the bottom which is two steps above the level of the living room floor. At the other end of the room is a large fireplace ith a bookcase on each side. The small closet directly opposite the front door will be handy for wraps.

The dining room layout includes a three-window bay, which makes this room well-lighted and pleasant. A buffet is built under the window in The next item is the money on hand the rear wall. Notice the handy arrangement of the kitchen. The two cupboards will be found very convenient. The second floor contains two generous-sized bedrooms.

GOVERNOR ISSUES CALL FOR CONSERVATION CONGRESS.

HELD IN OMAHA MAY 22-25

Every City and Town in State Urged to Send Representatives .- Will Adopt Important Measures .-First to Take Action.

Lincoln.-Nebraska will hold the first general conservation congress of any state in the union, at Omaha from Tuesday evening, May 22, to Friday evening, May 25, Governor Neville has issued a call to leaders in all branches of industry, officers of all state-wide organizations, representatives from every town and hamlet, and thousands of the lay public to participate in the congress.

In order that the quasi-legislative function of the congress will have the broadest possible foundation, an executive committee of sixteen men and women of wide reputation and representing all of the branches concerned in conservation, has been picked to manage the congress.

Appeals to Every Mayor. Governor Neville urges upon every mayor in Nebraska to send representatives from his community to sit in the congress and have a part in the light. formulation of the plans of conserva-

Decisions to Be Law.

The decisions of these representatives and the leaders will constitute a war-time "law of conservation" for all industry in Nebraska. Whatever methods of conservation the congress chooses will be executed by the civil officials, as well as the patriotic organizations in the state

In order that the educational function will be complete, conservation experts whose ideas have the sanction of the administration at Washington, as well as local experts in conservation, will lecture and demonstrate on their subjects.

Auditorium to House Meetings. The meetings will be held in the

Municipal Auditorium and will be divided into four main classes,-the Conservation of Live Stock resources; the Conservation of Grain; Conservation of Poultry and Eggs, and Gardening and Household conservation.

Active co-operation will come from the University of Nebraska, The Home Economics Department will give daily demonstrations of canning. food combinations and substitutions. Without doubt the meeting will be the biggest ever held in the state. Gov. Neville's call is as follows:

"Believing that immediate steps should be taken to conserve Nebraska's food supply and to increase production for national purposes, and in tion and Public Welfare Commission, as defined by the statutes of the state, we, the officers of the commission, do hereby urge and invite the citizens of Nebraska to select from their various organizations, agricultural, educational, social, religious and industrial representative delegates to meet in the city of Omaha. May 22 to 25, to discuss the conservation and increase of foods, and formulate a practical policy to put into effect throughout the state.

"We urge the co-operation in this conference of all citizens of the state as individuals or representing some association or organization in the fields of agriculture, labor, commerce, education, and social and religious activity."

KEITH NEVILLE. Governor of Nebraska, GEORGE E. CONDRA,

Executive Secretary. Editors Sanction Movement.

The Nebraska Press Association.

through its executive committee in session in Omaha May 5, approves this meeting and commends its oblects and purposes. Every newspaper man in Nebraska

is urged by the association to use every honorable means to make this meeting successful by responding to Gov. Neville's request and also to give it the widest publicity.

Found in All Parts.

The nightshade family, Solanacae is a species, distributed over all parts of the earth and of first rank among plants in its value to man. The panic grasses, or genius panicum, are by far the most numerous, having 300 to 400

Yellow Pine in California.

The vellow pine in California ranges from 100 feet above sea level to 7,000 feet, and its variety, the Jeffrey pine, is found at 9,000 feet, the most remarkable range of any species of pine in the world.

Long on Words.

Braney. I never heard anyone use so

"Why, Fred, that is Professor

many long words," "Yes; the trouble with him is he uses twin-six words to

express one-cylinder ideas."-Life. Beating Nature. Nature requires about six weeks to make a leaf; but a good imitation can be made in a few seconds. By using a camp in ingenious construction, with bronze and plaster molds, a

Handy Substitute.

Helter-"Have you a book called How to Acquire a Good Carriage'?" Clerk-"No, sir, but here is 'Seven Ways to Obtain an Automobile."

of any description.

SURPRISE OF THE FLOWERS.

"We are going to give the fairles a surprise," said the buds of the spring

"We'll be ready to open tomorrow morning very early," said the Tulips. "We will too," said the Hyacinths.

"And we will be ready also," said the different Narcissus flowers.

"That will be splendid," said the garden Violets.

And the little Johnny-Jump-Ups said, 'We'll jump open too!" Now early the following morning the fairies were up taking their dew

baths when one by one the buds opened

and the flowers peeped out and smiled.

They nodded their heads to say a "Good-morning" to the fairies, and the fairies all screamed with delight. "The spring flowers," they called. "They're all opening up. Ah, aren't

they lovely!" And the flowers nodded their heads some more in the soft breeze, for the warm spring breeze likes to help the little flowers when they want to be polite. And flowers love to be polite. They like to nod their heads and say

a "Good-morning" to all the world. "Have you had a good winter's sleep?" asked the Queen of the Fairies, and the flowers nodded their heads again and smiled.

The Tulips smiled and looked so bright and golden. The little Johnny-Jump-Ups laughed with glee. The other flowers all looked so fresh and happy and the fairies were beaming with de-

"Let's have a party," said the Queen of the Fairies. "That's the very thing," said Fairy

Princess Joy. And all the other fairies agreed that it would be the very nicest sort of a party with the spring flowers smiling and waving and dancing in the warm

"Let's ask the Butterflies," said the Queen of the Fairies.

So the fairies flew this way and that and found all the little butterflies sound asleep.

"Spring, spring," they whispered. They did not want to startle the butterflies and awaken them too quickly. They simply wanted to tell them that it was time to be up. Soon the butterflies woke up. They

Sun came out so fine and strong to make them look bright and beautiful. "Ah, such a nice day," whispered the fairies.

stretched out their wings when Mr.

"The flowers are out," said Fairy Princess Joy. The butterflies flew about a little to

see if their wings were in condition for flying, and yes, they found they were quite ready and good and strong! "Come this way," said the Queen of

She led them back with all the fairies following, and some of the butterflies rode on the fairies' wings. You see they were not feeling quite like taking too long a trip for the very first trip of the season. So they would alight on the fairies' wings for awhile, and then they would fly a little.

At last they came back to the garden where the flowers were waiting for them. They were still smiling and still



nodding their heads. But, oh, how they did lift up their little faces when they saw the butterflies. And what do you suppose the butterflies did?

They flew down and alighted softly on the happy spring flowers, and then they kissed them ever so gently. "Hello, spring flowers," they whis-

pered, and some of the dust fell from their wings on the flowers. "Hello," said the flowers, "Ah," they added, "you have given us some of

your lovely dust-butterfly dust." "Yes," said the Butterflies, "that is our first spring dust-really and truly butterfly dust, which only flowers and fairies have the eyes to see properly." "And now for the dance," said the

Along came the Crickets for they were to sing the songs for the dancing. And as they were singing the Grasshoppers hopped along too. "May we come?" they asked.

"Yes," shouted the Fairies. "We want this to be a really real spring party. And we want all our little friends, the Butterflies, the Crickets, the Grasshoppers and the lovely Flowers. For they gave us the idea for a party. It is truly their surprise party, as we didn't expect them so soon." And once more the flowers smiled!

Appreciate Future. "Let us learn to appreciate the

present with its immediate opportunities for doing good. We will then know the better how to appreciate the

Get Children Interested.

Most boys, and nearly all girls, are interested in the raising of new and improved varieties of flowers and new corn, grain and vegetables which are constantly being produced. The new fruits, flowers, vegetables, grains and grasses should be purchased and testnaturalist can make artificial foliage ed in a small way, after which the best may be retained.

> Garden Exercise. Do you know that exercise in the

garden is better than exercise in



Is Your Back Stiff, Lame and Achy?

Do Weak Kidneys Keep You Sick, Tired and All Worn Out?

IF YOU have a constant, dull ache, or sharp pains whenever you bend or twist your back, and the kidney secretions seem disordered, too, don't waste time plastering or rubbing the bad back. It's likely that the cause is kidney weakness, and delay in treating the kidneys may invite uric acid poisoning, gravel, dropsy or fatal Bright's disease.

Get Doan's Kidney Pills, a special remedy for weak kidneys, used around the world and publicly recommended by 50,000 people in the U.S.A.

Personal Reports of Real Cases

BEST RESULTS ALWAYS.

Mrs. J. Light, 519 W. Fourth Ave., Cresco, Iowa, says: "I suffered from kidney complaint and rheumatic pains in my back and limbs. The pains in my back and limbs. The kidney secretions passed too freely and gave me great annoyance. One of my limbs swelled so badly that I could hardly get my shoes on. The pressure of a finger on my flesh would leave a dent. I couldn't get around and was dreadfully weak and miserable. I had headaches, too. As soon as I used Doan's Kidney Pills, I improved. My kidneys were regulated and the pain, weakness and swelling left. Whenever I have taken Doan's Kidney Pills since, they have brought fine results."

C. T. Evans, Seventh St. and Eleventh Ave., Nebraska City, Neb., says: "I was in misery with kidney trouble and finally had to give up work. I was confined to bed for five months. My limbs and body swelled terribly and the kidney secretions were in awfu shape. My health was wreched. Three doctors failed to cure me. When I was almost discouraged, I heard of Doan's Kidney Pills and began tak-

ing them. They made my kidneys

normal and corrected all the other

trouble. Since then my kidneys have been in good working order."

KIDNEYS NOW NORMAL.

50c a Box at All Stores. Foster-Milburn Co., Buffalo, N. Y., Mfg. Chemists



worms

"Wormy," that's what's the matter of 'em. Stomach and intestinal worms. Nearly as bad as distemper. Cost you too much to feed 'em. Look bad—are bad. Don't physic 'em to death. Spohn's Compound will remove the worms, improve the appetite, and tone 'em up all round and don't "physic." Acts on glands and blood. Full directions with each bottle, and sold by all druggists. SPOHN MEDICAL CO., Chemists,

Changing Tastes.

Stearns' Electric Paste

Full directions in 15 languages Sold everywhere—25c and \$1.00

U.S. Government Buys

DR. KNOLLENBERG, D. C

Articular Rheumatism, Enlarged Joints

Kidney Trouble and Nervousness

I have given Chronic Diseases special stud and I unhesitatingly say that my drugles treatment is not excelled by any specialist re-gardless of what he claims. EXAMINATION FREI

If after examination I accept your case, I

My Guarantee To You:

You don't pay if I fail, if you remain in m Sanitarium under my care and treatmen

Letters of indorsement on file at office.

Dr. W. H. Knollenberg

24th and Farnam Sts., Omaha, Neb. Douglas 7291

ssue a written guarantee

Fewer South African Ostriches.

One of the leading wholesale houses "We soon weary of the things w of South Africa, which for many years once desired." "Of course. You can't expect has maintained a commission sales small boy to be as enthusiastic ove branch for the disposal of ostrich his sled and skates in April as h feathers upon the local market, has completed a fairly comprehensive was in December." ostrich census for the Union during the latter part of 1916. Consul E. A. If you expect nothing all you get Wakefield, at Port Elizabeth, reports so much velvet. the results, which show that little more than half the number of ostriches are now being raised in South Africa as were shown by the government figures of 1913. There were 8,614 completed forms returned in the last canvass, and this would include the majority of ostrich farmers of importance. The 1916 census showed there were 399,010, compared

CUTICURA STOPS ITCHING

with 776,268 at the end of 1913 and

746,657 in May, 1913.—New York

Instantly in Most Cases-Write for a Free Sample.

Cuticura is wonderfully effective. The Soap to cleanse and purify, the Ointment to soothe and heal all forms of itching, burning skin and scalp affections. Besides these super-creamy emollients if used daily prevent little skin troubles becoming serious.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere .- Adv.

A Wearisome Lecturer. "Bliggins is always lecturing on pa "Yes. Sometimes I think he is an

alien enemy and is trying to make patriotism unpopular." Kill the Flies Now and Prevent lisease. A DAISY FLY KILLER will do it. Kills thousands. Lasts all season. All dealers

or six sent express paid for \$1. H. SOMERS.

150 De Kalb Ave., Brooklyn, N. Y. Adv. A medicine dropper that also serves as a bottle stopper has been invented.

This is a beautiful world to the girl with a new hat.

W. N. U., OMAHA, NO. 19-1017.



Your Liver Is the Best **Beauty Doctor**

A dull, yellow, lifeless skin, or pimples and Bile, nature's own laxative, is getting into your blood instead of passing out of your system as it should. This is the treatment, in successful use for 50 years — one pill daily (more only when necessary).

Carter's Little Liver Pills For Constipation Breut Good Puts You Right

Pallid, Pale, Putty-Faced People Need Carter's Iron Pills