

# "CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now. No odds how bad your liver, stomach or bowels: how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets tonight; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

**It Pays to Advertise.**

A brilliant after-dinner speaker said at a Sphinx club banquet in New York:

"A doctor told me, the other day that he spent between three and four thousand dollars a year on advertising."

"A generous appropriation, doctor," said I, "but I thought that the medical profession was ethically opposed to that sort of thing."

"The advertising on which my money goes," the doctor answered, "is the department store advertising that my wife reads in the daily press."

## OLD PRESCRIPTION FOR WEAK KIDNEYS

A medicinal preparation like Dr. Kilmor's Swamp-Root, that has real curative value almost sets itself. Like an endless chain system the remedy is recommended by those who have been benefited to those who are in need of it.

Dr. Kilmor's Swamp-Root is a physician's prescription. It has been tested for years and has brought results to countless numbers who have suffered.

The success of Dr. Kilmor's Swamp-Root is due to the fact that it fulfills almost every wish in overcoming kidney, liver and bladder diseases, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

Do not suffer. Get a bottle of Swamp-Root from any druggist now. Start treatment today.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmor & Co., Hingham, N. Y., for a sample bottle. When writing be sure and mention this paper—Adv.

**Not Slow.**

"Swamp is a slow pay, isn't he?"

"No, he doesn't pay at all."—Boston Evening Transcript.

**Important to Mothers.**

Examine carefully every bottle of CASTORILE, that famous old remedy for infants and children, and see that it bears the signature of *Dr. J. C. Williams* in use for over 30 years. Children Cry for Fletcher's Castorile.

**Not His Luck.**

"I heard he kissed her in public."

"Did you ever?"

"No"—Jester.

**ACTRESS TELLS SECRET.**

A well known actress gives the following recipe for gray hair: To half pint of water add 1 cc. Bay Rum, a small box of Barbo Compound, and 1/2 oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually restore, re-created, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

**The Kind.**

"That man is a regular prohibition wit."

"What kind is that?"

"He has so much dry humor."

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. These regulate liver, bowels and stomach.—Adv.

## THOSE AWFUL GRAMPS

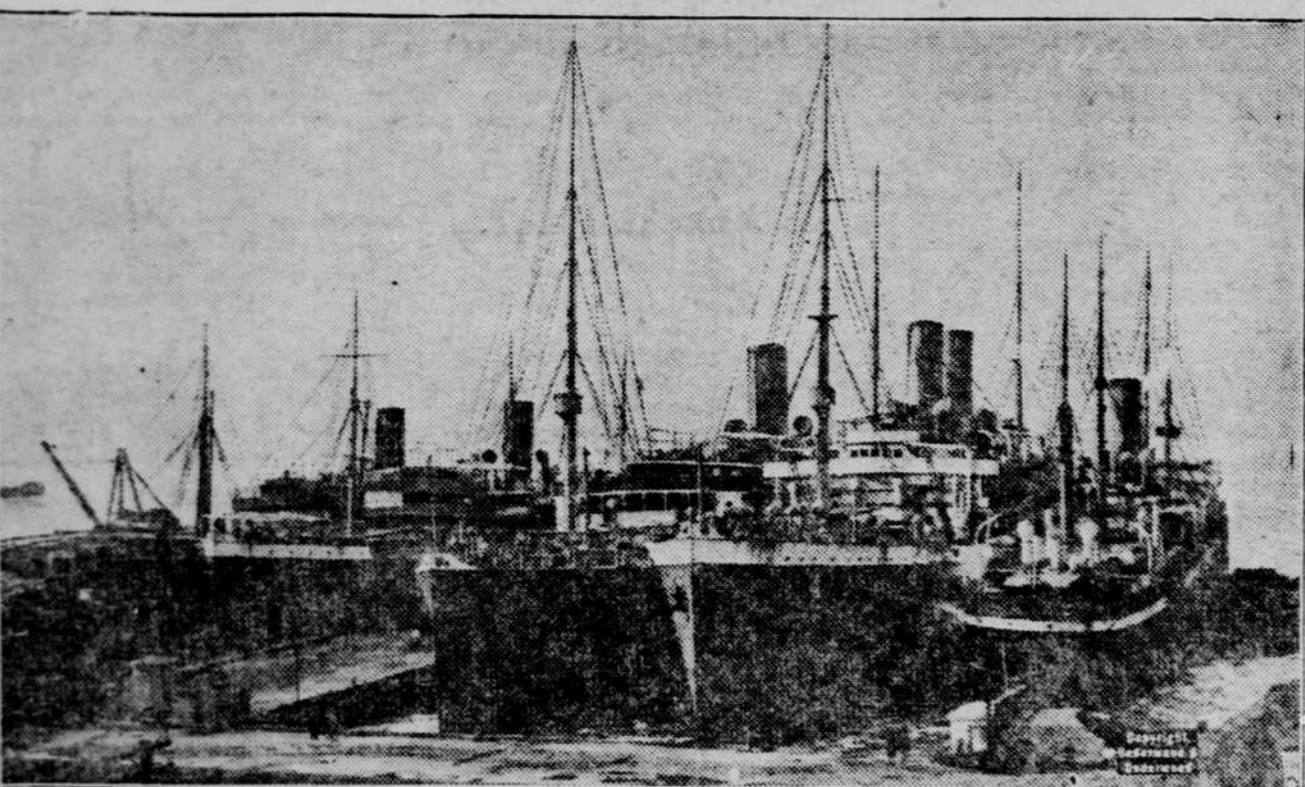
Suggestions that may save Much Suffering

Maryville, Pa.—"For twelve years I suffered with terrible cramps. I would have to stay in bed several days every month. I tried all kinds of remedies and was treated by doctors, but my trouble continued until one day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for others. I tried it and now I am never troubled with cramps and feel like a different woman. I cannot praise Lydia E. Pinkham's Vegetable Compound too highly and I am recommending it to my friends who suffer as I did."—Mrs. GEORGE E. NAYLOR, Box 72, Maryville, Pa.

Young women who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion should take Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by this root and herb remedy.

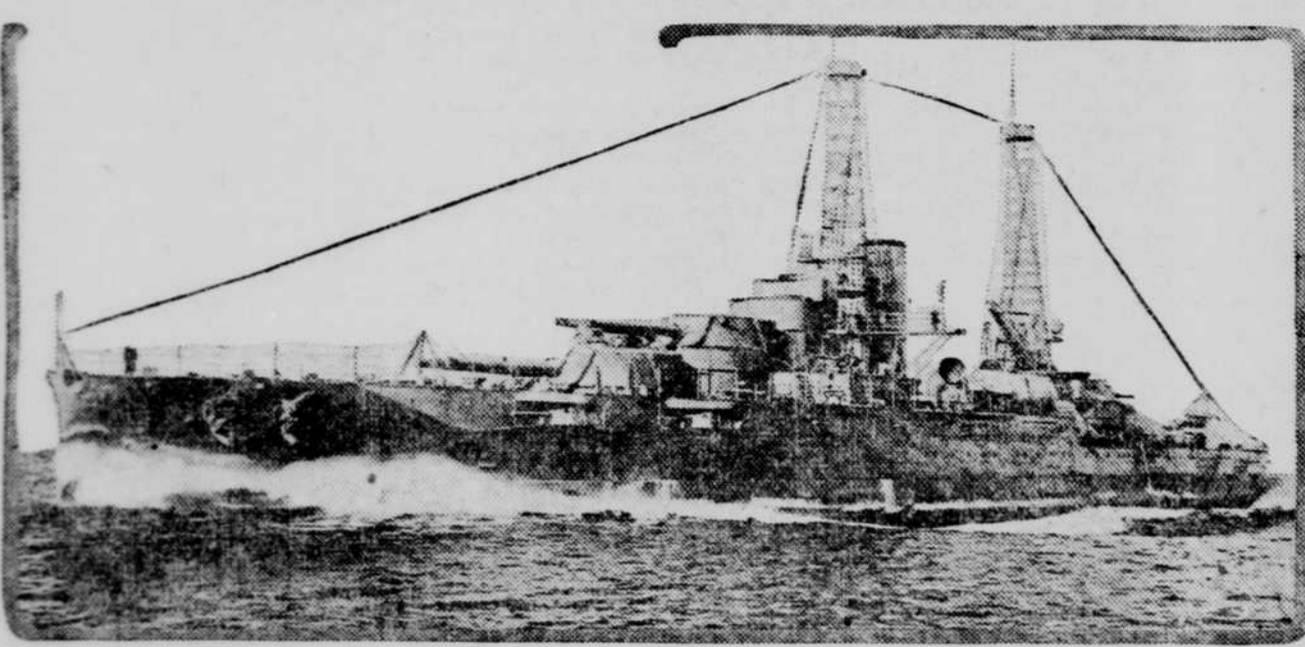
Write for free and helpful advice to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Only women open and read such letters.

## INTERNED GERMAN VESSELS AT NEW YORK PIERS



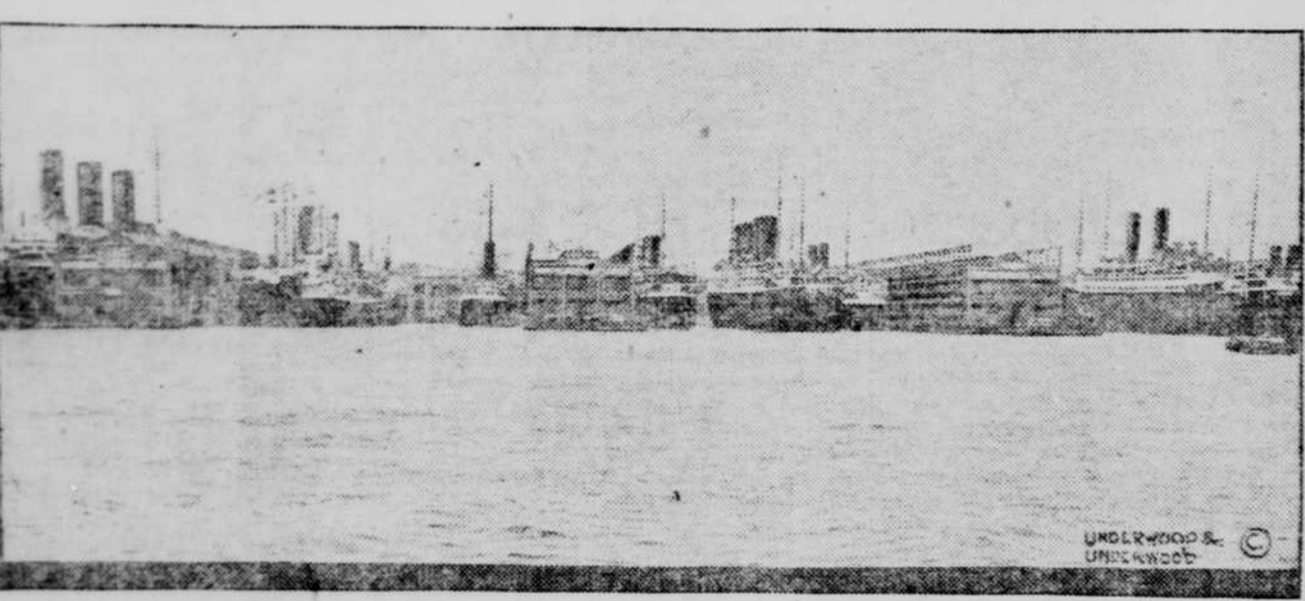
From left to right: The Prince Joachim, Prince Eitel Friedrich, Koenig Wilhelm II, Hamburg and Allemania lying off One Hundred and Thirty-fifth street and North river, New York. Note the Allemania is coaling up. A constant vigil is being kept by the neutrality squad and the police to see that none of the ships attempts to make a run for sea. The ships undergo a thorough inspection daily.

## UNITED STATES BATTLESHIP OKLAHOMA



One of the newest and most powerful superdreadnaughts in the American navy is the Oklahoma, here shown moving at top speed of 20.5 knots.

## SOME OF THE GERMAN LINERS AT THE HOBOKEN DOCKS



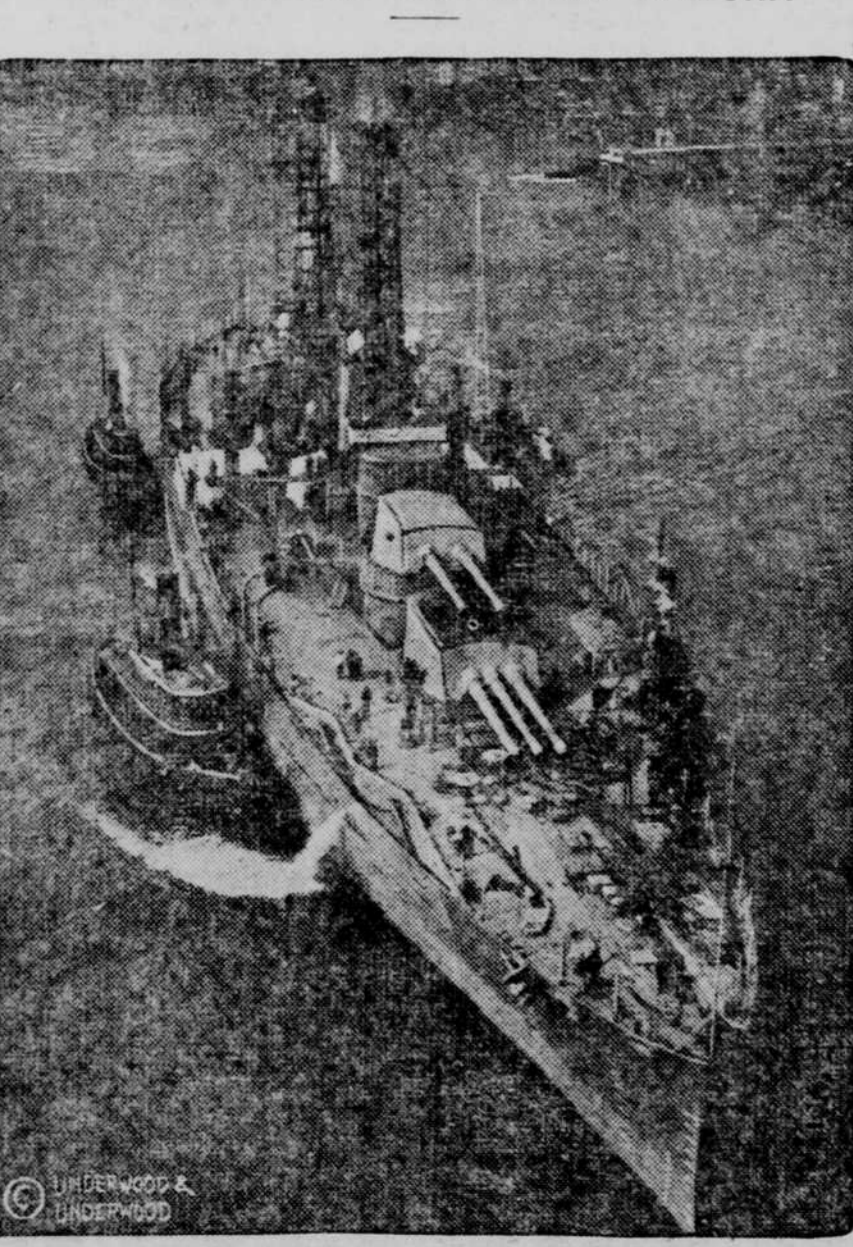
These are some of the great German liners that have been docked at piers at Hoboken, N. J., since the war started and that are now under the keen scrutiny of the collector of the port of New York.

## HE WENT TO THE MOVIES



Count von Bernstorff, the dismissed German ambassador, snapped just after he had delivered the note from the kaiser which resulted in the rupture of diplomatic relations. He was on his way to a moving picture house where he saw German war films.

## UNITED STATES BATTLESHIP ARIZONA



The superdreadnaught Arizona, one of the greatest fighting machines in the United States navy, photographed as it passed beneath the Brooklyn bridge.

**Emblem That Is Historic.**

Of historical interest is the emblem found on every prescription written by a physician, consisting of the letter R with a thin line across the tail at an acute angle. According to historians it had its origin in the ancient custom of allowing the stars to dominate every-day incidents of life. The R thus marked is said to have been the emblem used by the ancients to designate the supremacy of the planet Jupiter. Therefore it seems probable that some chemist of ancient days gave a

prescription or a recipe to some patient and wrote upon it the emblem of the planet then in the ascendancy, which happened to be Jupiter. This emblem has come down to the present time and is always used. In a more modern sense it stands for a recipe, or an order or instruction to take some thing. Literally construed, it means "take" or "take thou."

**Artificial Light.**

When in need of light we push a button and, presto! "there is light,"

thanks to electricity. Only a little while ago, however, we had to turn a tap and apply a match before we had light, and before gaslight our fathers and grandfathers struggled along with kerosene lamps, which seemed to them a big improvement over the candles of their fathers. Taking it by and large, we are pretty fortunate, living in such an advanced age, but it was not always so, as the development of illumination will show—our forbears deserve a great deal of credit for their improvements in artificial light.

## LEWIS' PHONE BILL

PLAN FOR GOVERNMENT OWNERSHIP IN DISTRICT NOT LIKELY TO CARRY.

### MEASURE DESIGNED AS TEST

Efforts to Put City of Washington in the Prohibition Column Rouses the Residents to Bitter Battle—Lower House Must Decide.

By GEORGE CLINTON.

Washington.—For many days hearings have been conducted before the house committee of the District of Columbia on the Lewis bill for government ownership of the telephone system in the District. The intention of the promoters of the bill was to test government ownership of the telephone system in the city of Washington, which is coincident with the District of Columbia, with a view possibly to more extensive territorial action in the future.

Representative Lewis of Maryland, who is the father of this government ownership proposition, will leave congress on March 4. It has been his desire to secure affirmative congressional action during his term of office. This specific government ownership proposition probably will come before congress again, but the word is that it has little chance of enactment into law at the present session. The hearings therefore are held by the proponents of the measure to be at present valuable merely from the educational point of view. The opponents of the measure say that there will be no chance to pass it at the next congress because opposition to it will be strengthened in the new body. The country must take its choice between the two sets of opinions on the subject.

The District of Columbia which, as has been said, means the city of Washington, has been deeply interested ever since congress came together in two propositions, either one of which if enacted into law would affect materially the business interests and the residents of the district generally. Whether they would affect them beneficially or detrimentally is, of course, entirely according to the viewpoint.

### Senate Passes Dry Bill.

The Lewis bill for government ownership of the telephone lines in the district held the center of interest in the house, while prohibition for the district held the center of interest in the senate. The upper house has passed the measure forbidding the sale and manufacture of intoxicating liquors in the capital city of the country. The house committee now is considering the same measure.

The senators either have cleared their skirts or besmirched them, according as men view the thing, by their action on prohibition for the district. Today the upper house men say, "It is up to the lower house men," and so the prohibition bill has been sent over to the mercies of the representatives. It perhaps may go without saying that this prohibition bill has stirred the city of Washington as few other things have stirred it for a good many years.

Prohibition in Washington is a warlike subject. The advocates of dry legislation are as militant as any soldiers in Europe. The same word can be said concerning the advocates of a continued wet season in this city of legislation. Words were not minced in the hearings which the senate committee gave on this subject nor are they being minced in the discussion in the corridors and committee rooms of the house. It is a battle royal, as someone has put it, between the black bottle and the water wagon.

### Debating Grayson's Promotion.

The scenes of the other days have just been re-enacted in the United States senate, although this time there has been more red fire, to say nothing of thunder and flashes of lightning. The senators have been discussing, with more than usual of theatrical accompaniments, the nomination by President Wilson of Cary T. Grayson, United States navy, to be a medical director and a rear admiral.

As everybody knows, Doctor Grayson has been the naval aid and personal physician to the president ever since Mr. Wilson came into office. More than this, he was for a time a medical adviser of President Taft. Doctor Grayson is, comparatively speaking, a junior officer of the medical corps of the sea service. The president promoted him over the heads of 115 navy doctors, to the post of medical director and rear admiral.

It is not the intention to enter into questions affecting Doctor Grayson's fitness for the rank to which he has been promoted, nor the policy which would jump one man over the heads of others of much longer service, but only to say that whenever promotion by selection occurs there always is trouble for the nominee, the nominator and the senators who must confirm the nomination.

### Roosevelt Didn't Promote Wood.

There is one curious thing which has accompanied this case of Doctor Grayson into the limelight. The instant that the young surgeon was named for high promotion, not only Washington, but the entire country said: "Well, didn't Theodore Roosevelt do the same thing to Leonard Wood, who was a junior doctor in the medical corps of the army?"

Years of service as a Washington correspondent teaches men the truth of the old saying that it is hard to catch up with a falsehood. It is prob-

able that nine-tenths of the people of the United States who know anything about the case at all believe implicitly that Roosevelt, when he was president, made his personal friend, Captain-Doctor Leonard Wood, a brigadier general of the line in the American army. Captain-Doctor Wood of the regular army, who also at the time was a colonel of volunteers, was promoted from his captaincy to a brigadier generalship of the regulars by William McKinley, in February, 1901. Theodore Roosevelt, when he was president, did take two captains of the army and make brigadier generals out of them. One of them was the present Maj. Gen. John J. Pershing, who commanded the expedition into Mexico, and who has just been ordered back into the United States. There was something of an uproar when the then president promoted Pershing because of the fact that the cavalry captain was jumped over the heads of some hundreds of superior officers. There was a reason, however, for Pershing's promotion.

### Speculation About 1920.

President Wilson has not yet taken the oath of office for his second term as president of the United States and yet already busy speculations are circling round, like the busy whisper in the schoolroom of the "The Deserted Village," concerning who's to be who in the next presidential campaign.

Perhaps it seems incredible that tongues already are wagging concerning the prospects of this man or that man for high preferment at the conventions which will meet three years from next June, but such is the fact, and there is a reason for it. In normal circumstances, of course, it is not to be expected that Woodrow Wilson will be a candidate to succeed himself and therefore and thus early it is that the "busy whisper" concern itself with the candidate or the candidates for the next Democratic nomination.

So far as the Republicans are concerned, they feel an interest already, and a talking one, in the possible candidate who, three years from next summer may be expected to lead the assault against a Democracy entrenched for eight years. The new Congressional Directory has just been issued. It will be the last directory to contain all the names of the members of the present senate and house. With the coming of March 4 there will be a new directory carrying the burden of a good many names.

### Are They in the Directory?

Now the Congressional Directory is lugged into the presidential gossip matter because history shows that in most cases this book has carried the names of the two candidates to be pitted against each other in the presidential race.

Some may say that Woodrow Wilson's name was not in the Congressional Directory at the time that he was talked of for the presidency more than four years ago. It was. The names of the governors of the states appear in the Congressional Directory, and it does not take much of a memory to retain the fact that Mr. Wilson was once governor of New Jersey.

The name of Charles E. Hughes was in the Congressional Directory during all the time that he was being named as a probable Republican candidate and during all the time that he refused to break silence on the subject of his desire or lack of desire to enter the contest. The Congressional Directory carries the names of the chief justices and the associate justices of the Supreme court.

Some studious person who has looked over the new directory just as it has come from the press has discovered that only two men have seen fit to put in their autobiographies furnished for the book the fact that they were candidates for the nomination of their parties for the presidency of the United States—Speaker Champ Clark (Dem.) and John W. Weeks (Rep.).

### Some of the Possibilities.

In the new Congressional Directory, however, are to be found the names of a good many men who have received votes in either the Democratic or the Republican national conventions for the nomination for the presidency. Thomas R. Marshall, vice president of the United States, was a favorite son of Hoosierdom in the days of the continuance of the Baltimore convention of 1912. Oscar W. Underwood, Democrat of Alabama, not only was his state's favorite son, but he received a large number of votes in the convention. There are other Democrats in the book who likewise received support for the nomination for the highest office in the land.

Now we turn to the Republicans and we find Senator Lawrence Y. Sherman, who received the great majority of the votes of Illinois on the first ballot at the Chicago convention last summer. And there is Senator Robert M. La Follette of Wisconsin, who has figured in national conventions as a candidate several times. With them are Senator Borah of Idaho and Cummins of Iowa and some others.

A member of congress the other day called the congressional directory the "Book of Fate." He said that somewhere within it, in all human probability, was the name of the next president of the United States. This may not be, of course, because some man may spring into prominence and power in the next three years and carry away the banner. But the chances are, perhaps, that the name of the president of the United States who shall succeed Woodrow Wilson is contained in this book of fate and book of the future.

### Daily Thought.

He travels safe and not unpleasantly who is guarded by poverty and guarded by love.—Sir Philip Sidney.

### Thrift Thought.

Did you ever stop to watch a crowd around a street faker selling some article of household use—a potato peeler, for instance? How he persuaded the men that their wives could not peel potatoes without it, found ready purchasers, who laid down their quarters, marched home and presented the article with pride and a righteous feeling of "helping wife in her daily labor," only to find her peeling potatoes the same old way the next day?

## Assistance THAT IS Dependable

is often needed in cases of POOR APPETITE HEARTBURN INDIGESTION BILIOUSNESS OR MALARIA

and you will make no mistake in trying

## HOSTETTER'S Stomach Bitters

It is an excellent tonic and appetizer. Get the genuine



None is Perfect. Take a chased and chip around the feet of almost any popular idol and flock of clay will fall off on the floor. It was discovered the other morning that Sir Rabindranath Tagore sends picture post cards back to his relatives in Bengal.—Kansas City Star.

## YES! MAGICALLY! CORNS LIFT OUT WITH FINGERS

You say to the drug store man "Give me a small bottle of freezeone." This will cost very little but will positively remove every hard or soft corn or callus from one's feet.

A few drops of this new ether compound applied directly upon a tender, aching corn relieves the soreness instantly, and soon the entire corn or callus, root and all, dries up and can be lifted off with the fingers.

This new way to rid one's feet of corns was introduced by a Cincinnati man, who says that freezeone dries in a moment, and simply shrivels up the corn or callus without irritating the surrounding skin.

If your druggist hasn't any freezeone tell him to order a small bottle from his wholesale drug house for you.—adv

## MOST POWERFUL OF DRUGS

Of Course It Is Contagious, but It May Be Taken Often and in Any Quantity.

The most powerful drug of all and one whose potency and habit-forming tendency give it the highest value, is happiness. This may be taken as often as it can be obtained and in any quantity. It is highly contagious and can be relied on to spread through any number of people the moment it is really started. There are forms of it without number and all of them help. Some people, however distrust even this wonderful discovery, remarks the Christian Register, saying that it is too good to be true. They are the people who think no medicine can be good for much unless it is bitter. It is hard to make happiness effective among these people, because their trouble is ancestral. The puritans so often made virtue hateful and goodness somber and put so much of their religion into their harshness that wherever there is puritan blood any dose of happiness hardly gets assimilated. But cleverly managed and disguised with wholesome additions of duty or distraction, happiness may almost always be administered. It is most powerful in its effects upon the giver, having a quality unknown in any other therapeutics of doing more good to the one who gives it than to the one who takes it.

There have been woman sailors among the Finns and Norwegians for many years.

Country people on a party telephone line hear all the news that's going.

## A Pleasant Healthful Habit

A daily ration of Grape-Nuts and cream is a splendid food for those who want vigor and energy.

## Grape-Nuts

is a concentrated health-food made from choice whole wheat and malted barley. It retains the vital mineral elements of the grain so essential to thorough nourishment of body and brain, but lacking in many other cereal foods.

Every table should have its daily ration of Grape-Nuts.

"There's a Reason"

No change in price, quality or size of package.