

### Drudgery in the Home

By LORETTO C. LYNCH.

"By the time I cook three times a day, do the cleaning and the laundry work and dress the children for school and change them when they come home, I'm so tired that I do not want to do anything but fall into bed. I cannot afford a maid, nor even a helper once a week; but life does not look good to me any more, and I am eager for some practical, not theoretical, suggestion."

Offhand, I think you cook too often. Not to mention the fact that no child-old maid goes to school should be dressed by any one save himself. It takes patience to teach a child to dress, but it is time well spent. Get rid of things that require much cleaning. Either send your washing to a commercial rough dry laundry, of which there are many everywhere doing excellent work at reasonable prices, or, if you must do it yourself, invest in a washing machine and mangle.

To reduce time and effort spent in cooking you must plan your meals on paper. Since you want something very definite, suppose you look carefully at this plan for three days:

#### SATURDAY.

Breakfast—Sliced oranges, oatmeal, milk toast, butter, coffee or cocoa.

Luncheon—Cream of potato soup, bread and butter, baked apple, tea or milk.

Dinner—Roast hamburger loaf, baked potatoes on half shell, creamed carrots, cold slaw, cake, coffee.

#### SUNDAY.

Breakfast—Baked apples, top milk, ready-to-eat cereal, toast and butter, coffee.

Dinner—Vegetable soup, roast lamb, mashed potatoes, canned peas, fruit gelatine, coffee.

Supper—Cold sliced lamb, pickles, potato salad, cut cake, canned fruit, tea.

#### MONDAY.

The meal will be leftovers from both Saturday and Sunday.

When cooking the oatmeal cook enough to serve on Saturday morning and again on Monday morning.

When baking, plan to use the oven to capacity. Bake enough apples to serve at noon Saturday and at breakfast Sunday morning. Bake potatoes and have hamburger roast and the lamb in at the same time. In preparing potatoes for the cream soup, boil enough to be made into mashed potatoes for Sunday dinner and salad for Sunday evening. Make enough cake to serve two days. Cut it in half. Serve the cake iced one day and the other half might be served plain or sprinkled with powdered sugar the next day.

The baked potatoes should be cut in half lengthwise and allowed to cool. The white part should be scooped out with a spoon, mixed with butter, chopped parsley and sufficient milk to moisten, as well as salt and pepper, and then packed lightly back into half the number of shells, to be reheated when the lamb is put back into the oven on Sunday morning for its last 20 minutes of roasting.

Thus, by cooking for two hours or so on Saturday morning, you accomplish, by planning, the preparing of sufficient food for six or seven meals. Soup may be made on Saturday, cooled and chilled in the refrigerator, to be reheated in a moment on Sunday. And who does not want a Sunday off to go to church or out for a walk or for enjoying a concert or a picture show? Try planning and cooking less often. You will be surprised how much free time this plan gives you.

### When Silence Is Golden

To some persons to say that a person is noisy is just another way of saying that he is ill-bred. Noisiness goes hand in hand with bad breeding, and it really seems as if one of the things that mankind acquires as he achieves civilization is a degree of silence, or at least he learns to control his noisiness. The savage calls and hollers and shrieks to express his emotions, whereas if the civilized man uses his lungs he does so in a regulated way and calls it singing.

In the ordinary little everyday activities of life he tries to go his way noiselessly. The man who wears creaky shoes or heels that thump every time he takes a step, who slams doors and bangs the furniture as he goes about, is usually not a well bred man.

But the activity above all else in which well bred men and women are supposed to be absolutely noiseless is in eating. In the serving of our meals we provide for perfect silence. The cheap, ill-managed restaurant gives forth a constant din and clatter of dishes and chairs. The waiters call out the orders and there is general noisiness. The perfectly appointed dining room is especially designed to eliminate all noises. Waiters and waitresses learn to move silently and to handle dishes so that there is no clatter.

So, too, in determining the correct and the incorrect way of managing our knife and fork or of eating any sort of food we always choose in favor of the noiseless way. We take tea or coffee from a cup and soup from a spoon in the way in which we are least likely to utter a sipping noise. We handle our knife and fork in the way in which we are least likely to scrape against the plate. Children naturally make a great deal of noise about their eating.

We do not always realize that it is only as the result of considerable effort on our own part that we arrive at our present condition of noiselessness.

It would not be too much to say that the ability to remain silent when necessary is a test of good breeding. The man or woman who shifts noisily about in a chair in a public place, who whispers and drops a program, sighs aloud and shuffles the feet at the theater, is lacking in good breeding. So, too, the man or woman who makes no effort to repress a yawn or a sneeze is not a little deficient in breeding.

A little pat of cottage or cream cheese with a teaspoon of currant or bar-le-duc jelly on lettuce which has been well dressed with French dressing.

### FASHIONS IN THE BOOK



By CORINE LOWE.

We show today a charming suit of blue poplin for the girl of from 12 to 16. This is lined with red wool showing in the revers of the jacket and repeated in the two bands enclosing the plaited section of the skirt. Silver braid on the short jaunty jacket and silver buttons together with gray squirrel complete the charm of this unusual little costume.

Incidentally, one may mention that neither for young nor old has the plait abdicated its position in fashion. For example, some of the newest of the knitted sports suits show a plaited skirt with a plain jacket. And the pin tucks of the Rolande collection have exerted a considerable influence on present day modes.

Japanese women can tell their husband's approach by the sound his clogs make on the sidewalk, for each piece of wood in the heel of his shoe has its peculiar timber and pitch.

The most successful woman newspaper publisher in the United States is Mrs. George Thompson, who, besides owning and publishing the St. Paul Pioneer Press and the St. Paul Dispatch, owns a large paper mill.

### Courtesy From the Hostess at the Open Door

Courtesy should characterize the manner of receiving callers at the door, whether the caller be a delivery boy, a book agent or a friend. If a maid opens the door she should be instructed in the same politeness as would be shown by the mistress.

From the delivery boy the maid or mistress takes the package proffered with a kindly "Thank you," and then closes it. She does not slam it. She listens courteously to the agent's first explanation—it takes no longer—and then, if there is really no hope that the agent can make any sales, she says, quite emphatically, still courteously: "I am sorry, but we do not wish to buy any books—or perfume, or extracts, as the case may be, and then closes the door again. There is no discourtesy in refusing entrance to an agent, but there really is discourtesy in permitting him to enter only to show rudeness to him by way of dismissing him.

#### The Card Tray.

When the door is opened by a well-trained servant who is specially detailed to that duty, a small card tray is held in the left hand while the door is opened with the right. When the caller has given the name of the person he or she wishes to see the servant proceeds the caller to the reception room or drawing room, opens the door and says, "Will you please be seated, madam"—or sir. If no card has been placed on the tray the servant then says "What name, sir?" or madam, and then goes to announce the caller. The servant always returns again to the drawing room. If the hostess is to be delayed for more than three or four minutes the servant is usually instructed to say something like this: "Mrs. Brown is engaged, but she will be down in five minutes." In case the hostess is to be delayed more than the length of time she usually spends down a more definite apology, explaining that she is dressing or being fitted by the dressmaker, as the case may be.

#### Announcing the Guest.

When the hostess is in the drawing room the maid or man servant precedes the caller to the door and announces the name of the caller in a voice just loud enough to be heard by the hostess. The servant does not give the card to the hostess on such an occasion, but places it in a card receiver usually placed conveniently in the hall. If the servant is in doubt as to the caller she does not usher her at once into the drawing room when the mistress is already receiving there, but politely proffering a chair in the hall or reception room first hands the mistress the card or gives the name.

In the family with no maid or with one maid of all work it is usual for the busy housewife to entrust the opening of the door to one of her older children. She should make sure that the child permitted to perform this task knows the courteous way to do it. It is just as rude for a child to call the name of a caller upstairs as it would be for a servant to do so.

### Listen, World!

By ELSIE ROBINSON

I sometimes think we've stopped producing Humans—and have gone in for breeding Phonographs instead. I was talking yesterday to a bunch of this year's models. They were fresh from college, varnish not even scratched. And they knew everything. You had only to touch the lever and they were off at a moment's notice with the Latest and Fullest Information on every and any possible subject. Art, astronomy, economics, psycho-analysis, dietetics, the latest way to tint a hair or chew a fingernail, they had it all down letter-perfect. They were as full of Facts and Fads as a cheese is of holes, and they were worth about as much. For while their information was fallacy proof, it was only a record—and all the records were alike.

Each paragraph of erudition, each catch word of slang, each quirk of personality, each opinion or prejudice was alike. Their very emotions were copied from somebody else from some metaphysical fad of the moment. There wasn't a particle of originality in the bunch, or of genuine, creative yeast. Their idea of success was to "adapt" some popular style to someone else's commercial idea and to sell it for a lot of money. They were polished, they were perfect and they made me feel like a busted shoe string. But they were only Phonographs!

Only Phonographs—that's

Copyright by George Matthew Adams.

what we're grinding out. Things that will reel off records. Our schools are jammed with them, our social castes are built upon them; they fill our offices and run our political jobs. I'm thinking of the Real Humans that were once the standard. The rough, clumsy, blundering humans with the patches on their knees. The



WE'RE BREEDING PHONOGRAPHS

embarrassed humans with their long silences and their healthy doubts and discouragements, doubting and discouragements that were the chaos in which new worlds were formed. Are we never to see them again? Are we simply going to produce glib talking machines? Have we exchanged all our Abraham Lincolns for Kute Kut Kollege Kids? soon as the door is closed, or even while she is closing it if this is possible. She precedes her guest into the drawing room or sitting room and then proffers her a comfortable chair, offering to take any wraps that the caller wishes to lay aside. When the doorbell rings again, if there is no one in the house to answer it for her, the hostess simply says, "Please pardon me," or "I am sorry there is no one to answer the bell," and then returns as soon as possible to the caller.

To make an excellent dustless duster, cut a good grade of cheesecloth in squares of a suitable size, then dip them in turpentine. Hang them up in air until the fumes have evaporated and you will have a good dustless duster.

#### When You Open the Door.

The hostess opening her own door extends her hand to her caller as

## Are Movie Actresses Made by Luck?



In the Desert to Which She Had Fled to Escape Disgrace Chance Gave Remember Steddon an Opportunity to Play a "Super's Bit" in a Movie Thriller.

### Was It the Turning Point?

Never before has the real inside life of the motion-picture world been revealed as it is in the story of Remember Steddon, a mid-West country girl, beautiful but inexperienced, whom circumstances flung into that life as the martyrs of old were flung to the devouring beasts in Roman arenas. Told as her story is by Rupert Hughes, than whom no one knows better what is likely to befall a girl in such circumstances, "Souls for Sale," appearing in THE RED BOOK MAGAZINE, is the outstanding novel of the season. It is being discussed wherever men and women read the English language. Begin it today.

#### And These Other Features in Addition:

- A story of a girl no one could understand, not even herself—By Booth Tarkington
- A story of a great detective's greatest inspiration to save a girl—By Malcolm Davidson Post
- A story of a lion and a tiger that has a thrill in every line—By Courtney Riley Cooper
- A story of the real West that sets the blood-leaping—By Hal G. Evans
- A story of a man who gambled in human lives and won—By Gerald Beaumont
- A story of a girl whose recklessness was only a mask to deceive—By George Gibbs
- A story of a man, a girl, and a town that wasn't at all—By Samuel Hopkins Adams
- A story of a remarkable graft syndicate operated by a millionaire—By James K. Hanna
- A story of the adventure of three cowboys on the frost-felled plains—By Wilbur Hall
- A story of a great detective's pursuit of a world-famous criminal—By E. Phillips Oppenheim
- A story of a conspiracy to overthrow the Chinese Republic today—By Jack Boyle
- A story of an aviator who drove an air taxi—By Lawrence Perry

Remember Steddon from the drawing by Howard Chandler Christy

## THE RED BOOK MAGAZINE

December Issue at all News Stands—Price 25 cents

**We Pay Freight 200 Miles**

**UNION OUTFITTING COMPANY**  
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**We Sell Anywhere on Easy Terms**

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THIS Sale enables you to have any article of Furniture in our store valued up to \$50.00 delivered to your home on the payment of \$1.00.

ONLY THREE DAYS remain of the unusual event in which Furniture for every room in the home is reduced. Toys and apparel excepted.



## The "Union's" Low Rent Location Saves 25% to 50% on Toys

Making Toyland larger than last year doubled our Purchasing Power. This fact, in connection with our location Out of the High Rent District, brings a saving to you of 25% to 50% on Toys. Everyone is talking of the low prices on Toys here, and YOU CAN HAVE THEM CHARGED. Select now from complete stocks.

- Gilbert Erector Sets, No 1 size ..... \$1.19
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- Christmas Stockings filled with a big variety of Toys at LOW PRICES.
- Climbing Monkey... 21c
- Child's Red Chair... 98c
- Hitzy Kars ..... 98c
- Flexible Flyer Sleds, "go like sixty" ..... \$1.39
- Gyroscope Tops ..... 19c
- Skip-a-Longs ..... 98c
- Etc., Etc., Etc.

Lower Prices and Easy Terms Are Being Made for This Christmas

## Demonstration Sale Royal Easy Chairs

**and Kroehler Davenport**

Being Omaha headquarters for this ideal "Gift Chair," we are holding a demonstration of its restful features. Pull out the disappearing Leg Rest. Push the famous Push Button—and recline to a position of perfect rest and relaxation.

Special "Royal Easy" Chair in solid oak upholstered in imitation leather... \$22.50

**Kroehler Davenport**

Give You an Extra Bedroom

A "Kroehler" Bed Davenport requires but little floor space, yet it offers one a full sized bed, doing away with an extra bedroom and saving rent.

Special—Fumed Oak Davenport opens into full size bed, at ..... \$46.50

## Most Sensational Sale Fry Oven Glassware

Ever Held in Omaha

9-in. Pie Plates ..... 49c

10-in. Pie Plates ..... 61c

6-oz. Custard Cups ..... 14c

9-in. Round Cake Dishes ..... 49c

7-in. Pudding Bake Dishes ..... 58c

7-in. Round Baking Dishes ..... 59c

8-in. Pudding Bake Dishes ..... 68c

8-in. Round Casseroles ..... \$1.05

9-in. Round Casseroles ..... \$1.25

9-in. Square Bread Bakers ..... 61c

10-in. Square Cake Bakers ..... 68c

Large Glass Utility Trays ..... 76c

9-in. Round Baking Dishes ..... 83c

9-in. Meat Loaf Bakers ..... \$1.20

**\$1.00**

Is All You Need to Join Our

**Pathe Xmas Club**

Each year at Christmas time there is always a shortage of "Pathe" Phonographs because the "Pathe" plays any make of record and there are NO needles to change.

Join Our \$1 Pathe Christmas Club Monday and make certain of getting the particular model you wish. We will deliver this ideal "year round" entertainer to your home on Christmas Eve and you and your loved ones can enjoy the old carols on Christmas Day.

## Gift Sets

- Packed in Boxes
- Special 1—"Fry" sets comprising 9-inch Pie Plate, 8-inch Casserole, 5x9-inch Bread Bake and six Custard Cups, Monday, a set..... \$3.19
- Special 2—"Fry" sets comprising 7-inch Casserole, 5x9-inch Bread Baker, six Ramekins, 9-inch Pie Plate and two Baking Dishes, Monday, a set..... \$3.49
- Special 3—"Fry" sets comprising 9-inch Cake Bake, 9-inch Pie Plate, 8 1/2-inch Casserole, 5x9-inch Bread Bake and six Custards, Monday, a set..... \$3.98
- Special 4—"Fry" sets comprising 9-inch Pie Plate, 7x9-inch Brown Betty Bake Dish, big, 8-inch Casserole, 6-inch Round Baker, 5x9-inch Bread Baker, six Custard Cups and a Baking Dish, Monday, a set..... \$4.39

30 Records Free!

Once again the Pathe Phonograph Company announces their wonderful Christmas offer—\$25.00 worth of Records free. There are no strings to the offer—NO extra charges. You simply pay the "nationally advertised" price of the phonograph (set by the makers at the factory) and the records are delivered with the machine.