# The Girl Who Listens to Mother

By BEATRICE FAIRFAX.

"Bess is a mighty pretty girl," confided young Donald. "And I used to like her pretty well. But I can't be bothered with her any more. She's too big a baby. Hon-estly, she hasn't a mind of her own. She can't do a thing without stopping to think how her mother is going to feal about it first. It spoils

with an elaborate air of innocence.
"Oh, everything"—replied young
Donald waving his hand largely out "She won't go canocing because her mother has a fit on account of her not knowing how to swim. She hasn't learned to smoke like the rest of the girls in her set because her mother doesn't approve. She always breaks up the party hours before anyone else wants to go home because her mother hates to have her out after 1 o'clock at Honestly, she's a fool the latest.

about the old lady."
"Are you sure she isn't just a considerate, thoughtful girl with a deep respect for the opinions and feelings of an older woman who happens to be her mother and to have her love?" I asked.

'Nonsensel" said young Donald with the engaging smile that robs his words of all rudeness. ought to have a few opinions of her own. She has a right to her own Why should she let herself be held back from everything she wants to do by an old lady who'se lived her life? Answer me that."

And I did. Like this: "If Bess had something vital in her nature demanding expressionand her mother were trying to in-terfere with that, I'd be inclined to fight for the right of each individual to find itself and express itself. If the girl longed to write and her mother insisted that a woman's place is in the home, I'd want Bess to stand up for the gift she had in her to use and needed to use in order to be true to herself.

"f Bess were deeply in love with some fine young fellow, and mother wanted to marry her girl off to an unwelcome suitor with money. I'd hate to have the girl sacrifice herself, . . . In other words, if anything big and vital were at stake, I'd feel strongly that the new genaration must have its chance, that youth must be served and that the individual has a right

to her turn.
"All love must learn to bear and forbear. Without consideration and courtesy, love cannot live. Each of us must sacrifice something of our own personality in order to live side by side happily with other person-alities. In demanding 'elbow room' for our own lives and living, we have also to recognize that other folks also need 'elbow room.'

"No one can insist on expressing his personality to the exclusion of everybody's else rights of self-ex-pression. That's true for all friendship as well as for all love-

"Now, in the case of a girl and r mother, all this becomes double and triply and 1,000 times true. Even allowing for the modern conscious-ness that parents owe more to children than children to parents—even recognizing that the world leans forward toward the new generation, not back to the cld, there must still be a generosity on the part of youth, with life ahead of it to age with so much behind Youth has the privilege of profiting by the experience of age. Age has an obligation to give youth the benefit of its knowl-

give youth the benefit of its knowledge.

"And so, when a girl's mother wants her to keep out of danger she isn't equipped to meet, and avoid habits she can gain nothing by forming, the girl can well afford to listen. She needn't stop to figure at all out for herself. She can pretty much feel that mother's advice is safe to follow.

"Common sense and efficiency suggest that Bess does well to listen to mother. And love and chivalry and fine feelings say that the girl who respects her mother's wishes, and cares more about pleasing mother than about catering to some heedless, pleasure-mad youth, is a pretty good sort. It would be a fine thing if there were more of her. It might be well if the Donalds of this world knew her better—studied her and knew her better-studied her and the mother who commands so much of love and respect."

Currant Conserve. This is a mixture of currants, raisins and oranges. Peel and slice the oranges. Place them in a preserving kettle and cover with a layer of granulated sugar, about a cupful to each thick layer of sliced oranges. Add one thick layer of seeded raisint and cover all with currants carefully and cover all with currants carefully picked from the stems, but not washed. Add sugar to the currants in the proportion of a cup of sugar to a pint of the berries. Put on the back of the stove until the conserve has been slowly heated conserve has has been slowly heated through and the juice of the fruits liberated. Then let it simmer gently until it is cooked down to a thick jam-like consistency.

This conserve is very good to eat as a jam, to serve with meat and to make a filling for a layer cake or an addition to plain puddings.

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Things You'll Love To Make.



Hand embroidered socks are very sweet with little party frocks. You can make these yourself. Take any plain silk socks. At intervals over the socks embroider small resebuds in pink, blue or yellow silk. It would be lovely to have a pair of hand embroidered socks to match each wee frock.

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## Morning Visit to the Ice Box

On the morning visit to the icebox cream whipped solid. Use imen soup, take out the bones and vegetables, chop the latter and return to the soup, with a seasoning of salt and paprika to suit the individual taste. Clarify the chicken fat on the soup, and you may use it for all frying purposes and many culinary ones

as well.
This getting every particle of edible material out of our food supplies will help cut down your food budget as nothing else will.

The remnants of the tongue may

be used to advantage in the making of a tongue omelet for breakfast. What does it spoil?" I asked and cook the root end of the tongue with dried beans, peas or fresh spinach, as the basis of another soup for the following day. When this is done, be careful of the amount of salt added to the soup, as there is a good deal of this condiment in the tongue.

Breakfast. Cooked cereal with dates. Tongue omelet. Watercress. Crumb muffins.

Luncheon. Chicken soup with vegetables and rice. Bread rolls.

Fruit salad, honey cream dressing. Dinner. Halved grapefruit. Stuffed breast of lamb, mint sauce. Browned potatoes, carrets and peas.

Tomato jelly salad. Coffee. Junket. Crumb Muffins.

These are excellent as a means for using up left over bread. Mix together one cup of dried ground bread crumbs, half a cupful of bread flour, two cupfuls of bran and one teaspoonful of salt. Beat one egg lightly and add to the dry ingredients with two cupfuls of buttermilk in which have been blended seveneighths of a teaspoonful of baking soda and two tablespoonfuls of dark molasses. Beat well, pour into well oiled gem pans and bake about 25 minutes in a moderate oven.

Honey Cream Dressing. Beat the yolks of four eggs until half a cupful of boiling honey. Place over hot water, stir constantly for a couple of minutes and remove from the fire. Cool and add the juice of one lemon, one-third of a tenspoonful of salt, a quarter of a teaspoonful of paprika and one cupful of heavy



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Suggestions for Budget. In making the tongue omelet proceed as for plain omelet, and when it is well risen in the pan sprinkle with minced tongue and chopped parsley. Fold over, cook for a moment on the under side and serve inverted on a hot platter. Owing to the salt flavor of the tongue use less for the junket dessert. of this condiment in preparing the

Steer Rib Boil,

Fancy Veal Roast, lb... 17½c

48-lb. sack Gold Medal Flour

For the fruit salad, use any preferred combination of fresh, canned or stewed dried fruit. Most of them combine admirably and the excellent

dressing goes well with all varieties. Purchase three pounds of breast of lamb, and after the bones have been removed fill with a bread and

pactly this gives a very good lamb roast at small expense, as the breast sells for about 25 cents a pound. To make the mint sauce that accompanies it, cook down the bones and trimmings of the meat, remove

the sauce instead of merely adding water to the mint. The cost of the breakfast for four will be 82 cents and the luncheon for three 92 cents. Allow for the dinner budget \$2, which sum includes two grapefruit and a quart of milk

## An Ironing Hint.

When the old-fashioned flatiron s used it saves fuel if the irons are covered with a pan or skillet. Invert the skillet over the group of irons. The irons are heated through more thoroughly and do not need to be changed as frequently.

been removed fill with a bread and In East India a woman of high dramatist, wrote her first play when onion dressing. When rolled com- caste leads the life of a recluse, she was 52 years of age.

### Milk Desserts.

Have more milk desserts for the amily and thus accomplish a sucessful and inconspicuous way of inducing finicky children to take their share of milk. Perhaps the easiest the fat and use this as the basis of dessert to make from milk is the old-fashioned English junket, simply milk curd separated by rennet as i cheese making and eaten before the bacteria that give cheese its flavor

There are a number of prepara tions of rennet in liquid and tablet form on the market. The milk is flavored, sweetened and heated lukewarm, when the amount of rennet indicated is added. Vanilla is often used, but chocolate, caramel and other flavors are sometimes better liked, This dessert can be made in a few

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Broiling-Cooking over a glow-

Steaming-Cooking over boiling

Baking-Cooking in an oven, Frying-Cooking in hot, deep fat, deep enough to cover article.

Stewing-Cooking for a long time in water below the boiling point. Roasting-Cooking before a glow

Sauteing-Cooked in a small quantity of fat. Braising-A combination of stewng and baking.

Frieasseing-A combination

frying and stewing.





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