

Council Bluffs Society

Cool-Kelley.
One of the first of the September brides was Miss Florence Kelley, whose marriage to Francis J. Cool was solemnized yesterday morning in St. Francis Xavier's Catholic church, and followed by a nuptial mass.

Mrs. Cool wore a becoming suit of dark blue with a jade green hat and a corsage of Ward roses to complete her costume.

Miss Mary Kelley as bridesmaid was gowned in brown, with hat to match, and her corsage was of Columbia roses.

Joseph Flynn attended Mr. Cool as best man.

Immediately following the ceremony a wedding breakfast was served at the home of the bride's mother, on Sixth avenue.

To Attend Wedding.
In Denison, Ia., next Tuesday evening will occur the wedding of a former Council Bluffs girl, Miss Marianna Simms, and George Sturges.

Among the guests will be Mr. and Mrs. L. C. Squire and Mrs. Howard Tilton of this city.

Les Affaires d'Armour.
A Council Bluffs girl whose engagement was announced last week in Washington, D. C., is Miss Margaret Green, whose marriage to Courtney Campbell of New York will be solemnized early this winter.

Miss Green is the daughter of Congressman and Mrs. W. R. Green. She attended the local high school and later entered National Park seminary in Washington.

In her honor several delightful affairs have been given during the past two weeks.

Mrs. Crawford and Mrs. Frank Garrett, Mrs. E. E. Evans and Miss L. Comstock and Miss Marian Turner with Mrs. R. H. Bloomer.

Laws week's prize for putting was won by Mrs. Davis.

Personals.
Mr. and Mrs. Chester Dudley left Thursday for a fishing trip in Colorado.

Miss Elizabeth Quinn has returned from a short stay at Lake Okoboji, Ia.

C. G. Saunders will arrive home today from Cincinnati, where he went last week on business.

Mrs. Joe Cheyne and daughter, Jean, arrived Thursday from Winnebago, Ia., where they have been visiting.

Mrs. Thomas Christian is expected today from San Antonio, Tex., to visit her parents, Mr. and Mrs. J. F. Hughes.

Miss Henrietta Sperle, who formerly taught in the Council Bluffs High school, leaves Friday to enter the University of Vermont.

Adored One's Mother—Yes, I am the woman who stood up before you for two whole miles in a street car the other day while you sat reading a paper.—London Opinion.

When peach puddings are made with canned peaches serve the peach syrup as sauce.

Friday Bridge Club.
Mrs. Blaine Wilcox and Mrs. George Wickham were hostesses Friday, when the Bridge club of which they were members met at the Country club for luncheon and cards.

Sioux City Girl Feted.
To honor Miss Mary Ellen McLaughlin, who has been the house guest of Miss Elizabeth Douglas, a Monday Orpheum party was given Monday afternoon by Miss Jane Schoentgen. That evening Mr. and Mrs. John P. Davis planned a dinner at the Country club for this visitor, and on Tuesday Mrs. William Coppock entertained at a luncheon in her honor at the Athletic club.

Miss McLaughlin departed Wednesday for her home in Sioux City.

Miss Emplie Entertains.
A luncheon of eight covers was given at the Country club on Tuesday of last week by Miss Gretchen Emplie.

For Miss Matthews.
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Among the hostesses who honored Miss Matthews during her stay in Council Bluffs were Mesdames Robert Wallace, Glenn Reed, Jack Day, J. C. Aid, A. Risser, Fred Baumeister and C. G. Saunders; Misses Flora Cooper, Nan Murby, Margaret Keeline and Hazel Long.

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The only other Council Bluffs people who went over for the nuptials were Mr. and Mrs. Garland Rounds and daughter Peggy. Mrs. Rounds is a sister of the bride and both she and her daughter were members of the wedding party.

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Assistant Dean



Miss Flora Cooper leaves Monday for Normal, Ill., a suburb of Bloomington, where she is to be assistant dean of the Illinois State Normal university.

Miss Cooper was one of the most popular teachers in the Council Bluffs High school, where for the past few years she has taught English and Journalism.

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A number of the golf enthusiasts were on the course last Wednesday, when 18 holes were played for qualifications for next week. At a special prize will be awarded. At that time Mrs. B. O. Brington and Mrs. John Davis will play together;

How Do You Wear Your Veil?

How do you wear your veil?
Do you pull a large meshed veil over your face so that the tip of your round-ended nose pushes through or the end of your pointed nose sticks out?

Do you pull the veil tightly across your forehead so that your eyelashes catch in it?

Do you always have an irritating little excess of veil under the chin that you repeatedly roll and twist into a little bunch to get out of the way?

Do you get the veil on so that it draws in some places and sags in others?

Do you have trouble because the veil slips from around your hat down over your eyes, while it remains secure around your neck or chin?

Do you lose the ends at the back to their fastening and find them flapping out in the winds of heaven behind you?

Of course, if you follow the made in veils, you need do none of these things, for the really smart veil nowadays floats loosely at the back and is not held in at all under the throat. Some of the new veils are made with little ruffs of feather or tulle or ribbon that fasten about the throat. Above this band the veil puffs and balloons and little effort is made to keep it taut and smooth.

Some of the new veils are exceedingly attractive. They are made so that they flare in almost circular shape from the small hats with which they are worn. They float out and hang to the shoulders and add much gracefulness to their wear.

Now the tight snug veil is often considered in Europe a typically American trick. That is to say, Europeans consider the American woman a past mistress at arranging the neat face veil.

Perhaps that is the reason why so many women even when floating veils are the fashion, wear a face veil neatly arranged.

These women make none of the grievous errors enumerated above. Their little veils are always crisp and untidy, they are stretched over the face so that they just touch the nose and chin and lie smoothly on the cheek. There is not a bit of extra fullness.

These women, too, do not keep pulling their veils with their fingers and poking them with their tongues and winking their eyelids out of the meshes that touch them. There is as much a passive art of wearing the veil, perhaps as an active art of putting it on.

Caught Napping.
Mr. De Seines (on being introduced to address one's mother)—Fardon me, madam, but have we not met before? Your face seems strangely familiar.

Adored One's Mother—Yes, I am the woman who stood up before you for two whole miles in a street car the other day while you sat reading a paper.—London Opinion.

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Do You Wish to Get Fat?



By Antoinette Donnelly.
YOU probably don't. No matter how skinny, you think your lot is less hard than that of your sister with the opposite style of architecture. You do on shopping days—but on rainy days when you stay home and carry on a conference on ways and means with your mirror and decide the angles would be better for a few pounds of healthy adipose tissue, you must realize that you have a harder job on your hands arriving at perfect symmetry than your sister with her hind set on a perfect measurement.

Meats.
If you would be sure of good, fresh, sanitariously-killed meat look for the government inspection stamp upon every side of beef, pork or mutton from which your order is cut. Every packing plant doing an interstate business must operate under inspection. Inspectors are placed in it to see that it is kept in a sanitary condition. Every animal brought to it for slaughter is inspected by an inspector of the government, and if any meat or product is found to be unwholesome or otherwise unfit for food it is condemned and cannot be used for human food. All animals are killed under the eyes of the inspectors and every carcass receives post-mortem examination to detect any evidence of disease that might have escaped the ante-mortem inspector.

Good Luck.
Nowadays a woman's idea of good luck is to find a pair of her socks that don't need darning.—Winipeg Telegram.

Green Galia
THE DR. BENJ. F. BAILEY SANATORIUM
Lincoln, Neb.

This institution is the only one in the central west with separate buildings situated in their own grounds, yet entirely distinct, and rendering it possible to classify cases. The one building being fitted for and devoted to the treatment of noncontagious and nonmental diseases, no others being admitted; the other Rest Cottage being designed for and devoted to the exclusive treatment of select mental cases requiring for a time watchful care and special nursing.

Woodward's
EXCEPTIONAL CHOCOLATES
INNER-CIRCLE CANDIES

Extraordinary Values in DIAMOND RINGS
18 K. WHITE GOLD MOUNTINGS
\$50.00 \$75.00 \$100.00

C. B. BROWN CO.
Diamond Merchants
16th and Farnam Streets
The Treasure Chest of Omaha

Floor and Table Lamps
\$48.50 Ivory Floor Lamp, with shade, \$19.95
\$48.50 Fr. Brown Floor Lamp, with shade, \$19.95
\$32.00 Ivory Table Lamp, with shade, \$13.50
\$36.00 Fr. Brown Table Lamp, with shade, \$13.85
\$60.00 Ivory Floor Lamp, with shade, \$21.65

Mr. Harrison of Omaha, who is visiting friends in Washington, spent a part of this week in Baltimore and Elliott City the guest of Mrs. Dean Currier of Chicago, formerly Miss Anna Thomas, who is spending the summer and autumn with her parents in their Elliott City home.

Mrs. Williams will be joined here on Monday by Mr. Williams, who is still at the White Sulphur. He will make the trip by motor and after a few days here they will return to their home in Norfolk by motor, taking Miss Low with them.

Mrs. Williams was entertained at tea at the Powhatan on Sunday afternoon by Miss Katherine May Kearney, who has frequently been her guest in Norfolk. Miss Kearney entertained at the home of at home, because of the serious illness of her grandmother, and the company was just a few of the very intimate friends of Mrs. Williams.

Gen. J. J. Pershing returned to Washington the middle of the week after a trip of inspection to Plattsburg, N. Y., and Camp Devan, Pa., and a visit to Detroit to take part in the Red Arrow reunion. He returned by way of Camp Red Cloud in the mountains of Pennsylvania, where his son, Warren, spent the summer. Warren returned here with his father and is enjoying a visit with him.

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The big problem with the girl who wants to put on weight is to secure the largest number of calories in the most digestible form. The following dietaries furnish so many calories over the required amount of the average individual that improved weight is almost certain to result. These are simply sample meals, which you may use as patterns, supplying substitute meals from the list I will give you later:

BREAKFAST:
Grape juice, one cup.
Cooked cereal with four dates (large helping), with cream and sugar.
Scrambled eggs, one-half cup.
Toast, one slice buttered thick.
Cream, thin, seven-eighths cup or cup of half cream and half milk.
LUNcheon.

DINNER:
Cream of corn soup (one cup).
Roast beef, two and one-half slices.
Baked potato, one medium.
Buttered lima beans, three-eighths cup.
Two slices whole wheat bread.
Butter, two tablespoons.
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added several ounces of cream and several ounces of milk sugar, to be taken as a beverage at each meal. M^l and cream contain building substances found in no other food, building not only fatty tissue but building every tissue in the body.

Take milk several times a day, either plain, hot, cold, malted, or with chocolate and cocoa. Drink between meals or with meals, or both. You may have to train your appetite to these fattening foodstuffs by sheer will, but it can be done. And remember that an extra pat of butter, an extra glass of milk, extra amount of cream and sugar on fruit and desserts all add a little to the burial of bones and angles.

Diet Is Generous.
Study this list of fattening foods and incorporate them into your daily menus:

Soups—Bean, rice, barley, celery, asparagus, mutton, clam, or chicken broth, all cream soups.

Meats—Fat bacon, ham, roast beef or mutton, lamb chops, sweetbreads, sausage, squab and all game.

Vegetables—Potatoes, tomatoes, beans, plain, hot, cold, malted, or with chocolate and cocoa. Drink between meals or with meals, or both. You may have to train your appetite to these fattening foodstuffs by sheer will, but it can be done. And remember that an extra pat of butter, an extra glass of milk, extra amount of cream and sugar on fruit and desserts all add a little to the burial of bones and angles.

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