Council Bluffs Society

Cool-Kelley. One of the first of the September brides was Miss Florence Kelley, whose marriage to Francis J. Cool
was solemized yesterday morning
in St. Francis Xavier's Catholic
church, and followed by a nuptial

mass.

Mrs. Cool wore a becoming suit of dark blue with a jade green hat and a corsage of Ward roses to

complete her costume.

Miss Mary Kelley as bridesmaid was gowned in brown, with hat to match, and her corsage was of Columbia roses.

Joseph Flynn attended Mr. Cool as best man.

Immediately following the ceremony a wedding breakfast was served at the home of the bride's mother, on Sixth avenue.

To Attend Wedding. In Denison, Ia, next Tuesday evening will occur the wedding of a former Council Bluffs girl, Miss

Marianna Simms, and George Stur Among the guests will be Mr. and

Mrs. L. C. Squire and Mrs. Howard Tilton of this city. Les Affaires d'Armour.

A Council Bluffs girl whose engagement was announced last week in Washington, D. C., is Miss Margaret Green, whose marriage to uncourtney Campbell of New York will be solemnized early this winter.

Miss Green is the daughter of Congressman and Mrs. W. R. Green.

She attended the local High school and later entered National Park seminary in Washington. The past fairs have by year she spent in Madison, Wis., at two weeks. the State university, where she be-came a member of the Kappa Alpha

Congressman Green will arrive in Council Bluffs the first of the week. In Riverside, Cal., last week announcement was made of the approaching marriage of Miss Margaret Wolfs and Harry Mills, which will take place in November.

Miss Wolfs is a sister of Mrs. George Wickham, and recently spent a winter in Council Bluffs.

Luncheon, A luncheon of 20 covers was given at the W. S. Stillman home last Tuesday by Miss Nancy Stillman and Miss Esther Pusey in honor of Miss Betty Bonson of Dubuque, Ia., who has been visiting her uncle,

George S. Wright. Mrs. John Mulqueen entertained six tables of guests at bridge last Tuesday afternoon at her home on

For Miss Cooper. Complimentary to Miss Flora

mignonette and covers were placed for Mesdames G. W. Kirn and Tatroe, Misses Edna Sprague, Edith Flickenger, Margaret Flickenger, Jennie Rice, Henrietta Sperle, Leota Hatswell, the guest of honor, and Miss Maynard. Miss Maynard.

Friday Bridge Club.

Mrs. Blaine Wilcox and Mrs. George Wickham were hostesses Friday, when the Bridge club of which they were members met at the Country club for luncheon and cards.

Sioux City Girl Feted. To honor Miss Mary Ellen Mc-Laughlin, who has been the house guest of Miss Elizabeth Douglass, a small Orpheum party was given Monday afternoon by Miss Jane Schoentgen. That evening Mr. and Mrs. John P. Davis planned a dinner at the Country club for this vis-itor, and on Tuesday Mrs. William Coppock entertained at a luncheon in her honor at the Athletic club. Miss McLaughlin departed Wednesday for her home in Sioux

Miss Empkie Entertains,

Moines, Ia., where she went to at-tend the wedding of Miss Virginia Stubbs and James Wilson Wallace which was solemnized yesterday

afternoon.

The only other Council Bluffs people who went over for the nup-tials were Mr. and Mrs. Garland Rounds and daughter Peggy. Mrs. Rounds is a sister of the bride and both she and her daughter were members of the wedding party.

Dinner-Dances. Owing to the fact that after Monday night the dinner-dances at the Country club will be discontinued for the season, reservations for the past week were quite heavy. Among those who entertained were Harry Van Brunt, George Mayne, John Schoentgen, Donald Macrae, M. F. Rohrer, Mr. Wise, Frank Riker, Oscar Baumeister, Mr. Hazelton, Mrs. Woodbury, A. L. English, J. J. Keliher, George Kaiser and Mrs.

A special dinner-dance has been arranged for Monday evening and

A number of the golf enthusiasts darker colored leaves. Under these were on the course last Wednesday, when 18 holes were played for qualifications for next week, when a special prize will be awarded. At a petaled crown will look very that time Mrs. B. O. Bruington and suite of a row of the debutante of a few seasons hence, but for the entertainment of the friends of the friends of the senson, John B. jr., and herself. And indeed all these different sets have made good use of it the past few weeks when the congressional circle was much in evidence in just a few of the very intimate friends of Mrs. Williams.

Assistant Dean



Miss Flora Cooper leaves Monday for Normal, Ill., a suburb of Bloomington, where she is to be assistant dean of the Illinois State Normal university.

Miss Cooper was one of the most popular teachers in the Council Bluffs High school, where for the past few years she has taught English and journalism. In her honor several delightful af-

fairs have been given during the past Mrs. Crawford and Mrs. Frank Garrett, Mrs. E. E. Evans and Miss L. Comstock and Miss Marian Tur-

ner with Mrs. R. H. Bloomer. Last week's prize for putting was won by Mrs. Davis.

Mr. and Mrs. Chester Dudley left

Miss Elizabeth Quinn has returned from a short stay at Lake Okoboji, Ia.

C. G. Saunders will arrive home today from Cincinnati, where he

today from San Antonio, Tex., to ting it on. visit her parents, Mr. and Mrs. J. F. Hughes.

Mrs. A. W. Tyler was awarded the prize for high score and Mrs. Henry Cox of Omaha received the High school, leaves Friday to enter the University of Vermont.

Mrs. E. H. Howbart and Steven, arrived Saturday from their the woman who stood up before you Cooper, who leaves Monday to assume her new duties as assistant dean of the Illinois State Normal university, Miss Mignon Maynard entertained at luncheon Friday.

The centerpiece was formed of mignonette and covers were placed

Mrs. Sarah Flickenger with her daughters, Edith and Margaret, ar-rived home Thursday from Montana, where they have been summering on a ranch.

Mr. and Mrs. W. E. McConnell

Lead, S. D. Mr. and Mrs. Leon Clark of New York City will arrive today for a visit with Mr. Clark's brother and wife, Mr. and Mrs. J. A. Clark of Bluff street.

Items to the disarmament contents to the unstable to the disarmament contents to the disarmament contents. The same way in her aquatic accomplishments. She wears, by the way, for her swimming, Mr. and Mrs. J. A. Clark of Bluff street.

Bluff street.

Mrs. Angeline Brindsmaid, Mrs. Elsie Bowles of New York, and Miss Mary Key, who were guests at the W. A. Maurer cottage at Lake Okoboji, returned home during the past

week.

Mr. and Mrs. Robert Organ and quite the most beautiful and elabdaughter, Katrina, motored to Stew- orate function which has been

Miss Empkie Entertains.
A uncheon of eight covers was given at the Country club on Tuesday of last week by Miss Gretchen Empkie.

For Miss Matthews.

Miss Laura Matthews left Thursday to respect the shift of the fivence of the fivence of the fivence of the Mauretania, which recently burned in the Liverpool docks.

Among the hostesses who honored Miss Matthews during her stay in Council Bluffs Thursday to visit at the Mauretania, which recently burned in the Liverpool docks.

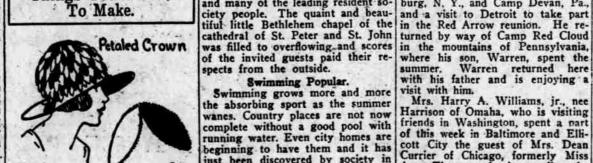
Among the hostesses who honored Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs restricted fivence of Miss Matthews during her stay in Council Bluffs were Mesdames Robert Organ and Alter the most be able to enter De Panu university in Greencastle, Ind., this fall as she had planned.

Mr. and Mrs. Robert Organ and quite the thems they affairs given they are spending the week-end with Dr. and daughter, Katrina, motored to Steward and there have been scame very beautiful and elaboration which has been staged in this unique building, and there have been scame very beautiful and elaboration which has been scaled in this unique building, and there have been scame very beautiful and elaboration with Dr. and daughter, Katrina, motored to Steward in this sunique building, and there have been scame very entically in the restriction which is to replace in the Attee

It was an impressive ceremony and Bread for fancily shaped sand-wiches should be sliced across the ducted by a priest of the orthodox long way. This gives more sur- Greek church in the presence of the she has been all summer. face to work upon.

Greek church in the presence of the she has been all summer. Gen. J. J. Pershing returned to could be in town; all other officials after a trip of inspection to Platts-and many of the leading resident so-burg, N. Y., and Camp Devan, Pa., ciety people. The quaint and beau-and a visit to Detroit to take part

Things You'll Love To Make.



A stunning new fall hat is shown today with a petaled crown. Cover the upper brim with any light-colored duvetyn; the under side with a darker shade. Cut leaf-shaped a darker shade. Cut leaf-shaped might be a small edition of Windsor forms of both colors of the duyearranged for Monday evening and a darker shade.

among those who have made reservations are George Van Brunt, J. R. Williams, Mr. McMillan and Mr. Crafton of Omaha.

Crafton of Omaha.

Golf.

Castle. Mrs. Henderson had the pool built this summer not only for the amusement and use of her grand-the edges. Start at the center of the daughter Beatrice. Henderson, a crown and stitch on a row of the but for the entertainment of the large light of the control of the duvelence of the d

How Do You Wear Your Veil?

How do you wear your veil?

Do you pull a large meshed veil over your face so that the tip of your round-ended nose pushes through or the end of your pointed nose sticks out?

Do you pull the veil tightly across your forehead so that your eyelashes

Do you always have an irritating little excess of veil under the chin that you repeatedly roll and twist into a little bunch to get out of the

Do you get the vell on so that it draws in some places and sags in Do you have trouble because the veil slips from around your hat down over your eyes, while it remains secure around your neck or

Do you lose the ends at the back from their fastening and find them flating out in the winds of heaven be-

hind you? Of course, if you follow the mode in veils, you need do none of these things, for the really smart veil now-adays floats loosely at the back and is not held in at all, unless around the throat. Some of the new veils are made with little ruffs of feather or tille or ribbon that fasten about or tulle or ribbon that fasten about the throat. Above this band the veil puffs and balloons and little effort is made to keep it taut and smooth.

Some of the new veils are exceedingly attractive. They are made so that they flare in almost circular shape from the small hats with which

gracefulness to their wearer.

Now the tight snug veil is often considered in Europe a typically American trick. That is o say, Europeans consider the American woman a past mistress at arranging the neat face veil.

they are worn. They float out and hang to the shoulders and add much

Perhaps that is the reason why so many women, even when floating yeils are the fashion, wear a face veil neatly arranged.

These women make none of the Thursday for a fishing trip in Col- grievous errors enumerated above. Their little veils are always crisp and untorn; they are stretched over the face so that they just touch the nose and chin and lie smoothly on the cheek. There is not a bit of extra fulness.
These women, too, do not keep

went last week on business.

Mrs. Joe Cheyne and daughter,
Jean, arrived Thursday from Win
and winking their veils with their fingers
and poking them with their tongues
and winking their eyelids out of the nebago, Ia., where they have been meshes that touch them. There is as Mrs. Thomas Christian is expected weil, perhaps as an active art of put-

Caught Napping.

Mr. De Seines (on being introduced adored one's mother)-Pardon me, madam, but have we not met before Your face seems strangely familiar. Adored One's Mother-Yes, I am

When peach puddings are made unrecognized and unclaimed by with canned peaches serve the peach lar danger of that. Unless you give

Already Washington sees unmis-

takable signs of the early gaieties

rations are noticed on every hand

itors to the disarmament conference

bers of the diplomatic corps who

Swimming Popular.

Swimming grows more and more

the absorbing sport as the summer

wanes. Country places are not now

complete without a good pool with running water. Even city homes are

eginning to have them and it has

Bureau of The Bee,

Washington, Sept. 3.

Washington Society

approaching. Unprecedented prepa-scape garden of Boundary Castle.

on within a given time, the process is fairly slow at first. But once you get that it balks at now and which in turn are responsible for the prepond-erance of bones over flesh, the trick is turned and you can keep your weight at a desirable mark. but on rainy days when you stay

By Antoinette Donnelly.

I less hard than that of your sister with the opposite style of archi-

tecture. You do on shopping days-

home and carry on a conference on

want to get fat, it is not an invita-

Unusual Costume,

in Topeka. Mr. Mulvane spent this week in Washington and returned to Atlantic City to join Mrs. Mulvane

at the Marlborough-Blenheim, where

Washington the middle of the week

where his son, Warren, spent the summer. Warren returned here with his father and is enjoying a

Mrs. Harry A. Williams, jr., nee Harrison of Omaha, who is visiting friends in Washington, spent a part of this week in Baltimore and Elli-

cott City the guest of Mrs. Dean Currier of Chicago, formerly Miss Anna Thomas, who is spending the

summer and autumn with her parents in their Ellicott City home. Mrs. Williams will be joined here on Monday by Mr. Williams, who is still at the White Sulphur. He will

make the trip by motor and after a few days here they will return to their home in Norfolk by motor, tak-

visit with him.

OU probably don't! No matter

skinny, you think your lot

Undernutrition is the most common cause of thinness. Some thin tor a few pounds of healthy adipose born with a heritage of dimpled tissue, you must realize that you have roundness.

a harder job on your hands arriving at perfect symmetry than your sister eating too little food-but not eating meat or product is found to be unwith her mind set on a perfect meas-It is harder to put weight on than tive teeth, and an easier philosophy used for human food. All animals to take it off. That has been proven of life are additional reasons for the are killed under the eyes of the in-

When I ask the ultra-thins if they Supplying Enegry Food. If there is no such trouble, an improved diet and a hygienic mode of ife will accomplish the desired result. Thin people require an abundant supply of energy food, or fuel food fats, starch and sugar. Butter and oil are the best fats for them, as they are less likely to disturb the diges-

The big problem with the girl who that the ultra-fashionables exercised wants to put on weight is to secure the largest number of calories in the their aquatic skill, and indeed are keeping it up during the autumn season. This exclusive "swimmin" most digestible form. The following dietaries furnish so many calories hole" is a part of the lovely landover the required amount of the average individual that improved weight is almost certain to result. These are had as their guest last week Miss for the autumn festivities, as well Mrs. Peter Goelet Gerry, wife of simply sample meals, which you may May Randall, a niece of Mrs. Mc- as serious business, when, early in the senator from Rhode Island, for use as patterns, supplying substitute Connell, who was en route to November, the delegates and vis- merly Miss Mathilde Townsend, who meals from the list I will give you Mrs. Peter Goelet Gerry, wife of simply sample meals, which you may has won honors on the turf and on later:

BREAKFAST.

Grape juice, one cup.

Cooked cereal with four dates (large helping), with cream and sugar.

Scrambled eggs, one-half cup.

Toast, one silce buttered thick.

Cream, thin, seven-eighths cup or cup of half cream and half milk.

LUNCHEON.

Creamed chicken (one-half cup) on toast

Lettues salad with oil dressing

and crackers. and crackers.
Vanillia ice cream.
Cup of chocolate.
DINNER. ming pool than she is on the ball room floor, where few women have

DINNER.

Cream of corn soup (one cup).

Roast beef, two and one-half slices.

Baked potato, one medium.

Buttered lima beans, three-eighths cup
Two slices whole wheat bread.

Butter, two tablespoons.

Baked apple, one large.

Cream, thin, one-half cup.

Sugar, one tablespoon (scant).

BREAKFAST.

Prunes, one dish

LUNCHEON,
Cream soup, one cup.
lad with mayonnaise dressing.
One buttered roll.
Pudding with cream.
DINNER.
Brofled steak.
Scalloped potatoes, one cup.
Buttered beets, one-half cup.
Lettuce and tomato salad.
Bolled custard, one cup.
Cookies, two. Butter and Milk Help. of one quart of milk to which are

yourself over to a strict milk diet under a doctor's direction and make a under a doctor's direction and make a straight business of putting weight good round 10 hours every night. the digestion trained to the things

the foods that build and fatten. Ailments to the digestive organs, defecthat any one who is skinny would an everlasting rushing hither and spector.

ever want to be fat! But they do. you,

Prunes, one dish. Cereal with milk or cream and sugar. one egg.
Two slices buttered toast,
up coffee with cream and sugar
one cup cocca.
LUNCHEON,

fattening mixture can be made

added several ounces of cream and several ounces of milk sugar, to be taken as a beverage at each meal, Mi" and cream contain building sub-stances found in no other food, build-ing not only fatty tissue but build-ing every tissue in the body.

Take milk several times a day, either plain, bot, cold, malted, or with chocolate and cocoa. Drink between meals or with meals, or both. You may have to train your appetite to these fattening foodstuffs by sheer will, but it can be done. And remember that an extra pat of butter, an extra glass of milk, extra amount of cream and sugar on fruit and desserts all add a little to the burial

of bones and angles.

Diet Is Generous.

Study this list of fattening foods and incorporate them into your daily Soups-Bean, rice, barley, celery, asparagus, mutton, clam, or chicken

Meats-Fat bacon, ham, roast beef or mutton, lamb chops, sweetbreads, sausage, squab and all garge.

Vegetables — Potatoes, tomatoes, teans, spinach, onious, beets, asparagus, letuce, with oil dressing. Plenty of butter and oil should be incorporated in preparing these

porated in preparing these. Farinaceous-Oatmeal, mush, hominy, rice, whole wheat bread, cornmeal, corn bread, milk toast, biscuits and muffins, gems, graham, and oatmeal crackers.

Desserts—Sago and rice pudding; tapioca, custards; all cooked fruits with fresh cream and ice cream.

Drinks-Milk, chocolate, cocoa and water. Olive oil after each meal, Thin women don't need to go in for the strict exercise regime their

fat sisters must. Swimming and walking I recommend as the best forms of exercise. They make the appetite more keen, and swimming, particularly, brings every muscle of the body into play and is developing. Of course, all outdoor games are advised; in fact, all forms of exercise that come easily within the reachbut in the beginning it is the food that is the important thing.

Meats.

If you would be sure of good, fresh sanitarily-killed meat look for the government inspection stamp upon from which your order is cut. Every packing plant doing an interstate business must operate under inspecways and means with your mirror people are just born thin and will tion. Inspectors are placed in it to and decide the angles would be better go to their graves thin, as some are see that it is kept in a sanitary condi-

tion. Every animal brought to it for slaughter is inspected by an in-The undernutrition is not always spector of the government, and if any wholesome or otherwise unfit for food it is condimned and cannot be used for human food. All animals when in both cases it is almost wholly a matter of food consumption.

Funnier to a fat woman, though,

Funnier to a fat woman, thoug

Therefore if you insist on your butcher showing you the government stamp on your meat you may be satisfied you are getting pure, clean meat from healthy animals. This, of course, does not apply to those who prefer kosher killed meat.

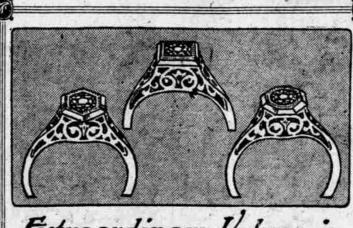
Good Luck

Nowadays a woman's idea of good that don't need darning.-Wnnipeg



This institution is the only one in the central west with separate buildings situated in their own grounds, yet entirely distinct, and rendering it possible to classify cases. The one building being fitted for and devoted to the treatment of noncontagious and nonmental diseases, no others being admitted; the other Rest Cottage being designed for and devoted to the exclusive treatment of select mental cases requiring for a time watchful care and special nursing.





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Toast two slices of white bread on

seasoned with salt and paprika to tea is toasted date, cheese and nut taste. Cover with three dates, washed, stoned and cut in thin slices crosswise. Sprinkle with finely chopped nut meats Cover with one side only; spread each with but-ter on the untoasted side. Then spread one piece with cream cheese lettuce leaves.

moistened with a little milk and

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with shade \$21.65

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