

Society



Mrs. Reed Peters
RINEHART-MARSDEN PHOTO



Mrs. Kenneth Norton
RINEHART-MARSDEN PHOTO



Miss Josephine Schurman
RINEHART-MARSDEN PHOTO



Mrs. Milo Gates



Mrs. R. Ware Hall
HEVY PHOTO

How Do Omaha Business Girls Get Exercise? Do They Get Any at All?

By GABBY DETAVLS.

HOW do business girls get their exercise? How do they keep physically fit? "My work is my exercise, and when I'm through here me I want to sit," said a saleswoman of suits and coats in a local department store. "A theater or automobile ride for mine," said one of her pals. "Nature may be grand, but so is a limousine." There are those, however, who sincerely prefer nature in the rough to fashionable upholstery. Hiking is a popular diversion in Omaha. The Omaha Walking club with approximately 200 members, half of them women, sponsors weekly hiking trips which are always well attended. Among the enthusiastic members are Misses Edith Tobitt, Kate Swartzlander, Ione Duffy, Annie Doyle, Eunice Stebbins, May Somers, Allie Houston and Mme. B. Chatelet.

Thousands of girls in Omaha sit at a desk all day, typing, teaching, keeping books, manipulating switchboards, comptometers, etc., and as many more, though on their feet, are indoors, getting the minimum of fresh air and no balanced exercise.

Typing to Keep Warm. Fingering a typewriter is not very satisfactory exercise in spite of a certain man, employer of two young women "stenos." It was a bitter cold day last winter and the stenos were not warm. He stepped out of his private sanatorium, rubbing his hands, and asked the girls if they were cold.

"No," they sweetly replied. "Perhaps not, perhaps not," he said somewhat embarrassed, "But you are exercising!" Miss Margretha Grimmel, whose marriage will take place September 10, walked regularly from her home in Dundee to the library, where she was engaged until July 15, in the reading room. Miss Grimmel is one of the few business girls who have gone in for horseback riding this summer. Miss Winifred Smith is another who gets her lungs full of air and her muscles full of stretch in the morning jaunt to business.

Dancing Wins First Prize. "What do you do for exercise after you have closed your desk at night," Gabby asked one young woman. "I go home and read," she replied.

The most common answer is: "I don't get any," or "Dancing!" Dancing would probably win first prize as the most used form of exercise for business girls.

Miss Mary Gant has gone in for tennis. Mrs. John Parratt, a dealer in real estate, is a steady golfer, but the large amount of daylight time required to make a good player keeps most business women out of this game, which is considered ideal exercise for them. Miss Dorothy Kingsalt is a splendid example of a business woman who keeps her physical efficiency up to her mental development. She plays tennis especially well, and finds time both for horseback riding and golf.

Nurses Turn Mermaids. Miss Katherine Lueberz swims

for her health. She and Miss Miriam McMartin have been regular Friday-nighters at the Athletic club pool. One of our local hospitals has a swimming pool where nurses dive in as nurses and come up mermaids. The Camp Brewster pool has attracted hundreds of business women this summer. Miss B. Dumont, secretary at Central High, is an accomplished swimmer, who indulges at every opportunity. She has also a set of simple exercises which she does every night and morning.

Several large business concerns of Omaha give brief intermissions for callisthenics during the mornings and afternoons. Indian clubs, dumb bells and setting up exercises are resorted to by some business girls, but cross-examination reveals the fact that it is hard to "stick" to them. Gymnasium classes such as are offered by the Y. W. C. A., or the aesthetic dancing there, are much more likely to hold interest.

One girl who used to skip rope outside her apartment house has abandoned that stimulating exercise for the "daily dozen" which she declares keep her in fighting trim. "Housework," say not a few, "is my exercise." These are usually married women who are making homes for their children or girls who help an aged mother during the evening and early morning hours.

Bells—and Coffee. Mrs. Cally Wahlgate, membership committee chairman for the Omaha Business Women's club, confesses that she rolls for her health. "I can take four rolls in my room," Gabby suggests that this with a cup of coffee would make a good breakfast.

How about it girls? Do we owe it to ourselves to keep fit? By all means. Five or six minutes a day devoted to the right kind of exercise will accomplish it, especially if accompanied by quantities of fresh water, a daily plunge, brisk, snappy walks and diverting pastimes, for the mind as well as the body must have a balance of interests.

Nicholson's Play a "Joy Box" of Surprises

The achievements of Meredith Nicholson, novelist, are of never-fading interest in Omaha, for it was here some years ago he wed the brilliant Eugenie Kountze, sister of Mrs. Richard Stewart II, Charles T. Kountze and Luther Kountze. Mr. Nicholson's latest success is "Honor Bright," a comedy written by himself and an unrelated Kenyon Nicholson, press agent for Stuart Walker. The play was presented in Indianapolis August 22 by the Stuart Walker company.

"Honor Bright" is characterized by critics as "sweet, light, clean, rapid, interesting, a well-written love yarn with a clever, saucy ending." It is said to have the smartness of "Tea for Three," being altogether "a joy box containing many new and interesting toys for those who are fed up on the conventional comedy."

Our "Newest Matrons" Take Their Places in Society

With the coming of crisp September and October days, when the sun sends its soft autumnal rays through gold and russet-tinted tree tops, society forgets the relaxation of lazy summer time and turns its thoughts toward the activities of snowy winter.

Among the young matrons who are making plans for the coming season are Mrs. Ware Hall, Mrs. Kenneth Norton, Mrs. Milo Gates and Mrs. Reed Peters.

Mrs. Hall, who was formerly Miss Mildred Rhodes, is now busily planning for a new home. As yet, Mr. and Mrs. Hall have made no definite arrangements but will probably be located permanently within a couple of months. At present they are at the W. H. Rhodes home.

Mrs. Kenneth Norton, formerly Janet Rockwell of Hornell, N. Y., is residing at the Tadousac apartments. Her plans include naught but "housekeeping" for the winter months, but society will claim her attention very much as this newcomer is one of the popular matrons of the younger set.

Mrs. Milo Gates, the former Virginia Offutt, will be prominent in many of the activities this season as she is interested in Junior league work and is also a member of the publicity committee of the Society of Fine Arts.

Mrs. Peters, who was Miss Marion Howe previous to her marriage, is well known as a pianist here and will devote her time to affairs of music during the winter. She is also interested in the Junior league and similar organizations.

Helen Parish To Wed October Eighth

Numbered among the October brides will be Miss Helen Parish, daughter of Mrs. John W. Parish. The marriage of Miss Parish to F. M. Russell of Lincoln, Neb., will be solemnized Saturday evening, October 8, at All Saints church. Miss Margaret Parish, sister of the bride-to-be, will be maid of honor. Other details of the wedding have not been completed as yet. Previous to her marriage Miss Parish will be honored at many prenuptial parties.

Attendant Chosen For Home Wedding

Miss Dorothy Balbach, fiancée of Dr. W. Edwin Davis, has chosen Miss Stella Robinson and Miss Ruth McCoy for her attendants at her wedding on September 20. Lieut. Arthur Davis will act as best man and little Mary Helen and Ellery Davis of Lincoln, niece and nephew of Dr. Davis, will strich the ribbons. The marriage will take place at the Balbach home, Rev. A. F. Ernst officiating. The ceremony will be followed by an informal reception.

School Girls Leave in Golden September

When the September sun gilds the willow goldenrod and lends its myriad of colors to the cosmos, school girls gather up their books and start off for universities and colleges. There will be an unusually large enrollment of Omaha girls at the University of Nebraska in Lincoln this season. Some are entering their freshman year; others are returning to continue their studies. On September 19 the campus at the university will find the following girls from our city tracing its winding pathways: Misses—Ellis F. Bradshaw, Genevieve Gallagher, Winifred Kerr, Rosalie Platner, Irene Maxwell, Lila Wyman, Marjorie Wyman, Son Schalek, Gladys Mickel, Frances Wahl, Mary E. Graham, Pauline Coad, Marguerite Falton, Mary Upe, Marcia Fullmer, Dorothy Payne, Pauline Burkett, Isabel Evans, Lois Thompson, Jewella Stone, Gertrude Broadwell, Mary Louie, Dorothy Pond, Arvilla Johnson, Margaret Wattles, Helen Walpole, Avera Loftman, Florence Price, Misses—Grace Bailey, Mary Thomas, Ethel Whalen, Elizabeth Condon, Geraldine Stubbins, Emily Ross, Bernice Meleyburg, Helen Stoltenberg, Mildred Walker, Mildred Rockwell, Sara Smeaton, Frances Foots, Mercedes Abbott, Cecile Fox, Helen Cain, Caroline Cain, Constance Farley, Mary Mann, Margaret McCandless, Betty Kennedy, Alice M. Turney, Dorothy East, Lucy Weir, Frances Hart, Ruth Miller, La Mona Mapp, Katherine Seely, Donna McDonald.

Whosoever Will May Come to Omaha's Social and Intellectual Feasts

A woman came to Omaha last winter from Chicago. Aside from her interesting family, she knew no one in the city. After two months here, she confided to one of her new friends that she had been hungry for a good lecture. "I am not lonesome, it isn't that," she said hesitatingly, "but a woman in her home feels keenly the need for contact with the outside world, particularly along the lines of literature and art." I had that contact in Chicago and feel acutely the lack of it here. "Why don't you join the Drama League?" the new friend suggested. "Drama league? You're joking! I've never been invited and know of no one who would think to ask me." "You don't need an invitation. The mere desire to attend the lectures and payment of a small seasonal fee makes you a member," was the reply. Within 24 hours that woman had joined the Drama League and Mrs. Henry S. McDonald, 5101 Nicholas street, treasurer, has already received three dollars from this Chicago newcomer, for her membership for this season. Tony Sarg and his Marionettes open the Drama League season, October 28. Mme. Marie Lydia Standish and Miss Gay Mac Laren and other numbers will appear later.

Democracy of Opportunity. This democracy of opportunity holds in the Omaha Society of Fine Arts, in the Omaha Woman's club, Tuesday Musical, (up to a limited membership), and in numerous other local organizations. Many of the most enjoyable social affairs of the city are on this good-will basis. Ak-Sar-Ben, with its brilliant annual ball, asks only that you be a loyal Nebraskan with a small bit of money, to become a member with all privileges. How Can One Small Evening Hold So Much? The dinner dance on September 15 for the Associated Charities is "all-Omaha" in its scope. For the price of a good meal, "whosoever will, may come." On this occasion, according to Mrs. F. L. Deveraux, publicity chairman, the Associated Charities are offering: The best dinner a famous chef can cook. Music by the Ralph Williams orchestra which makes Victor and Brunswick records. American Legion quartets and band. Dancing between courses on a new ball-room floor. A midnight rave by headliners at local playhouses that week. Sides by Mary Jordan, noted contralto of New York. Chance to buy candies, cigars, etc., while the horses and rattles from Omaha beauties in fantastic costumes. And so the wonder grows, that one small evening can carry all these joys. Mrs. J. J. McMullen, Harney 1222, is taking reservations. Tuesday Musical Year. The Tuesday Musical club season will open on the evening of October 13 when the Scotti opera company, Antonio Scotti, general director, will be presented at the Auditorium in a double bill, "L'Oracola" and "I Pagliacci." Erika Morini, the wonderful young violinist, is another attraction to be offered. Reinold Werrenrach, baritone, comes to the Brandeis the evening of January 19. Ossip Gabrilowitch, pianist, has been engaged for Sunday afternoon, February 12, Brandeis theater. Mme. Matzenauer, the great contralto, at the Auditorium on the evening of March 24 will bring the season to a close.

Social Merry-Go-Round

Sunday, September 4. Elizabeth Barker, evening tea for Margretha Grimmel and Dorothy Balbach, brides-to-be. Mr. and Mrs. John W. Welch, dinner at Lakoma club. Monday. Dr. George Boehler, dinner for Miss Grimmel and her fiancé, George Flack. Tuesday. Dr. and Mrs. Charles McMartin, dinner at Happy Hollow club. Mrs. Leonard Treator, luncheon for Miss Grimmel. Mr. and Mrs. Miles McFayden, dinner dance at Country club for Flack-Grimmel wedding party. Wednesday. Mrs. E. A. Wolcott, luncheon at Field club. Mrs. Charles Lathrop, tea for her daughters, Winifred and Lucile. Mrs. Ware Hall, luncheon for Louise Clarke, fiancée of Harkness Kountze. Mrs. George Engler, afternoon bridge for Miss Grimmel. Mrs. Morton Engelman, afternoon affair for Miss Jacey Allen, fiancée of Howard Dunham. Dorothy Belt, dinner for Kountze-Clarke wedding party. Marion Coad, dinner for Flack-Grimmel wedding party. Mrs. George Prinz, theater party for Kountze-Clarke wedding party. Thursday. Mrs. J. J. McMullen, tea for Miss Clarke. Mr. and Mrs. Luther Kountze, dinner followed by dancing party for Kountze-Clarke wedding party. Friday. Flack-Grimmel bridal dinner. Dorothy Judson, dinner for Kountze-Clarke wedding party. Mrs. R. Nile Booth and Mrs. Cecil Hitchens, afternoon party for Miss Jacey Allen. Saturday. William Latta, dinner for Kountze-Clarke wedding party. Mr. and Mrs. B. H. Dunham, dinner for Dunham-Allen wedding party. Flack-Grimmel wedding. Sunday, September 11. Ellison Vinsonhaker and Stewart Summers, picnic supper for Kountze-Clarke wedding party.