

Adelaide Kennerly
EDITOR

WOMAN'S SECTION OF THE BEE

Ella Fleishman
ASST. EDITOR

Spring Vegetables Here
From Louisiana Gardens

Spring vegetables are on the Omaha markets from the gardens of Louisiana. Nice fresh radishes, turnips, beets, carrots and onions are among them. String beans are another luxury that have appeared for the first time this spring. They also come from the gardens of Louisiana and at present sell for 35 cents a pound. Celery from Florida sells for 10 cents a stalk. Strawberries are 60 cents a box. Extra fine spinach is now here at 40 cents a peck. Cucumbers bring 20 cents each. New cabbage from the south, extra sound, fine heads, sell around 7 cents a pound. Cauliflower also is extra fine. It is down in price now, selling at 15 to 25 cents a head.

California asparagus also is somewhat cheaper, 50 cents a pound. Rhubarb, raised in hothouses and even in cellars, right around Omaha, sells at 15 cents a bunch. Tomatoes from the south are 40 cents a pound, which also is somewhat cheaper than they were a week ago. Oranges have soared in price in the last few weeks and the dealers have no good reason to offer. The crop was abundant and the oranges are plentiful. Yet some of them have gone up to \$1.20 a dozen. They are large and fine, but large and fine oranges a few weeks ago sold at just half that price. Apples are still plentiful, from the Pacific northwest, and the prices by the box or dozen have not advanced.

Of Interest to Women

There's a tremendous interest in Paris models that are arriving.

The old-fashioned polonaise comes back along with the Watteau plait.

Manteaux of varied-colored chiffons have no warmth, but much beauty.

First hats are small and turbanish; later hats will be large and floppish.

Fitted bodice and a skirt banded with ruchings form a pretty costume.

Grandmother's grenadine has returned to favor; bengaline is also good style.

The number of women automobile drivers in the United States is be-

lieved to have more than doubled the past year.

Baronette satin comes in exquisite paste tones and is queen of the satin weaves.

New Hindu turbans are composed of straw, jersey drawn through bone or ivory rings.

Novel peplums appear on new blouses; many are uneven and some are trimmed with fringes.

Women employed as chief operators with the United States army telephone unit in France will receive a salary of \$125 a month, together with the rations and quarters accorded to army nurses.

A Victory Dinner in One Dish

What a relief it would be once or twice in the week to have your whole dinner in one dish! Would it satisfy? Try these suggested by the United States food administration and see:

- DINNER I.
(Any Day but Tuesday.)
Potted Hominy and Beef.
DINNER II.
(Any Day, but Especially on Friday.)
Fish Chowder
With Cornmeal Bread.
DINNER III.
(Any Day.)
Fried Peas with Rice and Tomatoes.
Date Custard Cornsauce Pudding.
POTTED HOMINY AND BEEF.
2 T. fat. 2 c. carrots.
2 T. flour. 1/2 pound dried beef.
2 c. milk. 6 c. cooked hominy.
4 potatoes. 1 t. salt.

Melt the fat, stir in the flour, add the cold milk, and mix well. Cook until it thickens. Cut the potatoes and carrots in dice, mix all the materials in a baking dish, and bake for one hour.

- FISH CHOWDER.
3 pound fish. 1 quart sliced
4 T. drippings. 2 potatoes.
1 medium onion. 3 c. hot milk.
chopped fine.

Skin and bone the fish, and cut into inch cubes. Cover the bone and trimmings with cold water and let simmer for one-half hour. Cook the onion in the fat for five minutes, in a stew pan. Parboil the sliced potatoes for 5 minutes, then drain and add layers of fish and potatoes to the fat and onion in the stew pan. Season each layer with salt and pepper. Strain the liquor in which the fish bones have been cooking over all, and cook about 20 minutes until fish and potatoes are tender. Then add the scalded milk. If desired thicker, sprinkle a little cornmeal between each layer of fish and potatoes.

Mrs. Willard Straight Gets Camp Appointment



Mrs. Willard D. Straight, New York social and suffrage leader, has been appointed a member of the committee on the employment of women in military training camps. Mrs. Straight has been engaged in war work since the outbreak of hostilities and has been active in the Red Cross and Young Men's Christian association fund-raising campaigns. She will assist in investigating sociological conditions arising from the employment of women in the training camps.



How the men from Canada's prairies won immortal fame in Flanders when, outgunned and outnumbered, they, by sheer pluck and tenacity, threw back Germany's magnificently equipped hordes and saved the world.

"Holding the Line"

By SERGEANT HAROLD BALDWIN

This story of the war as a fighting man saw it is one to stir the blood; no effort of the novelist's imagination was ever so fascinating. It gives giant word pictures of battles and battlefields. It reveals modern army life in all its phases. It's the best personal narrative of the war yet written.

Price, \$1.50

AT ALL BOOKSTORES

A. C. McCLURG & CO., Publishers, CHICAGO

SATURDAY SPECIALS AT EMPRESS MARKET

- The Market Where Quality Prevails.
Seed Onions, per quart.....12 1/2c
Apples, size 175, per box.....\$1.89
Elkhorn, Cottage, Pet or Carnation Milk, 2 for.....25c
Tall Salmon, per can.....15c
Nebraska Potatoes, peck, 15 lbs., 22 1/2c
Red Globe Onions, per peck.....35c
Grapefruit, large ones, each.....4c
Cauliflower, per lb.....7 1/2c
Leaf Lettuce, 3 bunches.....10c
Head Lettuce, each.....7 1/2c
Meat Department
—per lb., at.....15c
Extra Lean Skinned Hams, lb.....27 1/2c
Sugar Cured Hams, lb.....22 1/2c
Extra Lean Bacon, lb.....41 1/2c
Sugar Cured Bacon, lb.....34 1/2c
Pork Neck Bone Spare Ribs, lb.....7 1/2c
—per lb., at.....15c
Steer Sirloin Steaks, lb.....22 1/2c
Steer Shoulder Steak, lb.....18 1/2c
Steer Boiling Beef, lb.....13 1/2c
Steer Pot Roast, lb.....17 1/2c
Home Made Hamburger or Pork Sausage
EMPRESS MARKET
113 South Sixteenth Street. Phone Douglas 2307.

Scores of Happy Children

Watch these weekly announcements to learn what Sunday Dessert will be. This week it's

St. Patrick's Special
Pistachio Ice Cream with Pistachio Nuts and Green Maraschino Cherries

another popular combination of



Use substitutes when cooking, and let us save the wheat. Substantial dishes can be made fit for all to eat; Enhance all those around you to learn to cook anew. Saving food for our allies, and our Sammies, too; United we shall win this war, let's hope it soon will be. Bringing joy to all our hearts, both here and over the sea. Somewhere in France there is fighting, our boys firm and brave, 'T is for us to make a sacrifice, for the situation is grave; Instead of knocking, and kicking, let us all dig in and be true To our own Stars and Stripes waving o'er us, the Red, the White and the Blue. Unparalleled chances for saving you will find if with us you trade, The Washington Market still handles the finest goods ever made. Every customer is satisfied, that the bargains they purchase are large, So follow the crowd and come with them; this is no camouflage.

- Shoulder Roast, per lb.....17 1/2c, 20c
Rump Roast, per lb.....20c
Prime Rib Roast of Beef, lb.....20c
Pork Tenderloin, per lb.....33 1/2c
Spare Ribs, per lb.....15c
Home Made Hamburger or Sausage, per lb., at.....17 1/2c
Pure Lard, per lb.....30c
Compound Lard, per lb.....25c
Sugar Cured Skinned Hams, half or whole —per lb., at.....28 1/2c
Sugar Cured Breakfast Bacon, lb.....34 1/2c
Boiling Beef, per lb.....12 1/2c
Tomatoes, per can.....10c
Extra Fancy Potatoes, peck.....20c
Leaf Lettuce, 3 bunches.....10c
Extra Fancy Head Lettuce, 2 bunches 15c
Red Globe Onions, 3 lbs.....10c
Extra Fancy Celery, stalk.....8c and 10c
Strictly Fresh Eggs, dozen.....35c
All Brands Creamery Butter, lb.....46c
Good Oleomargarine, lb.....25c
Extra Fancy Peaches or Plums, in syrup, 2 cans for.....25c
Kamo Soup, all flavors, 3 cans.....25c
Del Monte Ketchup, large bottles, per bottle, at.....25c
Ground Bone, for chickens, 6 lbs.....25c

"Visit Our Branch Market at the McCrory 5c and 10c Store in the Basement. Same Goods. Same Prices. Same Honest Weight."

WASHINGTON MARKET
1407 DOUGLAS ST. TEL. TYLER 470
THE MOST UP-TO-DATE AND SANITARY GROCERY AND MEAT MARKET IN THE MIDDLE WEST

One of the Largest Mail Order Houses in the Middle West. United States Food Administration License No. G-27634.

Saturday Specials at the New Public Market

- DELIVERIES ON \$5.00 AND OVER
PAY CASH—CARRY YOUR OWN PACKAGES AND HELP WIN THE WAR
Strictly Fresh Eggs, guaranteed, doz. 34c
No. 1 Creamery Butter, lb.....41 1/2c
Fancy Head Lettuce, per bunch.....5c, 7 1/2c
Sunkist Naval Oranges, dozen.....30c
Campbell's Assorted Soups, can.....10c
Jello, assorted flavors, 3 pkgs.....25c
Choice Medium Red Salmon, tall cans, per can.....17 1/2c
Sunshine American Mixed Cookies, per pound, at.....12 1/2c
PIC PORK LOINS, PER LB.....22 1/2c
Wisconsin Cream Cheese, lb.....30c
American Cream Cheese, lb.....30c
Gooch's Macaroni or Spaghetti, 8 pkgs. for.....25c
Oil Sardines, 4 for.....25c
Burnam and Morrell's Pork and Beans, per can, at.....15c
16c quality Corn, Peas or Tomatoes—per can, at.....11c
Carnation, Pet or Wilson's Milk, tall cans, 2 for.....25c
Fancy Celery, per bunch.....8c
Fancy Cauliflower, per lb.....7 1/2c
Fancy Grapefruit, large ones, each.....4c

- MEAT DEPARTMENT
Steer Sirloin Steak, lb.....22 1/2c
Steer Porterhouse, lb.....24 1/2c
Steer Pot Roast, lb.....18 1/2c
Steer Rib Roast, lb.....17 1/2c
Young Veal Roast, lb.....17 1/2c
Young Veal Stew, lb.....12 1/2c
Choice Lamb Stew, lb.....13 1/2c
Extra Lean Pic Pork Butts, lb.....24 1/2c
Extra Lean Skinned Hams, lb.....27 1/2c
Swift's Premium Regular Hams, lb.....31c
Extra Lean Bacon, lb.....41 1/2c
Sugar Cured Bacon, lb.....34 1/2c
Sugar Cured Hams, lb.....32 1/2c
Pork Neck Spare Ribs, lb.....7 1/2c

CANDY DEPARTMENT
Main Floor—Just Inside the Door
High Grade Assorted Chocolates; regular 60c value, Saturday, per pound.....39c

AT OUR SANITARY SODA FOUNTAIN
Will be found a complete menu covering dainty sandwiches, salads, hot and cold drinks, made doubly attractive by a quick, courteous, efficient service.

SEED DEPARTMENT
The Nebraska Seed Company
Another batch of big rose buds, each.....4c
Get a copy of our War Garden Plan—It's Free.

COFFEE DEPARTMENT
Highest Quality Old Crop Coffee
Hotel Blend, 35c per pound or 3 pounds for \$1.00

THE NEW PUBLIC MARKET
PHONE DOUG. 2793
Main Floor First Nat'l. Bank Building.

G-O-O-D every day

G-O-O-D every way

ITEN VICTORY SODA CRACKERS

small, dainty squares of tasty, flavory goodness made of 40% wheat-saving flours

At your grocer's 20c PER LB. At your grocer's

With plain tops for serving with milk or cream or half-and-half—for serving with fruit salads, cheese, etc. For use in puddings and other baked desserts.

With salted tops for serving with soups, stews, vegetable salads, cheese, etc. and for general soda cracker use. For crumbling and using in place of bread crumbs.

OTHER ITEN QUALITY WHEAT-SAVERS

For serving morning, noon or evening--
Iten Corn Crackers (1884 calories to lb.)
Iten Oatmeal Biscuit (1928 calories to lb.)
Iten Graham Biscuit (1980 calories to lb.)
Iten Scotch Bannocks (2833 calories to lb.)

No sugar required in serving any of these Iten Wheat-Savers, as they are sufficiently sweetened in baking.

For serving with soups, stews, etc.--
Iten Corn Dodgers (1830 calories to lb.) —small, square, salty.
Iten Liberty Wafers (1901 calories to lb.) —long, double, corn wafers, salty —also for serving with salads.
You can serve Iten Wheat-Savers at any meal, including all wheatless meals.

Your Grocer can supply you with I-ten Wheat-Savers Be sure to get the genuine I-ten Quality Products

BAKED AND GUARANTEED BY
Iten Biscuit Co. Snow White Bakeries
(REG. U. S. PAT. OFF.)
United States Food Administration License No. B-0414

BUY ANOTHER WAR SAVINGS STAMP

Farrell's A-1 NUT MARGARINE

Made from the delicious juice of cocoanuts, churned in pasteurized milk.

Contains no cow's butter or animal fats.

It cuts your butter bill almost in two!

If you could see the names of the people who are using this appetizing, wholesome spread for bread, the list would surprise you.

You'll be surprised, too, and PLEASED when you try it. It means economy and satisfaction.

Put Farrell's A-1 NUT MARGARINE on your table today. Save butter money.

Please be sure to ask for

Farrell's A-1 NUT MARGARINE

Made from Cocoanuts —look out for imitations.

At all dealers.

HARDING CREAM COMPANY
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