4-13

Directors of the Social Settlement

association will hold a board meeting

Miss Edna Durland will be leader

Y. W. C. A. Notes.

The Wegfaf ciub will hold an important meeting Friday evening at the Young Wo-men's Christian association. New plans will be discussed, supper to be served at 6:15.

The Bagabmis club will hold a regular

Camp Fire girls have started a movement to "adopt" Red Cross

nurses in Europe in the same way that

the soldiers have been "adopted." The nurse, many of them stationed near the firing line and remote from

cities and towns, will be supplied with

little necessities such as handkerchiefs,

towels, toilet articles, dainties for convalescents or whatever they need

UP DRINK GLASS

the skin pores do not absorb impuri-

ties into the blood, causing illness, while the bowel pores do. For every ounce of food and drink taken into the stomach, nearly an

ounce of waste material must be car-

ried out of the body. If this waste material is not eliminated day by day

it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment

to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of real hot water with a tea

spoonful of limestone phosphate in it,

which is a harmless way to wash these poisons, gases and toxins from

the stomach, liver kidneys and bowels; thus cleansing, sweetening

and freshening the entire alimentary canal before putting more food into

A quarter pound of limestone phos-phate costs but very little at the drug

store, but is sufficient to make any-one an enthusiast on inside-bathing.

Get a small bottle of Ely's Cream

Balm from your druggist now. Apply a little of this fragrant, antiseptic,

healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or

the stomach.

OPENS UP NOSTRILS

WHEN YOU WAKE

at the Young Women's Christian as-

sociation Wednesday at 10 a. m.

Wyche Story Tellers' League.

Crocker.

stories.

Social Settlement.

CLUBDOM

Monday-Omaha Woman's club, political and social science department, Metropolitan club, 2:30 p. m. All Saints' Red Cross auxiliary,

parish house, 9 a. m. Equal Franchise society, Y. W. C. A., 3:30 p. m.

Tuesday— Omaha Woman's club, public speaking department, 10 a. m.; current topics, 2 p. m.; psy-chology department, 4 p. m. Business Woman's council, Auditorium, 11:30 a. m. to 1:30 p. m. South Omaha Woman's club, Mrs. S. G. Shrigley, hostess, 2:30 p. m. Business Woman's club, Y. W. C.

A., 6:15 p. m. Wednesday-W. C. T. U., Francis Willard un-ion, Mrs. Charles Bauer, host-

ess, 2 p. m. Omaha Woman's club, Red Cross auxiliary, Baird building, 9 a. m.; art department, 10 a. m. Miller Park Mothers' circle, Red Cross auxiliary, 10 a. m.
Y. W. C. A. Athletic club, dinner party, Miss Dora Alexander, hostess, 6:30 p. m.
Begabmis club, Y. W. C. A., 6:15

Mrs. St. Clair Stobart, lecture for Serbian relief, Fontenelle, 8 p. m. Trinity Parish Aid, parish house,

10 p. m. W. C. T. U., Omaha union, Y. W. C. A., 2:15 p. m.

Thursday-Omaha Woman's club, music de-

partment, 2:30 p. m.
J. F. W. club, luncheon, Mrs.
Roger Holman, hostess, 1 p. m.
Association of Collegiate Alumnae, drama section, Mrs. Stephen Davies, hostess, 4 p. m.
Wyche Story Tellers' league, public library, 4:15 p. m.

Friday— Trinity Cathedral auxiliary of Episcopal church, parish house, Lowe Avenue church, missionary society, Mrs. A. R. Wells, hostess, 11 a. m.
Association of Collegiate Alumnae,

executive meeting, Fontenelle,

Collegiate of Collegiate Alumnae, general meeting, Fontenelle, 2:30 p. m.

ing of the political and social science department Monday at 2:30 p. m. in Metropolitan club. The speaker is one of the chairmen of the conservation committee of the Iowa Federation of Women's clubs. She is one of the organizers and first vice president of the Red Cross chapter of Hamilton Presbyterian church will be held Fri-

Dr. Selig Hecht, professor of chemistry at Craighton Medical college, will address the members and T. E. Brady will talk on exemption work, and will answer questions relative to this subject.

A study of Nebraska will be the feature of the meeting of the current feature of the school of the current feature of the school of the current feature of the meeting of the current feature of the afternoon study of the text, "An of the continued.

The society has decided to do Red Cross auxiliary meets feature of the school of the current feature of the school of the current feature of the afternoon study of the text, "An of the continued.

The society has decided to do Red Cross auxiliary meets feature of the school of the current feature of the school of the current feature of the school of the current feature of the meeting of the current feature of the school of th

A study of Nebraska will be the feature of the meeting of the current topics meeting at 2 p. m. Tuesday. The Bible study will consist of chapter 4 in the book of Mark.

A test of nearing will be given by Dr. D. E. Jenkins at the meeting of the physchology department at 4 p.

"TIZ" GLADDENS

SORE, TIRED FEET

No puffed-up, burning, tender,

aching feet-no corns

or callouses.

"Tiz" makes sore, burning, tired feet fairly dance with delight. Away go the aches and pains, the corns, callouses, blisters, bunions and chil-

"Tiz" draws out the acids and poi

"Tiz" draws out the acids and poisons that puff up your feet. No matter how hard you work, how long you dance, how far you walk, or how long you remain on your feet, "Tiz" brings restful foot comfort. "Tiz" is magical, grand, wonderful for tired, aching, swollen, smarting feet. Ah! how comfortable, how happy you feel. Your feet just tingle for joy; shoes never hurt or seem tight.

Get a 25-cent box of "Tiz" now from any druggist or department store. End foot torture forever—wear smaller shoes, keep your feet fresh, sweet and happy. Just think! a whole year's foot comfort for only 25 cents.—Advertisement

Women Organize for



Mrs. T.P. Reynolds

Largely the same organization as in the last campaign is the women's committee for the third Liberty loan committee for the third Liberty loan drive. Mrs. E. M. Fairfield is chairman; Mrs. T. P. Reynolds, Mrs. W. S. Blackwell and Mrs. E. M. Syfert, vice chairmen; Mrs. Luther Drake and Mrs. W. A. C. Johnson, treasurers, and the following complete the executive committee: Mesdames George A. Joslyn, John L. Kennedy and Frank W. Judson.

ian, will appear in costume. Henry Cox's string orchestra will give Mr. Cox's arrangement of Omaha tribal melodies. The little Misses Janice Jeffries and Lois Finck will give an

The religious pictures of Guido Reni and the works of Salvator Rosa will be studied by the art department Wednesday morning at 10 o'clock.

At the public speaking department at 10 a. m Tuesday there will be

readings and speeches made by the members for criticism by other members. Prof. Puls will be in charge.

Omaha Woman's Club.

Mrs. William C. Burleson of Webster City, Ia., will speak at the meet-

county, Iowa She will speak on her day at the home of Mrs. A. R. Wells, war work. Mr. and Mrs. Burleson are 3629 Lincoln boulevard. The hour of

O. B. Williams, Mrs. C. W. Haller and Mrs. J. P. Trimble will have charge of the sale. A specialty of home-made doughnuts will be made.

South Omaha Woman's Club. The annual meeting and election of

WHITE EAGLE'S Indian Oil, Known as

RATTLESNAKE OIL

of rheumatism, catarrh, hay fever, sore and swollen joints, stiff muscles,

all kinds of pain, croup and diph-theria, tonsilitis. Used by the Indians

for hundreds of years, and always been known for its great drawing

qualities. Won't blister, perfectly harmless, penetrates without rubbing. This great Oil will limber you up and

do away with your rheumatism and

pain. Just one application and your pain is gone. Will penetrate through the thickest of sole leather in a few seconds, and the only medicine of this

kind that has ever been placed in the market. Relief and a cure awaits you. Thousands of people will testify how they have been relieved and cured by this wonderful new Oil. It's a new version. Every bottle is guaranteed to give perfect satisfaction or money refunded. Sold by all druggists at 50 cents per bottle. Druggists supplied by Richardson Drug Co., Omaha, Neb.—Advertisement.

Win the War By Preparing the Land, Sowing the Seed and Produc-ing Bigger Crops.

The old Indian remedy for the cure

NEW SPRING MILLINERY

F. M. SCHADELL

1522 DOUGLAS STREET.

You are sure to find a hat that suits your ideas in these new spring styles. Your inspection invited.

Advance Showing of

talk by Miss Nellie Farnsworth. Mrs. A. C. Tennant will lead current topics discussion; Mrs.

Suffrage Organizations. A general meeting of the Equal Franchise society will be held Monday at 3:30 o'clock in the Young Men's Christian association. The third lecture in the series being given by Dr. Fred Morrow Fling on "Problems of the Peace Settlement," will be given Friday night in the court house on "The Hapsburg Monarchy and the Balkans."

Collegiate Alumnae Notes. The drama section of the Association of Collegiate Alumnae will meet

Thursday afternoon at the home of Mrs. Stephen Davies. Miss Helen Robinson will be leader for the after-The executive committee will meet Friday at 4 o'clock at the Fontenelle.

A general meeting of the association will be held Saturday at 2:30 in the Fontenelle. Miss Gladys Goodman will be host-

ess for the meeting of the Rockford college club Tuesday at 2:30 o'clock.

Business Women's Council. The council will meet in the Auditorium Tuesday noon. Luncheon will be served from 11:30 a. m. to 1:30 p. m. by the women of the Dundee Presbyterian church, Rev. F. E. Pamp of the Swedish Mission church will speak.

Social Clubs. Mrs. Roger Holman will be the hostess at a 1 o'clock luncheon for the J. F. W. club at her home on Thursday.

W. C. T. U. Meetings.
Omaha Women's Christian Temperance union will hold a business meeting Wednesday at 2:15 o'clock in the Young Women's Christian asso-

At the meeting of Frances Willard union at 2 p. m. Wednesday at the home of Mrs. Charles Bauer, 5310 North Twenty-fifth street, Mrs. George Covell will speak on "Franchise;" Mrs. H. C. Sumney will give a report of the national suffrage con-vention held in Washington this winter and the anti-suffrage petition in Nebraska, and Mrs. E. B. Cowle will explain what the ballot has done for Kansas.

At the mid-year executive meeting Church Societies.

Of the Woman's Christian Temperance union, which took place at Linregular meeting Wednesday morning coln February 20, state general officoln February 20, state general offi-cers, superintendents and county presidents from 50 counties in Nebraska were present. Decision was made to hold the state convention in Fremont. the last four days of September, Mrs.
Margaret Munns, national treasurer,
will be invited to be the speaker.
The support of the women will be

given to the suffrage association in the effort being made to retain partial suffrage.

In response from request from na-tional officers that prohibition states help sister states who are holding the guests while in Omaha of Mr. and the meeting is 11 a. m. and lunch campaigns this year, it was decided will be served by the committee. In that Nebraska give the aid of speaker,

Rev. Jacob Stopford of Hirst Me-morial Methodist church will conduct services at the Old People's home, Sunday at 3:30 o'clock.

The Red Cross auxiliary will meet Wednesday all day at the new Masonic temple. There is now room for 50 more women. Mrs. M. E. Miller is instructor.

A program of Indian music will be given Thursday at 2:30 p. m. by the music department. Mrs. Ray J. Abbott has the afternoon in charge. Miss bott has the afternoon in charge. Miss Nelle Ryan, Camp Fire Girls' guard
The annual meeting and election of officers will be held Tuesday at 2:30 o'clock at the home of Mrs. F. C. Shrigley, 3922 South Twenty-third street.

Benson Woman's Club.

The Wo North Side Mothers' club.

and Farnam, wishes to call the public's attention to the Chiropractic talk on Page 8-A.

from Head Colds. It's

Splendid!

In one minute your clogged nos-

CREAM FOR CATARRH

A New War Tax

Big, official-looking posters on school bulletin boards uniquely an-J. R. Cain will give a voca1 solo, Miss Alice Crocker a piano solo and an in-strumental solo will be given by the Misses Mildred Parks and Alice bond.

"War Tax on Letters of Your Name! Payable Thursday Evening at High School Auditorium. Three cents per letter's due, my

Please put in bag and bring or send." From the committee in charge there was supplied to each member of the school a tiny khaki-colored bag. This, filled according to the instrucat the meeting in the public library at 4:15 Thursday, The Misses Fannie Brown and Georgia Cline will tell time afterward.

When Mrs. Bridget Quinn of Confer, Pa., heard that the American munition factories needed human hair for making "some kind of rope," she promptly wrote to the war department at Washington offering to give her hair and that of her daughter to the government as a patriotic sacrifice.

Peruna I only weighed one hundred and fifty pounds. I cannot prize it too high, for I think it is a Godsend to me and I advise all sufferers to take Peruna. When I had taken about one-half of a bottle I could feel some relief, and by the time I had taken one dozen bottles I was well." Rev. W. O. Anderson of Calvary Bantist church will speak at the vesper services this afternoon at 4:30 o'clock. C. C. Lang will sing a solo. The Business Women's club meets Tuesday evening at the Young Women's Christian association for supper at 6:15. Colonel T. W. McCullough will speak on "Modern Journalism." A solo will be given by Miss Bess Watson. Miss Mabel Kendle is leader.

The number of American traveling saleswomen has already increased since the commencement of the war.

Miss Emma Neis has registered at Seattle for employment in Uncle Sam's service as a skilled shipyard

be served at 6:15. The Young Woman's Christian association has new French classes starting now. New classes in home nursing will begin as soon as enough registrations are in. A certificate from the Red Cross to those who successfully pass the examination in home nursing entitles the bearer to entrance to some of the Omaha hospitals, where practical training in nursing may be obtained. The Business Women's auxiliary to the Red Cross meets every Thursday evening Suggestion on Eczema The Business Women's auxiliary to the Red Cross meets every Thursday evening from 7 to 5 clock to make surgical dressings. Come and help. The Pleasant Hour Red Cross auxiliary meets every Thursday afternoon from 2 to 5 o'clock in the domestic science rooms of the Young Women's Christian association. All girls and women working in homes are urged to join. Miss Dora Alexander will entertain the Athletic club at supper Wednesday evening at 6:30 at her home, 611 South Thirty-sixth street. Register at the office by Tuesday.

It will take just a few moments to step in and ask us what our experience has been in the way of grateful custom with the soothing wash of oils, D. D. D. Soc, 60c and \$1.00. Your money back unless the first bottle relieves you. Ask

The Liquid Wash

Discovered Cure For Asthma

Kansas Chemist Discovered a Simp Home Remedy for Asthma and Makes a Generous Offer.

Wash the poisons and toxins from system before putting more food into atomach.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skip pores do not absorb impuris and address on a postal card will do,—Adv.

PE-RU-NA was a Godsend to

Me When All Other Efforts Failed

Mrs. C. E. Taylor, R. R. No. 1, Box 84, Dillon, S. C., writes:

"I suffered two years with catarrh of the head, stomach and bowels, and tried two of the best doctors. They tions on the invitations, constituted gave me up, they could not do me any the admission fee to a little patriotic good. After which I tried Peruna, program one evening and a jolly good immediately and now I can truthfully say that I time afterward. Peruna I only weighed one hundred

I Can Truthfully Say

That I

Those who object to liquid me cines can secure Peruna tablets.



YOU'RE LOOKING YOUNGER EVERY DAY, MOTHER

Gray, faded hair turned beautifully faded, dry, scraggly and thin, have a dark and lustrous almost over night, surprise awaiting them, because after is a reality, if you'll take the trouble just one application the gray hair to mix sage tea and sulphur, but vanishes and your locks become luxwhat's the use, you get a large bottle uriantly dark and beautiful. of the ready-to-use tonic, called "Wyeth's Sage and Sulphur Com-

whose hair is turning gray, becoming prevention of disease.—Adv.

pound" at drug stores here. Millions ed around, so get busy with the Sage of bottles of "Wyeth's" are sold an- and Sulphur tonight and you'll be nually, says a well-known druggist, amazed at your youthful appearance because it darkens the hair so naturally and evenly that no one can tell it has happened.

amazed at your youthful appearance and the real beauty and healthy condition of your hair within a few days. Inquiry at drug stores here shows that they all sell lots of "Wyeth's Sage You just dampen a sponge or soft and Sulphur" and the folks using it brush with Wyeth's Sage and Sulphur are enthusiastic. This preparation is and draw it through your hair, taking a delightful toliet requisite. It is not one small strand at a time. Those intended for the cure, mitigation or

ormer United States Senator Mason, Pioneer

in Pure Food and Drug Legislation, Father of Rural Free Delivery System Says Nuxated Iron

Increased His Power and Endurance so Much, That He Feels It Ought to Be Made Known to Every Nervous, Run-down, Anaemic Man, Woman and

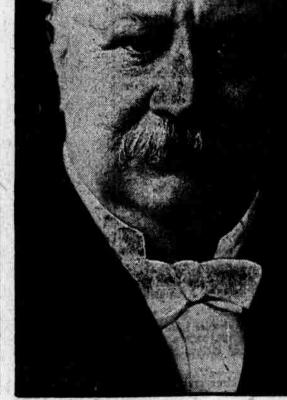
Opinions of Dr. Ferdinand King, New York Physician and Medical Author; Dr. James Francis Sullivan, formerly Physician of Bellevue Hospital (Outdoor Dept.) New York and the Westchester County Hospital; Former Health Commissioner Wm. R. Kerr, of the City of Chicago, and others.

What Senator Mason Says-

CHICAGO, ILL.

I have often said I would never recommend medicine of any kind. I believe that the doctor's place. However, after the hardest political cam-paign of my life, without a chance for a vacation, paign of my life, without a chance for a vacation, I had been starting to court every morning with that horrible tired feeling one cannot describe. I was advised to try Nuxated Iron. As a pioneer in the pure food and drug legislation, I was at first loath to try an advertised remedy, but after advising with my medical friends, I gave it a test. The results have been so beneficial in my own case, I made up my mind to let my friends know about it, and you are at liberty to publish this statement if you so desire. I am now 65 years of age and I so desire. I am now 65 years of age and I feel that a remedy which will build up the strength and increase the power of endurance of one at my age should be known to the world. Yours very truly,

Wiemason



Salts Fine for Aching Kidneys

Tells How to Get Quick Relief | night; your cold or catarrh will be

trils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at comes o quickly.—Adv.

the Back hurts

Most people forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate, them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive;

liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their kidneys clean, thus avoiding Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from while it is only trouble.—Adv.

bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their nervous energy in the strenuous strain of the great business competition of the day."

Former Health Commissioner Wm. R. Kerr, of the City of Chicago, says: "I have taken Nuxated Iron, which was used by Senator seribed and recommended above by physicians is not a seribed and recommended above by physicians is not a believe in overcoming kidney trouble while it is only trouble.—Adv.

Senator Mason's statement in regard to its health-giving and strength-building efit to my patients with most surprising and Nuxated Iron was shown to several physicians who were requested to give their opinions thereon.

It is health-giving and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with most surprising and strength-building efit to my patients with

Dr. Ferdinand King, a New York Physician and Medical Author, said: "I heartily endorse Senator Mason's, statement in regard to Nuxated Iron. There can be no vigorous iron men without iron. Pallor means ansemia. Ansemia means iron deficiency. The skin of ansemic men and women is pale: the flesh flabby: the muscles tack tone; the brain fags and the memory fails, and often they become weak, nervous, despondent and melancholy.

Dr. James Francis Sullivan, formerly Physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital, said, "Senator Mason is to be commended on handing out this statement on Nuxated Iron for public print. There are thousands of men and women who need a strength and blood builder but do not know what to take in my own opinion there is nothing better than organic iron—Nuxated Iron—for enriching the blood and helping to increase the strength and endurance of men and women who burn up too rapidly their nervous energy in the strenuous strain of the great business competition of the day."

fare I feel it my duty to make known the results of its use. I am well past my three-score years, and I want to say that I believe my own great physical sctivity is largely due today to my personal use of Nuxated Iron. From my own experience with Nuxated Iron I feel it is such a valuable remedy that it ought to be used in every hospital and prescribed by every physician in this country."

Dr. E. Sauer, a Boston physician who has studied abroad and in great European Medical institutions, said: "Senator Mason is right. As I have said a hundred times over I regard organic iron as the greatest of all strength builders.

Iron is absolutely necessary to enable your blood to change your food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly tooking, just like a plant trying to grow in a soil deficient in iron."

Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elisabeth's Hospital, New York City, said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given NOTE—Nuxated iron, which was used by Senator Mason with substraining results, and which is prescribed and recommended above by physicians is not a scoret remedy, but one which is well known to druggists everywhere. Unlike the older inorganic tron products, it is easily assimilated and does not injure the teeth, make them black nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money. It is dispensed by Sherman a MacConnell Drug Co., and all good druggists.—Advertisement.

From the Congressional Directory published by the United States Government—
"Wm. E. Mason, Senator from Illinois, was elected to the 50th Congress in 1887, to the 51st Congress in 1891—elected for the 52d Congress, 1892—elected Senator to the 55th Congress, 1897 to 1903." tor to the 55th Congress, 1897 to 1903."

Senator Mason is now Congressman from the State of Illinois.

Senator Mason's championship of Pure Food and Drug legislation, his fight for the rural free delivery system and his strong advocacy of all bills favoring labor and the rights of the masses as against trusts and combines makes him a national figure at Washington and endeared him to the hearts of the working man and the great masses of people throughout the United States. Senator Mason has the distinction of being one of the really big men of the nation. His atrong endorsement of Nuxated Iron must convince any intelligent thinking reader that it must be a preparation of very great merit and one which the Senator feels is boun to be of great value to the masses of people everywhere, otherwise he could not afford to lend his name to it, especially after his strong advocacy of pure food and druga legislation.

We eat too much meat which clogs Kidneys, then

To get the very best results take

Dr. Humphreys' "Seventy-seven" at the first sneeze or shiver. that hang on-Grip. All Drug Stores.

When Buying Advertised Goods Say You Read of Them in The Bee