

Health Hints :- Fashions :- Woman's Work :- Household Topics

The Finest Man in the World

By ADA PATTERSON.

He is so faithful that in all the world there is but one woman to him: The woman of his choice—with memories of his mother.

He is so indifferent to all other women save this one that his women acquaintances complain that he passes them on the street without recognition, a fact that fills the one woman with pervasive and continual joy.

He is so strong in mind and body and character that he is afraid of no man in the world. He never trembles for his job. He never lies to get himself out of a tight place. He is so strong in the might of right that he will not be afraid to die, nor make his accounting to the great Judge.

He has a sense of responsibility so strong that he is careful about making a promise, and, having given it, he will keep it though the sky crashes down upon him.

He is so tender that I have seen his eyes blaze at an affront to a woman, a harsh word to a child, and I saw him shake as he might a snarling puppy, a man who was beating a horse.

He is so considerate that when he swears he steps outside the house and directs his profanity at the elements. He never makes use of his family as a safety valve for his temper.

He is so brave that he never needs to lie. It is the coward who lies. The coward lies because he is afraid to tell the truth.

He is liberal, but he is sane enough not to be a spendthrift. He is a hard worker, but his sensibilities are not dulled by routine. He is cheerful, but does not afflict his companions with insane jokes or with those strolchlike called puns.

He is a money maker, but not a money worshipper. He does not bow down to the dollar, but keeps enough dollars jangling in his pockets for practical purposes.

He is firm, but not stubborn. He hesitates not a second to say, "I was wrong."

He is so free from usual masculine vanity that if a woman flatters him he is embarrassed.

He is so clever that he sees through her to the reasons for the flattery.

He respects the good in women and ignores the bad, but he does not over-emphasize the woman element in his life.

He is self-reliant, but not selfish. He has been proven that he begins more sentences with "What would you like?" than "I want."

This character is such that a woman can rest her head upon it as she rests her head upon a pillow. The rock of ages kind of man that every woman seeks, and in whom every woman's heart would find rest.

I knew him once, for a few minutes—in a dream.

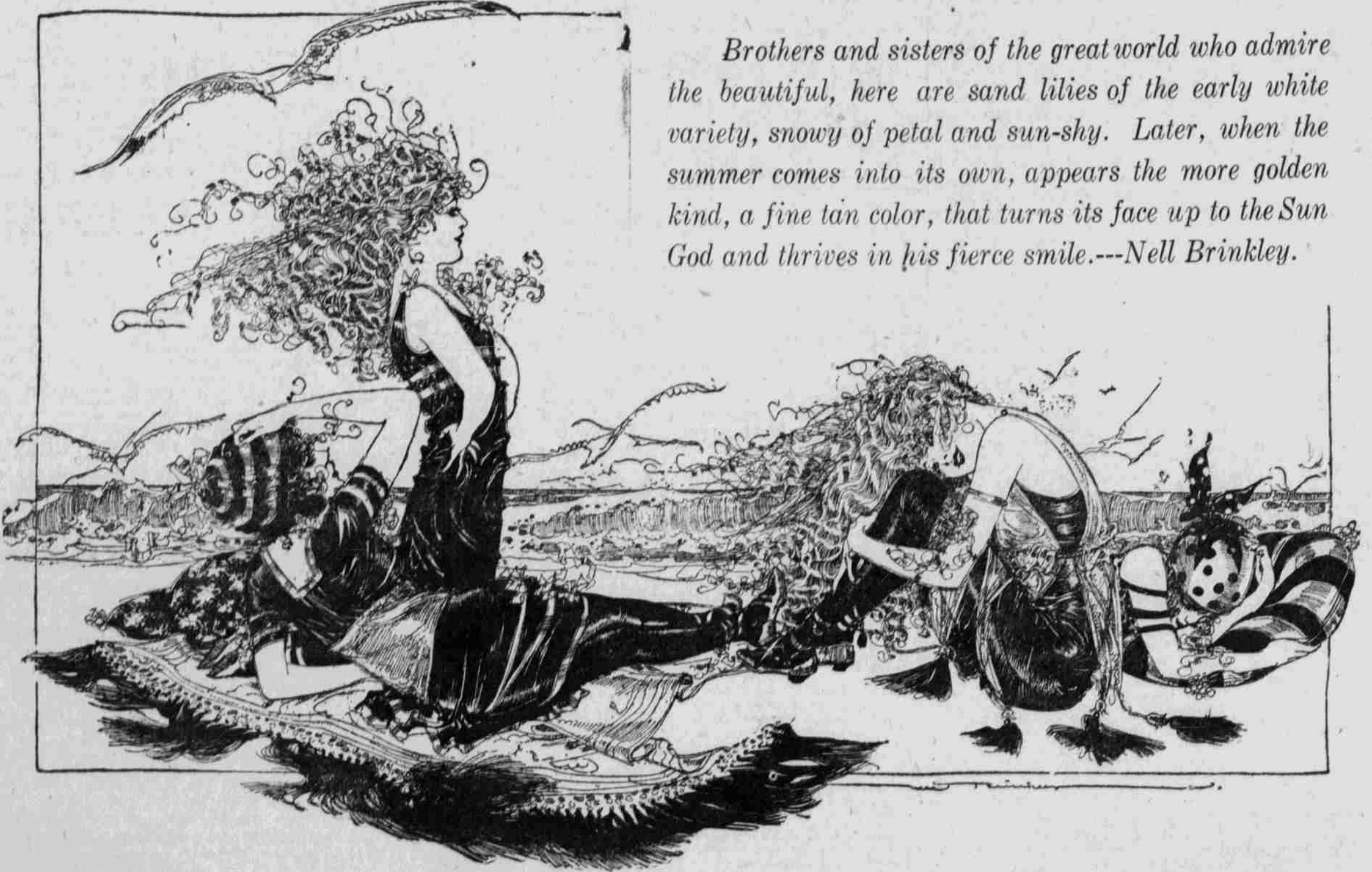
Sand Lilies

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By Nell Brinkley



Brothers and sisters of the great world who admire the beautiful, here are sand lilies of the early white variety, snowy of petal and sun-shy. Later, when the summer comes into its own, appears the more golden kind, a fine tan color, that turns its face up to the Sun God and thrives in his fierce smile.—Nell Brinkley.

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Our Wonder World

The incendiary bomb used by the Germans as a rule is conical, of ten-inch diameter at the base, wrapped round with tawed rope, and having a metal handle at the apex. The base is a flat cap, onto which a pierced metal funnel is fitted, having the ignition device and handle fitted at the top. The funnel is generally filled with thermite. The latter upon ignition generates intense heat, and by the time of the concussion has taken the form of molten metal, having the extraordinary high temperature of over 5,000 degrees Fahrenheit. The molten metal is spread by the concussion. Outside the funnel is a padding of a highly inflammable or resinous material, bound on with an inflammable form of rope. The resinous material creates a pungent smoke. There is generally some melted white phosphorus in the bottom of the can, which develops noxious fumes. In some cases celluloid chippings are added, and occasionally a little gasoline.

A writer in the French scientific journal, *Comptes Rendus*, states that sugar has a decided restraining effect when added to a photographic developer, and possesses some advantages over potassium bromide. He states that the time of development of a normal hydrominon developer of 100 cubic centimeters was increased from five seconds to five minutes by the addition of six grammes of sugar without fogging the clear parts of the plate or injuring the quality of the black deposit. Smaller quantities of sugar were found to produce correspondingly smaller increments in the time of development.

Madagascar pink beryl or morganite, discovered in its perfection during last year, differs from other beryls in that it fluoresces an intense cherry red when exposed to Röntgen rays. It is found in magnificent gems weighing from one to 10 carats each, and is of a beautiful brilliant rose color of wonderful freedom from flaws. It is the rarest pink gem that has been found in large gems, rivaling pink tourmaline and pink topaz.

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Cultivate a Big Spirit If You'd Do Big Things--Eliminate Personal Jealousies

By ELLA WHEELER WILCOX.

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If you are big, broad and generous, those qualities will be illustrated in your achievements.

Whoever and whatever we are, we owe that to our Creator and to ourselves that we be "worth while," and if we possess many gifts, or taste which can be developed into gifts, in the world of art, still higher is our obligation to the lords of Karma.

I hold it the duty of one who is gifted and royally dowered in all men's sight to know no rest till his life is lifted wholly up to his great gift's height.

He must mold the man into rare completeness.

For genius are set only in gold refined. He must fashion his thoughts into perfect sweetness.

And cast out folly and pride from his mind.

For he who drinks from a god's gold chalice.

Of art or music or rhythmic song Must sift from his soul the chaff of malice.

And weed from his heart the roots of wrong.

Great gifts should be worn like a crown befitting.

And not like gems on a beggar's hands, And the soul must be constant and unremitting.

Which lifts up the king to the crown's demands.

Whatever you are doing today and however great your ambition, begin to look for something to praise in the work of others traveling along the same road. When you have found the thing to praise, speak of it. Be quick with your words of praise and slow with your words of criticism. This will lead you along an ascending path toward high goals.

Advice to Lovelorn
By Beatrice Fairfax.

Don't Be Bold.

Dear Miss Fairfax: I have two men friends, both of whom I like very much. One is an officer on a liner in a South American port, and the other is a young man here. He seems to be very nice. Do you think it proper to ask the officer whether his attentions mean more than friendship? Of the two I prefer him.

MAILBOX 10.

Even if it is long your masculine human nature remains unchanged. But if you wish to write to this officer and tell him in a quiet, dignified way of the other man's request and add a question as to whether your answer means anything to him, you might try it. The result is likely to be the loss of your correspondent's interest, since most men have a fixed preference for doing their own writing.

Abiding by the Rules.

Dear Miss Fairfax: Why do you think it necessary for a chairman in announcing an engaged couple when taking a "bride" to be together?

Do you imagine a couple spending their vacation "visiting relatives" or "the usual sort of the usual" with a "week or two" unaccompanied?

DAN E.

Don't take a successful attitude toward the world's women. Most social relations are engaged to all-care based on practical common sense and have been tried out and proved the only safe and sane working basis. The world of work-disapproval, a situation which looks promising for the appearance of a girl in a line a man should avoid for the woman he loves about as invariably as evil itself. When a young couple are engaged to be married, the only wise thing for them to do is to conduct themselves as if they are above criticism. If they take tips together without chapters they subject themselves to needless criticism, and it is very foolish for them not to maintain more dignity and reserve until they are married. Visiting friends is another matter, since the host and hostess themselves are chapters.

Are Kisses Necessaries or Luxuries?

It seems to be quite right to assume that where kissing is not a necessity it is a luxury. So if any young man sees a pretty girl in the street and kisses her, as young men sometimes do, and is arrested for it, as young men sometimes are, and has to pay a fine, he cannot grumble, for most luxuries have to be paid for.

Of course, it depends upon who is kissed. Kisses exchanged between girls seem to be neither necessities nor luxuries. They are certainly not luxuries, or they would not be taken with such nonchalance. They seem to come under the heading of "Coals to Newcastle," and are not hastily termed by young men, "A waste of good material." It is said that there are sufficient kisses wasted yearly by young women on one another, on pet dogs, cats and babies to make half the bachelors in the world deliciously happy for a month.

The luxury of a kiss lies in the person kissed, at least, so it is supposed. This is not altogether right. The pretty face of a nice girl always attracts the kisser, and such pretty faces have won elections and made money for church fairs by bartending kisses. But there is no luxury in such kisses. One must first be specially interested in the girl; a kiss on the cheek must raise a blush to be enjoyed, and a kiss on the lips must feel an answering pressure.

Experts say that one-sided kissing hasn't much flavor, and that a girl who does not know how to kiss will never be attractive to a man until she learns.

Kisses that are expected to be magnetic in this way do not seem to come within the category of either luxuries or necessities. Ben Jonson says: "A soft lip would tempt you to eternity of kissing," which proves that there is a charm in kissing alone, and doubtless it is this charm which makes kissing so popular.

Man is a bold creature and must be daring in all he does. Kissing is one of his faults, and if he can take something from a girl, especially a pretty girl, he prefers to take that something from "under her very nose." Some lips tempt a man out of himself, and these have come to be known as belonging to "a kissable mouth." That they may never lose their favor, is the bachelor's wish.

The love kiss may be among a host of other light and careless ones. It may come under the mischievous, be stolen in a dark corner, or solemnly given with vows of faith.

The love's kiss is one of the outward demonstrations of the heart's affection. It varies as love does, and serves to reward the kiss and fall, the weakness, or strength of a passion. With distillation the kiss becomes cold and the lover finds it difficult to keep up a show of affection. The happily married pair never cease to kiss as fondly as in their courting days.

There is a general standard of kissing beyond this distinction of begonia and succession. Different people set a different value on a kiss, and the value they set depends on how the person is brought up and the position she has had regarding the kiss.

Some girls place as high a value on their kisses as to reserve them only for the man whom they are to marry, and deny him access to them until after the proposal. This, according to the prevalent, is quite correct, the first kiss being bestowed when the kiss gives the husband in his arms after the proposal.

Woman Regarded as a Puzzle by Mankind

By DOROTHY DIX.

When the Lord made man he took all the contradictory human characteristics that he had left over and jumbled them together and made woman out of them.

A woman is of frailer physique than man, yet she can stand ten times as much suffering.

She is afraid of a mouse, but she will climb up on an operating table with a smile on her face, knowing she is going to be cut to pieces and that death waits for her at every scratch of the knife.

The sight of a suffering dog turns her faint with pity, but she voluntarily faces the agony of crucifixion in motherhood. She has hysterics if her seamstress ruins a new shirtwaist, but she meets ruin with the calm courage of a hero.

She could not walk five miles on a pleasure tramp, but she can break the long endurance pedestrian record in walking a sick baby.

She may look as innocent as a cooing babe, yet be as worldly wise as scheming as Hecy Sharp.

She may appear to be a three-ply idiot, yet be a Solomon in petticoats.

She may love a man well enough to die for him, yet nag him so that she makes him wish he was dead.

She will do everything on earth to make her husband happy, except the one thing that would make him happy.

She strives to make home pleasant for her family, but she will never let them do what they like in it if she can help herself.

She is strong for the truth, but she wants her husband to lie to her about her growing more beautiful every year, and how miserable he was when he went on a pleasure trip.

She believes in justice, except where her own children are concerned.

She keeps no books and has no budget and runs a house hill or mis financially, but she does it for about half what the most accomplished financier could.

She will pay \$5 for a hat without turning a hair, then have fits over a 10-cent luncheon check.

She gives millions to foreign missions, but withholds the tip from a poor daisy waitress.

She will be filled with compassion for the oppressed in foreign lands, yet work her own mind fourteen hours a day.

She may be a noble Christian woman, yet treat a daughter-in-law of a neighboring town with more savage cruelty than a red Indian would show in torturing an enemy to death.

She can believe anything she wants to believe, and disbelieve anything she doesn't want to believe.

She can see through a millionaire, as he is as blind as a bat at all.

She is never happy unless she is miserable.

Her idea of having a real good time is to try on the bosom of a sympathetic friend, and she waxes three thousand times fragrant to bright and cheery play.

Her ideal of a perfect husband is a man who remembers the time he first met her, and the day he proposed to her, and her birthday and wedding anniversaries, and if he will send her violeta on those occasions he may serve her the balance of the time, and she'll still think she made a great match.

The idea of a lost husband is a man who merely works like a slave to support his family and never pays her any compliments.

No man ever guessed the odds that he will ever find a woman. Providence never intended that he should. Otherwise there would be no more marriages, for if the man's curiosity about women (and he's a man to know his sex in the matter,

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Do You Know That

Light restores vision?

A clean mouth is essential to good health?

Physical training is essential to the foundation of adult health?

The United States Public Health Service issues publications on hygiene and sanitation for free distribution?

Isolation is the most efficient means of controlling typhoid?

Headache is Nature's warning that the human machine is running badly?

Dietary may kill thousands—how'tens of thousands?

Obesity increases longevity?