Good Things for the Table---Offerings of the Market---Household Hints

In the Delineator. "My kitchen floor shows every spot. What can I do to make it more easily an imported grade which comes six feet cared for?" wrote a young housekeeper the other day. She went on to explain that the floor was of maple and had been filled in with bolled linseed oil, and that it was almost impossible to get grease spots out after they once got in. Her query carried me back to the early

days of my own housekeeping, when I was doing my own work and spending many weary hours each week trying to keep my kitchen floor immaculate. It also was of hard wood, a good grade of edge-grain pine, and looked very nice with the smart varnish finish which it had when we first took possessaion. The varnish soon wore off, and the grease spots began to appear. My struggles with the kitchen floor were my first initiation into the difficulties of house

Effort Wasted on Floors.

As I look back now over the wasted human labor spent cleaning that kitchen floor for three years, I feel that we really lost money by trying to save money, so I wrote to the young housekeeper that she would find it well worth while to cover the maple floor with lineleum. As her kitchen was small she could get a good grade in the size she

Of course, if she had known this before her new kitchen was built, the floor could have been made of a less expensive material than maple. Any durable, strong wood, evenly laid, makes a good foundation for the linoleum, therefore by saving money on the foundation flooring one can have the surface covered at very little extra expense

It is important to have the floor evenly laid and planed smooth, so that there will be no ridges under the surface of the linoleum to make it wear out. It is also desirable to have the closets and pantries opening off the kitchen covered in the same way, as they also receive

Very often one moves into a rented house with a large kitchen of irregular outlines, and it seems an impossible expense to spend the money to buy a covering for so large a room. In that case, do not make the mistake of buying an inferior grade of linoleum, or using oilcloth, as experience proves that only the best grade of inlaid lipoleum will stand hard and continuous service.

Mark Off a Border. A better plan is to mark off a border around the edge of the kitchen floor, twelve to eighteen inches wide, and treat it just as you would a border around any rug. Then buy a square or oblong piece of lineleum for the center. By doing this under such conditions you gain in several ways:

First, the lineleum rug costs much less than it would cost to cover the whole floor with this material. Second, you save the expense of having the linoleum fitted to the outline of the

room and laid by an expert. Third, the rug can be taken up when you move, and, if carefully handled, will he ready for your next kitchen.

Precautions in Buying Linoleum Inlaid linoleum comes six feet wide and six feet six inches long, a fact one must take into consideration in planning the size of a rug if one wants to avoid waste. By making the border of the wood around the rug a little wider, one can select a size of rug that cuts to advantage-a piece six by nine feet, for instance, or six and one-half by four and one-half

Omaha is being supplied with vegeta-)

les now, some of which come 2,000 miles. There is a succulent and palate-tempting

list of vegetables which are here from the sunny climes of the Pacific coast

Fresh radishes you can have, and string

beans and tomatoes and egg plant. They all have been brought from Florida.

the Omaha market, too. They come,

also, from Florida and retail at 45 cents

Rhubarb is plentiful and comes from

the gardens of California. Celery and

cauliflower are on the market, too, from

New onions, crisp and succulent, are

here from Louisians. From that state,

come also, carrots, beats, turnips, paraley,

Fruits are plentiful, especially the cit-

Pork is plentiful, and bacon and hams

are especially nice, both being thick and

they come only from Council Bluffs.

both from Florida and California.

winesaps with shining skins.

Strawberries have made their debut on

and the warm southern states.

California.

spinach and endives.

Best Kitchen Floor :-: The Problem Solved After Much Experience. ::: best grade. The standard price for inlaid I show the dust, and it will be much easier

inoleum is \$1.50 and \$1.60 a square yard for the six-foot-wide grade, and \$1.75 for six inches wide. Such lineleums, with are, will often last for twenty years. It sometimes happens that one can get remnants of the standard grades, or a piece from a pattern that is being closed or two if the rooms get hard wear. ut at a lower tigure. This is an opportunity to be appreciated, but it is not

safe to take advantage of a linoleum sale unless one is a good judge of quality, or one knows the dealer to be re-It can readily be seen that it is adsolled.

visable, in ordering linoleum which is to be fitted to the outline of the room, to have the firm which is to fill the order take their own measurements. They can then be held responsible if any mistake is made in cutting. The cost of cutting had laying line-

leum includes the taking of measurements, cutting the linoleum to fit the outlines of the room, allowing the right amount for "stretching" after the material is laid, and a third trip two or three weeks later to tack it in position, or coment the edges,

Very often the dealer will give an estimate for this work, but in other cases he will quote a price by the hour, as it dition by using floor oil. Luke-worth is very difficult to estimate exactly the water and scapsuds are preferable to any ength of time that the work will require. If lineleum is to be laid on old floors

down. As we explained before, ridges lifht buff or bluish gray, will not easily or uneven places will cause the linoleum to wear in spots. Very often in country places the mer

sent to lay the linoleum are fairly skillful, and have the right tools to do the work, but do not know the best method of making the edges water-tight. It is therefore well to ask them to follow out the following simple directions:

Just above the edges of the lineleum, ably, where it joins the baseboard, have a strip of half-inch quarter-round molding acked to the edge of the baseboard. This covers the edges all around the room and allows for the stretching of the lineleum.

If the surface of the linoleum is treated to a thin coat of white shellac as soon as it is laid, the pores will be filled and the surface will be much easier to wipe up. If this is done, and the lineleum allowed to dry overnight, it will not need hard scrubbings to keep clean, but can be wiped up with a damp cloth two or three times a week, or every other day, and will always look nice. Once a week a little soap may be used in the water, but this will only be necessary when mud or dirt is tracked in. Be careful not to use too wet a cloth

so that water is allowed to get under edges that are pierced or outside edges. This causes a linoleum to wear out, If one prefers to wax the surface, one may do that; but keeping a waxed surface clean in the kitchen is more work under most conditions that just wiping

it up with clear water. Old floors that are too uneven to cover painted with two coats of a good grade eye into water, winking when the eye in the manner I have suggested may be of deck paint. Before this is done all is full. The speck will probably float out. cracks in the floor should first be make a very good winter dessert. A cleaned of all dirt and then gone over with shellac, followed with crack filler, if the floor is a poor grade of soft wood the entire surface should first be gone over with two coats of shellac. This will help very much in making the paint wear. Much of this work may be done by any member of the family who is handy with the putty knife and paint

wearing quality whether you get the | Select a color of paint that does not

y the meal planner.

tickle the taste.

Tempting Eatables from Far-

to keep looking nice. Protect the places that get the most wear with small rugs. A painted floor can have worn spots retouched without doing over the whole floor. A painted floor is easily wiped up and pleasant to stand on. The paint must, however, he renewed every year

If hardwood floors are badly spotted and dirty the best way to clean them is wiping up with gasoline. Moiston a clean piece of cheese-cloth with gasoline and rub the surface of the floor vigorously with the moistened cheese-cloth, changing the cloth as soon as it becomes much

olled.

If the floor is not very dirty there are emmercial preparations of fluid which both clean and polish.

If a very high polish is required this treatment should be followed by an application of the regular prepared floorwax. Two applications a year of this floor-wax is usually sufficient.

If gasoline is used in wiping up the floors it is wise to have the windows open in order to create a strong draft. No open lights or fires should be in the room or close to it when the gasoline is being used. A painted floor cannot be kept in con-

cleaning fluid. Use a mild neutral soap in making the it is very important to have these planed suds, in order not to affect the paint. A off evenly before the covering is put floor painted a neutral color, such as show the dust.

Household Suggestions

A teaspoonful of powdered borax added to the water in which clothes are rinsed will be found to whiten them consider-

outwears the cheaper one, but is much

If a boot or shoe pinches, damp spenge with very hot water and hold it over the part that hurts. The leather will expand and so afford relief. People who feel the cold very much

should see that their beds are provided with ample covers and a hotwater bottle before attempting to sleep. Paraffin oil is excellent for watercroofing kitchen floors, Apply it cold

with a soft rag and it will dry instantly. Put white washable skirts on to their stiff inside belts by means of a strip of anappers and there will be no beits crumpled and ruined in the washing. Almost any cereal is good with dates stirred into it and the whole served with cream. The dates should first be well washed, dried and chopped.

To remove fruit stains from cloths and napkins apply powdered starch and leave for several hours until the mark has been absorbed by the starch.

When you get anything in your eye do not rub it, but if possible plunge the



Talk about light,

fluffy, tempting and wholesome Jelly Rolls,

Cakes, Biscuits and other good things! My! but

BAKING POWDER

certainly beats the band

for sure results - for

purity, economy and wholesome bakings.

Tell your mother to try

Calumet Baking Pow-

der on the money-back

odred Highest Awards New Coal Book Frar-

guarantee.

See Slip in Found Can

HADE BY THE TRU

Oysters direct from the great oyster market, Baltimore, are plentiful and fine, The war hasn't entirely stopped the importation of real Swiss and Requefort and some other foreign cheeses, aithough Light the prices are a little higher than they were a year or two ago. And there are a dozen kinds of domestic cheeses to Asa Feather"

In-Shoots

Fresh fish is on the Omaha market in abundance. Halibut and salmon are es-

pecially abundant, and herring is so

plentiful that it sells at 7 cents. Omaba herring come chiefly from Lake Superior.

Catfish and smelts are also to be secured

selling now at 35 cents a quart.

Mushrooms are also plentiful now, but The mills of the gods seldom shut down for repairs. When the habitual liar attempts to tell

rus family. Great big grape fruit from the truth he usually bungles. Florida, and navel oranges of all sizes, One brand of bore always follows a good story by telling a dull one. Even a few malaga grapes are still lin-

Occasionally the mayor of the town has to do the boosting single-handed. Apples are here in great variety, coming principally from the orchards of the Love is not only blind, but seems to be north Pacific coast-big yellow fellows unable to detect a gin breath of long of the golden family with just a dash of standing.

"rust" on their blond skins, and compact Occasionally the man who gets beyond his financial depth is able to awim out-Fiss are of fine quality, and dates are abundant, but not often.

It is astonishing how meek some of Beef, say the meat men, has never been these real devilish married men are when finer in flavor than it is just now. This

wifey is in hearing. is said to be due to the fact that the Anyhow, the short skirt enables the farmers had so much green corn to feed lady with curved legs to display the and the cattle have been fed right up courage of her convictions.

Another brand of diplomat is the fel low who can shoot honeyed words while entertaining vinegar thoughts.

Keep your teeth as you would have them keep you - healthy and whole. Three times a day use

Send 2c stamp today for a generous trial package to I. W. Lyon & Sons, Inc., 577 W. 27th St., N.Y. City Fashion Hints



By LA BACONTEUSE. A one-pieced frock of white serge proves an interesting item. Black velvet the skirt. A white corded girdle and proper consistency to roll. Place on a one egg yolk.

trims the collar and outfs. A taffeta-There is poor economy in buying cheap ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the princess line in proper consistence of the ping where it meets the ping where it meets the ping where it meets the ping where the ping where it meets the ping where it meets the ping where the ping where it meets the ping where the ping where it meets the ping where the ping faced reverse collar opens in front, laplarge self buttons are finishing details.

proud of the quality

Swift's Premium Oleomargarine



-that is why we put it up in plainly printed cartons.

Buy it for what it is-

> A wholesome, economical food product

Made by Swift & Company Chicago, U.S. A.

Specially Dainty Dishes for the St. Valentine's Day Dinner Table

Two dozen oysters, one pint cold water, on a greased pancake griddle Turn utes. Chop oysters fine and put them in a atewpan with water; boil five minutes; strain and season with salt and pepper. Cut the pimentos in the shape of tiny hearts, and drop in soup just before The boulton should be served hot with tiny heart-shaped croutons or

BAKED HEART. One caif's heart, one onion, two sweet red peppers, two cupfuls state bread in pieces, one tablespoonful melted drip-pings, salt and pepper, one egg.

Soak and wash the heart. Cut out all the touch muscles from the center of it. then boll in salted water until tender. Soak bread in cold water and squeeze dry. Season to taste and add melted fat. Chop onion and red peppers fine and add to bread. Mix thoroughly and add the egg, slightly beaten. Stuff the heart as soon as it is slightly cooled, itoast for one hour in hot oven, basting several times with melted butter or drippings. Serve on a mat of cress, garnished with "hearts and darts" of beet pickle.

AMBROSIA CAKE IN HEART SHAPE. One cupful butter, two cupfuls sugar, one-half cupful milk, two cupfuls flour, two tenspoonfuls baking powder, three

Cream butter and sugar together, add milk and sugar beaten separately. Lastly add flour sifted twice with basing pow-Bake in layers in heart-shaped pans or round pans and cut in heart shapes afterward. Put layers together with the following filling:

ST. VALENTINE'S POTATOES. One cupful cold mashed potatoes, sait, flour, one egg.

Add well besten egg to potatoes. Salt

One cupful grated cocoanut, one egg, one-half pint whipped cream, one-half cupful sugar, grated rind of one orange. Mix all together and put between layers of cake. Frost carefully and orna-

LOYERS KNOTS. Two eggs, one cupful sugar, pinch of sait, flour, one cupful milk, one teaspoon-ful nutmeg extract, one teaspoonful powdered cinnamon, powdered sugar, one tablespoonful butter.

Mix eggs, sugar, salt, milk and butter with enough sifted flour, to which nutboard and roll about half an inch thick. Cut with a lover's knot cutter; drop into and add cinnomon and vanilla. smoking fat, and brown; drain on blot- briskly two minutes. Serve with whipped ting-paper, roll in powdered augur, and

One cupful butter, two cupfuls powdered sugar, one cupful milk, three cupfuls flour (measure after sifting), two teaspoonfuls baking powder, one cupful chopped peacan meats, one cupful chopped peacan meats, one cupful chopped raisins, one cupful thinly sliced citron, orange extract, six eggs.

Rub butter and sugar to a cream. Add milk and egg volks one of the seas will be builted.

milk and egg yolks one at a time, stir in flour sifted with baking powder, and add nuts, raisine and citron, then flavoring, and last of all fold in the egg whites beaten stiff. Bake in a loaf. When cold cover with white icing; place hearts cut from pink fondant on top and sides.

CUPID'S DARTS. Three tablespoonfuls grated cheese, three tablespoonfuls flour, cayenne pepper, one tablespoonful melted butter, sait: one-half teaspoonful lemon juice,

board and roll about one-third of an Mix all together, roll thin, and cut in Journal,

HEART SANDWICHES.

Remove crusts from bread, cut in the form of hearts and spread between two of them a mixture composed of finely minced nut meats, chicken and pimentos, mixed into a paste with mayonnaise. ment with roses made of candied cherries | Press closely together and tie each with

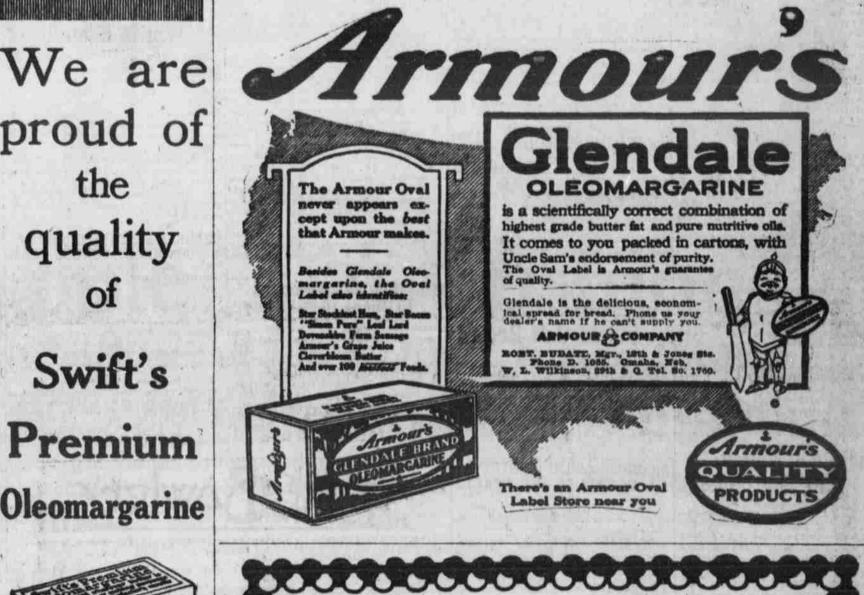
FIVE O'CLOCK COCOA.

Three tablespoonfuls cocca, one-fourth cupful sugar, three-fourths of a cupful boiling water, a few grains sait, four supfuls milk, one-half teaspoonful cinaamon.

Scald milk. Mix cocos, sugar and salt meg and cinnamon have been added to adding enough boiling water to make a form a smooth dough. Place on a biscuit smooth paste; add remaining water and boil one minute: pour into scalded milk

Mrs. Rice is dead at the St. Paul City hospital, and just as she passed away a letter was received by the St. Paul police which may clear up the mystery of the son's disappearance.

The letter was from Wilfred Hoult of Penns Grove, N. J., who had read the story of the mother's long wait for her oy. Hoult says he believes he can tell omething about the man's whereabouts. The father still is living in St. Paul and a daughter lives in England,-Minneapolis



There's One Hotel In the World With This Policy—



EVERY ROOM -NO HIGHER

500 rooms with private bath or private toilet. Every room with outside light and air.

Fort Dearborn Hotel Chicago

First high-class hotel in the world to fix one price on all its rooms.

La Salle Street at Van Buren near everything that brings you to Chicago