

"But all lost things are in the angels' keeping, Love;

Skin to General Health

You are a tiny, gray mouse that may slip through the crack of light that lies like a yellow sword on the threshold under the door, . The queer man who bachelors there year in and year out in a kind of cheerful loneliness sits at his big, shining table under the warm circle of his lamp. The people who know him and smile at his crabbed smile know that he adds his bills there and reads old Ben Jonson and the war news and certain books of limericks that sing of the "Coast of Coromandel, Where the Early Pumpkins Blow," there; and wraps up his Christmas packages with Santa Clauses stuck on the corners there; that he reads and pens his business letters there. But who but the gray mouse knows that he brings out sometimes a faded old plush album and, unfolding its yellowing

leaves with gentle fingers, opens his heart wide there on the dark old table top?

Who knows that the ghosts come there? Lovely ghosts from the springtime of the wintry old man's life? But you, the gray mouse with tiny, black, bright eyes know that the winter stream dreams under the ice! Out of the pages of the old book as he turns look quaint faces above odd clothes of a long-gone time.

A dark, frightened baby girl in a plaid basque-tiny pantalettes.

and candy stockings with the stripes running round. A sedate boy with a sweet mouth and an old man's tie and his dark hair brushed away from his face like a girl's. A pale, pretty woman with shiny hair and buttons and a haunting something speak-

Busybodies of Life---

No past is dead for us, but only sleeping, Love.

ing in her face in the language of kinship to the live old one bending above hers. And-then a face! A mocking, lovely, girl face, all ringlets and flowers and drooping shoulders, with the page that holds her worn with fingering. Her shining tintype looks out and up around the broken fan that was hers. The old man fingers the silken cord that holds its ring. A packet of brownish letters, with careful, shaded writing growing dim across the face of them, re-flects their faded blue binding-ribbons in the pool of the table. And you, little gray mouse, in a warm corner, ponder on the silent and smiling white memory that turns the pages for him thereafter; also you ponder on the glitter that lies on the meager cheek of the warmly smiling old man. ____NELL BRINKLEY.

whether they are conscious of unconaclous of it.

Difference Between Types Being helpful is another matter. It needed. It means answering a cry for theart. She was a managing young feels the necessity of getting some one The consciousness of power over others woman and stood out essinat all of her She imagined she was actuated by a and indifferent place.

Between "playing Providence" and being callously indifferent to the needs

of others there is a tremendous field of sympathy and helpful kindness. "Playing Providence" is the sort of thing that patronisingly takes a square per out of

Sister glossed over the whole altuation a square hole where it is comfortably and neglect to consider just how welcome and, with a feeling of nobility, engineered enscenced, and insists on whitiling it a marriage which the boy would never down to fit a round hole a notch or two

It means manufacturing discontent for

helplessness that makes them parasites, lending a helping hand to some one who has sat all his life in an invalid chair, who wants to walk and yet does not know guite how to take the first step means giving aid where aid is honestly alone. It means aid, comfort and the benefit of greater wisdom and advice. assistance and letting some one who It means being guide, counsellor and friend. It never means leading some one else's opinion or of having their doubt- | whom you have blindfolded or dragging fulness bolstered up a bit recognize the some one forward in long strides when fact that the world is not a totally cold they have a capacity for taking short steps alone. Feeling that you are a lady bountiful

to a heaven-like arbiter of destinies may be rather pleasant for you-but it is miserably unfair to any one else concerned Don't be guilty of it. "Playing Provitence" is just play-acting to yourself; it is pretending that you are a noble,

unselfish helper, when in, reality you are just a self-centered boss quite like the child who "won't play" unless it can be president.



Week

Don't Suffer Longer

and allow yourself to become grouchy, upset, nervous and depressed. These conditions usually indicate a disordered digestive system, which, if neglected, may be hard to remedy. Remove the disturbing element and put your digestive organs in good working order by taking



They gently stimulate the liver, act on the bowels, tone the stomach-purify the blood and regulate the system. These benefits are particularly marked by women at such times when nature makes special demands upon their vitality. They act promptly and safely.

The next time you feel low-spirited and out of sorts, take Beecham's Pills. Their sure, mild, thorough action will



By WOODS HUTCHINSON, M. D. by one eminent expert, referring to the mon origin of the two organs, that the skin seemed to wake up as the brain

Part I. wanted to go to sleep. The delicate and sensitive surface of The remedy, of course, for this annoyour bodies was originally a free, wild ance is, first of all, looser, better fitting, thing rejoicing in its liberty, but we have more porous clothing, particularly underreduced it to a cramping and at times wear, and generally rather less of it. galling captivity. More exercise in the open air is also

Importance of Care of

The skin was born for the open air, or. useful, because this both increases the primarily, to be more correct, for open amount of perspiration and consequently ater, and to choke and strap and gag of oil deposited upon the skin, and beand mummity it as we do by our con-ventional clothing is a good deal of a elastic, so that it will not react unpleascause it tones up the skin and keeps it strain on it. antly to these changes of tension and

However, it is wonderfully good-natured and acommodating and adjusts itself to its daily prison remarkably well. But its patience has limits, and it simply

Household Suggestions cannot resist the temptation, when its. bandages are thrown off, its straitjacket To wash brushes and combs put a lossened. Its pores open to the air and

even a moderate amount of light allowed teaspoonful of aminonia in a basin of to reach it by the throwing off of our daily harness at night, to kick up its down in it, letting the comb remain in This little reaction from pressure and after rinsing in cold water both brushes and comba will be perfectly all the grease will disappear, and after rinsing in cold water both brushes and comba will be perfectly all the grease will neels and rejoice as a work horse does the water for a few minutes. In this

pressure.

blood into it and a complete change of When cleaning a carpet peel a pound tension in the millions of delicate end of potatoes, scrape them, stir the pulp in organs and nerve bulbs scattered all over its surface, for the most part gives a pail of water, and strain. Wring out the cloth in the water and rub the carus only an agreeable glow, a sense of reaxation and relief; but in extreme cases pet, rinsing the cloth as soon as it is solled. Do not tread on the carpet until it is exaggerated into tickling and itching is quite dry and burning.

In a perfectly healthy, well lubricated To clean gold lace, crumble a piece of skin this glow and reaction will not go bread without crust and mix with beyond pleasurable bounds; but in a enough jeweler's rouge to color it. Rub skin which has been either too tightly this on the lace with a piece of flannel confined and preased upon or is lacking and finally with a piece of velvet. in elasticity; or has little tendency to

When a tag comes off a boot or shoe shortage in natural face cream, these ttacks of discomfort will occur. ace press a little melted black sealing 50 marked and constant is this change of the laws of dermatology that it is one diseases, accompanied by itching or burn-ing, also worse at also wax around the end of the lace and

ing, are worse at night and particularly Mildew on leather may be removed just after getting warm in bed, so that with a little pure vaseline. Rub this into troublesome sleepleseness is often the the leather till guite absorbed, and then penalty of their victims. carefully polish with a clean chamois In fast, it was picturesquely remarked | leather

brings the most exquisite joy to any people for what she considered very beauhuman being. To be able to regulate tiful and noble reasons. other people's lives seems a very desirable position to most of us. Of course, all beautiful sentiment of desire to make life is managed on this basis from the in- others happy. She fancied she was the

stitution of an emperor down to that of one person who could give the point of a political boss. view of her 24-year-old brother and the But most of us do not recognize the girl her whole family deemed rather an tyranny in our own natures for just what adventuress. it is. We call ourselves philanthropists

By BEATRICE FAIRFAX.

our philanthropy is. I know a girl who took her stand have put through by himself. Two years higher up in the world. against her own family and assisted her proved it disastrous And like disaster



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City Blate