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The Bee's Home Magazine Page

Three Answers

By JANE MILEAN.

What is life? The minstrel plays it On a reed of sweetest strain: "Life is song, that wakes to music Joy or grief or depths of pain. Nature trills it in her bird calls, Croons it in 'her tuneful rain.'

What if life? The mystic sees it In his crystal: "Life is fate Lurking just around the corner, Coming early, coming late. Laws are fixed and fate is changeless: Watch the stars and dream and walt."

What is life? The man who lived it Gives his answer, and he saith: Life is love, a hand that beckons Through the dusk, a long drawn breath And a kiss whose warmth we carry Lingering with us into death.

The Bargain Counter of Life

By BEATRICE FAIRFAX.

All through life most of us accept substitutes for the things we really want. We justify ourselves to ourselves by saying that we can't have what we want, and so we might as well take the next best thing. We fill up our minds and hearts with idle vanities and feed our souls on empty shells-and excuse ourselves by saying we do this in order to attain contentment. What we really do attain is litered up and uncless lives from which opportunity is shut because there is no room for her-and from which growth is excluded because, we force an unnatural development.

There are some of life's gifts for which there is no possible substitute. For love there can be none. Nor for honest work. Wruth and honor, and high ideals, and friendship, and appreciation of beauty, and religion, and ambition, and a humorous conception of one's place in the universe, coupled with a same sense of responsibility, must be in every life that is to be fine, and big, and constructive, and happy. Nothing else will take their place. There is nothing "just as good" as sympathy and understanding-nothing else will equip you for love or friendship -nothing else will make you so lovable or so worth living with.

No one can cheat you but you, yourlearn. self. You never have to accept substi-Eleanor, who loves Dick and is not tutes for the things you really want; you loved by him is not cut off from all never have to take the next best thing love unless she hastily marries a man instead of your own high desire. Then for whom she does not care. why do you do it? Because you are too Impatient to wait for the consummation of your desires; because you are too much a doubter to believe life will give **Editorial for Women** you the opportunity to attain what you long for; because you are too ready and willing to take the opinion of any one as to what is a worthy ambition "Old Wives for New." instead of holding to your own conception of it; finally, because you are too. lazy to work for the fulfliment of your **Mental Concentration** ambitions or too easy-going and weak-By DOROTHY DIX. willed to formulate clear ambitions-for As an Asset any of these four reasons, you take the Is a woman of 15 too old to interest first thing that chances to be offered inhor 55-year-old husband? stead of striving and struggling for what A dentist in New York City says that you really want, and what your nature she is. He has foreaken his wife for a By CHARLES F. THWING, LL.D. little peaches-and-cream girl, and he ex-Consider the case of poor, abused love. cuses himself by asserting that his wife How many women marry the man they is too old for him, yet they are both President Western Reserve University, love-or any one of the dozen or so men the same age. Cleveland, Ohio. somewhere in the world who might come Of course in cases of errant fancy one Mental concentration is a finiting, up to their ideal? Eleanor adores Dick. excuse is about as good as another, and quickening and vitalizing of all the Dick marries Lucille. Promptly then any old reason goes for a man wander- forces of reason devoted to a single end. Eleanor rushes into an engagement with ing from his own firealde, but, in reality, It is thinking to a point. It is summon-Robert and marries him partly because the question of whether a middle-aged ing knowledge to ald thinking, demand-she is sfraid of an empty life, partly to woman is older than a middle-aged man ing thinking to enlarge one's reasoning, prove to the people who might suspect is one purely of temperament. The rec- requiring reasoning to arouse feeling and her of an unreciprocated affection for ord in the family Bible has nothing to commanding feeling to hold the will reso-Dick that they are wrong, partly to show do with the case, for there are both men lute. Its foes are diffuseness, discursive-Dick that she is attractive to some man and women who are senile in the cradie, ness and indolence. Diffuseness is the and partly because she craves love and and children at 70, playfulness of intellectual youthtfulness. It cannot be denied that the general Indoience is a mental indifference which imagines that she is getting "something impression prevails that a woman is may or may not be recreative, older and less attractive at a given age The support of mental concer just as good," or the next best thing to The support of mental concentration what she really wanted. What happens? Eleanor has no love than a man is. Perhaps this was true in are enthusiasm, interest, desire for achievement, health, strength of will. cheats herself; she denies herself and dren, had few domestic conveniences. Mental concentration needs all natural the man whose greatest mistake and worked like galley slaves in their homes, buttresses. For the mind, at almost crime is nothing worse than loving where and when they had little education and every stage, likes to wander. It prefers he cannot inspire love, a chance at real no outside interest to keep their minds the picturesque to the logical, the emohappiness. If Eleanor had waited, a love stimulated. Under such conditions women tional to the rational, the passive to the scenter than the fancied or real one she faded early and became atrophied both laborious. felt for Dick might have come into her in soul and body. The will is, however, to nail the mind life. She might have found contentment But such is not the case in these days, close and hard down to its thought. The in work. She would have left open for when life has been made soft and easy heart is to prompt the mind to rejoice herself a chance at happiness. But no! for most women, when the care of their in definiteness or fixedness, even if it be Blindly and quickly she must seize upon persons has become a religion with them. hard for a time. The conscience is to be the next best thing to what she really and when the average woman reads more, convinced that only by close devotion wanted. And with the image of one man travels more and studies more than her can worthy results be secured. Health in her heart she cannot make herself husband does because she has more time is to be amply sufficient to fill up all happy with or give happiness to another. and opportunity. the exhaustions made by long continued As men get slong toward middle life For love there is no substitute love. intellectual processes. Take the case of ambition. Suppose they are apt to slump. They grow care-you long to be a great singer. Suppose less about their personal appearance. In such a concentration the mind finds forces of which it had not been conscious. you have the equipment in ability and They hate to dress up. They narrow down It seems often to create new forces. It emperament and even opportunity-pro- to a few interests and have little conraises itself to the nth degree of power. cern about any subjects other than their vided you will work and earn and deserve It gets its second wind. Its slow-moving But the road is long and hard and business, the stock market and politics. feet become wings. means deprivations and difficulties to Worse still, in only too many cases, they It runs with the chariots, not with the become egotists who will talk of nothing be overcome. The goal is far away, Right footmen, and it does not become weary. at hand lies a certain competence in a but themselves. The spirit of the very gods seems to fill As a woman approaches middle life she chance to sell insurance. You take the its being. Its sight becomes insight. It easy path of salesmanship, although in is in such deadly fear of being shelved calls out the intellectual reserves. your heart there is one great vision that that she puts forth every effort to make discovers the truth of the remark of Wilblots out everything but the one thing- herself agreeable and attractive. She liam James that each of us has redreases as well as she possibly can, she fear of work. sources of which he does not dream. You have assurance that you could joins study clubs, she keeps up with Under the force of mental concentrahardly fail as a singer-provided you every movement and can talk on any tion great achievements are consumwould work. But you are lasy. You as- subject. More than that, she cultivates sure yourself that an artistic career is tact and adaptability, and studiously Its lack spells inefficiency and mated. fallure. Its possession is victory. Thus James Russell Lowell wrote his poems. uncertain at best and you become a seeks to make herself agreeable, for well mediocre salesman (who will never have she knows that the feminine Tommie Thus Lord Kelvin made his great disto starve, it is true) but, who, with heart | Tucker must sing for her supper coveries and inventions in many diverse and interest centered elsewhere, will be The truth is age has gone out of fashfields of human effort. Thus the greatest of modern states achieved. Of Glad-

In-Shoots

No want ad ever found a lost reputa-

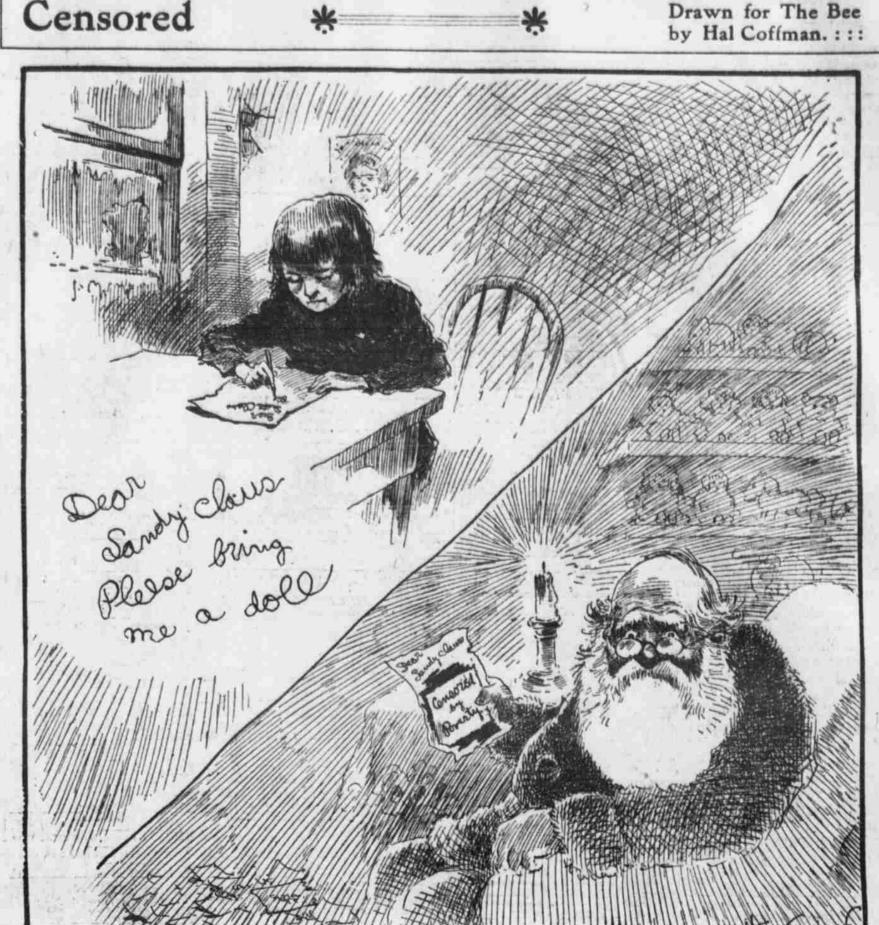
tion where by going through a quick routine every day, by making the motions of attending to business you can manage to get on. Will this profit you anything? Most decidely not. You may make a living and keep a foothold on earth. But you won't grow. Your power to meet and cope with situations will not be cultivated. You will simply putter along at your task.

For love and ambition and work-for any of the big realities of life there is nothing "just as good."

I don't believe in idle repining. If you long for a college education and posittvely cannot nianage to get it, don't whine-don't sit around and feel that life is empty. Get an education. It may not be the one you wanted, it may not be just as good. Don't offer it to yourself as a substitute-but set about learning all the things you want to know. Find out what it is you want to learn and learn it.

It won't matter much whether you get your education in college halls or at night school-or out of a course of reading at home. The name doesn't count. The point-get what you want-an education. Don't just fill up your life with humdrum interests and try to forget that you wanted to ge to college. It was to learn you desired. Well then you can





will do more to increase your hapthought when niness and efficiency and lengthen your There was nobody like him when it came hours what it took any other man six-to difficult business, for bending his item to do, and he worked sixteen hours common this. Nor was it mere methania possibly take. And when you return laden argosy, that genius alone does all. years that Giadstone could do in four in office in the times that our story is to difficult business, for bending his teen to do, and he worked sixteen hours common thie. Nor was it mere mechanic thanks for it, don't forget to mention the whole strength to it, like a mighty archer a day. industry; it was hard labor, exact, strenname of Trudeau in your prayers. When I came to know him long years uous, engrossing, rigorous, stringing a stiff bow."

Drawn for The Bee

Dr. Trudeau's

Eternal

Monument

Part II.

By Woods Hutchinson, A. M., M. D.

What single influence has had half the

weight in the improvement of housing

and living conditions than the fear of

What influence has played a larger

part in the splendid movement for in-dustrial hygiene and improving the fac-

tory conditions of the hours of work, and the wages of the real people of any

What influence has donn more to let the sunlight and the fresh air and health and scientific common sense into

our schoolrooms and systems of education? Over five hundred open-air schools

scattered all over the country form one of the noblest and most lasting monu-

Not that Trudeau was the only or the

He did not invent the open-air treat-

ment. That was done by one John Beard

of Sutton-Coldfield, in the north of Eng-

land, systematized and worked out with

the wonderful adaptive and practical

faculty of the Teutonic mind, by Brehmer

and Dettweller, and from them received

by Trudeau. But he was the great ex-

emplifier, the only man that had the

courage of his convictions on a large

When skeptics scouted our revolution

ary idea that cold air could possibly be

good for lung trouble, we pointed to the

north woods and said: "But look what

When he first went up into the Adiron

dacks to try the open air as the last des-

perate chance for his own life, there was

not a single sanatorium or institution in

the country for the open-air cure of con-

At his death, thirty years later, there

were 575 of such sanitoriums and hospi-

tals, with a capacity of 35,000 beds, all

more or less frankly modeled after Sara-

nac Lake, besides 40 dispensaries solely

for tuberculosis, with more than 1,000

physicians and over 4,000 nurses devoted

wholly to the treatment and cure of the

disease along open-air lines. Now we demand fresh air in the bed-

room, fresh air in the office and store,

fresh air in the factory, fresh air on street cars and trains. And although

our practice lags considerably behind our

theory, we are headed in the right direc-

Get the open-air habit in the summer,

ecause then it is easiest and most agree-

up all winter. Feed yourself to match

the appetite which it will give you, and

Stick to it in the fall and keep it

results Trudeau is getting."

tuberculosis has had?

ountry, the workers?

ments of Trudeau's fame.

scale

sumption

able.

ablest worker in this great field.

most unlikely to climb to any position of ion with women. Nobody knows how old responsibility in your company. And all Ann is, but the one certain thing is that your life you aneak away to hear great she is as young as her husband.

tion

singers and rouse yourself with a start from dreams of what might have been if you had been willing to wait and work And now for work-the saving grace of humanity. Is there anything "just as good" as that? Is a "cinch" or a "shap"

or a dishonest get-rich-quick scheme of a life of idle luxury gained through ac ident of birth or in some mercenary way to be compared with it? The only

next heat thing" to work is-more work. We can always discover the taints on There is nothing "just as good" as a the other fellow's money. chance to make a place for yourself in It is not often that a wife can please the world or to prove your shilling and

strength and fine mentality. her husband and her mother-in-law at Suppose you drift into some occupa- the same time.

stone, Moriey says (Life i. 196): "He was never very ready to talk about himself. but when asked what he regarded as his master secret, he always said, 'Concen-

tration. "Sisckness of mind, vacuity of mind, the wheels of the mind revolving without biting the rails of the subject were insupportable. Such habits were of the family of faintheartedness, which he abhorred. Steady practice of instant, fixed, effectual attention was the key alike to his rapidity of approhension and to his

