# The Bees Home Magazine Dage 




| An unusual blouse for $\$ 8$ made to Individual measurement. This attractive blouse requires two and a halt yards of white batiste ( $\$ 1.25$ ), a half yard of colored batiste for vest and buttons ( 25 cents), and tinen buttons and moulds ( 11 cents). | $A$ eolored cording of batiste may outline the collar, eaulettes and euffis of this bathete blouse costing 88. For it are required two and a halt yards of bettate ( $\$ 1.25$ ), half a yard of colored batiate ( 25 cents), and buttons (10 cents). | A blouse of striped handkerchiet linen made to individual measuremente oosts 98. It requires two and a half yards of atriped material ( $\$ 2.13$ ), one yard of plain linen for collar, cutfs, tle and bands ( 75 cents) and oue- eighth of a yard of batiste ( 15 obnts) for veet. |
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## The Goddess <br> The Most Imposing Motion Picture Serial and Story Ever Created <br> Reed It Here-See It at the Movies



## Freedom from Food Follies

should come with Summer vegetables and fruit combined with a whole wheat cereal. Cut out the heavy, high-proteid foods of Winter and give Nature a chance. The ideal Summer diet is

## Shredded Wheat

with fresh fruits and green vegetables-a food that clears the cob-webs from the brain-box and gives muscular vim and energy that enable a man or woman to do things. All the body-building material in the whole wheat made digestible by steam-cooking,
shredding and baking. shredding and baking. ready-to-serve, Shredded Wheat is a boon to the tired housekeeper in Summer. Get the "health habit" by eating it for, breakfast with milk or cream. Then try it for supper with sliced bananas, berries or fresh fruits.

The Shredded Wheat Company Ningera Falls, N, Y.

