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Worry as a Wrinkle Maker

Charming Elsie Ferguson Thinks Modern Women Deliberately Sacrifice Their Beauty

By ELSIE FERGUSON. (The Beentiful Star Now Playing in

"Outcast.")

What is beauty without success and a sonstant feeling that one is of use in the world? After all, life is what we make It, and worth comes essentially from within, but it is what we take from our environment that really makes the biggest difference. Women of today are forgetting that of all things in the world that should be lightly put maide, the little things, the petty worries, are the troubles that should be dealt with as trivial matters, and of course these are just the very things that must be greatly exaggerated.

Modern women are petty and fretful; they have the countless tiny wrinkles of worries that might have been avoided engraved upon their countenances. They are small in their conception of life, the tigger finer possibilities have no interest for them. They fritter their lives and their looks away in a valn worry about things that frequently never happen at all, and in consequence miss the opportunity to recognize worth of any kind in other people.

We have heard of people who have so small an opinion of themselves that they cannot conceive of anything noble in another. Many women of today are that way: they judge everybody by the narrow standard they have laid out for themselves, and it is really not their fault when after a time is becomes impossible for them to see beyond a certain limit. I don't think that people realize how much harm a thing like this can mean te people at large. Everybody suffers from it, and this small conception of ille is much more prevalent among women among men.

One runs up against women of this type everywhere. They come to the theater expecting to be amused; they never take into account the fact that the actor or upon the stage has a certain amount of nervous strain, and that many of us do our best work when we are secure in the knowledge that we have a sympathetic audience. Instead, they come and sit in the front rows and boxes and make almost audible comments on what is going on. I say that there should be coration; the world of women should he run on this basis: women should be less petty, less self-centered, more selfcontrolled, as most of our men are.

There are countless women made unhappy simply through the selfishness of other women who will not stop to think; there are hundreds of women today ruin-ing not only their chances of happiness but their chances of good looks. There should be a balance, so that every person may have a fair chance, a word of ennt occasionally, rather than a feeling that there is no room on the earth for any save the wealthy and influential.



The versatile Elsie Ferguson, from her latest photograph.

cont.

him happy.

tween the girl who has had the things

she desired and the girl who has never

had them narrows itself down to the old

one of human experience, and the reason

they have never yet loarned that a

By LAURA RINGSTON.

Woman's natural mission in this world

woman is a human being.

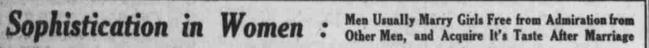


Stevenson, the well beloved. One of the principal reasons why I have been able to do good work is because I. have always kept on close, churnny, erms with at least one good horse.

was the world's first schoolmaster and

But the fellow who stole it offered it the world's first scientist. He taught for \$100 and got "pinched" for attempt-

school out of doors, and all of his pupils ing to sell a "snide" painting. I Leonardo attributed much of his bub-Aristotle was the tutor of Alexander the bling, perennial joy in life to his close Great. He taught Alexander to ride the association with the horse. He



By DOROTHY DIX.

As a general thing, the sophisticated musan appeals to a man as more enjoypids as a companion than desirable as a Wife, The overage man's ideal of woman is still mys before she ats the apple, not the lives who re-

finin from eating apples because the fruit is bad for their digestions. Thereupon the average man marries a young girl her first during season in society, Firmly convinced that because he la the first and only man who has ever made love to her its will be the last and only. This dewaits on circumtaneos. The sirl may be sufficiently in love with him to

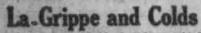
199 liever crave the admiration of any other man, or she

may be so situated as to be cut off from It, and so safe, but the path to the divorce court is kept hot by wives who were married when they were mere children, and before they found out how intoxicating is the draught of flattery and admiration and love-making that man offers to woman's lips.

1000

If a woman acquires a taste for this after marriage. God help her husband, for there is no cure for the married flirt. She may not be a bad woman, or an netually immoral one, but her craving for admiration is like the hunger for oplum. It grows by what it feeds on, and there is no limit to the depth of imbecility into which it leads its victims.

If you will trace back the stories of nfidelity of wives half of the time you will find that the woman was married when she was very young, before she had experienced the thrilling delight of istening to a man's vows of deathess tion, or had known the subtle sense



I: La Grippe and Colds, Anti-kamnia(A-E) ablets are unexcelled, as they stop the ains, soothe the nerves, and bring the rest ins, soothe the nerves, and bring the rest greatly needed by nature to restore the stem to bealth. Physicians have used ase tablets for over twenty years, in the extment of coids, fevers and is grippe, and we found no other remedy more useful in ass conditions. Anti-kannula Tablets are increasing their results, and so useful in all about in their results, and so useful in all miditions where there is pain, that A-K ablets should always be kept in the bouse r the time of need. Many of our ablets ystefans obtain perfect results in is grippe or the time of need. Many of our ablest hysicians obtain perfect results in is grippe and colds, by cleansing the system with Ep-om mits or "Actuids", a very good oathar-ie, publing the patient on a limited diet, and deministering one A.-K tablet every two or hree hours. This treatment will usually rank up the wants case in a day or two, hile in milder mass, case and confort fol-ow simust immediately. These tablets are ten unexcelled for Neuralgia, Rheomathe wins. The Pains of Woman, Indication Pains of Women, India The Pa ints have them. ins A-K Tublats bear the K mark.

of power with which a woman finds out | girl who has never had any money at that she can sway men by her beauty or her charm. Few husbands over make love to their wives, and so it is the woman's natural desire for this courtship and this adulation that she has missed that leads her into seeking it away from home and in forbidden paths. For otherwise is it with the woman who has been a belle before her marriage. She has had her fill of admiration from men, and it possesses none of the charm

of novelty to her. She has heard the verb of love conjugated in all its moods and tenses until it is as wearlsome as a school exercise. She has played at the game of flirtation until it has palled upon her, and as a married woman she would no more think of finding amusement in carrying on a surreptitious love affair than a Padarewski would think of grind-

ing out regtime from a barrel orgain. Another mistake that men make is in thinking that the best way to assure themselves of getting a domestic wife in to marry a woman who has never been in society. Mon marry to get a home far oftener than women do. The city man, at least, seldom commits matrimony until he is utterly weary of the deadly round of social gayeties. The mere thought of being dragged about in a wife's wake to

balls, and parties, and first nights fills him with such terror that he feels his only safety lies in marrying some woman who knows nothing of them.

Never was a more fatal error. There is no other woman in the world who is so absolutely crany for every form of

There are few women who are naturally amusement as the woman who has never known any snyety, and who all of her life has been starving for it. She is like average girl who gets married is about a man dying of thirst, who is suddenly husband as the care of a giraffe. plunged into a river where he can steep That is why the first year or so of himself to the lips. Perhaps she has never been to a ball before, and the intoxication of dancing becomes a frenzy with her that makes her mad to go to every party to which she is invited. Perhaps she has never been to a restaurant before; and the golden streets of the new Jerusalem do not appear so desirable to her eyes as to eat in a gilded public

dining room. corning-the details of his clothing. Here, too, it is the woman who has Women who are learned in the handling had who is the safe matrimonial chance of men never dream of reminding him has left them, and he will be able to

society all her dife, who has been to when he is absorbed in some work or oc- article he requires. parties and balls and theaters until cupation. they have lost all their charm of novelty He may be planning out a vast business Above all things, beware of disposed is glad enough to settle down to domes- scheme, or he may be merely painting his of his old clothes and his old pipes. ticity, and to find her pleasure inside of ; dog kennel. In either case he will prefer

her home instead of without it. To the to eat his dinner cold rather than intergirl who knows her Europe as she does rupt his work. Mr. Punch's advice, "Food the brute," her native town, every excursion does not offer a temptation, having seen the is good, but there is nothing that takes service. An old coat which has worn best the stage affords, she does not yearn away the appetite of the average man through at the elbows, a pair of slippers to see every silly play that is put on the more than worrying him as to what he which are yawning at the toes for boards; having wearled of bails and parties, she is glad to turn from them to is going to eat robs his dinner of all its parted at the crown and at the brim are novelty and half its charm. abiding pleasures of old books and

Pretty much the same rule will be found to apply to women and economy. has been raised rich, lost she he extrava- day. gant, and there is a theory that if a man wants a saving and helpful wife he should marry a poor girl. Quite the row the dish with a conjurer's flourish. Aladdin's wonderful lamp for a cheap, ways.

old friends.

horse I keep nerves from ting outside of my clothes. A horse you to "forget it."

A horse has no all to spend the \$3,000 or \$3,000 that her troubles own. He does not husband carns seems as unending as the wealth of a Rockefeller, and she is genpour into your car a sad tale of woe. erally reckless in throwing it away, Says Walt Whitwhereas to the girl who has been used man: "I think I to thousands instead of hundreds the could turn and husband's small income seems so little live with that she feels that she must save every mals." In the end the question of a choice be-

with

I find that when

I go into partner-

na-

my get-



I have ridden horseback almost daily for the last forty years. And I enjoy horseback riding today more than ever before.

piding this important question is because cept through inability of access. Any man who keeps his strength and plosion heaving a rock or an iron ball

Alfred Russel Wallace says that civili-

were taught to ride horseback.

zation had its rise in the domestication of animals; that where men domesticated Aristotle wrote a book of a thousand the horse, the ox, the camel, the elephant, civilization thrived and men evolved; but was to say on the subject, and no man that in countries where man had nothing | can ever write at length about the horse in the way of domestic animals except a without quoting Aristotle. tame wolf-that is, the dog-there was no Aristotle dissected the dead body of the

evolution. horse. He then fastened the skeleton to-The centaur, that fabled combination of gether, preserving all of its articulations. a man and a horse, had its rise in the The native villagers stood around and dim ages when man first tamed a wild watched him; and when the skeleton was horse.

all fastened together with the aid of Some boob-for boobs have always thongs the villagers chuckled and gurabounded-saw a man on horseback, and gled in glee and said: "We knew they he was so amazed that he told the whole could never do it."

The Devil in Fatherly Disguise

boob family that he seen a man with the The merry villagers thought that Arisbody of a horse. And, being boobs, they totls and Alexander were endeavoring to make a horse, and they were overjoyed believed it. A man on horseback was pretty nearly to see that Aristotle was unable to clothe

invincible, until the invention, of gun- the bones with flesh, put the skin on the I have never been sick a day in my that mon make so many mistakes in de- life; and I have never lost a meal ex- powder; and the first use of gunpowder horse, saddle him and ride him down the was to scare horses. The idea of the ex- street. That was one on Aristotle.

good cheer in this country will never be was a later idea.

wild horse Bucephalus, and Aristotle sat horseback rider from childhood until his on the top rail of the corral and watched eighty-fourth year, when death, through his pupil turn the trick.

accident, claimed him, and he went out with a smile and a wave of the hand. pages on the borse. He said all there first intimating, with broken breath, that if there were no horses in paradise he did not care to go there.

Some one asked Henry Thoreau what he did when he wanted to turn his canoe, and Henry replied:

"I just carry the idea in my mind that I wish to turn, and the cance goes just where I want it to."

The fellow tried the trick and, very naturally, upset in some very damp water -this because he did not have the canoe instinct.

Any man with the horse instinct soon comes to a perfect understanding with one of these high-bred horses, and the horse knows where to go and how fast, It is a great thing to feel that you are bigger than the elements. And a horse of the righ kind helps you to hypnotize yourself into the belief that you are part

of all you see and hear and feel. No man can have melancholla who loves a horse and is understood by one. You shake off your troubles and send your cares flying into the wanton winds when you ride horseback.

I have ridden norses since I wora trousers buttoned to a calico waist.

In my childhood I could go out to the barn in the night and find, saddle and bridle any particular horse that my father wanted.

My father was a country doctor and used to ride much nights. Sometimes I rode with him-first ochind hom, then in front of him-and then I got a horse of my own.

The other day a man came along here from New York City and asked All Babi this question: "Is Mr. Hubbard giving many lectures this year?"

And the old man replied. "Good Lord! How can he go off giving lectures? Don't you know that his best saddle mare has a colt?"

And it is so-I have to stay home and look after the baby.

Resinol Soap

Keeps the hands soft and white

The soothing, healing Resinol balsams in Resinol Scap, combined with its freedom from harsh, irritating alkali, give to red, rough hands that whiteness and velvety softness for which women years. Hands washed only with Resinct Soap are usually hands to be proud of. Try it for a week and see.

Bashod Scap to sold by all desires in detgrade. For sumplefron, write to Dagi. F. Bashod, Baltimore, Md.

bit and discovers Irish stew he hails the Irish stew as a novelty. If he has guessed rabbit and the lifted is to make one or more men happy. In cover reveals that his surmise has been this she generally defeats her object, correct, he is equally pleased with him-

because she does not understand that self and with his dinner. man is naturally a happy animal, who Never tell a man that a certain article only becomes unhappy when he feels that of food is "delicious." He is a shy ani-

some one is doing their utmost to make mal and will at once regard the dish with suspicion, thinking that you are He wants to be left alone. That is all, trying to work off on him some item of the pantry which has been hanging competent to make a man happy. The fire for a week.

Then he will probably elect to make his as fit to be trusted with the care of a meal off bread and cheese, and you (young housekeeper that you are) will retire to the pantry, to weep salt tears married life is so trying to those con- over your rejected dainty.

corned. Above all things, beware of tidying .a On the face of them the wife's loving man's personal belongings, and more inquiries and advice are perfectly harm- especially his papers for the duater has less, and even calculated to send the man ruined the happiness of as many homes into the seventh heaven of delight to as drink.

How to Make a Man Feel Happy

think that there should be anyone in Man is an untidy animal, according to the world to care so much about his un- women's ideas, but there is method in worthy person as to worry so much con- his madness and order in the chaos of articles that litter his tables.

Leave his belongings in a heap, as for a man. The girl who has been in several times that dinner is on the table lay his hand at once opon any single

Tidy him up and he is lost. Above all things, beware of disposin Just as a woman loves new clothes and jeweis, a man clings to the old raiment which has shaped itself to his form, and

the pipes which have sweetened in his would like for dinner. To know what he weariness, and a straw hat which has girls who go wrong.

often esteemed by a man-abore rubies Like the warhorse, sniffing the battle and pearls. They are to his body what from afar, hungry man likes to guess an easy conscience is to his soul.

from the delightful aromas and spicy All young wives who are entrusted gales that reach his inquiring nose from with the happiness of a busband, will Most men are afraid to marry a siri who the kitchen, what he is going to eat to- do well to remember, when they are It is well for housekeepers to preserve

reverse of this is generally true. To the Then if the man had guessed boiled rab- | sparkling, specious new burner.

By BEATRICE FAIRFAX.

of time, it would be this:

"Beware of the man who says his interest in you is fatherly."

The "fatherly interest" is the devil's favorite and most effective weapon. He knows that, if a man told a girl his interest in her was brotherly, she would one who "understands him." doubt the sincerity of his motives, for brothers, alas, are selfish and make their

of a sister. But father never did. From the tim s girl could toddle her recollection has

always been of a father's arm held open to shield her from every harm and to catch her. if she fell. Father was always good, always patient, always selfdenying, always kind and she is predis-

posed by childhood memories to put Implicit trust in any man who asks to temporarily take his place.

Every man of years knows this. The fact that he has daughters seldom militates against his designs on the peace and good name of a girl who is father-

He is the hunter and she is the Ions: prey. Bewildered, not knowing whom to trust, nor which way to turn, she feels like a wanderer in sight of home when some smooth-voiced old man calls to "Let me be a father to you, my her,

dear," and she flies straightway to his embraces. It is the "fatherly" interest the employer shows to a girl in his employ

that is responsible for 50 per cent of the She has been warned against young

is turning gray. In her relations with love you have come to feel for the girl him she regards herself as a child, and he trusted to your care and that you feel tempted to exchange their husband's old him as a dear old man, and pours out that she should be given the opportunity raiment for an enticing pot of ferns, that to him all her worries and troubles and of choosing the man for whom she really

wife, and sometimes envies the woman If there were only one warning I was so fortunate as to have such a perfect privileged to impress on the brains of my being for her husband. She is poisoned girls that would be indelible to the end so slowly she does not know, when the first dose was taken, nor when the first dose was given, nor how much she has taken, and can't recall afterward just when or how she learned that the wife is

The next man to write a book on the

"cold and unappreciative." and that the man is lonely for the companionship of The sentiment of pity is awakened in her breast; she finds she loves him, and own interests paramount to the welfare learns through his teaching that the difference in their years and the existence of a wife count as nothing where two

congenial souls meet. What happens later need .not be related further than that it causes the devil

to laugh. He has used again his favorite weapon of "fatherly interest" and found it still keen and sharp.

Advice to the Lovelorn

Tell Him What Has Happened. Dear Miss Fairfax. Four or five months ago a young man, with whom I have been going for the last twelve years, left the city on a business trip, and be-fore he left the told me to look after his girl friend—that is take her out, etc.—so she wouldn't be lonesome I have done this, not wissely, but too well, and the consequences are that a mutual affection has sprung up between us. My friend is now giving up his posi-tion on the road, and I um at a loss as to what course to pursue. If I go out with the girl I will lose a friendship of twelve years' standing. If I act other-wise it will be unfair to all concerned. READER

men all her life, but no one ever told her The only course for you to pursue is

that old men were worse. She doubts the word of a young man; she believes imover with your friend-tell him of the plicitly the word of the man whose hair

She remembers at first that he has a ship of long years' standing,

By BEATRICE FAIRFAX. Tell Him What Has Happened.

READER

that of entire honesty. Talk the matter