THE BEE: OMAHA, WEDNESDAY, OCTOBER 14, 1914.

The Bee's Home Magazine Pag

Sanctuary

By CONSTANCE CLARKE.

I hid underneath a wayside stone. And laughing went upon my way alone, So small a thing it was I never thought, That it could be the gift for which I sought.

But I was young with like I longed to play, Thinking that love would come another day; Certain that while I rioted with June Life would give me what I wanted soon,

Then at the Vesper hour I came to pray. And caught my breath, for on the altar lay The gift of gifts, and lo, I knelt unbid-Love was the wonder thing I had hid.

War and Heredity

While Europe Is Plunged Into Savagery the Representatives of Science Have Been Studying Human Evolution in Far-Off Australia

By GARRETT P. SERVISS.

Amidst the roar of war a quiet voice comes from Melbourne, Australia, speaking the peaceful language of science. It is a voice from the great British association for the advance-

ment of science. which has been holding its annual sessions in that far-off southern land, with as much contempt of the military paroxysm around it as Archimedes exhibited when he kept on with the solution of his mathematical problem while the bloody Roman swords were thrust at his face.

There is a strangely significant connection between the subject discussed by the savants in Australia and the deeds being done in Europe.

They both touch, or are based upon heredity. The one is a terribly practical illustration of the theoretical doctrines of the other.

The voice from Australia tells us very bluntly that Darwin's famous theory that | natural selection, or the survival of the fittest, is the great motive force in evolutionary advance is out of date and discredited.

"Modern research." says Prof. William Bateson in his presidential address to the malign tendencies arise in the more great scientific association; "modern research lends not the smallest encouragement or sanction to the view that gradual evolution occurs by the transformation of masses of individuals, though that ness that are now raging unrestrained

to the absence of factors which in the normal person inhibit the development of these gifts. They are, almost without doubt, to be looked upon as releases of powers normally suppressed. The instrument is there, but it is 'stopped down.' ' This is really a far more comforting

view of evolution than that which Darwin took. If our good and bad qualities do not come to us from without by slow changes requiring millions of years, but lie all packed up in the form of life, waiting to be released, the chance for rapid improvement is so much the greater. And this accords with the teaching of recent experiments. Look at what Luther Burbank has drawn out of the illimitable store of tendencies underlying plant life. At his touch, as it were, previously unknown beauty of form and of color have come forth, as if compelled to show themselves by the power of enchantment. But what his wand has really done has been to set into operation the "releases" of which Prof. Bateson speaks. And every reader knows how marvellously quick have been many of the transformations. In a few years new flowers of unex-

ampled beauty, and new fruits of matchless qualities, have been caused to flourish in magical abundance.

But many readers will also recall those unspeakable, abhorrent, monstrous forms that Mr. Burbank has occasionally called forth, and which he relentlessly destroyed on sight. This kind, too, lie in wait in the original germ. Burbank could instantly crush those that his hand summoned into active existence, but when complex life of humanity they are not so power to the fact that I am given over ensity dealt with. The artistic faculties the monstrous faculties of destructive-

Nature Worship a Health Key MAY COX TELLS NOW STRENGTE MAY BE GAINED BY OUTDOOR EXENCISE

By MAUD MILLER.

"My farm is my hobby," said Miss Ray Cox in her own inimitable way, "and I owe all my health and vigorous will heart and soul to the advantages it sets Beds" at the Fulton theater.

I pitch hay just like any of the men doctor would advise for good health. of man, says Prof. Bateson, have been forth." Miss Cox is playing in "Twin perfectly fresh the next day. And I est tramping combined with the excitment of just the plain, ordinary things that a it all builds up a girl's nerves uptil she

derived from it. When I am on my farm | nature, everything pertaining to a farm. "And now that fall is here we shall who really work there. It's real physical have hunting. Every girl should learn to labor, but it brings into play more mus- shoot. Shooting is, in my estimation, a cles than any form of exercise that a splendid tonic; it trains a girl's eye, she will learn to readily perceive any slight-Farm life demands early rising, and est noise about her, therefore making therefore I go to bed early so as to feel her hearing more acute, and the regular

Madame Ise'bell Advises the Woman of Forty How to Make

the Best of Health

The Woman at Forty-Part I. "Fair, fat and forty" describes the old ime ideal of attractive matronhood. Today, the standard has changed, and the woman who holds her supromacy at forty in slonder, ele-



and good groom-Some women are at the height of their attractiveness at this age;] certainly good planet. ooks at forty

attention than! they do in girlhood for at least two good reasons. Most young girls have a certain amount of physical charm, while beauty fore more conspicuous. In the riper beauty, moreover, there is an element of subtleness, a ripeness of experience that gives it an attraction not found in the usual youthful type. The woman who has achieved her forty

coars successfully rarely regrets her ting medium yet discovered. birthdays. She is conscious of her wider tions and susceptibilities, and, while keenly alive to all the pleasures of the value. If she has taken care of her body, it is lightsome and free; her skin may not have the peculiar bloom of girlhood, but if cared for wisely, it is unlined and the traces of experience are not unpleasant. In truth, at this time the skin often takes on a delicacy that a younger skin incks. The hands, the neck, the face should show no signs of neglect and age. An increased critical faculty is one of the assets of this period of life; she knows herself, she knows her type, its

failings and good points. She knows how to dress well, how to carry herself with case; she is conscious of her assets and how to guard, improve and enhance them. In short she is the finished product of her

The potent charm of any face, at any age, is its expression, and the woman of Intelligence, whose thoughts have been kind, wise and loving, bears a record of this on her face. Look about you at the women of this age! Do you need to be told that so and so has a querulous, complaining disposition, or that another is

selfish, purseproud and arrogant? The lines of the face tell the story. A kind heart which is the foundation of good breeding, repose, calm, understanding,

nature takes away as well as gives.

Beauty is possible at this age, but there

Science for Workers

By EDGAR LUCIEN LARKIN.

Question-1. "Is it not possible that the smooth ocean may act as an immense iens in focusing the heat of distant suns within the earth or possibly on some other planet?"

Q 2. "Is there any infraction of the sun's rays or of terrestrial magnetism in passing through our forty-five miles of atmosphere?"

Q. 3. "Is there any exchange of heat or other influence between our planet. and others?

Answer--1. No. The most olometers ever made, as used by Langley and others, able to measure 1-1,000.-000th degree Fahrenheit of heat, could not detect heat enough coming from the giant suns, Vega, Strins, Arcturus or

flikel to be accurately measured. The first layer of water on the surface of the sea even of molecular thickness absorbs all stellar heat, and the bottom of the ocean is always cold. And it is impossible to focus any heat on any other

A-2. There is refraction of the sun's rays by our air, but it is known to be nearer 200 miles deep than forty-five. The air actually acts as a lens and refracts light into a focus exactly opposite In direction from the sun. But this conat middle age is more isolated and there- centration of light is dim and distant from the earth \$27,00 miles. The nearest approach of Mars to the earth is 35,500,600 miles, so the focus would fall short 34,-643,000 miles. But magnetism has never been refracted, that is, turned out of its

course-a straight line-by any transmit-

A .- 3. If there is any exchange of heat outlet on life, that she can take an ob- between the planets, no human device jective view of experiences, past and can measure it, for the bolometer cannot present, that she can govern her emo- be increased in its delicacy to detect the minute amount. That is, the platinum wire-the nerve. more sensitive than world, she can rate them at their full human nerves, cannot be made any thinner and hold together in use. No influence of the planets upon each other has ever been detected by the most necomplished observers with the most sensitive instruments that can be made, besides two, gravitation and light.

Pointed Remarks.

When a woman has no heart, don't ad one, or she'll trump it, cad one, or she'll trump it. The man who loses his temper doesn't have to advertise a reward for it.

It's hard to teach a man anything when he doesn't even know when he is licked. Even when they try to rest on their isurels some people are troubled with insomnia.

Many a man is so exclusive that he isn't even on speaking terms with his

Make hay while the sun shines and you won't be so apt to make trouble when it rains.

No two things in the world seem fur-ther apart than the artistic temperament and a bank account.-New York Times.



breeding, repose, calm, understanding, these are the traits that make for at-tractiveness. A value woman cannot afford to be vain; its traceries are not pleasant. If you care for your beauty (and it is quite right to value it as a possession), remember that nature takes away as well as gives.

lancy has fixed itself on popular imagination.

And he avers, also, with even greater shred of that teleological fustian" (teleology in the sense here used means pur-

right will be wise henceforth to base this faith frankly on the impregnable rock of superstition and to abstain from direct appeals to natural fact."

The new view advocated by Prof. Bateson suggests that the variations which result in evolutional changes all lie hidden in the germ of living things, and are not added from without by the effects of experience and environment.

experience and environment. "At first," says Prom. Bateson, "it may seem rank absurdity to suppose that the primordial form or forms of proto-plasm could have contined complexity enough to produce the divors types of life. But is it vasier to imagine that life. But is it easier to imagine that these powers could have been conveyed by extrinsic additions? Of what nature could these additions be?"

And then he goes on: "That primordial life may have been of small dimensions need not disturb us quality is of no account in these considerations. Shakespears once existed as a speck of proto-

plasm not so big as a small pin's head. To this nothing was added that would not equally well have served to build up a baboon or a rat. * * * I have confidence that the artistic gifts of mankind will prove to be due not to something added to the makeup of an ordinary man, but

Makes Stubborn Coughs Vanish in a Hurry Surprisingly Good Cough Syrup Easily and Cheaply Made at Home

If some one in your family has an ob-stinate cough or a bad throat or chest cold that has been hanging on and refuses

to yield to treatment, get from any drug store 2% ounces of Pinex and make it into a pint of cough syrup, and watch that cough vanish.

that cough vanish. Pour the 2½ ounces of Pinex (50 cents worth) into a pint bottle and fill the bottle with plain granulated sugar syrup. The total cost is about 54 cents, and gives you a full pint—a family supply—of a most effective remedy, at a saving of 82. A day's use will usually overcome a hard cough. Easily prepared in 5 minutes—full directions with Pinex. Keeps perfectly and has a pleasant taste. Children like it.

It's really remarkable how promptly and easily it loosens the dry, hoarse or tight cough and heals the inflamed mem-branes in a painful cough. It also stops the formation of phlegm in the throat and bronchial tubes, thus ending the per-sistent loose cough. A splendid remedy for bronchitis, winter coughs, bronchial asthma and whooping cough.

Pinex is a special and highly concen-trated compound of genuine Norway pine

over Eurpoe. They were among the first to be developed in the human being, and

at their appearance, unhappily, no condecisiveness of speech: "Almost the last trolling hand suppressed them. But we may truly hope that their very excess of ferocious activity will lead to their posive design in nature) "with which elimination, and that the change may Victorian philosophy loved to clothe the come with the rapidity of one of the theory of evolution is destroyed. Those critical mutations that sometimes maniwho would proclaim that whatever is it feat themselves in lower life forms.

Advice to Lovelorn By BEATEICE FAINFAX Friendship vs. Love.

Vacaction is over. The sait of the sea has left our nostrils and the smoll of the The girl ought to have some choice in pines lingers no longer on our hands and the matter. Suppose you tell your friend hair. The tan and freckles painted on quite frankly that you, too, are interour faces by the ested in the girl for whom he cares. Then brush of old ocean in all honor your affair will be a case of

"may the best man win."

Give Him Up at Once.

give him up.

diminishing, so that Dear Miss Fairfax: I am 20 years old and am deeply in love with a man five years my senior. This man whom I love seems to care, a great deal for me: he we must place them near the Mitchen stove to revive the takes me out three times a week to all scent of the forest. places of amusement. But he is married. The ploture in our I love him just the same and think it would break my heart if I should have to give him up. wheat field in har-CARMEN H.

vest has been dis-You are inviting ruth to attend you placed by that of when you permit yourself to receive the the crowds in the attentions of a married man. Other peostreet. Anide from ple will think you a girl of no moral character, and you will forfeit the rethe greater vigor, the supply of energy

are fading. The

fragrance of our pine

pillow souvenirs is

spect of men who might come to take a stored for winter consumption, no material advantage remains from our sumwhat will you sacrifice your chances of a mer communion with nature. home and happiness? For a man who is But what of the spiritual results, not true to his wife will not be any more faithful to his foolishly trusting little sweetheart. And when you go down to the city? Are we carrying the spirit of if we will. destruction you will drag with you, be- vacation through the year? Are we side your own good name and chances of keeping alive that love of nature that will

happiness, the joy and life of the wife take us out of the dusty, noisy town on this man you trust once promised at the a Sunday to seek and find strength of holy altar of church of guard.

Tell Her the Truth.

Tell Her the Truth. Dear Miss Fairfax: While bathing at Coney Island this summer I met a young lady who interested me very much. I took her home and she permitted me to call on her. I called on this young lady for four months twice weekly, and she seemed to be pleased with my company. In trying to win her love I went as far as to tell her lies: I told her my parents are wealthy, and the truth is that my parents are drad and I live with my grandmother. But when she found it to be a lie she did not teil me, but began to act very cold.

be a lie mic di act very cold. I have a trade and I make \$25 a week. I have not got the nerve to tell har the truth. I care for the girl very much. M. E. Are we keeping ally Are we keeping alive the kindliness of

You did a very wrong thing in trying to the summer vacation? "I'm a different win the girl for whom you care by a man in summer." a hard driven business bing headachee yield in just a few momseries of lies. Suppose she went so far as man told me. "When I come in from the ents to Dr. James' Headache Fowders to marry you and then found out how country I always remember to speak to which cost only 19 cents a package at

extract, rich in guaiacol, which is so you had deceived her. Go to her and con- the elevator man."

"Of course, it would be impossible for me to say to each and every girl with whom I come in contact, 'Go and live on a farm'and you never more will com- craving for rich and unhealthy city cookimpossible for every girl to follow my kind. instructions, but I will say get close to

nature and you will never need to take any more medicine. "I have learned a great deal through

By ADA PATTERSON.

my own experience of farm life. I have plexion and the general looks of a per- Do the best you can, girls, if you can't found that to live on a farm means one son. I love to absorb the reds and browns get away somewhere into the country. must actually be a part of the life, or of autumn, I love the greenish pink of Be a nature worshipper in every sense of

Vacation Spirit Through the Year

provides, plenty of country milk has forgotten how to be hysterical when and fresh eggs and sweet butter. You'd the least little thing has gone wrong durbe surprised to know how quickly the ing the day.

plain of ill health,' because it would be ing passes away under a regime of this

"I think I am pagan enough to be sun worshipper. I love the heat of it, I forgetting, because the life is so exactthink it does more good than anything ing. One must obey the call of it; it else in the world for the hair, the com- really gets into one's blood after a while.

else give up the idea of any benefit to be mountain laurel, I love everything about women."

> picture of the barn dance at which she met grandpapa, and there's a response

in our hearts to the lonely look in the

deep yet gray eyes of the ancient widow.

The hopeless romance of the farmer's

daughter for the middle-aged former

boarder who calls twice a year for

courtesy's sake, makes strong appeal to

us. The girl is lifted out of her sphere

of drudgery and into the rosy atmo-

sphere of romance. The farmer lan't r

tiresome old wrattler and the story of his

fifty years' war with the elements to

their more or less complete conquest, as

his full hins show, becomes a splendid

In the summer we relax enough to be

agreeable. The hard lines fade from our

been declared in our souls. It is a good

state. We come back brown, cheerful,

n tune with the world. Let us continue

t. While our bodies and minds must

plunge anew into the conflict which is

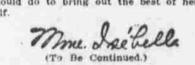
epic of labor to our ears.

faces. Our nerves loosen.

"It is certainly possible to follow out all these instructions for health without living on a farm, but by living on a farm one is more likely to obey rules without

the word if you would be happy, healthy

are many pitfalls in its way. Suppose we make this the subject of the next few Beauty Lessons, what the woman of 40 should do to bring out the best of herneif.



His Credit.

all that I have changed my mental at-titude and I now find it second nature to look cheerful. Due partly to this, partly to a remarkable treatment recom-mended by a friend, my appearance has so improved 1 look fitteen years younger than before. A simple face lotion made by dimolving an ounce of powdered saxolite in a half-pint witch hasel, proved a wonderful wrinkle-chaser. I still use this occasion-ally. To renovate my complexion I pur-chased an ounce of ordinary mercolized wax at my druggist's and before using this up, a marvelous transformation had taken place. It was like removing an un-eightly mask, revealing a new face, a poutful complexion of distinctive deli-oacy, clear, while and valvety. I merely applied the wax like cold cream before retiring, washing it off mornings. Ten days' treatment sufficed.-"Aurilia" in Clubwoman.-Advertisement.

"How is Wassetby's credit in fown?" "It must be very low by this time. When I was here three vears ago be was giving it oxygen."-Birmingham Age.



bread-getting, vacation time may go on in oud souls. We can carry the love and need of nature, the kindliness and democracy, the abiding interest in others, which is the vacation spirit of two weeks that play-time and rest-time far from of our year, through all of the fifty-two.

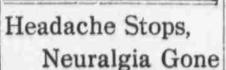
Peace has

The Retort Courteous.

"It was mighty nice of you to give up your seat to that stout old lady. Mr. Blinks. It is pleasant to see that there are still some polite men left in the world.'

"Sorry, Mrs. Jabbers, but it wasn't po liteness at all. The man who sat next me was quarrelsome because he said I his pockets. Do we continue to calm crowded him too much, and all I did was tanging nerves by a looking into sky to use that stort old lady as a sort of retort courteous."-Judge.

the country so well that we can never forget it and that, not forgetting, we Headache Stops, draw vigor from the hills and breadth of vision from the plains whenever opportunity offers and when the opportunity is

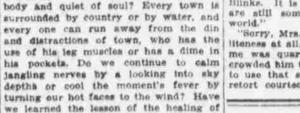


Nerve-racking, spitting or dull, throbany drug store. It's the quickest, surest

fess what you have done and the reason In the summer, at our seashore, farm or headacherrelief in the whole world. Don't Avoid disappointment by asking your druggist for "2½ ounces of Pinex," and do not accept anything else. A guarantee of absolute satisfaction goes with this The Finex Co., Ft. Wayne, Ind.



Low Prices on Good Stoves **Cash or Payments** See Our New Daylight Display Room



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