

The Bee's Home Magazine Page

"Meditation"

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By NELL BRINKLEY



Nobody is so strong, so ardent a pleader, for peace as the pup who loves two people when those same silly two are in the glooms of war. He sits between, in the wide, silent, empty waste that has grown between them, and lifts his anguished voice straight out of his lonely, "widered dog-heart. And his eyes glitter with tears while he points his blunt wet black nose to the wind-washed sky and wonders how anybody could get mad on anybody else in the summertime! Please have a heart—you lovers who scrap—and listen to mediation.



Madame Isbell's Beauty Lesson

The Hair and Scalp, Part I.

Hair is composed of the same elements that enter into the structure of the nails, that is, a certain hardening and modification of the epidermis which in the case of the hair forms little tube-like depressions called hair follicles. These are embedded in the second skin among the capillary and sebaceous glands which bring them nourishment, and the hair itself springs out of these follicles. Hair is cellular; it grows by the constant pushing up of the cells always forming at the root. There is considerable difference of opinion as to the life of a single hair and it undoubtedly varies in different cases. A healthy hair should live about five years; at that period it falls out naturally and a new hair springs from the same follicle.

If the hair falls before it is mature, it is due to some weakness of the hair roots, insufficient nourishment or possibly the presence of some form of bacteria. This being so, the hair that takes its place in the hair follicle will be equally weak and of short life. A condition of mal-nutrition or peristaltic disease will result in complete atrophy of the hair follicle which means that no new hair will push out and complete baldness results.

This explanation of the nature of the origin and growth of the hair shows how necessary it is that the scalp in which the hair follicles are embedded should be kept in healthy condition. A healthy scalp is fat and moves loosely over the skull. It contains a plentiful supply of blood vessels to nourish the hair roots and its surface is free from dandruff or any deposit that may clog up the countless sweat and oil glands with which it is supplied. In this following lessons we shall take up the various forms of scalp troubles and learn how to recognize and overcome them.

Madame Isbell

Mabe D.—The chapped lips come from lack of oil in the skin. You may have ex-hausted this by biting or wetting the lips and, if so, correct these unfortunate habits at once. Do not use glycerine or the like. It is too drying. Treat them with a plentiful supply of cold cream at night and rub in a little always before going out.

Law of Gravitation Has Made the Moon Mistress of the Seas

By GARRETT P. SERVISS.

"As spokesman for a group of about twenty, I am prompted to ask you to discuss in an article the whys and wherefores of the influence of the moon on the tides of the ocean."—S. K. W. Arverne, L. I.

There are many mysteries that science has not solved, and among the greatest of them is the nature of gravitation. Newton discovered certain "laws" which show how gravitation acts, but he failed to find out what gravitation is, and on that point we are virtually as ignorant as he was.

For practical purposes we may define gravitation as that force, inherent in all matter, by virtue of which every material body, no matter how large or how small, seems to attract, or draw toward itself, every other material body, and to be attracted, in like manner, by every other body.

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This is equally true whether the bodies in operation are microscopic particles or gigantic suns and worlds. The intensity of the force depends upon the mass or the quantity of matter contained in the bodies concerned. A body with ten times the mass of another has ten times as much gravitative force as that other. This appears quite evident, and in accordance with what one would expect, just as an elephant is stronger than a horse. But the next "law" affecting gravitation is not self-evident, except to those who have studied it mathematically, although it is the cause of the moon's influence in producing the tides.

ing 8,000 miles in diameter, its surface, on the side that happens at any time to be toward the moon, is 4,000 miles nearer the moon than its center is. Consequently the force of the moon's attraction is greater at the surface than at the center in the inverse proportion of the square of 200,000 to the square of 236,000, or, which is the same thing, the square of sixty to the square of fifty-nine. In other words, the moon pulls about 3 1/2 per cent more strongly at a point on the earth's surface directly under it than on the earth's center.

If then there exists on the earth's surface, under the moon, a mass of liquid, such as the ocean, whose particles, like those of all liquids, move freely among one another instead of being fixed rigidly like those of a solid, it is evident that this liquid will tend to be drawn away from the solid earth by virtue of the greater attraction to which it is subject, and in this tendency lies the origin of the tides.

I call it a "tendency" since the water is not actually drawn away from the earth, because the lifting force of the moon upon it is less than one-eightieth of its weight, due to the earth's attraction. Nevertheless the slight diminution of weight that the water experiences suffices to cause the surface of the ocean to swell up on the side toward the moon. Theoretically, the water is drawn

toward the line joining the centers of the earth and the moon from all parts of the moonward hemisphere of the earth, but since the oceans do not cover the whole earth, and are of irregular outline and of varying depths, and since, moreover, the revolution of the earth on its axis is continually carrying the center of the moonward hemisphere out of line, the crest of the tidal wave is never directly under the moon, and the height of the tide, and the direction in which it causes currents to flow, depend upon many local circumstances, so that it is a very complicated problem to calculate the tides for any particular seaport.

But there are two tides per day, owing to the fact that the same differential effect of the moon's attraction is felt, in a reverse way, on the side of the earth that is turned from the moon. On that side the ocean water is farther from the moon than the center of the earth is. In consequence the earth is drawn away from the water, and the latter is raised into a tide analogous to the one on the other side.

The sun also raises tides, but these, owing to the great relative distance of the sun, are only about two-fifths as high as the lunar tides. At new and full moon the two tides are combined, giving the "spring tide," and at first and last quarter of the moon the two tides act against one another, producing the "neap tide."

Summertime Fables

By DOROTHY DIX.

Once upon a time there was a man who had the misfortune to be married to a noble and conscientious woman who believed that a husband and wife should be one, with but a single thought. It was her habit that she and John had never been separated for a day since they were tied up together. The man endured this with great patience for many years, but at last too much Maria got upon his nerves, and he began to make a rough house at home, and hand his wife a line of back talk that he would not have dreamed of passing to any lady with an abled-brother.

"Gee!" he said to himself, "but a man is a candidate for the bughouse when he slips his neck in the matrimonial halter, and I cannot attend to business for wondering what made me tie up with that bunch of calico I did. If they did not read all of your love letters in court it would be me for a cunning little divorcee. I would rather pay alimony than to have to lasso the same face every morning at breakfast.

considerable of a false alarm. Perhaps I missed my real affinity, or perhaps all husbands are to the weary when you get them home. At any rate, this domestic stunt has got me going, and if I have to listen to John pull off another of his ancient witticisms, or tell how he would settle the Mexican difficulty if he were president, I shall scream and throw the coffee pot at his head. Oh dear, I wonder what is the price of a first-class ticket to Reno?"

Being a perfect lady and gentleman, the husband and wife carefully clemished their real sentiments toward each other, and merely relieved their feelings by daily scraps which they fought without gloves. Finally, however, they could endure their misery no longer, and they each went secretly to the same lawyer to consult him about the most recherche way of getting a divorce.

Home Interests

By MRS. FRANK LEARNED.

Love of home and of being a homemaker and housekeeper will be cultivated in a daughter by a conscientious mother. That education is most helpful which teaches a girl that she is to take her part in the faithful performance of the duties of life. Home is the true training ground for each personal life.

It is in the home that one should learn the duties of mutual help and comfort, brightness and cheerfulness, patience and self-restraint which springs from solid principles.

Much of the happiness or sorrow of life depends on small things, tones of temper, looks, words or manners. It is not always on the thing that is said or done, but on how it is done or said, that happiness or sadness is caused. This very important how should be learned in the intimate family life.

The art of being a homemaker consists in diffusing an atmosphere of kindness, doing one's share in making home happy by graciousness of manner, courtesy of speech. In a good home a girl learns what is so invaluable in the wide field of the world—respect for others, for their tastes, wishes and opinions, their interests, joys or troubles.

In home life it is important to learn how to make concessions, to give up insisting on having one's way, to look at things from another's point of view, to be generous-hearted, broad-minded, just and charitable.

And so a family life teaches the claims of others and one's proper relation to them, not only within the circle of home, but in the universal family to which we belong.

Unhappiness in life is undoubtedly caused more by temper than anything else. Selfishness, thoughtlessness, contradiction, self-assertion, disregard for others, are sorrowful things, and it is a duty to overcome them.

The habit of complaining and grumbling, the miserable idea that all that does not conform to one's plans and wishes is to be treated as a personal injury—these things make an unhappy home. In the wholesome round of every-day home duties many things worth knowing are learned. Under a wise mother's influence a girl finds that there is contentment in simple duties that commonplace tasks are not drudgery if they are done in the right spirit, but are an enjoyment, because they are part of the harmonious regulating of home life necessary for the comfort, pleasure and peace of others.

The doing of little tasks faithfully will develop habits of accuracy, thoroughness, neatness and orderliness. Much of the peace of home depends on understanding many plain and practical details of household management. Although a woman may never be obliged to do the actual work, she should know how to do it in order to superintend and direct others.

Mother Knows Best

By BEATRICE FAIRFAX.

"My mother," writes Rose, "does not like the young man I am keeping company with, and I do not know what to do about it. Shall I marry him?"

A boy writes: "I am 15 and earning a salary of \$8 a week. Of late my parents and I can't agree, and I have a boy friend whose mother is willing to have me board with them. Shall I leave home?"

"I am 17 and pretty," writes Madeline, "and in love with a young man of 21, who plays cards and gambles, and for this reason my parents object to him. I cannot give him up. What shall I do?"

"I am a worker in a mill," writes a girl, "and my sweetheart's parents refuse to let him go with me for that reason. Because he has had to give me up he has gone back to drinking. What shall I do?"

"Seventeen" complains because her mother won't let her go to theaters and moving picture shows with young men. "Is it treating me right?" she asks.

"Dimple" doesn't give her age, but it must be extremely young or she would have a more sensible signature. She says her mother won't let her keep company with a young man she loves and shall she stop?

"Blue eyes" is 17, and her parents and his parents object to her engagement to a certain young man. What, she asks, shall I do?

"I am 20," writes L., "and in love with a girl four years my junior. Her mother has forbidden me the house. I would like to know if we continue our love whether the mother would interfere with our future happiness."

A woman goes down into the valley of death, and if she returns she carries a child in her arms. She devotes the best years of her life to its care and regards it as no sacrifice. And when the child, boy or girl, has reached the most dangerous turn in the path of life—the place where the footing is the most insecure, and it is easy, oh, so easy, to slip—it turns upon the hand still held out to guide it, with smiling and complaining!

Surely the dear Lord makes up in the next world for all the stings of ingratitude a mother suffers in this!

Thanklessness, disrespect, complaining, contrariness, humiliation—it means all these and more to be a mother!

To Rose: If your mother doesn't like your young man, respect her reasons. They are good, for she is as far ahead of you in her knowledge of men as though she were reading the last chapter and you were beginning with the a, b, c's.

The boy of fifteen whose boy friend's mother is coaxing him to leave home! Something is fundamentally wrong with any woman who will advise a boy of fifteen to leave his mother.

The girl whose sweetheart gambles, the one whose sweetheart proves he never was a man by going back to drinking the other young things who are kept in the house evenings, or who want to elope, or who are afraid "her mother" will interfere with their future happiness: One and all of you, you deserve to be soundly spanked for one moment doubting the wisdom of the best friend you have on earth—your mother.

And what is more, the world has a way of seeing that those who disobey their mothers get a punishment far worse

Advice to Lovelorn

By BEATRICE FAIRFAX.

Man Who Takes Drink Occasionally. Dear Miss Fairfax: I am 19, and am keeping company with a young man of 22. My family objects to him because he takes a drink occasionally and was arrested a short time ago for operating his automobile while under the influence of liquor. I am very much in love with this young man and consider my family's grounds for objection very unreasonable. Would you advise me to marry him under these circumstances? DOLLY.

I strongly advise against your marrying a man who has been arrested for drunkenness. The man who operates an automobile in this condition shows a shameful disregard for human safety in addition to a lack of sobriety. You are very young and a long life stretches ahead of you. Don't foredoom it to unhappiness by marrying this man unless he reforms absolutely and finally and proves it by at least three years' test.

Love and Absence. Dear Miss Fairfax: I am in love with a young woman who lives out in Pittsburgh. She in return loves me very much. She wants me to come out here, she says she has a position for me, and a paying position at that. I am now in a position where I can save a dollar a week. Now, Miss Fairfax, would you advise me to go to her, as I would like to leave my present position? MURRAY H.

Forest Hills, L. I. If you are in a good position where you can save money and have the opportunity to advance, would it not be better to remain and work diligently so that you can save enough to marry your sweetheart? A temporary separation ought not to break the course of true love. Tell the girl that with this goal in view you think it wiser not to leave a position where you are successful for one, however good, at which you have not proved your ability.

Courtesy and Business. Dear Miss Fairfax: Upon entering the elevator of a large business building is it gentlemen's place to remove his hat if there are ladies in the car? If there are gentlemen in the car and a young girl enters is it their place to remove their hats. A FEVERSRAPIER.

It is becoming more and more a matter of course that men will not remove their hats in elevators in business buildings when there are women in the car. Personally I consider this a grave discourtesy and feel that a real gentleman should uncover in the car of an office building as well as in the elevator of a residence building.

Cousins Should Not Marry. Dear Miss Fairfax: I am a young man of twenty-three and am deeply in love with a young lady aged twenty-two, who is a first cousin of mine. I am not in position to get married but expect to be soon. I have been going out with her for about three years. I want to ask you whether it is right of me to keep her company, and your opinion about cousins marrying.

Science and medicine agree that cousins should not marry. It would be better and kinder of you to put your relations on a basis of family relationship and do away with the love-making. Do not let this girl wait for you on the supposition that you will marry some day. Better be seemingly unkind than marry so near a blood relation.

Do You Know That

A dove belonging to Mr. George Kerr, of Lawford, Essex (England), which has just died, was picked up by its owner when a boy twenty-three years ago.

Fifty men are now engaged in painting the Eiffel tower in Paris. Forty-five thousand pounds of paint will be used, and the work will cost \$20,000.

London, with 6,000,000 people, has only eighteen murders annually. The United States, with 90,000,000, has 10,000 murders a year.

Dezgars in China are taxed, and have certain districts allotted to them in which to make appeals for charity.

Falmouth is probably the oldest port in England. It was used by the Phoenicians at least 1,500 years ago.

It is not an uncommon experience to make \$1,000 per acre from the best strawberry plantations.

The goldfields of western Australia are the largest known. They cover 2100 square miles.

Fifty thousand knives are turned out daily by the Sheffield (England) cutlery workshops.

All the blood in a man's body passes through his heart once in every two minutes.

Tobacco pipes of meerschaum are boiled in oil or wax before being sold.

The magnolia has a more powerful perfume than any other flower.

About 20 per cent of the weight of meat is lost during cooking.

Baby of Future is Considered



Much thought has been given in late years to the subject of maternity. In the clinics these are maternity hospitals equipped with modern methods. But most women prefer their own homes and in the towns and villages must prefer them. And since this is true we know from the great many splendid letters written on the subject that our "Mother's Friend" is a great help to expectant mothers. They write of the wonderful relief, how it seemed to allow the muscles to expand without undue strain and what a splendid influence it was on the nervous system. Such helps as "Mother's Friend" and the broader knowledge of them should have a helpful influence upon babies of the future. Science says that an infant derives its sense and builds its character from the great many splendid letters written on the subject that our "Mother's Friend" is a great help to expectant mothers. 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