

CHICAGO GREAT WESTERN RAILWAY

MAPLE LEAF ROUTE

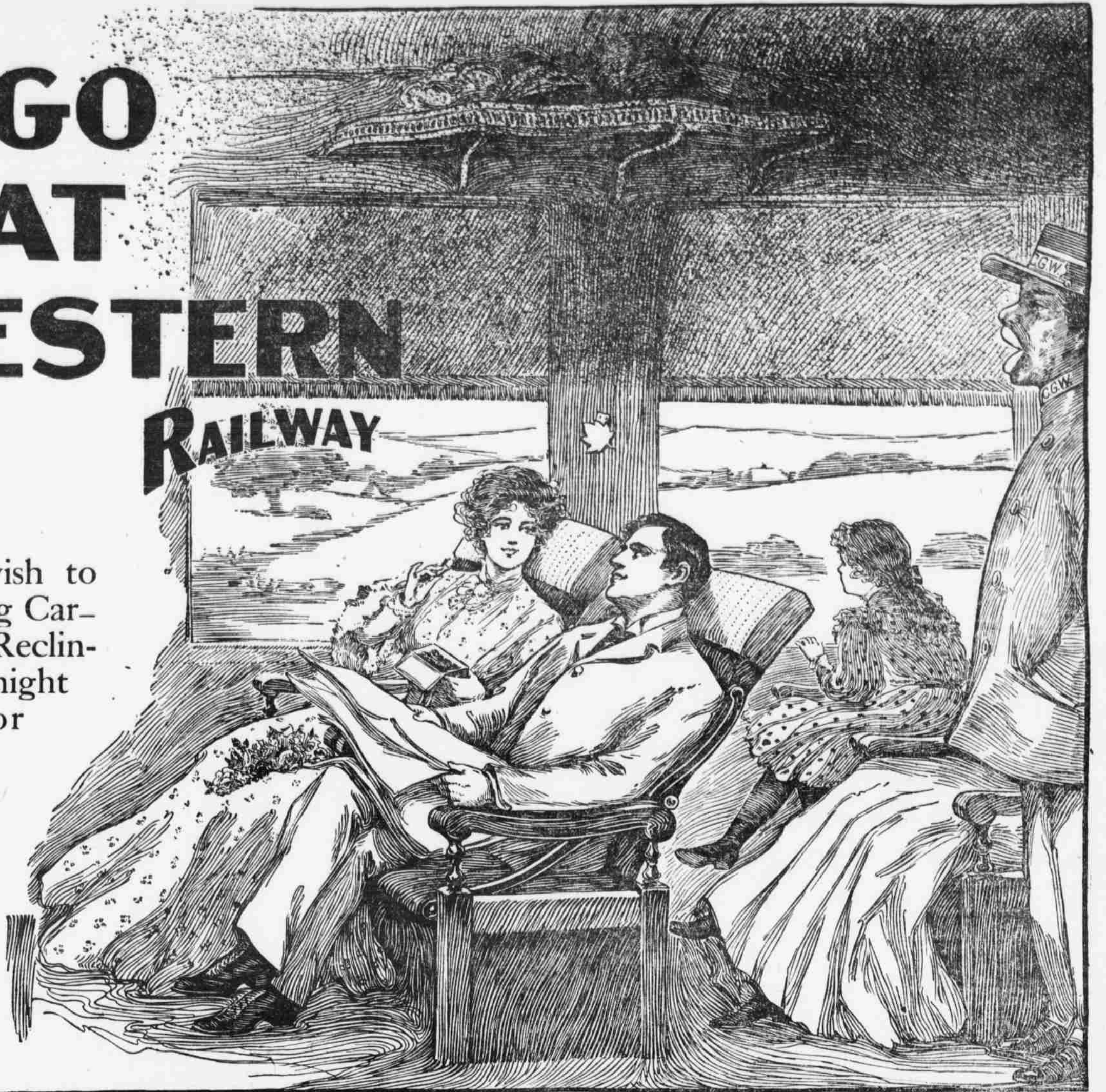
Free

If you do not wish to travel in a Sleeping Car—You will find free seats in luxurious Reclining Chair Cars on the C. G. W. night train to St. Paul, Minneapolis or Chicago

Train leaves Union Station, Omaha, for Minneapolis at 8:30 p. m. Arrive St. Paul 7:20, Minneapolis at 8:00 the next morning.

Train leaves Union Station, Omaha, for Chicago at 5:00 p. m. Arrives Chicago at 8:55 the next morning. Dining Car Serves Breakfast a la carte.

City Ticket Office, 1512 Farnam Street.



ALCOHOL AND MAN'S SYSTEM

Some Scientific Facts Plainly Stated for Public Education.

EFFECTS OF DRINK ON MIND AND BODY

Dr. Muirhead of Creighton Medical College Lectures Entertainingly on the Topic at Clifton Hill Church.

Dr. A. L. Muirhead, who occupies the chair of pharmacology and materia medica in Creighton Medical college, delivered a lecture in the Clifton Hill Presbyterian church on "The Scientific Side of the Alcoholic Question." The lecture was in nowise technical or argumentative, but gave the results of the investigations by accepted authorities, who in their experiments and analyses were not influenced in anywise by sentiment, but only by desire to reach truthful conclusions as to the effect of the use of intoxicating or alcoholic liquors on the human system.

Dr. Muirhead said that much of the information of the public on the temperance question is derived from temperance lectures and misconceptions of the real effect of the introduction of alcohol into the human system. He believed it best that the simple truth should be known, rather than some of the extravagant deductions of persons who are not accurately informed and who deal with only one of the many sides of the alcoholic question. In many discussions which relate to the social and moral aspect of the question extravagant assertions are often made, and young people in the course of experience, learning that these assertions are not true, are inclined to view with less disfavor the practice of drinking. The results of scientific demonstrations go very far towards establishing a convincing basis for appeals in favor of strict temperance proceeding from the social, moral and religious side of the question.

STOMACH TROUBLES COMMON NOW

Winter Food and Living Strain Digestive Organs, Use Mi-na and Be Well.

The hearty food and overeating, so common in winter, strains the stomach and digestive organs so that by this time the average person is out of health. It may be a simple headache, possibly sleeplessness, or a general tired, weak feeling, but the chances are that the stomach is weak and cannot properly take care of the food, and as a result there is heartburn, indigestion, lack of energy and a general fagged-out state.

The stomach needs health and strength. The various aches and pains that you have are the stomach's cry for help and its warning that it has been overworked.

Give it strength by taking a Mi-na tablet before each meal, and it will soon do its work so promptly and naturally that you will not realize you have a stomach. There will be no acidity, no flatulency, no griping about the heart, no unpleasant gases, no furred tongue, no inflammation of the mucous membrane.

A 50c box of Mi-na will bring buoyancy of spirit in place of lassitude and despondency. It will help the overtaxed stomach to start fairly on the road to health. It will give the sleep necessary to brain and nerve centers.

Ask Sherman & McConnell, one of the most reliable drug firms in this section, to show you the strong guarantee under which they sell Mi-na. Use Mi-na and you can soon eat what you want and all you want, for it will strengthen the weakest condition of your stomach and re-establish good digestion.

Dr. Muirhead first considered the effect of alcohol on the nervous system. The progressive effects, proportioned to the quantity of alcohol taken, are warmth, a feeling of comfort and of increased physical and mental vigor; the sense of care becomes dulled, and then self control becomes largely or altogether lost. Scientific investigations have proven, he said, that the cause of these effects is not stimulation, as is commonly believed, for the immediate effect of alcohol when taken into the system, proportioned to the amount taken, is the depression of the higher centers of the brain, the paralysis of the latest acquisitions of the brain until the person becomes as a child and all sense of responsibility and the control of the muscles is lost. In other words, it represents the progressive paralysis of the faculties in the inverse order of their cultivation. He said that alcohol always attacks the more highly developed tissues. The stimulation resulting from the alcohol is due not to the drink itself, but to the surroundings; conversation, music and all those features connected with drinking which go under the name of good fellowship. He asserted experiments conducted with scientific exactness have proven the truth of this conclusion.

Problem Solved by Superintendent of Motive Power Who Has Made Improvement of Whiz Wagon Machinery.

CAR STARTS AT HIGH GEAR ALL RIGHT

The dawn of a new era in the history of local passenger traffic was marked when Union Pacific motor car No. 1 beat the schedule time of train No. 6 from Valley to Omaha. Superintendent of Motive Power W. R. McKee's plan for starting with high gear has worked out successfully and in the opinion of the railroad officials who took the trip the problem of railway motor cars has been solved.

The run for Valley was begun at 10 o'clock yesterday morning, with Mr. McKee at the throttle. In the car was a party of railroad men and business men and their wives and representatives of the Omaha newspapers. It was a matter of much interest to all for the car had not yet been farther than South Omaha.

Misfortune marked the beginning of the run. In starting the car at high gear on the grade from the yards to the main line a set screw was sprung and other damage sustained. This necessitated the trip to Valley at low gear, less than twenty miles an hour, while a machinist was making repairs. Valley was reached at almost 2 o'clock and a stop was made for lunch.

By the time for return the machinery had been repaired and the car was started at high gear. It behaved wonderfully well and ran to Omaha at the rate of thirty miles an hour, beating the time of No. 6 by thirteen minutes. Though the car is capable of going between forty and fifty miles an hour, Mr. McKee held it slower because of the fact that the fan which cools the water pipes was not in working order.

Realizes His Dream.

"My dream has come true," said Mr. McKee, after alighting at Omaha. "It has long been my pet idea, that a motor car could be built which could be started at high gear. The main trouble with those which have been built and with automobiles is that they have several gears which have to be thrown in and out of mesh. They have to be started on the low gear. Here is a car weighing twenty tons, with a 100-horsepower engine, which starts at high gear, starts and stops without a jar and runs with very little vibration. I am immensely pleased with it."

General Superintendent W. L. Park, who made the trial trip, was delighted. He said:

"It was a pretty run all the way from Valley. The car has proven a success even as great as our hopes. Of course improvements will be made, but the successful railroad motor car is now a reality." The members of the party on the car were: W. R. McKee and Mrs. McKee, W. L. Park, N. F. Harriman, A. W. Whiteford, A. H. Fetters, George Thompson, C. R. Smith, Dr. and Mrs. Connor, Mr. and Mrs. Harry Cummings, Dr. W. O. Bridges and Arthur Gulou.

Other trips will be made from Omaha with the car. It is expected to send it ultimately to Portland for service.

M'KEAN'S MOTOR A SUCCESS

Trial Trip of Union Pacific No. 1 Proves All that Was Expected.

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Other trips will be made from Omaha with the car. It is expected to send it ultimately to Portland for service.

ANNOUNCEMENTS OF THE THEATERS

Tuesday evening at the Boyd theater Miss Florence Roberts, who has been a great success as the leader of a stock company on the Pacific coast, and who is now being starred under the direction of Mr. Frederick Delacost, will make her first appearance in Omaha. Miss Roberts has been a great success in her tour so far, the critics praising her for her excellent work generally. At Kansas City she won the highest of praise, and is heralded as a star of the first magnitude. She will begin her engagement here with "Zaza," playing that piece on Tuesday evening and at a matinee on Wednesday. Wednesday evening she will present a play never given in the west, "Marta of the Lowlands," a translation from the Spanish used last season by Mrs. Fluke and pronounced a literary triumph as well as an excellent piece of work dramatically. The engagement will close on Thursday night with "Tess of the D'Urbervilles," another piece that has never been seen in Omaha.

Colonel C. M. Hunt Declares Himself Against the Bonding Proposition and is Out to Make an Open Fight.

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The usual spring election will be held on Tuesday, April 4. Voting booths will be opened at 8 a. m. and remain open until 7 p. m. Besides voting for the school board ticket the people will be given an opportunity of voting on city hall and park bonds. The judges and clerks appointed for the school board election will serve for the special bond election.

P. A. Broadwell, clerk of the district court, named the judges and clerks of election. Some changes in the board from last fall were needed on account of the filling of vacancies, illness, etc. Mr. Broadwell and Mayor Kautsky held a conference and the vacancies were filled and a few changes made where last year's judges and clerks were unable to serve. The list as revised by Clerk Broadwell will be submitted to the city council tonight and approved.

Every arrangement for the election has been completed, even to the slightest detail. Chief Briggs said last night that no special police would be employed, but that one of his uniformed men would be stationed at each polling place.

PERSONAL PARAGRAPHS.

Mr. and Mrs. George W. Lininger have returned from their winter's tour to the south.

NOTICE TO POLICY HOLDERS

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FREE—The first article will be sent free on receipt of request to the publishers.

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SMITH'S MAGAZINE, 156 Fifth Avenue, New York.

Ozomulsion CURES

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ALL PREPARATIONS COMPLETED FOR SCHOOL AND BOND ELECTION.

All Preparations Completed for School and Bond Election.

REPUBLICANS HOLD A SUNDAY MEETING

Colonel C. M. Hunt Declares Himself Against the Bonding Proposition and is Out to Make an Open Fight.

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CHAICKEN THIEVES ACTIVE.

Chicken thieves operated in two widely separated parts of the city Saturday night. Mrs. Stogeman, 221 Winton street, lost fourteen chickens and T. P. Giblin, 129 North Eighteenth street, lost five. The thieves were tracked down at the latter place.

Charged with Assault.

George Krebs of 146 South Thirtieth street, who says he is a Union Pacific brakeman, was arrested at 11 o'clock last night on a charge of assault and battery preferred by a man named Morris Mountain. The warrant was issued last Thursday.

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THE WABASH WILL SELL TICKETS TO NEW ORLEANS AND RETURN.

The Wabash will sell tickets to New Orleans and return. Mobile and return and other points south, April 4. All information at Wabash city office, 163 Farnam, or address Harry E. Moore, G. A. P. D., Omaha, Neb.

DEAD.

GUILD—Mrs. John, aged 59 years. Funeral service from residence, 1229 Park avenue, Monday 2:30 o'clock. Interment at Forest Lawn. Service and interment private at Forest Lawn.

HUSTON—Daniel, aged 56 years, 5 months and 5 days. Funeral Tuesday at 2:30 o'clock, from the home of his daughter-in-law, Mrs. A. J. Huusta, 183 Finney street. Interment private at Forest Lawn.

COMMERCIAL CLUB MEETING. This evening the city council will meet in regular session. March claims will be passed on and the usual routine business will be transacted. Judges and clerks of election named by Mr. Broadwell, clerk of the district court, will be approved. No report from Andrew Rosewater in regard to the plans for the city sewer system will be received. At his formal conference with the city authorities Mr. Rosewater stated that he would like at least a week to carry out the details of his plans. There is a special hearing in this sewer matter as the special election for voting sewer bonds will not be held for some weeks. It will be necessary to pass ordinances adopting the plans and to issue the special election proclamation. Reports from committees will be received and discussed but members look for a short session.

HEATING PLANT SHUTS DOWN. On March 31 the agents for the city hall building discharged the fireman, and since that date there has been no steam heat in the building. Sunday was a damp day and the prisoners confined in the basement of the city hall building complained of the dampness. Some of the city officials generally work in their offices until noon on Sunday in order to keep the records in shape. Those who were compelled to remain in the building yesterday used expressions that would not look well in print. Chief Briggs stated that he would call the attention of the police commissioners to the condition of affairs and make the request that some arrangements be made for heating the jail during the month of April.

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ARROW

Quarter-Size COLLARS

CLUETT, REEBODY & CO.

FOR FULL A MONTHLY SHIRT FOR 15 CTS. AVOLYN 25 CTS.

Why Don't you give your heart the same chance you do the other organs? Why? Because when any other organ is in trouble, it refuses to work, and you hasten to repair it. The heart, the ever faithful servant, never refuses as long as it has power to move, but continues to do the best it can, getting weaker and weaker until it is past repair, and then stops. It is just as sick as the other organs, but because it will work you let it.

However, it is not too late for a "change of heart," so remember

Dr. Miles' Heart Cure will give your heart strength and vitality to overcome dizziness, fainting, blue breath, faint spells, flutters in heart and side, and all other Heart aches and difficulties.

My heart would ache and palpitate terribly, and at times I could hardly breathe. Dr. Miles' Heart Cure has restored me to perfect health, and I am very grateful.

MISS EMMA J. HARTON, No. 1 1/2 Hill St., Watertown, N. Y.

The first bottle will benefit, if not the druggist will return your money.