

DEMOCRATS TO MEET EARLY

They Will Nominate Their County Ticket on September 14.

JACKSONIANS RULE COMMITTEE MEETING

Effort of Douglas County Democracy to Secure Increased Representation for South Omaha Defeated in the First Round.

At a noisy meeting of the democratic county central committee, held Friday afternoon at the Jacksonian clubrooms, the date for the county nominating convention was set for September 14. The primaries will be held on September 12, and the convention two days later will not only nominate candidates for the county offices, but it will also select the delegates to represent Douglas county in the democratic state convention, to be held at Lincoln on September 17.

The Jacksonian element was in the saddle at the committee meeting and it went roughed over the Douglas county democracy boys, although the latter failed to present a persevering and vehement spokesman in the person of Louis J. Platt. The fight was precipitated by a proposition from Mr. Platt to increase the representation of South Omaha on the committee by giving it three new members for each of the two new wards.

The packing house town was represented at the meeting by six members, all of whom happened to have been restricted into one ward, the second. These gentlemen, who also happened to be under the magnetic sway of the Jacksonian wing, asked the privilege of retiring with an argument to fix up recommendation as to how the two new wards of their town should find representation on the county committee. This request was promptly granted by Chairman Ed Howell, who evidently knew the direction of the wind.

After an executive session of half an hour the South Omaha men reported a recommendation that the representation of their city on the committee remain as it is until the convention, when a re-arrangement might be made. Here is where Mr. Platt, whose voice is not as a gong, jumped into the arena with an argument that was convincing, but not effective. It was undemocratic, he pleaded, to deny equal representation on the committee to any ward or precinct in the county, and as South Omaha had two wards south of the center, it would be but simple justice to recognize them.

Ignatius J. Dunn took up the cudgel in behalf of the Jacksonians and injected a little legal lore into the proceedings by contending there were no vacancies on the committee and no authority was vested in the meeting to add to the membership of the body. When new wards or new precincts are created, he argued, it made no vacancies on the county committee, but it merely made new places to be filled by the convention of the party. Mr. Dunn's fine distinction between a vacancy and new place was accepted by the meeting, and thus the Douglas county boys were doomed in the first round of their fight for increased representation for South Omaha.

Later when it came to settling the number of delegates in the county convention to be allowed to South Omaha, the Douglas county men had nothing to say—they were out of ammunition. A motion to allow each of the six wards four delegates went through with a few dissenting votes. At the last convention South Omaha had seven delegates from each of its four wards, making twenty-eight in all, and now with six wards its representation is cut down to twenty-four delegates.

Pat Ford furnished the comedy of the meeting by moving that the committee recommend to the convention that the candidates for county commissioners who have the majority of the delegates from their respective districts be nominated. "I merely want to get the sentiment of the committee," remarked the Third ward statesman—and he got it. His motion was tabled so quickly and so enthusiastically that he forgot for the moment that he was in a democratic meeting.

SNEAKTHIEF IN A WAYCAR

Suggests Vision of Hold-Up with Pistols and Dynamite to an Excitable Individual.

A report was received at the police station last night that a train had just been held up and robbed on the Union Pacific tracks immediately south of Sixth street. The man who telephoned the story said two masked robbers, heavily armed, had boarded an express car and at the muzzle of pistols compelled the express messenger to give them the combination to the safe. There was one safe, however, to which he did not

CUTS TO MOVE THE WHEAT

Santa Fe Makes Seven-Cent Rate to Chicago on Carloads in Kansas City.

KANSAS CITY, Mo., Aug. 24.—The commercial agent of the Santa Fe railroad today announced to the Kansas City Board of Trade that his road would carry all wheat on which disposition orders were received before evening, from here to Chicago for 7 cents per 100 pounds.

The object of the Santa Fe in cutting the rate is to secure the disposition of loaded cars in the local yards. There were 100 loaded cars of wheat in the Santa Fe yards today. Disposition orders were received for the majority of them before evening. The commercial agent said that the receipts of wheat tonight would decide whether or not the 7-cent rate would be continued. It is possible that the Santa Fe will continue to make this rate openly while shipments continue heavy. The present is a cut of 3 cents under the agreed rate of 10 cents.

CROWDED CARS IN COLLISION

One of Their Passengers is Killed and Seventeen Injured, All of Atlanta.

ATLANTA, Ga., Aug. 24.—A head-on collision on the river line of the Rapid Transit company late this afternoon killed one man and injured seventeen people, three of them seriously. The dead: HARRY WILLIAMS.

Seriously injured: Mrs. Weaver, probably fatally. Mrs. John M. Weaver, Riverdale. C. C. Williams.

All of the injured are believed to be from Atlanta. The collision occurred on a sharp curve near Sims-ville, five miles out on the river line is one of the most popular suburban rides and the cars were crowded. Both cars were running at full speed.

FIRE STARTS FATAL PANIC

Vaudeville Performer Burned Beyond Recovery and Others Hurt by Being Trampled On.

EVANSVILLE, Ind., Aug. 24.—A tent belonging to a New York vaudeville company, which is showing at a fair being held in Sullivan, near here, was destroyed by fire tonight. It was crowded when the cry of "fire" was raised, and a panic ensued in which a number of women and children were seriously injured by being trampled upon. Miss Lillie May, a performer, was so seriously burned that she will die. Other employees were severely burned while rescuing them in the tent.

LIFE CONVICT IS PAROLED

John Fleming Released to Visit His Dying Father at Kokomo, Indiana.

MICHIGAN, Ind., Aug. 24.—John Fleming, a life convict in the penitentiary, has been given a ten days' parole by Governor Durbin, in order that he may visit his dying father at Kokomo. The officers have full confidence that he will return at the end of the ten days. This is said to be the first case on record where a life convict has been permitted to leave prison.

Confesses Guilt on Scaffold.

Roanoke, Va., Aug. 24.—John Fugate, a negro, 27 years of age, was hanged at Wise, Va., today for the murder, near Tom's Creek, of the 16-year-old daughter of a colored woman. Fugate was dead in nine minutes after the drop fell. He displayed great nerve on the scaffold, confessing his guilt. The execution was private and but few persons were admitted.

Kills His Whole Family.

COLUMBIA, S. C., Aug. 24.—Sam Farrow, a negro, shot and killed his wife, his father-in-law and mother-in-law, near Dawkins today. A posse started after him and Farrow fired at them from ambush without effect. He was arrested later and lodged in jail.

Color for Mayor of New York.

NEW YORK, Aug. 24.—John C. Sheehan of the Greater New York democracy said today the name of City Comptroller Fred E. Coler would be presented to the anti-Tammany convention as a candidate for mayor.

Movements of Ocean Vessels, Aug. 23.

At New York—Arrived—St. Paul, from Southampton and Cherbourg; Furia, from Bremen.

SCHELY'S RETIREMENT NEAR

Will Be on Tenth of October, Making Way for Wildes and Glass.

WASHINGTON, Aug. 24.—Important retirements and promotions in the United States navy will occur within the next few weeks, as announced at the Navy department today. Among them is that of Rear Admiral Schley, who retires from the active list October 10. Other retirements are those of Captains Parenholt, September 2; Captain Allen within a few days; Captain Robinson, September 21; Captain Forsyth, September 25, and Captain Ide, September 27.

As a result of these retirements forty-five promotions in the service will be made. The retirement of Rear Admiral Schley will promote two captains to the grade of rear admiral. They are Captains Frank Wildes and Henry Glass.

OPERATE ON ROOSEVELT'S SON

Surgeons in Hospital Bearing Vice President's Name Use Knife on Youngest Boy.

NEW YORK, Aug. 24.—Vice President Roosevelt's youngest child, Quinton, is now in Roosevelt's hospital, as well as his sister, Alice. The boy was operated on by Dr. Brewer, one of the visiting staff in the hospital. It is expected that he will be well in a reasonable length of time. The vice president spent all this afternoon by the bedside of his child. Miss Alice Roosevelt, the vice president's eldest child, was operated upon week ago Thursday and the operation she underwent was very successful. It is expected she will leave the hospital tomorrow.

NEBRASKA GOOD AS ANY PLACE

British Consul Says Neither Europe Nor Asia Can Beat It for Beets.

CHICAGO, Aug. 24.—In a statement taken from a report to his government, William Wyndham, British consul in Chicago, says that the United States will shortly be able to produce from beets the \$100,000,000 worth of sugar imported annually. Consul Wyndham has given the subject close attention and declares that the advantages in Colorado, Nebraska and Illinois, for the development of the beet as in any of the countries of Europe or Asia.

SOAP MEN JOIN INTERESTS

Say They Combine Only to Buy Supplies for Less, Not to Boost Prices.

KANSAS CITY, Aug. 24.—Western soap manufacturers are to form an association to buy supplies, tallow, rosin, etc. at cheaper prices than now. The local firm, Constal Wyndham, has given the subject close attention and declares that the advantages in Colorado, Nebraska and Illinois, for the development of the beet as in any of the countries of Europe or Asia.

Wish to Open Spokane Reservation.

SPOKANE, Wash., Aug. 24.—Plans are announced today to secure the opening of the Spokane Indian reservation to miners.

Colorado Templars Meet.

DENVER, Aug. 24.—About 250 Colorado Knights Templars met last evening at Louisville, Ky., to attend the triennial convocation.

Hanged for Criminal Assault.

TAMPA, Fla., Aug. 24.—J. M. Mercer, convicted of criminal assault, was hanged here at noon today. His neck was broken day after he fell. He died declaring his innocence.

Table and Kitchen

Practical Suggestions About Food and the Preparations of It.

Daily Menu.

SUNDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

MONDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

TUESDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

WEDNESDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

THURSDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

FRIDAY BREAKFAST. Fruit. Cream. Broiled Sweetbread. Creamed Tomatoes. French Roll. Coffee.

DINNER. Roast Lamb. Mint Sauce. Cauliflower. Stewed Tomatoes. Coffee.

SUPPER. Shrimp Salad. Fimolas. Nut Butter Sandwiches. Cake. Lemonade.

SAVED BY HIS OWN RECKLESSNESS.

Chief Officer escapes Sunday night for Indianapolis, where he will attend the annual convention of fire chiefs.

Fred M. Smith yesterday disposed of his interest in the Standard Hardware company to his partner, James W. Hastings.

More applications for enrollment for Bellevue college are being received than ever before in the history of the institution.

Colonel J. J. Hurt, the well known sheep breeder, whose farm is at Forty-fourth and E streets, has returned from a trip to Texas.

Dr. Don C. Ayer, head of the Bureau of Animal Industry here, has purchased the Frank Hayward property at Twenty-fifth and E streets.

Messrs. Sullivan, Smith, Rozelle and Broadbent, composing the Omaha Board of Settlers' picnic at West Point Thursday.

Wayne College Wins at Base Ball.

TILDEN, Neb., Aug. 24.—(Special Telegram.)—Wayne college and Tilden played a game of base ball here today resulting in a score of 5 to 1 in favor of the college.

Batteries: Wayne, Lathbey and Skein; Tilden, Galloway and Carroll.

ADAPTABILITY TO CHANGE.

The marvelous adaptability of the human being to the remarkable and varying climatic conditions should enable us to endure with comparative comfort and no serious physical disturbances the rapid changes we are subjected to, especially as we approach the most trying part of the summer

the month of mists and fog. The long, protracted heat of July exhausts and depresses us and we are less able to stand the obnoxious influences that surround us at this time, unless we are most careful to avoid all errors of diet as well as pay strict attention to warnings nature gives on every side of damages arising from the rapid changes in food substances, bad drainage and that obscure but potent enemy called "malaria" that finds so many regions favorable for its production.

To Escape the Diseases of Summer.

There are two escapes from disease in summer—one is to take refuge in places where the temperature does not arise to an uncomfortable degree, and the other to conform our lives to the requirements of the season. This latter alternative falls to the lot of those who most need to escape the intense heat—the city toiler. Unfortunately, too, for those who do not possess a comfortable amount of this world's goods, they are not able to indulge in an abundance of fresh, wholesome fruits and green vegetables, as the choicest and freshest of these are never very cheap, and unless all perishable summer foods are strictly fresh and in good condition they may create very serious mischief in the human economy. It is plain, therefore, that in order to guard against disease in hot weather we must consider the condition, quality and quantity of food consumed, as well as what kind we eat. We also lose sight of the fact that it is the law of nature that most vegetables as well as dead animal matter will rapidly advance into that chemical change known as decomposition, when subjected to the influence of heat and dampness and exposed in the air. Therefore such perishable foods cannot be kept in wholesome condition for any great length of time in our markets or at home, especially in the damp, warm, rainy season, without becoming unpalatable and in many cases poisonous.

The Products of Putrefaction are Always Poisonous.

whether they are produced in the open air, in the cellar or in the human stomach.

Food Not Properly Digested.

The greatest danger arises from the food not being properly digested in the stomach, as there is no escape from the harmful consequences, as the poisons thus generated must necessarily pass in the form of gases and acids through all parts of the body and minor disturbances at least are set up. The first indication of harm done is in impaired digestion and if this is not at once corrected the functions of the stomach become so impaired that scarcely sufficient food is digested enough to support life and certainly not enough to protect the system against the insidious diseases that lie in wait for the transgressor.

We Eat Too Much.

The disturbances that impair digestion in summer not only arise from eating unwholesome and unsuitable food, but in too many cases too much food. Only a part being digested, the remainder ferments and decomposes in the stomach in the same manner as it would if exposed to unfavorable conditions in the open air.

In a healthy stomach the digestive fluids preserve the foods if they are in fit state when eaten, and at the same time they are out of proportion needed. As all food taken into the stomach is exposed to a temperature of 100 degrees Fahrenheit, the heat and moisture would decompose it were the fluids of the stomach not antiseptic. It is only when indigestion has impaired the natural action of these fluids, or the substances eaten have already undergone a change, making them unsuitable for food, that they do not fulfill their proper function.

Nothing so surely proves the close relation of food to man as the results of errors of diet.

We cannot expect to have healthy, well nourished body and brain unless we build them of the best material. It is well to learn by how little life may be sustained and just how much nature requires in order to maintain health and comfort in hot weather.

Some Nice Breakfast Toasts.

One often desires a change from the uncooked fruit and cereal for breakfast and nicely prepared toast and fresh or stewed fruit is very acceptable.

Blackberry Toast.—Crush the berries with a spoon and sweeten to taste. Toast slices of dry, whole wheat bread until crisp and nicely browned. Dip into a little scalded cream or milk, with a little butter added; do not soften sufficiently to break the slices; cover each slice with the mashed berries and serve.

Peach Toast.—Moisten slices of zwieback in milk, beat cream and cover each slice with fresh peaches, pared and chopped rather fine and sweetened to taste.

Peach and Nut Butter Toast.

Toast slices of stale whole wheat bread and moisten slightly in hot cream, then cover each slice with peanut butter softened and heap chopped sugared peaches on this. If a tablespoonful of whipped cream be added you have quite a substantial breakfast for a hot morning if you are a temperate eater and your appetite easily satisfied as to quantity.

Cream Fruit Toast.

Str two level tablespoonful of butter with one level tablespoonful of flour and add a cup of hot milk, stir and cook until it boils, then season to taste with salt, add a beaten egg and cook a minute longer. Have nice crisp slices of toast moistened with the juice and covered with chopped sugared peaches; pour the dressing over fruit and toast and serve. The toast may be softened with orange juice and ripe, chopped bananas and oranges used.

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Brownell Hall

Instructors graduates of colleges recognized as among the first in America. Given good general education and also prepares for any college open to women. Principal certificate admits to colleges without examination. Excellent advantages in music, art, foreign languages, Latin, French, natural sciences and mathematics. Music: Miss Ware, three years a pupil of the late Oscar Repp, Berlin, Germany. Thoroughness insisted upon as essential to character-building. Three distinct departments—primary, preparatory and academic. Physical training by professional instructor. School reopens September 16. Terms and catalogue on request.

DAY ACADEMY

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COR. 27th AND ST. MARY'S AVENUE.

Classes will be resumed Wednesday, September 4th. The course contains every branch of a thoroughly refined and literary education.

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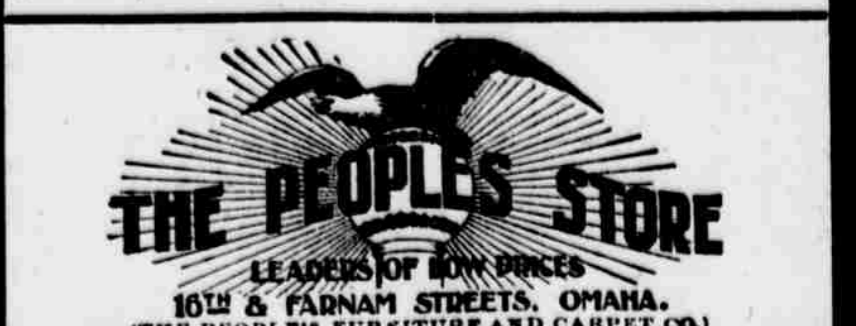
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