E FOOLISH FISHERMAN

There was once a fisherman who started out with a brand-new seine to earn

a living. He was a very industrious man and toiled hard, and for a time was

quite successful. But the constant use of the net, and the strain put upon it,

began to weaken it. A mesh broke here and there. Presently these breaks

extended and gave an opportunity of escape for some fine fish. Neighbors said, "Why don't you mend your net? You are losing fish." But the fisherman said: "I haven't the time to mend the net." So in time the holes in the net united into one huge break through which the larger per cent. of the fish escaped, and

Very foolish, indeed. But he is a very fair type of a class of people who start

out in life with good sound stomachs. Then disease begins to cause weakness,

Just as a few fish slipped through the first rent in the net and were lost, so now,

there begins to be a slight loss of the nutritive values of the food eaten, because

the stomach and organs of digestion are "weak" and incapable of perfectly

performing their duties. If these first symptoms of disease are neglected,

the loss of nutrition increases. Just as much food is eaten, but for it all the

body grows poorer. The nutritive values of the food are being largely lost.

What folly for a fisherman not to take time to mend the net through which

How much greater folly is that of a man or woman who won't take time to

cure the diseased condition of the stomach and its allied organs, through which

is being lost the nutrition of the food eaten. They eat but are not fed. They

eat but grow lean of body and light of weight. The net of the stomach is

and converted into nutrition. There is no other means of sustaining the phys-

ical life than by the nutrition derived from food. The common cause of debli-

tated and "run-down conditions" is lack of nutrition. The body is in a condi-

tion of semi-starvation, and heart, liver, lungs, kidneys, and every other organ

may be involved in disease because they must suffer from

"Put the patient on a specially nourishing diet," says the

doctor. That's like saying to the fisherman with a big

hole in his net, go and try a cast where there are more fish.

But the trouble is not lack of fish, but the big hole in the

net. So with nutrition, the trouble is not lack of food but

the condition of the stomach and digestive and nutritive

tract, which prevents the assimilation of the nutrition

derived from the food eaten. It is not what is eaten

that nourishes the body, but only that part of it which is

digested and assimilated and enters into the blood in the

caught and kept. That "weak" stomach must be made

strong before the body can regain its strength. Dr.

and assimilated.

poorly I could only walk in the house by the aid of a chair, and I got so thin I had given up to die, thinking that I could not be cured. Then I saw one of my

neighbors, and he said, 'Take my advice and take Dr. Pierce's

Golden Medical Discovery and make a new man of yourself.'

The first bottle helped me, so I thought I would get another and after I had taken eight bottles in about six weeks I was

weighed and found I had gained twenty-seven (27) pounds,

I have done more hard work in the past eleven months than I did in two years before, and I am as stout and healthy to-day,

I think, as I ever was. I do not feel anything like dying to-day. I caunot give Dr. Pierce's

meritorious medicines, will offer a substitute as "just as good" as "Golden Med-

Sometimes a dealer, tempted by the little more profit paid on the sale of less

That hole in the net must be mended before fish are

Pierce's Golden Medical Discovery cures

diseases of the stomach and other organs

of digestion and nutrition. The remarka-

ble results following the use of this medi-

cine are due to that fact. The need of the

body is nutrition. "Golden Medical Dis-

covery" cures diseases that hinder nutri-

tion, and so the body grows strong and lost

flesh is regained, in the one way in

which strength and flesh can be

Thomas A. Swarts, Esq., of Sub Station C, Box 103, Columbus, Ohio, writes; "In

June, 1891, I was taken very sick and doc-

tors told me it would kill me if I did not do

something for myself. I was taken with

severe headache, then cramps in the stom-

severe headache, then cramps in the stomach, and my food would not digest, then
kidney and liver trouble, and my back got
weak so I could scarcely get around. At
last I had all the complaints at once, and
I just gave money to the doctors whenever
I thought they would do me any good,
but the more I doctored the worse I got,

until six years passed. I had become so

made-namely, from food digested

The strength of the body is sustained by food when it is properly digested

with all his effort the man grew poorer with every day's toil.

The fish are slipping through the big hole in the net.

letting the food-fish slip through the rents of disease.

lack of nourishment.

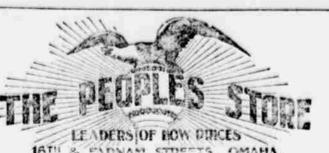
form of nutrition.

What a foolish fisherman !

the fish are being lost!

Furniture Bargains

tained Monday. Money saving values such as are mentioned below-beside hundreds of others not quoted here, cannot help but crowd our store



IATH & FARNAM STREETS OMAHA. THE PEOPLE'S PURNITURE AND CARPET CO.



Sewing Machines Sewing Machine stock, includng 3 and 5-drawer of variou makes, guaranteed for 10 years-Mon-

Ingra'n Carpet. All wool Ingrain Carpets, the new and desirable colors—choice patterns 490 the new and desirable

-on sale tomorrow..... Curtains.



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VENEERED SEAT ROCKER-

large solid comfort size, highly

polished, including two

ther patterns, regular



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School of Acting

Dr. Louis Falk

36th Season Begins September 9 The Chicago Musical College is the largest and most complete school of its a. ongest faculty ever assembled in a school of musical learning. offers Building is the finest structure in existence devoted exclus-

uction and arrangement of courses represent the outcome It thirty five years of experience.

The terms of tuition are the lowest commensurate with the high grade of

New Illustrated Catalogue Mailed Free.

Domestic Science

The Sisters of Mercy cordially invite the iadies of Omaha who desire to take lessons in Housekeeping, Cooking and Dressmaking, to join the classes to be established in connection with their Academies on the beginning of the session in September. Special arrangements will be made for those desiring private instructions. Evening classes will also be formed. The classes in Housekeeping and Cooking will be taught by Mrs. Harriet MacMurphy. The Sisters take pleasure in assuring their many kind patrons that dresses will be cut, fitted and made with an elegance to satisfy the most artistic and at moderate

Engagements may be made at ST. CATHERINE'S ACADEMY, 18th and Cass Sts, and at MOUNT ST. MARY'S SEMINARY, 15th and Castellar Sta.

DVORAK Dramatic School.

KIMBALL HALL.243 Wabash av. Chicagolii Fall term opens Sept. 9. Send for Catalogue. EDWARD DVORAK, Director.

Brownell Hall

Excellent advantages in music, art, the modern languages, Latin and Greek, Latest methods in teaching the natural sciences and mathematics. Head of music depart-ment, Miss Ware, three years a pupil of the late Oscar Rair, Berlin, Germany Miss Ware's methods and theories in accordance with these of the well-known masters of the world. In every department thoroughness insisted upon as essential to character building. Special attention to development of individuality and also to development of a sense of social responsibility. Gives good general education and prepares for any college open to women. Instructors college graduates, Send for catalogue. Address Miss Macrae, Principal, Omaha.

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Food Inspector. H. L. RAMACCIOTTI, D. V. S.

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At All Times TONIC

Sold by all druggists. Refuse substitutes.
Mariani & Co. 52 W. 15th st. New York,
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of Emperors, Empress, Princes, Cardinals,
Archbishops and other distinguished personages it is sent gratis and postpaid to
all who write for it.

TWO MORE MEMBERS TESTIFY Table and Kitchen

School Board Slow in Getting Before the Council's Committee.

NO EVIDENCE OF DIVERSION OF FINES

Resolutions Adopted at Instance of Finance Committee and Not Because of Any Proof Presented Openly.

Only two members of the Board of Education, J. J. Smith and N. M. Howard, appeared yesterday before the judiciary committee of the city council to testily concerning the alleged misappropriation of fines by city officials. Each of these members stated that he knew nothing whi h would warrant the board in charging a diversion of flues.

At 10 o'clock Chairman Hascall of the judiciary committee asked Sam C. Walkup. sergeant-at-arms, to step into the court of he city hall and call the names of all the members of the Board of Education but Mr. Christie, who appeared before the committee at a previous sitting.

Mr. Howard and Mr. Smith were the only men who responded to the call of the sergeant-at-arms and presented themselves before the committee. Councilmen Harcall, Mount, Whithern and Zimman were present at the meeting. Councilman Burkley, the other member of the jud clary ommittee, is out of the city.

After the two members of the bca:d were sworn they took the stand and were questioned by Mr. Hascall and other members of the committee. Both Mr. Smith and Mr. Howard stated that they voted for the board's resolution providing that the rumors concerning the diversion of fines be investigated. They stated that they voted for it because the finance committee recommended the measure and not because they had any knowledge of facin upon which such a resolution cou'd be based.

No Evidence Before Board.

"I supposed that the finance committee information concerning the illegal collection of fines," said Mr. Smith. "No evidence was ever introduced in an open meeting of the Board of Education which threw any light on the resolution."

At the conclusion of the taking of testimony Chairman Hascall suggested that the judiciary committee meet again and give the remaining members of the Board of Education another opportunity to respond to the call of the council.

"I understand that a meeting was held by the members who are in the city and nave not seen fit to respond to our call. And I am told that they agreed to ignore the summons of our committee," Chairman Hascall. "I think it best to give these members another chance to appear of their own free will. If they refuse to answer our call we can then go after them

It was finally decided that the committee would meet again next Tuesday morning at 10 o'clock. The councilmen have not decided whether they will send officers after the board members at that time or delay such action until the members have been given one more chance to heed the calling of the council.

A meeting of the board members who are said to have signed the letter to the council in which a declaration was made that the board members would not pay any attention to the council's investigation was held Friday afternoon. The advisability of testifying before the judiciary committee was discussed. It is reported that the members decided that admitting to the judiciary committee that they had no evidence to support their resolution would lessen the chance of securing a grand jury.

WALLING WINS AND LOSES sightly.

Secures Release by Habens Corpus, but is Held for New Prose-

Edward J. Walling, who was arrested embezzlement and who sought his releas

cution.

about four months ago on a charge of from the county jail by habeas corpus proceedings, both won and lost in Judge Baker's court yesterday morning.

was entitled to be released on the commitment under which he had been held. or prosecution on any charge which the county attorney may desire to make

against him." Walling was ordered back to jail, after the county attorney had stated to the court that he would start the prosecution all over again.

Receiver for Security Mutual Fire In-

surance Company Reports. H. A. Whipple, as receiver for the Security Mutual Fire Insurance company, has perature is best. filed a report of the assets and liabilities of the concern in the district court. The assets consist of office supplies and accounts against agents and others in the sum of \$584.25. The liabilities amount to \$3,111.71, valuable addition it is to their list of herbs. of which \$2.187.61 is owing to miscellaneous It costs so very little, 5 cents worth lastcreditors, \$15 represents a judgment against ling for a year at least, as only a small

the unpaid losses.

Singer Manufacturing Company Objects to Use of Word.

New Jersey has made application to the dis- trial she will agree with all lovers of pertrict court for an injunction to restrain the fect salads that it gives a gest to these Nebraska Cycle company from using the preparations that makes them simply perword "Singer" on its delivery wagons and fect. The price asked by our grocers for serts that the use of the word "Singer" by from making an experiment; but a bunch the Nebraska Cycle company misleads the of fresh tarragon costs from 15 to 25 cents, pany is an agent of the Singer company.

Names of Three Local Veterinary

Surgeons Are Recommended for Philippine Service.

The quartermaster of the Department of he Missouri has succeeded in getting three salads and may form the basis of mint veterinarians in response to its recent call sauce for spring lamb, or may be used in far men of this profession to go to the making a mayonnaise dressing for cold Philippines and to take charge of horses en- lamb or for green pea or bean salad. Pick route to the islands.

forwarded to Washington and they will be bottle; cover with warm vinegar and let instructed to proceed immediately to the stand until wanted. If too strong-flavored Pacific coast, whence they will sail to add a few drops of plain vinegar. Manila September 1.

Would Have Cost Him His Life. Oscar Bowman, Lebanon, Ky., writes: "! have been using Foley's Kidney Cure and take great pleasure in stating it gave me many parts of America, but little appre- epicure. permanent cure of kidney disease, which clated except by professional cooks. If certainly would have cost me my life." properly cared for it will thrive well in a

Take none but Foley's.

Practical Suggestions About Food and the Preparations of It

Daily Menus.

MONDAY BREAKFAST. Fruit. Cereal. Cream.
Poached Eggs in Brown Butter.
Sauted Potatoes.
Toast. Coffee.
LUNCH. Nut Butter Sandwiches,

Cottage Cheese. DINNER Tomato Soup Brolled Chops. Creamed Potatoes, Cold Slaw. Blackberry Cake, Coffee,

TUESDAY. BREAKFAST.

Panned Tomatoes, Cream Sauce, Entire Wheat Gems, Coffee, LUNCH. Clam Chowder,
Corn Cysters Tomato Sauce,
Cercal Coffee,
DINNER,
Mutton Broth,
Macaroni with Bechamel Sauce,
Baked Tomatoes, Creamed Onlons,
Erg Saint,

Egg Saind.
Raspherry Whip. Boiled Custard.
Coffee.

WEDNESDAY. BREAKFAST.

Cereal Fruit. Cream.
Frizzied Dried Beef, in Cream.
Fried Egg Flant Rolls, LUNCH. Coffee.

Shrimp Salad. Cucumbers. Fruit. Soft Gingerbread. Lemonade DINNER. Iced Clam Broth.
Pricassee of Lamb. Mashed Potatoes.
Spiced Beets. Creamed Carrots. Spiced Beets. Crear Lettuce.

Tapioca Cream. Coffee. LEAVES FOR PLAYORING.

Enhancing the Value and Attractiveness of Food.

"Parsley is the crown of cockery. It once crowned man; it now crowns his food."

This berb is considered indispensable not only by the professional cook, but by all who wish to enhance the value of their food by adding to its flavor and attractiveness of appearance. It is so easily grown from the seed in a garden corner in summer, or box in a sunny window, that there is no excuse for being without it, even when the market cannot supply your needs. It can be propogated by dividing the roots and potting them for cultivation in winter, but the parsley grown from the older stalk is stronger in flavor and sometimes rather bitter. In order to have green parsley through the winter pick off the old leaves from the stalks in September. The roots should be taken up in the early part of November and replanted in boxes and these kept in the kitchen or moderately light cellar; they will produce rapidly. Parsley can be preserved for winter use by drying. Scald it and dry in a slow oven and then pack in air-tight jars or tins. When wanted for seasoning soak in warm water a few seconds to freshen it. Dried parsley can only be used for flavoring or to garnish when the minced parsley is called for; for garnishing the curly leaf variety is the most ornamental when used without chopping.

When used for white stews, sauces and dusting over dishes it must be minced very fine, dried to a powder by twisting in a towel or cloth.

The flavor of parsley seems especially suited for fish, poultry and potatoes. The roots and stems may be used for soups but the flavor of the leaves is more mild and delicate and nicer for other preparations. When the roots and stems are used they should be removed before the food is served, as they are not very

The green juice expressed from parsley is used to color sauces, add to the color of green soups and make green butter Parsley should always accompany onions as it counteracts the strong odor and sweetens the breath; for this reason it is one of the main ingredients in potato salad. Bear this fact in mind when using onion for a flavoring.

How to Chop Parsley.

There is a right way to do this as well as in doing everything else. If the parsley In his application for a writ of habeas is wet dry it thoroughly in a tovol, then corpus Walling set up that he was being pick the leaves from the stems, gather illegally detained because his commitment the leaves closely between the thumb and to the county jail was to await trial at two tingers, press tightly and hold on a the May term of the district court and the board with the fingers slanting in such a May term had expired without any informa- manner that the nails will protect the ends tion having been filed against him and of fingers from the knife. With a sharp, without bringing him to trial. This point, pointed vegetable knife cut through the the court ruled, was well taken and Walling parsley as close to the fingers as possible; in this way each stroke of the knife does the work completely, the parsley is minced "But," added the court," he can be held fine and evenly and does not have to be gone over again. So many minutes saved and perfect result obtained. This is what "knowing just how" means to the busy housewife. Twelve times five minutes saved makes an hour to rest from the busy routine of household cares and surely that is worth the striving for.

Fried parsley is used for garnishing fowl, ASSETS ARE SOMEWHAT SHY, etc. Carefully pick the leaves from the stems, wash and thoroughly dry in a cloth. Put in a frying basket and fry in hot fat for a very few minutes. Do not have the fat too hot or the color will be lost and the parsley spoiled. Fat at croquette tem-

Bay Leaves.

This is used constantly and yet there are many housewives who do not know what a the company and \$869.10 is the amount of quantity will impart a very decided flavor to soups, sauces and spiced meats. The leaf is a species of laurel and the flavor is similar to that of the plum kernel.

Tarragon Leaves.

Although this plant has been one of the greatest salad herbs for over 300 years, the American housewife does not yet fully ap-The Singer Manufacturing company of preciate it. When once she gives it a fair salesmen's buggies. The complainant as- the imported tarragon vinegar deters many public into the belief that the cycle com- according to the season; this will make a large quantity. Divide into four bunches and put each bunch into a quart bottle; fill the bottles up with warm vinegar, set aside GOOD JOB FOR HORSE DOCTOR to cool, then cork and keep in the kitchen pantry. The vinegar will be ready to use in ten days. The dried leaves may be used if the fresh cannot be obtained. These, as well us the bay leaf, are to be found in the druggist's keeping

This is very nice and good in epring butters. the young leaves from the stalks of fresh of green peas or beans a fresh daintiness saind hed.

which will surprise you. Burnet.

The names of the men secured have been mint, bruise them slightly and put into a soups and sauces if used moderately. It

between the bone and flesh at the small end of a leg of mutton is a trick of the chef

Chervil.

added to any vegetable salad is acceptable leaves will give an excellent flavor. The and it is also used in piquant sauces and leaves are many times divided similar to those of parsley. This herb will grow in any garden and the seed can be obtained

Other Useful Herbs.

window garden. It smells and tastes like A delicious raised herb invariably found in demn the low at form of life.

Think It's Your Move?

Just look around your office! Are your windows clean? Is the gas light dim? Do you come up in a dinkey, crowded little elevator that doesn't run nights or Sundays, and is run by a fresh elevator boy who jars your breakfast every time you ride? If so your office is not in

The Bee Building

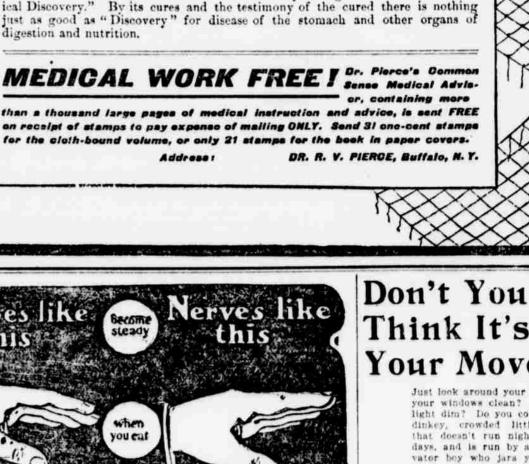
But it ought to be. There is no janitor service like theirs. You have electric light, steam heat and perfect elevator service. There are no undesirable offices in the building. We'll take pleasure in showing you them.

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LOST VITALITY RESTORED DR. LOBB'S COMPOUND DAMIANA WAFERS
CUREN LOST MANHOOD, NERVOUS
DEBILITY, ERRORS OF YOUTH.
Makes Manly Men. The 50c. a box shoxes
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VARICOCELE A safe, painless, per-manent cure guaran-years experience. No money accepted until pa-tientis well. Consultation and Book Free, by mall or at office. Write to DOCTOR C. M. COE.

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Golden Medical Discovery too much praise."

Nervous disorders are aggravated by heavy, pasty or harsh, burned grain foods. Cranola is thoroughly cooked, sterilized and digested. It is ready for instant use. Eat Granola and Live. Live well and be well while you live. Every package of genuine Granola bears a picture of the Battle Creek Sanitarium. Sold by all grocers. Beware of imitations.

Drink Caramel Cereal and Sleep Well—it leaves the nerves Strong. Caramel Cereal is the only substitute for coffee that has an actual food value. Send 3 cents for Granola sample to

Battle Creek Sanitarium Food Co. BATTLE CREEK. ucumbers. A few leaves chopped up and salads prepared by the French; a very few

Chives.

This is a kind of green onion top, slender, any large seed store. pipelike and dark green; it is a mild form of onion and is an addition to spring salads. grows wild in some parts of America, but is not difficult to cultivate; the bulbs can be obtained from any seedman and should be A few young mint leaves will give a dish planted in May round the border of the A tiny portion of one leaf or blade thrust

This is a plant found growing wild in who knows how to delight the palate of the

Sweet basil, sweet marjoram, sage and many other common herbs are so well known that it is not necessary to enumerate them. The housewife who does not know of all these many good things nature provides in such abundance to aid her should study the secrets hidden in wood and field. Nature is a great economist and tolerates no useless thing in plant life; the most unstiractive weed that grows has its mission to man or beast. The fact that man having eyes seeth not should not con-