

The Preacher's Quiet Habits.

Sedentary and studious men some times become prestrated before they know it. Those who spend much time in close mental work and neglect to take enough exercise often find their stomachs unable to do the work of digestion. The liver becomes torpid. The bowels act irregularly. The brain refuses to serve it once did. Their preaching becomes a failure, and there is a state of general misery. So many ministers have been restored to health by the use of Brown's Iron Bitters that the clergy generally are speaking of their friends of this medicine as the very best tonic and restorer they know of. It restores thin and watery blood to its proper condition by toning it up with the purest and most invigorating preparation of iron that science has ever made. It is pleasant to take, and acts immediately upon the persons, but on other folks...

NOTED BUT UNTILKI WOMAN.

(From the Boston Globe.) The above is a good likeness of Mrs. Lydia E. Fildon, of Lynn, Mass., who above all other human beings has been truthfully called the "Dear Friend of Woman." Her life has been a life of self-sacrifice, devoted to her work, which is the outcome of a life-story, and is obliged to keep his mind wide awake, to help her answer the large correspondence which daily pours in upon her, each bearing its special burden of suffering, or joy at release from it. Her vegetable Compound is a medicine for good and not for evil purposes. I have personally investigated it as a matter of the truth of this.



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OCCIDENTAL JOTTINGS.

Wyoming. Laramie had a foretaste of winter last week. There are six frosts running in Cheyenne. Bill Nye, the original Boomerang man, is seriously ailing with spinal meningitis. It is no laughing matter either. The police of Cheyenne pulled the Chinese opium den, and captured ten opiumists with a complete gambling and opium outfit. The Bear and White river country is rapidly filling up with good, substantial, energetic settlers. The places names are doing well and work on the ditch is progressing favorably. Lieutenant Dan C. Kingman, engineer officer of the department of the Plate, is now in the Yellowstone park, laying out roads and building bridges, \$30,000 being at his disposal for the purpose. Address from Custer, Dakota, is to the effect that the citizens of that place are doing all that they possibly can to have the old route restored to the Cheyenne and Custer. They think it will be worth \$20,000 a year to Cheyenne. The Union Pacific Railway company has at last got possession of the Rawlins patent mines. Mr. J. C. Shaw sold his mill and mine for \$10,000, and Messrs. S. W. Downey, John C. Friend and John Dyer received \$1,000 for their claim.

Dakota. The Elk Point Congregationalists are about to reorganize their society and engage a minister. Frank county cast 404 votes at the recent election. Brown county has an assessed valuation of \$2,395,000. A \$12,000 Caledonia brick was deposited in the Merchants National at Deadwood the other day. Mandan will have water works in operation before cold weather. The Father DeSmet mine paid its twenty-eighth dividend aggregating \$20,000. The taxable real and personal property in Brown county amounts to \$2,955,928.80. At the year ending June 30th, over 3,000 claims were taken by the Bismarck district. The Spanish Register says that the crops this year will be altogether the largest and best ever raised. Twenty-three tons of selected ore was reduced in the Portland mill recently which cleaned up \$1,900. Black Hills papers say that the cattle drive this year is ahead of anything known before in the history of the west. Another shipment of 225,000 pounds of flour was made from the Deadwood flouring mill by a mule train last week. Several trains have been removed from the Lower Brule Indian agency to the government arsenal at Rock Island, Ill. A Black Hills paper contains the following: "I hereby warn all persons not to trust my wife, Ellen Flannigan, as I am not married to her."

THE NECESSITY FOR THE SPECIALIST.

DR. H. WAGNER, M.D. Why should you try the celebrated Dr. H. Wagner's methods of cure? 1. "Dr. H. Wagner is a natural physician." 2. "He can cure you as a doctor, and you know how to cure yourself." 3. "You are wonderfully profuse in your knowledge of disease and medicine." 4. "The afflicted find ready relief in your presence." 5. "Dr. H. Wagner is a regular graduate from Bellevue Hospital, New York city; has had very extensive hospital practice, and is thoroughly posted on all branches of his beloved science, especially on chronic diseases." 6. "Dr. H. Wagner has immortalized himself by his wonderful discovery of specific remedies for pulmonary tuberculosis, and all other chronic diseases." 7. "Thousands of invalids flock to see him." -San Francisco Chronicle. 8. "The doctor's long experience as a specialist should render him very successful." -Rocky Mountain News.

Plain Facts Plainly Spoken. At one time a discussion of the secret vice was entirely avoided by the profession, and medical works of the few years ago would mention it in no way. Today the physician is of a different opinion; he is aware that it is his duty—disagreeable though it may be to handle this matter without gloves and speak plainly about it, and intelligent parents and patients should be made to understand the true nature of this disease, and its consequences. The results attending this destructive vice were formerly not understood, or not properly estimated; and its insidious nature being attached to a subject which by its nature does not invite close investigation, it was willingly ignored. It is generally contracted by the young while attending school; or companions through their example; may be responsible for it, or it may be acquired through sexual excesses, and is a disease which, if not treated, will eventually result in total prostration. Mental and nervous affections are usually the primary result of self-abuse. Among the injurious effects of this vicious habit, dejection or irascibility of temper and general debility; the best seeking seclusion, and rarely joint disease in the spine of his companions. If he is a young man he will be little loved in company with the other sex, and will be troubled with exceeding and annoying humors in their presence. Leaditions, dreams, emissions and eruptions on the face, etc., are also prominent symptoms. If the practice is violently persisted in, more serious disturbances take place. Great palpitation of the heart, or the greatest nervous irritability, and the sufferer may fall into a complete state of delirium before finally death relieves him. To all those engaged in this dangerous practice, I would say, first of all, stop it at once; make every effort to do so; but if you fail, if your nervous system is already too much shattered, and consequently your willpower broken, take some nerve tonic and visit my office. Having received counsel from the habit, I would further counsel you to go through a regular course of treatment, for it is a great mistake to suppose that a few days will do you any good, if you do not take care to do it every so often, give yourself up to this fascinating but dangerous excitement without suffering from its evil consequences at some future time. The number of young men who are incautious to fill the duties of the world is alarmingly large, and in most of such cases this unfortunate condition of things can be traced to the practice of self-abuse, which has been the cause of their present affliction. The medical practice of this habit is sufficient to induce spermatorrhoea in later years, and to many of such cases under treatment at the present day.

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Build all kinds of Steam Boilers, Smoke Stacks, Breeching Lard, Water and Oil Tanks, and do a general pattern business. Repairing done in City and Country. All work done at Eastern Prices and Warranted!
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The Best in the Market.
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Colorado. The Irishmen of Denver are forming political clubs. The Leadville postoffice was recently rifled by expert cracksmen and \$800 taken. A Denver alderman, in sinking an artesian well, struck water heavily charged with electricity. Two children living on a ranch near Denver started a fire with coal oil. They were burned to a crisp. Dr. Novan, a prominent physician of Idaho Springs, recently took the morphine route to the regions of peace. The water of the artesian wells of Denver is heralded as a sure cure for any and all the chronic ills that human flesh is heir to. The Bull Domingo mine, near Pueblo, which has been closed by a freeze out game, will be opened up in a few days with increased vigor. Tom Morning and Billy Sweitzer, two brawny miners, had a prize fight at Adelaide, near Leadville, on Tuesday, in which Morning came off victorious. The son of W. C. Hamlin, superintendent of a division of the Central Pacific, was found in Denver in the last stages of starvation. A bowl of oatmeal gruel brought him around. He is a telegraph operator. A new railroad company has been organized in Denver, under an old charter, called the Denver and California Short Line. Thomas Gibson, of Omaha, is general manager of the mysterious route. The managers of the Denver exposition are divided against themselves and the dissolution of the show is not far off. The commissioners of Montana and Arizona had determined to pack up their exhibits and leave but an injunction temporarily restrains them. Other exhibitors are disgusted and will soon leave. The millennium in honest ballots and a fair count has been reached in Arapahoe in the shape of a new ballot box. It is a patent arrangement and costs \$8. Besides being warranted to prevent "stuffing," it will prove a boon to the maker. The county will try 100 of these fraud-proof boxes at the fall election. The Leadville mines employ 2,350 men, and the pay-roll aggregates \$180,000 per month. Leadville has produced some \$7,577,000 in gold and \$70,000,000 in silver and lead, up to the present time, while the incorporated mining companies of that city have paid stockholders in dividends within the past four years nearly \$10,000,000. A very destructive parasite has made its appearance in the alfalfa fields near Boulder. It is in the nature of a plant and begins from a seed and winds around the alfalfa stalk like a vine. Its connection with the earth soon ends, and it gets its nourishment from the alfalfa in the stalks of which it forces its papilae or suckers. It spreads quite rapidly, from plant to plant, and is very destructive.

Montana. Henry Ward Beecher occupied the first passenger car that crossed the main range on the Northern Pacific. There is a law in Montana which makes it an offense punishable by a fine of \$100, to destroy the nest of any bird or wild fowl. A forest fire several miles in extent destroyed a large amount of valuable timber in the vicinity of Diamond City, last week. A project to build a wagon road to the Yellowstone park via the West Gallatin river is being agitated among the citizens of Bozeman. A valuable deposit of fire clay was discovered a few days ago on Warm Springs creek, in close proximity to the new town of Anaconda. Virginia City has recently voted a special tax of \$1,000 for additional gold. The mines at Butte City has recently voted \$5,000 for the same purpose, with not a single negative. The territory produced \$6,920,000 in silver and gold in 1882. Of this amount \$2,550,000 was gold, the remainder silver. This is ex-

California. Ladies who visit the Yosemite, if they weigh over 100, or are inexperienced riders, are compelled by the guide to ride astride, or not at all. Grasshoppers have made their appearance in large numbers in portions of Fresno county, but so far no material damage has been reported. The Central Railway company, with a capital of \$100,000, has been incorporated at Los Angeles, for the purpose of building and operating street railroads in that city. The trustees of the famous Lick estate, though absent seven years ago, are charged by the society of California Pioneers to have done nothing in that time toward paying the bequests. They are drawing \$1,000 a year and traveling over the country. The estate is said to have decreased over \$1,200,000 in that time. **Miscellaneous.** The Pirates in the neighborhood of Austin are dying rapidly from lowed complaints. The Salt Lake Tribune says the marble of Spanish Fork Canyon is said to be finer than the best Italian marble. Some New York capitalists will establish work shops there. A project is on foot for buying up the Shoshone Falls and fitting the same up as a pleasure resort. It is understood that the Short Line company will assist the enterprise by selling tickets with privileges to the point nearest the falls. The Oregon Short Line company are erecting machine shops at Shoshone, having refused all offers for their erection by outside contractors. The shops will be of a most extensive work of Omaha, and will supply the entire line from Granger to Burnt River.

The Alligator Fever. Detroit Free Press. It brags all how a northern man does hanker to shoot an alligator just as soon as he gets the bayonet stuck in his back. The further south he goes the stronger grows the feeling. It's a sort of "buck fever," and nothing will cure it but the gore of the reptile. A chap from Rhode Island went down to Biloxi from New Orleans with the party. Small alligators were plenty enough along the creeks and ditches, and every time the "clam state man saw one he almost kicked his boots off. He tackled every body around Biloxi for an alligator, and he finally paid a ducky \$3 to drive him to a lake four or five miles away, where the alligators were said to be numerous enough to crowd each other out of the water. The boys had been over in the morning and fixed things. A rope was tied to either end of a water-soaked log and led into the bushes, and no sooner had the hunter got down at a convenient spot than the water began to rise. "Dat's yer game, boss," said the ducky as he seated himself in the shade, and a way that old log was bombarded was the caution. The man made eye shots and line shots, and dead shots, and after he had fired about twenty-five times he began to wonder why his game didn't turn its faces up. "Take a heap o' lead, boss, but you is trubbin' him mighty bad," encouraged the ducky, and the bombardment was renewed with a determination to die in the last ditch. Pretty soon a man broke from the bushes to the left, and in a voice of authority called out: "Shooting alligators out of season is an offense punished by a fine of not less than \$10." "N-o-a!" "How many shots have you fired?" "Only thirty-nine." "Shooting off a revolver in the state of Mississippi, except in self-defense, is a fine of \$5 for each time! Have you a permit?" "Permit for what?" "To shoot at Col. Ford's alligators. If not, he can recover damages not to exceed \$500. Did you cross that field?" "Ye." "That's trespass, and the fine is not less than \$25. You must come with me." "But, sir, I—

What Three Applications Did. "I was troubled very much with sore feet. Three applications of Thomson's Electric Oil cured them. Nothing better in the market." Jacob Butler, Reading, Pa. **Operators and Knights.** Says a New York dispatch: "From all parts of the country comes the same complaint from the defeated operators and linemen. 'If the Knights of Labor had done their duty we should not have failed' is the general tenor of the complaint." Why did the K's of L. fail to contribute the necessary funds to keep the operators in idleness until the telegraph company should in despair surrender at discretion to the "brotherhood" and turn over to John Campbell, Master Workman Morris, and Tom Hughes the management of their property and business? "The trouble with the Knights of Labor was this," said a gentleman who is prominently identified with one of the laboring men, "that our average working-man will insist on associating clothes with labor. They attended the meetings of the strikers and found them to be a party of well-dressed young men and women, wearing clothes such as a rule neither they nor their families were either Sundays or holidays. They were characterized as dukes. The young men smoked cigars or cigarettes instead of pipes, and looked much more like clerks in dry-goods stores or like bookkeepers than they did like what some of our people thought they should be, the outward and visible signs of laborers. The linemen were all right, because they were jumpers and overalls, and appeared in their shirt sleeves occasionally, but the 445 cigars, white neckties, boiled shirts, and everything else was too much for many of the laboring men, who didn't think such things consistent with people who called themselves laborers. That was the real cause of the apathy among laboring men here who are consistent members of the Knights of Labor, and who have never before refused to contribute liberally in aid of a strike."

Instantly Relieved. Mrs. Ann Lacour of New Orleans, La., writes: "I have a son who has been sick for two years; he has been attended by our leading physicians but all to no purpose. This morning he was seized with a convulsion, and he is greatly prostrated in consequence, that death seems imminent. We had in the house a bottle of DR. W. M. HALL'S BALSAM FOR THE LUNGS, recommended by my husband, who noticed your advertisement yesterday. We administered it according to directions and he was instantly relieved."

Wants His Reputation Restored. James W. Postelwait has brought suit in the superior court against the Union Pacific for defamation of character, and asks damages in the sum of \$2,000. Postelwait was employed as a conductor on the Union Pacific line in this state, and was, as he claims, discharged on the evidence of a cheap detective who accused him of "knocking down" from the fares of the road. This is the second case of this kind that has lately been brought against the Union Pacific. Something over a week ago a similar suit was brought by Henry S. Nones, who was formerly a very popular conductor on the South Park.

Brain-Work and Food. The notion that those who work only with their brain need food that those who labor with their hands has long been proved to be fallacious. Mental labor causes greater waste of tissue than muscular. According to careful estimates, three hours of hard study wear out the body more than a whole day of hard physical exertion. "Without phosphorus, no thought," is a German saying; and the amount of the essential ingredient of the brain increases in proportion to the amount of labor which this organ is required to perform. The wear and tear of the brain are easily measured by careful examination of the salts in the liquid excretions. The importance of the brain as a working organ is shown by the fact that the brain is supplied with proportionately greater than that of any other part of the body. One-fifth of the blood goes to the brain, though its average weight is only one-fortieth of that of the body. This fact alone would be sufficient to prove that brain-workers require more food, and even better food, than mechanics or farm laborers.

Relief to the Afflicted. In medicine, as in science, the specialists are the ones who always come to the front and accomplish the greatest results. This remark is especially applicable to Dr. H. Wagner, of this city. He stands at the top of his profession, and the cure for every case of self-abuse which is sent him is successful. His office is situated at 343 Larimer street, where he will speedily effect a cure for the suffering of either sex, no matter how complicated their complaint—Venereal, Gonorrhea, etc.

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