

City volunteers to distribute survey on downtown parking

By Mike George
Daily Nebraskan Staff Writer

Beginning Thursday, city volunteers will distribute postcards around town which will contain survey questions aimed at helping the public and private sectors decide the future of downtown parking, Mayor Roland Luedtke announced Thursday at a 2 p.m. news conference.

"I strongly urge people to fill out the survey on the postcards and put them in the mail right away. This will greatly help us in determining the characteristics of downtown parkers and their needs," Luedtke said.

Luedtke also proclaimed Wednesday as Small Business Day in Lincoln. Members of the Lincoln Chamber of Commerce and several other organizations will visit 40 businesses around the city.

"Through these visits, we hope to gain a better understanding of the needs and concerns of Lincoln businesses," Luedtke said.

"By understanding some of the problems and perceptions Lincoln businessmen have, we can work with them in arriving at solutions," he said. "This is another example of the coalition of progress I talked about even before becoming mayor." Luedtke emphasized the need to continue ongoing outreach programs for

businesses.

Lincoln has received \$32,500 in donations for its downtown sculpture project to be created by sculptor Jene Highstein. However, Luedtke said the city is \$7,500 short of the \$40,000 needed to get matching funds from the National Endowment for the Arts. The sculpture will consist of two pieces of black granite and will be placed at 10th and O streets.

Luedtke presented certificates to the Seacrest Foundation, the National Bank of Commerce, the Winette Trust and the Woods Charitable fund for their contributions to the project, which is expected to be completed by the spring of 1985.

Olympics to celebrate sobriety of chemically dependent people

The sixth annual Olympics for Chemically Dependent People will be at the Lincoln East High School track Sunday.

The different team members, armed with banners representing the chemical independence institution for which they will be competing will begin the all-day "sobriety of celebration" in an opening ceremony and parade at 9 a.m.

About 200 participants will compete in the 15 events scheduled for the day, according to Paige Namuth, program coordinator for the Houses of Hope of Nebraska, Inc., a sponsor for the Olympics. The competition is open to

those who have gone through a chemical dependence program or are relatives of someone who has. Contestants range from 6- to 65-years-old, Namuth said.

The contestants will participate in individual events, which include a variety of races, and games such as horse shoes and Trivial Pursuit. The events will run from 9:30 a.m. to noon.

At 12:30 p.m., a coed softball game will be played, followed by an awards presentation at 4 p.m.

The program is designed to promote health, Namuth said, because it shows that "people can have fun without using chemicals." Namuth said she expects about

250 people to attend the Olympics.

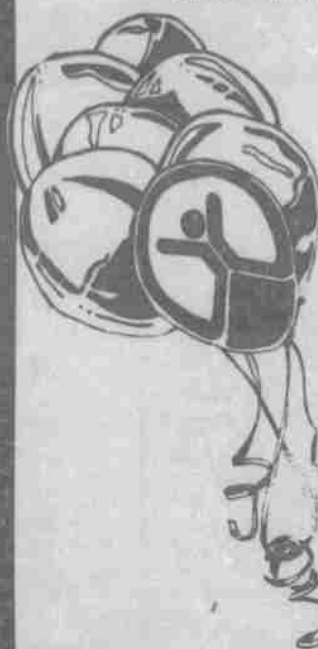
Lincoln General Hospital's Independence Center and the Independence Center Alumni Association also are sponsoring the Olympics.

Participating agencies include the Lincoln Detoxification Center, Lincoln Council on Alcoholism and Drugs, House of Hope, Inc., Lincoln General Hospital's Independence Center and Youth Treatment Center, Lincoln-Lancaster Drug Projects, Native American Counseling, the Counseling Center, St. Monica's Home and other local recovery programs.

MONDAY Sept. 24

Make a Positive Lifestyle Choice

- 10:30-11:30 Getting to Know Me: Journal Writing
Regency A - Nebraska Union Dr. Robert T. Justis
Shauna B. Valentine
- 11:30-1:00 Nutrition . . . One Component of Wellness
Centennial Room - Nebraska Union Ann Grandjean
- 1:30-2:30 How Often Do You Pay Your Health Insurance Premium?
Selleck Residence Hall Anne Dumper
- 2:30-3:30 Dating: Wonderful and Violable
Regency A - Nebraska Hall Marcie Metzger & Don Smith
- 3:30-4:30 Do You Know the Facts? Contraceptive Methods
Abel North Lounge Karen Weed & Linda Lewis
- 5:00-6:00 Open Aerobic Conditioning
Mabel Hall Vicki Highstreet
- 6:30-7:15 Non-Alcoholic Bar
Centennial Room - Nebraska Union
- 7:30-9:30 "Do It Sober II" A New Look at the Old Sauce
Centennial Room - Nebraska Union Dr. Tom Goodale



Wellness Week '84

September 21-27

Free and Open to the Public

Sponsored by the University Health Center

Pre-Dental Club helps students find internships

By Paul Shavlik
Daily Nebraskan Staff Writer

A new internship program has made the UNL Pre-Dental Club one of the best in the country, said Jason Hansen, vice president of the club.

The pre-dental club was formed in the late 1970s to provide educational and social benefits to its members, Hansen said. It now has about 40 members, he said.

The club has "the most complete collection of application procedures to dental colleges available at any pre-dental college," Hansen said.

Intern members have access to applications to 40 out of 60 U.S. dental colleges, and half of the Canadian dental colleges, he said.

The internship program shows students the professional side of dentistry and dental hygiene, Hansen said.

"Through the opportunity of viewing the actual operations and becoming a part of our dental office, students can determine if they are actually suited for the dentistry or hygiene field," he said.

Club memberships requirements include \$15 annual dues and attendance at three of five meetings each semester, one of two social events and one fund-raising event. To be eligible for the intern program, a student must remain an active club member and be certified in cardiopulmonary resuscitation (CPR) and first aid.

Eligible applicants are then placed

in dental offices for four to eight hours a week for one semester.

Hansen said no pattern is set for a student's internship because the program is so new. After their first semester in the program, students may continue working with the same dentist or hygienist or be placed in a different office. Some may go to work in one of the NU Medical Center College of Dentistry specialty departments, such as oral surgery or orthodontics.

By this stage in the program, participants should have a good idea of their goals and know which professional courses to follow, Hansen said.

Local support for the program was overwhelming, with 32 Lincoln dentists taking interns, Hansen said. Of the 32 students who participated, three quit the program because they decided dentistry wasn't for them, he said. Of the members who stayed on the job, 15 got favorable evaluations, Hansen said.

During the 1984-85 school year, the pre-dental club will have speakers on dental college admissions, oral surgery and gingival grafting — a new periodontal technique. The club also has arranged workshops on financial aid, marriage, setting up a practice and interviewing.

Membership dues cover most of the club's operating costs. The club's office in the East Union has a WATTS-line telephone for contacting dental colleges.

Students interested in joining the club can call 472-5379 Monday through Thursday for more information.



The Women's Resource Center offers Peer Counseling

Individual Counseling—The WRC offers short-term counseling for those who wish to discuss personal issues and concerns in a private and supportive environment. These issues may involve relationships, lifestyles, sexuality, and academic or career decisions. The counseling service is free. Call for an appointment.

WRC Groups— Groups for fall semester are now forming. Come in or call to sign up for one of the following groups or for more information.

- Women in Transition
- Women's Alcoholics Anonymous Group
- Drop-in Lesbian Support Group
- Closed support group for lesbians
- Incest Survivors Group
- Male/Female Relationships: Being Whole when You're Half of a Couple

women's
resource
center for and about women

nebraska union-14th & R-room 117-university of nebraska-lincoln-68508
Hours: 10:00-4:00 Phone: 472-2597

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