

## Live Udd Hours?

We're Open 24 Hours A Day,

7 Days A Week.

At 24 Hour Nautilus you can work out early morning, afternoon, or during the middle of the night. Work out with our Nautilus equipment, free weights, indoor swimming, relax in our steam and sauna rooms, enjoy our whirlpool, aerobic and exercise classes, and so much more.



For only \$14.67 a month\*

Lincoln 1400 N. 48th 467-5551

(\*based on a one year membership with \$39 down and 12 payments of \$14.67 including 18% a.p.r.)