

"It Seems as Though my Back Would Break."



Is it not true? Women suffer, feel the very life crushed out of them, grow old before their time. Each morning wake up determined to do so much before the day ends, and yet—

Before the morning is very old the dreadful BACKACHE attacks them, the brave spirit sinks back in affright; no matter how hard they struggle, the "clutch" is upon them and they fall upon the couch crying:

"Why should I suffer so? What can I do?"

The answer is ready, your cry has been heard, and a woman is able to restore you to health and happiness.

Backache is only a symptom of more fatal trouble—heed its warning in time.

Lydia E. Pinkham's Vegetable Compound will stop your torture and restore your courage. Your pains come from unnatural menstruation or some derangement of the womb. Let those who are suffering read Mrs. Morton's letter and be guided by her experience.

AN OPEN LETTER TO WOMEN.

"DEAR MRS. PINKHAM:—I have been so delighted with Lydia E. Pinkham's Vegetable Compound I thought I would write and thank you. My system was entirely run down. I suffered with terrible backaches in the small of my back and could hardly stand upright; was more tired in the morning than on retiring at night. I had no appetite. Since taking your Compound I have gained fifteen pounds, and am gaining every week. My appetite has improved, have no backache, and I look better than I ever looked before. I shall recommend it to all my friends, as it certainly is a wonderful medicine."—Mrs. E. F. MORTON, 826 York St., Cincinnati, O.



When a medicine has been successful in restoring to health more than a million women, you cannot well say, without trying it, "I do not believe it will help me." If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn, Mass., for special advice—it is free.

\$5000 REWARD Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank of Lynn, Mass., \$5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published without obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

WINCHESTER

GUN CATALOGUE FREE

Tells all about Winchester Rifles, Shotguns, and Ammunition

Send name and address on a postal now. Don't delay if you are interested.

WINCHESTER REPEATING ARMS CO.
120 WINCHESTER AVENUE NEW HAVEN, CONN.

W.L. DOUGLAS

\$3. & \$3.50 SHOES UNION MADE.

Real worth of W. L. Douglas shoes is \$4.00 to \$5.00. Gilt Edge Line cannot be equalled at any price.

It is not alone the best leather that makes a first class shoe. It is the brains that have planned the best style, last a perfect model of the foot, and the construction of the shoe. It is mechanical skill and knowledge that have made W. L. Douglas shoes the best in the world for men.

Take no substitute. Insist on having the W. L. Douglas shoes with name and price stamped on bottom. Your dealer should keep them, if he does not, send for catalog giving full instructions how to order.

W. L. DOUGLAS, BRUXTON, MASS.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED

160 ACRES FARMS IN WESTERN CANADA FREE

If you take up your home in Western Canada, the land of plenty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb.

\$50 REWARD

will be paid for a case of backache, nervousness, sleeplessness, weakness, loss of vitality, indigestion, kidney bladder and urinary disorders that can not be cured by all Druggists.

KID-NE-OIDS

At all Druggists. Write for free sample. Address: KID-NE-OIDS, St. Louis, Mo.

When Answering Advertisements Kindly Mention This Paper.

W. N. U.—OMAHA No. 20—1091

PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.

An actor's ripe experience doesn't prevent his getting green from jealousy.

Private Mailing Card. Private Mailing Card with colored views of scenery on the Chicago, Milwaukee & St. Paul Railway sent on receipt of ten (10) cents in stamps. Address F. A. Miller, General Passenger Agent, Chicago, Ill.

The inventor of tailor-made garments furnished us with proof that figures will lie.

PRECIOUS HERBAL OINTMENT

Dr. O. Phelps Brown's. Nature's Priceless Remedy. Rheumatism, Neuralgia, Weak Back, Sprains, Burns, Sores and all Pains. Special! Get it of your dealer. If he does not sell it, send us his name, and for your trouble, we will try to send you a Trial Free. Address: Dr. O. P. Brown, 98 E. 7th St., Newburgh, N. Y.

No man can stand on top because he is put there.

General Francis Vinton Greene always travels first cabin. He is a millionaire, and can afford to. Mrs. Greene, who was a Miss Chevalier, lived in Washington before her marriage, and whenever she and the general revisit the capital they have a royal time. Their recent inauguration jaunt lasted ten days, during which period they occupied the home of Archibald Hopkins in Dupont Circle, paying a rental of \$700. Wouldn't you like to rent a few Washington houses at \$25,000 a year.—New York Press.

ARE ROLLING IN WEALTH.

Osage Indians Are the Wealthiest People on the Earth.

At the office of the commissioner of Indian affairs a few days ago contracts were let to cattlemen for the renting of the pasture lands of the Osage Indians in Oklahoma. These Indians have 800,000 acres of pasture lands, of which 600,000 acres were rented. This will add to the annual income of the tribe about \$120,000, says the Washington Post. "And already," said Captain A. C. Tonner, assistant commissioner of Indian affairs, yesterday, "the Osage Indians are the richest people in the world. Several years ago the lands of the Osages in Kansas were sold, the sale realizing \$8,000,000. This money was placed in the treasury of the United States, and from it the Osage Indians derive an annual income of \$400,000. In addition to this they own 1,570,195 acres of land, which is fairly worth \$5 an acre, making the value of their land holdings \$7,850,875. There are 1,972 Indians in the tribe, counting men, women and children. They all share alike in the tribal wealth, and when a child is born it becomes a joint property owner with all the other Indians in the tribe. The profits from the \$8,000,000 held in the treasury, the recent rental of pasture lands, and other sources of revenue, give the Osages an annual income of approximately \$600,000, a per capita income of \$304.25 for each man, woman and child. When a family consists of man and wife and eight children, as often happens, the family receives each year in cash \$3,040, and on their lands they raise all their foodstuffs and considerable grain for the market.

The realty holdings of the tribe have a per capita valuation of \$3,987, or, for a family of ten, \$39,870. There is no other race of people in the world, it is declared, that can make such a showing. The Osage Indians have not failed to profit by this wealth. The sons and daughters of families are sent east to colleges and boarding schools to be educated, many of them receiving professional training. There are a few families, of course, which still live with almost the simplicity that marked the lives of their savage ancestors, but the desire for education and culture is rapidly spreading, and when the Osages become citizens a few years hence they will be fully equipped for the duties and responsibilities of citizenship. The homes of some of the most progressive Osages compare favorably with the dwellings of white people of equal wealth. Their houses are richly furnished with carpets and modern furniture, and in many homes there are pianos upon which the boarding school training of the daughters has taught them to perform. Horses and carriages are not infrequent, and though the automobile has not yet made its appearance, it is not an impossibility of the future.

NEW PLATE FOR CAMERAS.

Invention That Will Prove a Boon to Amateur Photographers.

The difficulties involved in the manipulation of a long celluloid film have prevented the extensive use of cinematographic apparatus by amateur photographers. To avoid this objection Leo Kamm has invented a camera—the kammatograph—in which a circular glass plate takes the place of the celluloid film. The plate can be made to rotate rapidly by means of a multiplying gear, and at the same time it travels laterally. A small lens forms an image upon the plate, and when the plate is put in motion these images are multiplied into a series of pictures arranged in a spiral. The plate is, of course, developed precisely in the same way as an ordinary negative, and a positive is then taken from it. To display the series of pictures it is only necessary to place the positive in the camera and to arrange the camera so that the beam from a lantern close to it can pass through the lens. The plate is then rotated as before, and the succession of the pictures projected upon the screen reproduces the original movements. About 600 pictures can be photographed during the motion of a single plate at a rate of about twelve or fourteen a second. The camera is very compact, and both as regards price and adaptability is within the reach of any photographer who wishes to secure pictures of rapidly changing scenes and moving objects. The small size of the pictures will not permit of projection upon a large screen, but the views can be shown large enough for ordinary purposes.—Chicago Chronicle.

Short of Water.

Utah proposes to avert pending calamity to her agricultural section by supplying the Great Salt Lake basin with needed water. Irrigation has cut off the supply and the lake itself is in imminent danger of drying up. The usual supply of water is being withheld and evaporation is rapidly lowering the level of the lake. Centuries ago the shores of the great inland salt sea were high on the mountains, where the line of the ancient brook is visible today, and the lake, which has sunk to its present dimensions, promises to disappear far more rapidly than in the ages past.

Traveling First Cabin.

General Francis Vinton Greene always travels first cabin. He is a millionaire, and can afford to. Mrs. Greene, who was a Miss Chevalier, lived in Washington before her marriage, and whenever she and the general revisit the capital they have a royal time. Their recent inauguration jaunt lasted ten days, during which period they occupied the home of Archibald Hopkins in Dupont Circle, paying a rental of \$700. Wouldn't you like to rent a few Washington houses at \$25,000 a year.—New York Press.

You'll find watered silk in the dry goods department and dry champagne among the wet goods.

A Month's Test Free. If you have Rheumatism, write Dr. Shoop, Racine, Wis., Box 143, for six bottles of his Rheumatic Cure, express paid. Send no money. Pay \$5.50 if cured.

Where they pay attention to the little things—in the orphan asylum.

California Rates Open to Everyone. The low rates to San Francisco which the Burlington Route has made for the Epworth League meeting in that city in July are open to everyone. They are the lowest ever known. From Omaha, for example, the round trip rate to San Francisco will be only \$45. Return limit, August 31. Through cars will be run and stop-overs allowed, going and returning.

It is not too early to make your plans for the trip. To obtain full information about it write to J. Francis, General Passenger Agent, Burlington Route, Omaha, Neb.

A man can be too confiding in others, but never too confident in himself.

The well posted druggist advises you to use Wizard Oil for pain, for he knows what it has done.

Astronomy has nothing to do with the way one theatrical star eclipses another.

Try Grain-O! Try Grain-O! Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. If the price of coffee, 15c and 25c, per package. Sold by all grocers.

Many an old toper who has never been in Cork has seen a great many drawings of it.

South Dakota Farms Is the title of an illustrated booklet just issued by the Chicago, Milwaukee & St. Paul Railway, descriptive of the country between Aberdeen and the Missouri River, a section heretofore unprovided with railway facilities, but which is now reached by a new line of the Chicago, Milwaukee & St. Paul Railway. Everyone contemplating a change of location will be interested in the information contained in it, and a copy may be had by sending a two-cent stamp to F. A. Miller, General Passenger Agent, Chicago, Ill.

After effect—the kind word that makes a dog's tail wag.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Most appropriate name for a dentist—Phil Pullman.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Youth has a perseverance all its own, but the trouble is it never knows when to stop.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

There are no elevators in the house of success.

Drugs have their use, but don't store them in your stomach. Beeman's Peppin Gum aids the natural forces to perform their functions.

There's no egg so large that it cannot be beaten.

Big Cameras Barred at Buffalo.

"Camera fiends" who are intending to take everything in sight at the Pan-American exposition will do well to remember that the regulations restricting the use of cameras on the grounds of the Pan-American exposition, under the concessions granted to a private party, provide that no camera exceeding four or five inches shall be allowed within the gates. Stereoscopic cameras and tripods will not be admitted under and circumstances. The fee for the admission of cameras four by five inches or under will be 50 cents for a day or \$1.50 for a week.

A man can be too confiding in others, but never too confident in himself.

Hall's Catarrh Cure Is a constitutional cure. Price, 75c.

A mock trial—the mimic's first appearance.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Sometimes a man thinks himself a rare genius, but his neighbors call him "half baked."

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

FRAGRANT SOZODONT

a perfect liquid dentifrice for the Teeth and Mouth

New Size SOZODONT LIQUID, 25c
SOZODONT TOOTH POWDER, 25c
Large LIQUID and POWDER, 75c

At all Stores, or by Mail for the price.
HALL & RUCKEL, New York.

SAWYER'S Keep Out the Wet

Sawyer's Slickers

Sawyer's "Excelsior Brand" Suits and Slickers are the best waterproof garments in the world. Made from the best materials and warranted waterproof. Made to stand the roughest work and weather. Look for the trade mark. If your dealer does not have them, write for catalogue. H. M. SAWYER, 235 State St., Boston, Mass.

SIXTY DOLLARS worth of staple goods free to one intelligent man or woman in every county of the U. S. Write quick. NEW JERSEY MFG. CO., Jersey City, N. J.

900 DROPS CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. SAMUEL PITCHER
Pumpkin Seed—
Aloë Vera—
Rhubarb Sals—
Aloe Sals—
Piperazine
25 Carbolic Sals—
Worm Sals—
Chlorid Sugar
Waterbury Flavor.

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of
Dr. H. H. FLETCHER
NEW YORK.

At 6 months old
35 Doses—35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

of
Dr. H. H. Fletcher

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.



POOR LITTLE JOHNNY! AND HIS "TUMMY"!

Small boys, and many times large ones, and occasionally girls, too, big and little, suffer terribly from convulsive pains or "cramps" in the bowels and stomach—pain so violent that it "doubles up" the ones attacked, and makes it impossible for them to stand up.

Some people call it colic, but most honest, plain-spoken people call it "belly-ache" and very properly, for the seat of the trouble is in the bowels, and caused by the violent efforts of the bowels to rid themselves of something which doesn't belong there. The small boy usually gets it from over-eating or from eating forbidden fruit, and suffers mostly in the summer time.

It's spring now, and "in times of peace, prepare for war." Let the boys and girls and the big folks, too, for that matter, clean out the clogged channels filled with winter bile and putrid undigested food, strengthen the 30-feet of bowel canal, liven up the liver, and "summer belly-aches" will have no terrors, because they won't happen.

The way to make the body ache-proof is to use CASCARETS, gentle, sweet, fragrant CASCARETS, the perfect system cleaners and bowel strengtheners. For fear that anybody in the family should ever be attacked by belly-ache, keep a box of CASCARETS in the house always, and remember that all pains and troubles in your insides are

QUICKLY CURED BY CASCARETS

LIVER TONIC

BEST FOR THE BOWELS

10c. 25c. 50c. ALL DRUGGISTS.

NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any other medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, get them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.