

# Are You Ever Depressed?

And is it not due to nervous exhaustion? Things always look so much brighter when we are in good health. How can you have courage when suffering with headache, nervous prostration and great physical weakness?

Would you not like to be rid of this depression of spirits? How? By removing the cause. By taking



It gives activity to all parts that carry away useless and poisonous materials from your body. It removes the cause of your suffering, because it removes all impurities from your blood. Send for our book on Nervousness.

To keep in good health you must have perfect action of the bowels. Ayer's Pills cure constipation and biliousness.

Write to our Doctors. Perhaps you would like to consult some eminent physician about your condition. Then write us freely all the particulars in your case. You will receive a prompt reply, without cost.

Address, Dr. J. C. AYER, Lowell, Mass.

## UNIVERSITY OF NOTRE DAME, NOTRE DAME, INDIANA.

Classes, Letters, Science, Law, Civil, Mechanical and Electrical Engineering, Thorough Preparatory and Commercial Courses. Ecclesiastical students at special rates. Rooms Free, Junior or Senior Year. College Courses, St. Edward's Hall, for boys under 13. The 108th Term will open September 6th, 1908. Catalogue sent free on application to REV. A. MORRISSEY, C. S. C., President

**900 DROPS**

**CASTORIA**

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL PITCHER

Pumpkin Seed -  
Aloes -  
Cinnamon -  
Sassafras -  
Sage -  
Licorice -  
Ginger -  
Cloves -  
Rhubarb -  
Mint -  
Sulphur -  
Turpentine -  
Castor Oil

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Facsimile Signature of  
*Dr. H. H. Hitchcock*  
NEW YORK

46 cents the old  
35 Doses - 35 Cents

EXACT COPY OF WRAPPER.

# CASTORIA

For Infants and Children.

## The Kind You Have Always Bought Bears the Signature of

*Dr. H. H. Hitchcock*

Use For Over Thirty Years

# CASTORIA

THE CANTON COMPANY, NEW YORK CITY.

## Soap Sharing

isn't pleasant to think of. It's slovenly and unclean, but how are you going to be sure that your soap is used only by yourself? Particular people use Pyle's Pearline. That solves the problem. They fill a salt shaker or sifter with Pearline. Then they use that instead of soap, for the toilet or the bath, with no fear of using it after anybody else. A Pearline bath is like a Turkish bath in freshening you and bracing you up.

Millions NOW USE Pearline

**"EAST, WEST, HOME IS BEST,"**

IF KEPT CLEAN WITH

# SAPOLIO

## REMEMBRANCE.

We never can forget her, we would not if we could;  
A flower so she seemed, too frail for earth's cell storms;  
A woman, far too gentle for human lips to chide;  
A mother, true, forgiving, who all life's ills withstood.

A wife, so faithful, patient, who lived a life so pure;  
A sister, loved and loving, so kind to one and all;  
No wonder why we mourn her; none ask us why we weep.  
The loss that we have suffered, how will our hearts endure?

A friend she was at all times, and worthy of the name;  
A truer never lived in this cold world of ours;  
Her face, a benediction, shed light wherever she went;  
Through life's too fitful fevers she always was the same.

And she has gone before us, and left us for a while,  
Within our hearts her memory forever is enshrined.  
Oh, happy past! Oh, happier life in Eden,  
There, where thy arms will hold me; no tears, but thy sweet smile.  
—Boston Traveler.

## STOLEN EVIDENCE.

HE never knew how it was first discovered that Miss Dinker was a kleptomaniac; but it was a fact, and people made the best of it. Old Miss Dinker was tolerably well off, or her habit of appropriating other people's property would have got her into trouble. But Cumminseed was used to Miss Dinker. When she visited the village store, and put a piece of tape up her sleeve, the watchful shopman added its price to her bill. When she took her neighbor's forks the neighbor sent a polite message to Miss Jane Dinker to have them restored; and Miss Jane, who was old Miss Dinker's niece, would find them up chimney or down cellar, and restore them.

Old Miss Dinker knew that she was deserving of blame in thus indulging her desire for stolen fruit, but as she often remarked when reasoned with, "she couldn't help it."

"She was a generous old lady, too, and kindly, and if she taught Jane that man was a deceiver, and that spinsters were blessed, she meant well."

Capt. Richard Murphy told another story when his ship lay in port, and he himself rested at a little hotel in Cumminseed. And Jane, won over by his merry voice and jolly ways, forgot her aunt's precepts, and one day ran away with him, leaving a penitent little note for her aunt and begging her forgiveness.

The old lady was naturally indignant, but when, three days after, the Captain brought Jane back under his arms, established her in a beautiful little house, which he had purchased, and sent for "the old lady to make up," Miss Dinker relented, took tea with her niece and designed to approve of her choice, and so the village scandal was silenced for a while, and people called on Mrs. Capt. Murphy.

They lived together for five years in great contentment and a little boy was born to them, and all went prosperously, but at the end of that time the sword that always hangs by a hair over the head of a seafaring man's life fell at last. The Captain's vessel was a wreck, and the Captain and crew perished in midocean, and Jane, after hoping against hope, and refusing to believe when no one else doubted, and listening night and day for a step that came not and could never come, accepted the truth at last and put on her widow's cap and took the awful truth in place of suspense, and tried to live and bear it for her boy's sake.

Then there came from some far-off place a man who proved himself the Captain's brother and who claimed his property, alleging that Jane Dinker had never been married to John at all. Jane was furious, but she could only vow that a clergyman of the Episcopal Church had married her. She could not remember the name of the church nor of its pastor, nor had she what the brother called "er lines." The marriage certificate, as she declared, the Captain always kept among his private papers and had taken to sea with him. She advertised in a New York paper for the clergyman who had performed the service, but no answer came, and finally the law and popular opinion declared that the widow had never been a wife, and she was left poverty-stricken and helpless, and not a friend in the world but old Miss Dinker. She came out nobly.

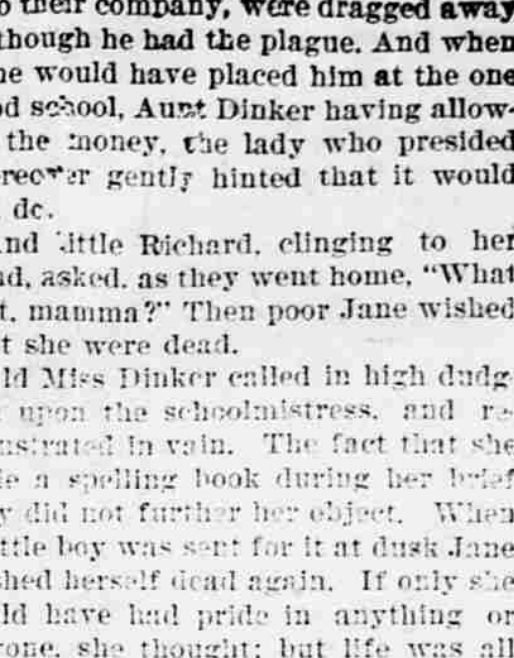
Alas, all the rest of Cumminseed held a contrary opinion. They shuddered at the thought of having associated with such a creature, and wondered how she had dared to impose upon them so. They sent her to Coventry and tabooed her. I think some of the dearest creatures would have tarred and feathered her if they could. Jane Dinker had the comfortable Yankee pride of "respectability" in its Yankee sense strong within her soul, and this scorn quite crushed her. She hid herself from human eyes as much as possible, and went thankfully home with old Miss Dinker, whose income had grown smaller in these years, and who really showed great generosity in taking her disgraced niece to her bosom.

And now that she had contented poor Jane, and opened her house to her, she also had lost her friends, and people grew hard upon her.

"You'll tell your aunt, Miss Jane, that I shall proceed to law if I lose another spoon," said one angry matron, to whom Jane had been forced to speak.

When her boy grew older there were children near by who, if he ventured

## A Beautiful Present



FREE for a few months to all users of the celebrated ELASTIC STARCH. (Flat Iron Brand). To induce you to try this brand of starch, so that you may find out for yourself that all claims for its superiority and economy are true, the makers have had prepared, at great expense, a series of four

## GAME PLAQUES

exact reproductions of the \$10,000 originals by Merville, which will be given you ABSOLUTELY FREE by your grocer on conditions named below. These Plaques are 40 inches in circumference, are free of any suggestion of advertising whatever, and will ornament the most elegant apartment. No manufacturing concern ever before gave away such valuable presents to its customers. They are not for sale at any price, and can be obtained only in the manner specified. The subjects are:

- American Wild Ducks, English Quail, American Pheasant, English Snipe.

The birds are handsomely embossed and stand out natural as life. Each Plaque is bordered with a band of gold.

## ELASTIC STARCH

has been the standard for 25 years.

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has been the standard for 25 years.

**TWENTY-TWO MILLION**

packages of this brand were sold last year. That's how good it is.

**ASK YOUR DEALER**

to show you the plaques and tell you about Elastic Starch. Accept no substitute.

## How To Get Them:

All purchasers of three 10 cent or six 5 cent packages of Elastic Starch (Flat Iron Brand), are entitled to receive from their grocer one of these beautiful Game Plaques free. The plaques will not be sent by mail. They can be obtained only from your grocer.

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He Was Handicapped. "Mr. Westlake says he didn't enjoy the basket picnic you got up at all. What was the trouble?" "It was all because he couldn't eat any of the pie. We forgot to take knives along."

Wheat 40 Cents a Bushel. How to grow wheat with big profit at 40 cents and samples of Salzer's Red Cross (80 Bushels per acre) Winter Wheat, Rye, Oats, Clover, etc., with Farm Seed Catalogue for 4 cents postage. JOHN A. SALZER SEED CO., La Crosse, Wis. C N U

Her Spirit Aroused. "Why have you broken off with Will Kempton?" "He accused me of having a weakness for building castles in Spain, and here I've sympathized with Cuba right from the first!"

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Breaking the News. There is a story connected with the recent change in the management of a well-known family hotel in Atlanta which has not before found its way into print. At the time there seemed nothing out of the ordinary in the failure. It was simply announced that the house had been closed by impatient creditors, and, as such things frequently occur, no particular notice was taken of the event. The people most surprised were the guests of the hotel. To them it came with startling and rather painful abruptness. The first intimation they had that disaster had overtaken the management found them ill-prepared for the blow. One bright morning when the hungry ones came trooping down to breakfast, they were confronted by a placard fastened upon the dining room door. It bore this legend:

Pina.

"Boys! wit," said the casual talker, "is rarely endowed with a point."

"It is evident," said the man with the gray beard, "that you never taught a country school."—Indianapolis Journal.

The First Portrait. As a matter of fact, the first portrait of a human being was taken in Philadelphia in November, 1839, by Robert Cornelius, and was exhibited before the American Philosophical Society, as is noted in the minutes of the society, Dec. 6, 1839. This identical portrait is now in possession of the writer. Further, a studio for "Daguerreotype Minatures" was established and was successful operation long before either Draper or Morse claim to have made their first successful attempt.—Philadelphia Times.

Try Allen's Foot-Ease. A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and aching feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. Over ten thousand testimonials. Try it to-day. Sold by all druggists and shoe stores for 25c. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

It Must Be a Wonder. Jones—I see that a New York man has been arrested for having two wives and living with both of them in the same flat at one time.

Brown—Say, I'd like to see that flat.

Hot Springs! Hot Springs!! Special excursion from Sioux City July 19th. Round trip \$14.80, thirty days.

Battle Mountain, Wind Cave, the Plunge Bath.

Stop in Northwestern office, Security Bank Building, for "Votes Summarized," or address H. C. Cheyne, general agent, for same.

If all the good had not died young there would be a lot of crazy old people on earth to-day.

For Washington. The Northwestern excursion to Washington offers a choice of many routes. Before completing your arrangements, call at the Northwestern city office, Security Bank building, Sioux City, Iowa.

The trains of the Great Eastern Railway are said to be the most punctual of all that run into London.

## OPEN LETTERS FROM

**Jennie E. Green and Mrs. Harry Hardy.**

JENNIE E. GREEN, Denmark, Iowa, writes to Mrs. Pinkham: "I had been sick at my monthly periods for seven years, and tried almost everything I ever heard of, but without any benefit. Was troubled with backache, headache, pains in the shoulders and dizziness. Through my mother I was induced to try Lydia E. Pinkham's Vegetable Compound, and it has done me so much good. I am now sound and well."

Mrs. HARRY HARDY, Riverside, Iowa, writes to Mrs. Pinkham the story of her struggle with serious ovarian trouble, and the benefit she received from the use of Lydia E. Pinkham's Vegetable Compound. This is her letter: "How thankful I am that I took your medicine. I was troubled for two years with inflammation of the womb and ovaries, womb was also very low. I was in constant misery. I had heart trouble, was short of breath and could not walk five blocks to save my life. Suffered very much with my back, had headache all the time, was nervous, menstruations were irregular and painful, had a bad discharge and was troubled with bloating. I was a perfect wreck. Had doctor's and taken local treatments, but still was no better. I was advised by one of my neighbors to write to you. I have now finished the second bottle of Mrs. Pinkham's Vegetable Compound, and am better in every way. I am able to do all my own work and can walk nearly a mile without fatigue; something I had not been able to do for over two years. Your medicine has done me more good than all the doctors."

Wheat 40 Cents a Bushel. How to grow wheat with big profit at 40 cents and samples of Salzer's Red Cross (80 Bushels per acre) Winter Wheat, Rye, Oats, Clover, etc., with Farm Seed Catalogue for 4 cents postage. JOHN A. SALZER SEED CO., La Crosse, Wis. C N U

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