

WORKING WOMEN WHO SUFFER.

Should Get Mrs. Pinkham's Advice—The Whole Truth can be Told to her Because she is a Woman.

The suffering and pain endured by some working women is almost past belief. Here is a letter from one of the multitude of women who have been restored to health and usefulness by Mrs. Pinkham's advice and medicine:

DEAR MRS. PINKHAM:—I feel as though your advice had lifted me from the grave. I must have been very near it. I suffered terribly at time of menstruation, was constantly troubled with cold hands and feet, was extremely nervous, could not sleep well, was troubled with frightened dreams, had heart trouble and a feeling as though my breath was going to stop, also had leucorrhoea. I tried to get help but all remedies failed, until I wrote to you. I cannot thank you enough for your kind advice, and I wish to tell everyone the great good your remedies have done me.—TAMMA C. HOOPER, Wolfville, Md.



Lydia E. Pinkham's Vegetable Compound for a quarter of a century has been helping women to be strong and well. The following statement from Miss H. PATTERSON, of 2531 Lawrence St., Philadelphia, Pa., should interest all working women who are troubled with female complaints:

"DEAR MRS. PINKHAM:—I must write and tell what your medicine has done for me. I am a working girl and have to stay at my work all day. I suffered greatly with bearing-down pains and backache. I was advised by a friend to try your Vegetable Compound. I did so and can say positively I am cured. I have recommended your medicine to all my lady friends, and would advise any of my sex suffering from female weakness to give Lydia E. Pinkham's Compound a trial, for I know it will cure."

Mrs. Pinkham invites all women troubled about their health to write to her at Lynn, Mass., and secure her advice free of all charge. All such letters are seen and answered by women only.

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills



How to Build a Fire.

Remove the covers from the stove, and brush all the ashes from the top of the inside into the fire box; this keeps the stove in constant cleanliness, besides making the oven easier to heat, and also keeps the heat channel clear. Then replace the covers and close the dampers, and when the stove has been closed as tightly as possible, turn over the grate, letting the contents fall into the ashpan below. Clean the grate of any clinging substance, then turn it back into its place. Brush out the oven after the dust has ceased to rise, and then it will be clean for fire and free from dust when you are ready to bake in it. Remove the ashes and cinders. Into the fire-box you put, first of all, loose pieces of newspaper that have been torn into strips; that is, unless you happen to have shavings you can get plenty of fine pine shavings, and most people can't get them, so they use paper; these strips go on the very bottom, resting on the grate; use plenty of paper, so that the kindling may have a chance to light before the paper is burned out. Next lay small pieces of light wood across the box, leaving small spaces between the pieces; on these put a layer of kindling a little larger than the first layer, putting the sticks at right angles with the lower ones; on these again place fine hardwood kindling, then larger hardwood, and finally a thin layer of small coal. In this way you will have little trouble in making the fire burn. Each layer as it burns heats the one above it.

Washing the Face.

The method of washing the face daily is of great importance, as even if one only washes it twice a day the operation has to be gone through 700 times in the course of a year, and this would naturally affect it for good or evil. Highly scented or highly colored soaps should be avoided, and one which gives a soft lather and does not cause any feeling of irritation is the best. The soap should be well rubbed into the face with a clean piece of flannel, and then bathed off in a basinful of absolutely clean water, so that every particle of soap may be removed. After thoroughly bathing the face should be dried with a Turkish towel, and then, if the skin be coarse and thick, it may be rubbed with a rough towel, but if the skin is at all sensitive a very soft towel should be used, and the face finally well rubbed over with a piece of chamois leather. Gentle friction of the face with soft leather, or better still, with the finger-tips, when clean, tends to remove lines and to prevent the formation of wrinkles.—Philadelphia Times.

BREUMATISM AND LA GRIPPE.

A Remedy Which is Sure to Cure These and Many Other Diseases.

"5 Drops" is a remedy for rheumatism, neuralgia, catarrh, la grippe and kindred ailments. The manufacturers of "5 Drops" have many letters from those restored to health, of which the following is a sample:

Paris, Texas, Jan. 9, 1898.

Swanson Rheumatic Cure Co., Chicago: Gentlemen—I write to accept the agency for your medicines. Will send you the amount mentioned in your letter, and please send me the remedies to begin with. I have some orders all ready. Please send as soon as you can. With many thanks to you and God, I am enjoying better health than I have for years. I feel as if I am spared to do some one else good now. Yours truly, MRS. M. J. JAYROE. During the next thirty days the company will send out 100,000 of their sample bottles for 25 cents a bottle. From the past they know that even a sample bottle will convince one of the merits of "5 Drops." Not sold by druggists, only by us or our agents. Agents wanted. Write to-day to the Swanson Rheumatic Cure Co., 167 Dearborn street, Chicago, Ill. This company is reliable and promptly fill every order.

Ashes Make Bone.

The successful swine breeder does not forget that ashes are essential in building bone in hogs. Where wood ashes cannot be obtained, corn cobs can be burned to a charcoal or else to a fine ash and kept in some clean place to which the hogs have access at all times. There need then be no special work in feeding it to them at any stated time.

OH, WHAT SPLENDID COFFEE.

Mr. Goodman, Williams County, Ill., writes: "From one package Salzer's German Coffee Berry costing 15 cents I grew 300 pounds of better coffee than I can buy in stores at 30 cents a pound." A package of this and big seed catalogue is sent you by John A. Salzer Seed Co., LaCrosse, Wis., upon receipt of 15 cents stamps and this notice, c.n.

Swept the Deck.

Timkins—I bought a tray of diamonds for 50 cents this morning. Simkins—What are you trying to give me? Timkins—Well, it's a fact. I not only got the tray of diamonds, but the other fifty-one cards, also.

Mother Gray's Sweet Powders for Children.

Successfully used by Mother Gray, nurse in the Children's Home in New York, cure Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and destroy Worms. Over 10,000 testimonials. They never fail. At all druggists, 25c. Sample FREE. Address Allen S. Olmsted, LeRoy, N. Y.

Dear Little Nephew.

"Is papa strong as Samson, aunty?" "Why, no, Willie, of course not." "Well, mamma said he had you on his hands for two months."—Scribner's.

TO CURE A COLD IN ONE DAY.

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. 25c.

Mr. Moody is believed to have beaten all others, as more than \$1,250,000 have been paid in royalties for the Gospel hymns and tunes issued by him in conjunction with Mr. Sankey.

Piso's Cure for Consumption has saved me large doctor bills.—C. L. Baker, 4225 Regent Sq., Philadelphia, Pa., Dec. 8, '95.

No Minister Required.

Frank—What did she do when you proposed? Ned—She dismissed me without ceremony.

WOMAN'S FATE.

From the Record (Bushnell, Ill.)

No woman is better able to speak to others regarding "woman's fate" than Mrs. Jacob Weaver, of Bushnell, Ill., wife of ex-City Marshal Weaver. She had entirely recovered from the illness which kept her bedfast much of the time for five or six years past, and says her recovery is due to that well-known remedy, Dr. Williams' Pink Pills.

Mrs. Weaver is fifty-six years old, and has lived in Bushnell nearly thirty years. She is of unquestioned veracity, and unblemished reputation. The story of her recovery is interesting. She says:

"I suffered for five or six years with the trouble that comes to women at this time of my life. I was much weakened, was unable much of the time to do my own work, and suffered beyond my power to describe. I was downhearted and melancholy.

"I took many different medicines; in fact, I took medicine all the time, but nothing seemed to do me any good. I read about Dr. Williams' Pink Pills for Pale People, and some of my friends recommended them highly. I made up my mind to try them. I bought the first box in March, 1897, and was benefited from the start.

"A box and a half cured me completely, and I am now ruddy and strong. I have not been bothered with my troubles since I began taking the pills.

"I have recommended the pills to many women who are suffering as I suffered. They are the only thing that helped me in the trial that comes to so many women at my age.

"MRS. J. H. WEAVER." Subscribed and sworn to before me this 23d day of October, A. D. 1897, O. C. HICKS, Notary Public.

Dr. Williams' Pink Pills exert a powerful influence in restoring the system to its proper condition. They contain in a condensed form all the elements necessary to give new life and richness to the blood.

Birds as Insecticides.

Birds are nature's great check on the excess of insects, and keep the balance between plants and insect life. Ten thousand caterpillars, it has been estimated, could destroy every blade of grass on an acre of cultivated ground. In thirty days from the time it is hatched, an ordinary caterpillar increases 10,000 times in bulk, and the food it lives and grows on is vegetable. The insect population of a single cherry tree infested with aphids was calculated by a prominent entomologist at no less than 12,000,000. The bird population of cultivated country districts has been estimated from 700 to 1,000 per square mile. This is small compared with the number of insects, yet as each bird consumes hundreds of insects every day, the latter are prevented from becoming the scourge they would be but for their feathered enemies.

Peculiarity of Stoves on Vessels.

Stoves and ranges used at sea have two peculiarities. One is that the doors are made to turn down and not to swing, and have fastenings to hold them securely when they are shut, so that they can't possibly fly open. The other peculiarity is in the rack on top. It is elevated four or five inches, and runs around the edge of the stove to keep the pots and kettles from sliding off. Some stoves and ranges used afloat are also provided with cross rods which run from the fixed rod at the back of the stove to the rod in front, across the top of the pots and kettles and hold them down and keep them from shifting. They are used in very heavy weather, or when the ship is rolling. For some reason these cross rods are more used on British than they are on American ships. When a vessel is in port the front rail of the rack is usually taken out, and then the cook has as easy access to the top of the stove as he would have with a stove ashore.—New York Sun.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known for the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 7c.

Reflections of a Spinster.

A man whom a dog will trust is never wholly bad. Woman has three weapons—flattery, food and flirtation. At 20 men love a woman; at 30, woman; at 40, women. A woman who can keep her lover as a friend never believes in his love. People who consider love a dream usually grow to think marriage as the cold breakfast. Anger is a better weapon than tears; a burr commands more respect than a sensitive plant. It isn't what he doesn't know that troubles a man, but what he knows he doesn't know. It's a foolish wife who fears her husband's old flames. Let her look out for the new ones.—Judge.

Ask for Allen's Foot-Ease.

A powder to shake into your shoes. It cures Corns and Bunions, Chilblains, Swollen, Nervous, Damp, Sweating, Smarting, Hot and Callous Feet. At all druggists' and shoe stores, 25c. ASK TO-DAY. Sample FREE. Address Allen S. Olmsted, LeRoy, N. Y.

A Bright Bird.

The cuckoo is as likely to steal its nest as to make it, but this fact does not take from the point of the following pun, quoted from "Short Stories":

A young Englishman being asked at dinner whether he would have some bird's-nest pudding, said, turning to his hostess, "Ah, yes, bird's-nest pudding, and what kind of a bird may have made it?"

"Oh, it was the cook who made it," was her prompt reply.

Hypnotic Wonders.

No one need go to Paris now to see all that is marvelous in hypnotism. In the hypnotic wards of many hospitals of this country are subjects that a mere glance, it is said, throws them into the trance state. But in order to overcome that obstinate kidney trouble, the persistent use of Hostetter's Stomach Bitters is necessary. Use it for bilious and nervous diseases.

Diamonds in Sand.

An explorer in the mountains of Witzies Hoek, Natal, is said to have discovered a layer of sand inclosing small diamonds at the edge of a lake that occupies the crater of an extinct volcano. It is not known whether these diamonds were there as the result of washing operations carried on by the natives or whether the discovery corresponds to an actual diamond mine. The hills of Witzies Hoek are not situated in regions known to be diamond bearing. The presence of the gems in the crater of a volcano may throw some light on their formation in nature.

Beets as Large as Your Arm.

The editor of the Brown City (Mich.) Banner recently paid a visit to Western Canada and spent some time in the Edmonton District says:

"On Aug. 23 we had the pleasure of visiting the model seven-acre garden at Edmonton owned and operated by one Donald Ross, a typical Scotchman, and a whole-souled, good-natured old gentleman as you often meet. He gave the Yankees each a hearty handshake as we were introduced in succession by the Canadian Government agent, who was our guide and pilot while at Edmonton, and to whom we are indebted for many courtesies conferred. Mr. Ross informed us that he cleared from \$800 to \$1,000 annually from the sale of roots, vegetables, flowers and plants. We here state that we never before saw such a growth of vegetables at that season of the year. He said that he raised 750 bushels of onions to the acre. Beets were growing as large as your arm, turnips the size of one's head and cabbages as large as a patent pail. Following are prices that Mr. Ross gave us as receiving for his produce: Beets, 50 cents per bushel; carrots, 40 cents; onions, \$1.25; turnips, \$5 per ton; cabbage, 4 cents each; green corn, 25 cents per dozen; tomatoes, \$1.50 per bushel; potatoes, 25 to 30 cents; cauliflower, \$1.00 per dozen; cucumbers, 15 cents per dozen; strawberries, 25 cents per box; squash, 4 cents per pound, and other produce in proportion. He kept a hot-house 12x150 feet, heated by a furnace by means of flues. One man besides himself attended this garden, except at time of gathering the crop."

Agents of the Canadian Government

are now located at different points in the United States, and using their efforts towards securing settlers on the fertile lands of Western Canada, to which the gold fields are tributary.

Kentucky Crop Report.

Tourist—Is there much corn raised in Kentucky? Native—Oh, yes; lots of it. Tourist—What is the average annual crop? Native—Can't say exactly, but it's large enough to make all the whisky we can use, besides all that's wasted for bread.

Mrs. Winslow's Soothing Syrup for Children

teething; softens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

HOW? By soothing and subduing that's the way

ST. JACOBS OIL CURES NEURALGIA

CANDY CATHARTIC

Regulate the Liver

CURE CONSTIPATION

10c 25c 50c ALL DRUGGISTS

"The More You Say the Less People Remember." One Word With You, SAPOLIO

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but have sold direct to the consumer for 25 years at wholesale prices, saving him the dealer's profit. Ship anywhere for examination. Everything warranted. 115 styles of Harness. Top Harness, \$25 to \$70. Saddles, \$5 to \$12.50. Carriages, \$100 to \$150. Wagons, \$25 to \$50. Elkhart Carriage and Harness Mfg. Co., W. E. PLATT, Sec'y, ELKHART, IND.

FOR 14 CENTS

We wish to gain 100,000 new customers, and hence offer 1 Pkg. 15 Day Radish, 10c; 1 Pkg. Early Spring Turnip, 10c; 1 Pkg. Early Spring Radish, 10c; 1 Pkg. Bismarck Cucumber, 10c; 1 Pkg. Green Victoria Lettuce, 10c; 1 Pkg. Jumbo Giant Onions, 10c; 1 Pkg. Brilliant Flower Seeds, 10c. Worth \$1.00, for 14 cents. Above 10 pkgs. worth \$1.00, we will mail you together with our great Plant and Seed Catalogue upon receipt of this notice and 14c postage. We invite your trade and know when you once try Salzer's seeds you will never get along without them. Potatoes at \$1.50 a bushel. Catalogue free.

CURE YOURSELF!

Use Big G for unusual discharges, indigestions, irritations or ulcerations of mucous membranes. Painless, and not astrin- gent or poisonous. Sent by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.75. Circular sent on request.

S. C. N. U. 12-08

PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

WHEAT. 40 cts. a Bushel. With Salzer's new creations in spring wheat—to be sown before April 25—you can raise wheat at 40c a bushel and make money. How? Why? Because Salzer's Wheat has a record of 50 bu. per acre in Iowa, Illinois, Wisconsin, Minnesota, Michigan, Ind., etc.

TOWER'S FISH BRAND SLICKER WILL KEEP YOU DRY. Don't be fooled with a mackintosh or rubber coat. If you want a coat that will keep you dry in the hardest storm buy the Fish Brand Slicker. If not for sale in your town, write for catalogue to A. J. TOWER, Boston, Mass.

POTATOES \$1.50 a Bushel. Largest Seed POTATO growers in America. The "Rural New Yorker" gives SALZER'S EARLIEST a yield of 460 bushels per acre. Prices dirt cheap. Our great 5000, 11 Farm Seed Samples, worth \$7.00 gets sent, or 10c, and this notice. JOHN A. SALZER SEED CO., LaCrosse, Wis., (C. N.)

HE PAYS THE FRAY. BEST SCALES. LEAST MONEY. JONES OF BINGHAMTON N. Y.

Life! Life! Life! Cutler's Carbolate of Iodine Pocket Inhaler. Guaranteed to cure CATARRH and BRONCHITIS. All druggists. 15c. Wm. H. SMITH & CO., Props., Buffalo, N. Y.

PENSIONS, PATENTS, CLAIMS. JOHN W. MORRIS, WASHINGTON, D. C. Late Principal Examiner U. S. Patent Bureau. 3 yrs. in last war. 1500 square miles. etc.

ROOFING. The best Red Edge Roofing for 1c per sq. foot, c.p. and nails included. Substitutes for plaster, sand paper, etc. The Gray Mantilla Roofing Co., Camden, N. J.

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