WORKING WOMEN WHO SUFFER.

Should Get Mrs. Pinkham's Advice-The Whole Truth can be Told to her Because she is a Woman.

The suffering and pain endured by some working women is almost past belief. Here is a letter from one of the multitude of women who have been restored to health and usefulness by Mrs. Pinkham's advice and medicine: DEAR MRS. PINKHAM :- I feel as though your advice had lifted me from the

fered terribly at time of menstruation, was constantly troubled with cold hands and feet, was extremely nervous, could not sleep well, was troubled with frightened dreams, had heart trouble and a feeling as though my breath was going to stop, also had leucorrhœa. I tried to get help but all remedies failed, until I wrote to you. I cannot thank you enough for your kind advice, and I wish to tell every one the great good your remedies have done me.-TAMMA C. HOOVER, Wolfsville, Md.

grave. I must have been very near it. I suf-

Lydia E. Pinkham's Vegetable Compound for a quarter of a century has been helping women to be strong and well. The following statement from Miss H. PATTERSON, of 2531 Lawrence St., Philadelphia, Pa., should interest all working women who are troubled with female complaints:

"DEAR MRS. PINKHAM:-I must write and tell what your medicine has done for me. I am a working girl and have to stay at my work all day. I suffered greatly with bearing-down pains and backache. I was advised by a friend to try your Vegetable Compound. I did so and can say positively I am cured. I have recommended your medicine to all my lady friends, and would advise any of my sex suffering from female weakness to give Lydia E. Pinkham's Compound a trial, for I know it will cure."

Mrs. Pinkham invites all women troubled about their health to write to her at Lynn, Mass., and secure her advice free of all charge. All such letters are seen and answered by women only.

Ask Mrs. Pinkham's Advice-A Woman Best Understands a Woman's Ills

Sentenced for 209 Years.

Williston Palmer is the name of a white man against whom there are sentences of 209 years in the Georgia penitentiary. Palmer was originally sent up for eleven years from South Georgia for burglary. Shortly afterward, while working in the mines of Dade County, he attempted with other convicts to escape, and in the melee that followed he killed two of the guards. He was tried some time ago Salzer's Silver Mine Oats still leads the world, with



How to Build a Fire.

Remove the covers from the stove. and brush all the ashes from the top of the inside into the fire box; this keeps the stove in constant cleanliness. besides making the oven easier to heat, and also keeps the heat channel clear. Then replace the covers and close the dampers, and when the stove has been closed as tightly as possible, turn over the grate, letting the contents fall into the ashpan below. Clean the grate of any clinging substance, then turn i back into its place. Brush out the oven after the dust has ceased to rise, and then it will be clean for fire and free from dust when you are ready to bake in it. Remove the ashes and cinders. Into the fire-box you put, first of all, loose pieces of newspaper that have been torn into strips; that is, unless you happen to live where you can get plenty of fine pine shavings, and most people can't get them, so they use paper; these strips go on the very bottom, resting on the grate; use plenty of paper, so that the kindling may have a chance to light before the paper is burned out. Next lay small pieces of light wood across the box, leaving small spaces betwen the pieces; on these put a layer of kindling a little larger than the first layer, putting the sticks at right angles with the lower ones; on these again place fine hard wood kindling, then larger hardwood, and finally a thin layer of small coal. In this way you will have little trouble in making the fire burn. Each layer as it burns heats the one above it.

Washing the Face. The method of washing the face daily is of great importance, as even if one only washes it twice a day the operation has to be gone through 700 times in the course of a year, and this would naturally affect it for good or evil Highly scented or highly colored soaps for the killing of the first guard and should be avoided, and one which gives got ninety-nine years. He was then a soft lather and does not cause any put on trial for the killing of the other feeling of irritation is the best. The man and got ninety-nine years more. | soap should be well rubbed into the face with a clean piece of flannel, and then bathed off in a basinful of abso lutely clean water, so that every par ticle of soap may be removed. After thoroughly bathing the face should be dried with a Turkish towel, and then, if the kin be coarse and thick, it may of "5 Drops" have many letters from be rulisoed with a rough towel, but if the sofin is at all sensitive a very soft towel should be used, and the face finally well rubbed over with a piece of chamois leather. Gentle friction of the face with soft leather, or, better still, with the finger-tips, when clean, tends to remove lines and to prevent the for-

WOMAN'S FATE.

From the Record ! Bushnell, IlL.

Mrs. Jacob Weaver, of Bushnell, Ill., wife of ex-City Marshal Weaver. She had entirely recovered from the illness which kept her bedfast much of the time for five or six years past, and says her recovery is due to that well-known remedy, Dr. Williams' Pink Pills.

Mrs. Weaver is fifty-six years old, and has lived in Bushnell nearly thirty years. She is of unquestioned veracity and unblemished reputation. The story of her recovery is interesting. She says: "I suffered for five or six years with the trouble that comes to women at this time of my life. I was much weakened, was unable much of the time to do my own work, and suffered beyond my power to describe. I was downhearted and melancholy. "I took many different medicines; in

fact, I took medicine all the time, but nothing seemed to do me any good. "I read about Dr. Williams' Pink Pills for Pale People, and some of my friends recommended them highly. I made up

my mind to try them. I bought the first box in March, 1897, and was benefited from the Start.

"A box and a half cured me completely, and I am now rugged and strong. I have not Sbeen bothered with Mrs. Jacob Weaver. my troubles since

I began taking the pills. "I have recommended the pills to many women who are suffering as I suffered.

They are the only thing that helped me in the trial that comes to so many women at my age. "MRS. J. H. WEAVER." Subscribed and sworn to before me this

23d day of October, A. D. 1897. O. C. HICKS, Notary Public. Dr. Williams' Pink Pills exert a powcondensed form all the elements necessary to give new life and richness to the blood.

Birds as Insecticides.

Birds are nature's great check on the excess of insects, and keep the balance between plants and insect life. Ten thousand caterpillars, it has been estimated, could destroy every blade of grass on an acre of cultivated ground. In thirty days from the time it is hatched, an ordinary caterpillar increases 10,000 times in bulk, and the are prices that Mr. Ross gave us as refood it lives and grows on is vegetable. ceiving for his produce: Beets, 50 cents The insect population of a single cherry tree infested with aphides was \$1.25; turnips, \$5 per ton; cabbage, 4 calculated by a prominent entomologist cents each; green corn, 25 cents per at no less than 12,000,000. The bird dozen; tomatoes, \$1.50 per bushel; popopulation of cultivated country dis- tatoes, 25 to 30 cents; cauliflower, \$1.00 tricts has been estimated from 700 to per dozen; cucumbers, 15 cents per 1,000 per square mile. This is small compared with the number of insects, yet as each bird consumes hundreds of insects every day, the latter are precented from becoming the scourge they would be but for their feathered time of gathering the crop.' enemies. Peculiarity of Stoves on Vessels.

Hypnotic Wonders. No one need go to Paris now to see al

that is marvelous in hypnotism. In the No woman is better able to speak to hypnotic wards of many hospitals of this others regarding "woman's fate" than country are subjects that a mere glance, it is said, throws them into the trance state. But in order to overcome that obstinate kidney trouble, the persistent use of Hostetter's Stomach Bitters is necessary. Use it for bilious and nervous diseases.

Diamonds in Sand.

An explorer in the mountains of Witzies Hoek, Natal, is said to have discovered a layer of sand inclosing small diamonds at the edge of a lake that occupies the crater of an extinct volcano. It is not know whether these diamonds were there as the result of washing operations carried on by the natives or whether the discovery corresponds to an actual diamond mine. The hills of Witzes Hoek are not situated in regions known to be diamond bearing. The presence of the gems in the crater of a volcano may throw STIVERS, Makanda, Illinois, some light on their formation in nature.

Beets as Large as Your Arm. The editor of the Brown City Mich) Banner recently paid a visit to Western Canada, - Star gran and speaking of a garden that he saw in the Edmonton District says: "On Aug. 23 we had the pleasure of

visiting the model seven-acre garden at Edmonton owned and operated by one Donald Ross, a typical Scotchman, and a whole-souled, good-natured old gentleman as you often meet. He gave the Yankees each a hearty handshake erful influence in restoring the system to as we were introduced in succession its proper condition. They contain in a by the Canadian Government agent. who was our guide and pilot while at Edmonton, and to whom we are indebted for many courtesies conferred. Mr.

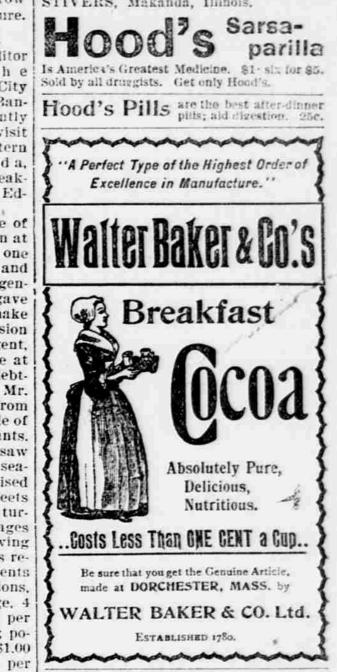
Ross informed us that he cleared from \$800 to \$1,000 annually from the sale of roots, vegetables. flowers and plants. We here state that we never before saw such a growth of vegetables at that season of the year. He said that he raised 750 bushels of onions to the acre. Beets were growing as large as your arm, turnips the size of one's head and cabbages as large as a patent pail. Following per bushel; carrots, 40 cents; onions,

America's Greatest Medicine

- Greatest, Because in cases of Dyspepsia Hood's Sarsaparilla has a touchlike magic, which just hits the spot,
- brings relief to the sufferer, and gives tone and strength to the stomach as no other medicine does.

Could Not Eat Without Pain.

"For many years I have been a sufferer from a severe case of dyspepsia. I could not eat without great pain in my stomach and would be sick and vomit up what I did eat. One day I read of a case cured by Hood's Sarsaparilla. I told my husband I believed this medicine would helpme. He went right away and got a bottle of Hood's Sarsaparilla. I took four bottles and I was cured." MRS. ALLEN



a record right here in Wisconsin of 231 bushels per acre in 1896. What more do you wish? Don't this best all? more do you wish? Don't this beat all? You see, Salzer's Seeds are bred up 19 dig yields! 18400 to old we pay for name of ur new Oat wonder).

> BARLEY. 173 Bus. Per Acre. Jno. Breider, Mishicott, Wis., grew, in 1896, 173 bus. of Salzer's SilverKing Barley from one measured acre, sworn to by five witnesses. That's im-mense, but you see Sal-zer's Seeds are bred to, produce! That's why you get such big yields.

WHEAT.

40 cts. a Bushel.

With Salzer's new crea-tions in Spring Wheat-to be sown before April 25-you can raise wheat at 40c a busheland make money. How? Why, Salzer's Mar-vel Wheat has a record of 50 bus. per acre in Iowa, Illinois, Wisconsin, Min-nesota, Mich., Ind., etc.

OATS.

209 Bus. Per Acre.

CORN.

266 bus. per acre—that's conderful. Well, Salzer's eeds are bred to yields! POTATOES.

ø

,667 Bus. Per Acre. We know you can't be-eve it-it's too big! But alzer's Seeds are bred to ig vields.

GRASSES. argest growers of fresh, ve Grasses and Clover eeds in the world-henco our seeds are guaranteed. You can bet on our Clover and Grass Seeds growing! And such yields—6 tons of ay per acre!

VEGETABLES. Finest, earliest to be had. Our Wisconsin Seed can't be beat. Why buy your seeds in stores when for less money you can buy them delivered free of us? 35 pkgs. Earliest Vegeta bles \$1.00, postpaid.

LA CROSSE, WIS

For 10c Stamp (C.N.) and THIS NOTICE we will send you 11 Rare Farm Seed Samples and our Great FARM SEED BOOK. 17 Send this no-JOHN A. SALZER SEED CO.,



(C. N.)

OES \$1.50 a Bbl. Seed POTATO growers in America. The "Rural New-Yorker" gives SALZER'S EARLIEST a yield of 464 bushels per sere. rices dirt chenp. Our great SEED BOOK, 11 Farm seed Samples, worth \$10 is get a start, or 10c. and this notice. JOHN A. SAL SEE SEED CO., LaCrosse, Wis, (C.N.)

BHEUMATISM AND LA GRIPPE. A Remedy Which Is Sure to Cure These

and Many Other Diseases.

"5 Drops" is a remedy for rheumatism, neuralgia, catarrh, la grippe and kindred ailments. The manufacturers those restored to health, of which the following is a sample:

Paris, Texas, Jan. 9, 1898. Swanson Rheumatic Cure Co., Chicago: Gentlemen-I write to accept the agency for your medicines. Will send you the amount mentioned in your letter, and please send me the remedies to begin with. I have some orders all mation of wrinkles. - Philadelphia ready. Please send as soon as you can. Times. With many thanks to you and God, I am enjoying better health than I have for years. I feel as if I am spared to do some one else good now. Yours

MRS. M. J. JAYROE. truly. During the next thirty days the company will send out 100,000 of their sample bottles for 25 cents a bottle. From

the past they know that even a sample bottle will convince one of the merits of "5 Drops." Not sold by druggists, only by us or our agents. Agents wanted. Write to-day to the Swanson Rheumatic Cure Co., 167 Dearborn street, Chicago, Ill. This company is reliable and promptly fill every order.

Ashes Make Bone.

The successful swine breeder does not forget that ashes are essential in building bone in hogs. Where wood ashes cannot be obtained, corn cobs can be burned to a charcoal or else to a fine ash and kept in some clean place to which the hogs have access at all times. There need then be no special work in feeding it to them at any stated time.

OH, WHAT SPLENDID COFFEE. Mr. Goodman, Williams County, Ill. writes: "From one package Salzer's German Coffee Berry costing 15 cents I grew 300 pounds of better coffee than I can buy in stores at 30 cents a pound." A package of this and big seed catalogue is sent you by John A. Salzer Seed Co., LaCrosse, Wis., upon receipt of 15 cents stamps and this notice. c.n.

Swept the Deck. Timkins-I bought a tray of diamonds for 50 cents this morning. Simkins-What are you trying to give me?

Timkins-Well, it's a fact. I not only got the tray of diamonds, but the other

Danger in Tin Cans.

Open a can of per ches, apricots, cherries or other fruit,-for all fruit is acidulous,-let it stand for some time, and the fruit acids and the tin are ready to do their work of poisoning. A chemical knowledge that tells just how the dangerous compound is created is unnecessary to an avoidance of the peril. The rule to follow is never to make lemonade or other acidulated drinks in a tin bucket, nor allow them to stand in a vessel of tin; and in the case of canned fruits or fish, immediately upon opening the can, turn the contents out upon an earthen-ware plate, or into a dish that is made of earthenware or glass. Fruits in her-

metically sealed cans, if properly prepared, generate no poison. As soon as opened the action of the acid in the tin, with the aid of the atmosphere, begins, and in a short time the result is a deadly poison .- Popular Science News.

When the Co'n Pone's Hot, Dev is times in life when nature Seems to slip a cog an' go Jes' a-rattlin' down creation, Lak an ocean's overflow; When de worl' jes' stahts a-spinnin' Lak a pickaninny's top, An' you' cup o' joy is brimmin' "Twel it seems about to slop, An' you feel jes' lak a racah Dat is trainin' fu' to trot-When yo' mammy ses de blessin', An' de co'n pone's hot. -Paul Laurence Dunbar.

Caramel Sauce.

One-haif cupful of granulated sugar, one even tablespoonful of flour, one

two peculiarities. One is that the doors are made to turn down and not to swing, and have fastenings to hold them securely when they are shut, so that they can't possibly fly open. The other pecaliarity is in the rack on top. It is elevated four or five inches, and runs around the edge of the stove to keep the pots and kettles from sliding off. Some stoves and ranges used afloat are also provided with cross rods which run from the fixed rod at the back of the stove to the rod in front, across the top of the pots and kettles and hold

them down and keep them from shift neg. They are used in very heavy weather, or when the ship is rolling. For some reason these cross rods are more used on British than they are on American ships. When a vessels is in port the front rail of the rack is usually taken out, and then the cook has as easy access to the top of the stove as he would have with a stove ashore.-

\$100 Reward. \$100.

New York Sun.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that if fails to cure. Send for list of testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Reflections of a Spinster. A man whom a dog will trust is never wholly bad. Woman has three weapons-flattery,

food and flirtation. At 20 men love a woman; at 30, wom-

an; at 40, women. A woman who can keep her lover as a friend never believes in his love.

dozen; strawberries, 25 cents per box; squash, 4 cents per pound, and other produce in proportion. He kept a hothouse 12x180 feet, heated by a furnace by means of flues. One man besides himself attended this garden, except at

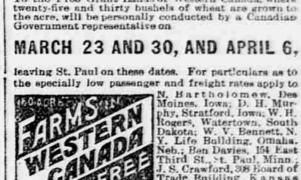
Agents of the Canadian Government are now located at different points in the United States, and using their ef-Stoves and ranges used at sea have forts towards securing settlers on the fertile lands of Western Canada, to which the gold fields are tributary.

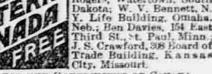
> Kentucky Crop Report. Tourist-Is there much corn raised in Kentucky?

Native-Oh, yes; lots of it. Tourist-What is the average annual crop?

Native-Can't say exactly, but it's large enough to make all the whisky we can use, besides all that's wasted for bread.

Mrs. Winslow's SOOTHING STRUP for Children teething; soltens the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.



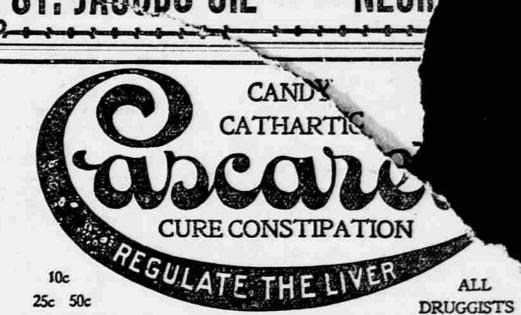


AGENTS FOR THE GOVERNMENT OF CANADA. Garden & Flower with a world-wide



ORE EYES DE SAACTROMPSON

By soothing and subduing t That's the way ST. JACOBS OIL CURES NEUR



"The More You Say the Less People Remember." One Word With You,

