

THIS WOMAN KNOWS

WHAT ONE OF THE SEX DISCOVERED TO HER GREAT JOY.

Mrs. De Long Finds That the Indescribable Pains of Rheumatism Can Be Cured Through the Blood.

Mrs. E. M. De Long, of No. 160 West Broadway, Council Bluffs, Iowa, found herself suddenly attacked by rheumatism in the winter of 1896. She gave the doctor a chance to help her, which he failed to improve, and then she did some thinking and experimenting of her own. She was so successful that she deems it her duty to tell the story of her escape from suffering:

"My brother-in-law," she says, "was enthusiastic on the subject of Dr. Williams' Pink Pills as a purifier of the blood, and when I was suffering extreme pains in the joints of my ankles, knees, hips, wrists and elbows, and the doctor was giving me no relief, I began to reflect that rheumatism is a disease of the blood, and that if Dr. Williams' Pink Pills are so good for the blood they must be good for rheumatism and worth a trial.

"I was in bed half the time, suffering with pain that cannot be described to one who has never had the disease. It would concentrate sometimes in one set of joints. When it was in my feet I could not walk; when it was in my elbows and wrists I could not even draw the coverlets over my body. I had suffered in this way for weeks before I began using Dr. Williams' Pink Pills. Two weeks after I began with them I experienced relief and after I had taken six boxes I was entirely well. To make sure I continued to use them about two weeks longer and then stopped altogether. For several years I have had no reason to use them for myself, but I have recommended them to others as an excellent remedy."

Dr. Williams' Pink Pills furnish the blood with all the elements that are needed to build up healthy tissue, strong muscles and nerves, capable of bearing the strain that nature puts upon them. They really make new blood and cure all diseases arising from disorders of the blood or nerves, such as sciatica, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' dance, nervous prostration, anemia and all forms of weakness in either male or female. They are sold by all druggists.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

Water on Battleship.

Eight thousand gallons of fresh water are used in a large battleship daily. About two-thirds of this is taken up by boilers, and the remainder is used for drinking, washing, etc.

To the housewife who has not yet become acquainted with the new things of everyday use in the market and who is reasonably satisfied with the old, we would suggest that a trial of Defiance Cold Water Starch be made at once. Not alone because it is guaranteed by the manufacturers to be superior to any other brand, but because each 10c package contains 16 ozs., while all the other kinds contain but 12 ozs. It is safe to say that the lady who once uses Defiance Starch will use no other. Quality and quantity must win.

The Busy Bee.

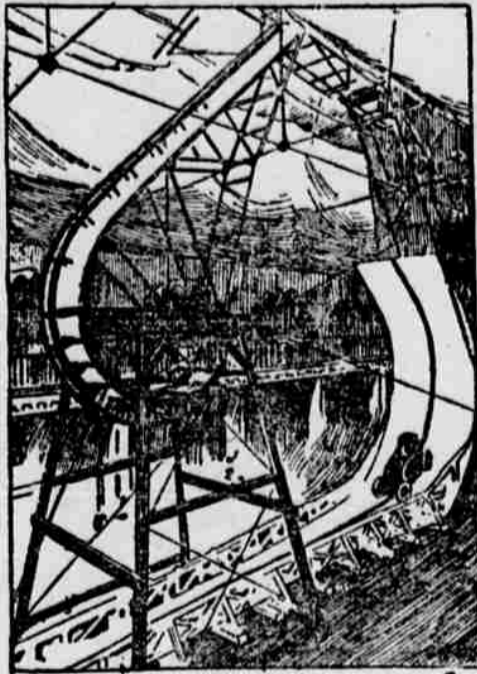
The foolish little bee improves each shining hour by gathering honey for some freckle-faced boy to smear on his bread.

Nearly every summer there are some cases of genuine cholera in St. Petersburg. Last summer there were three.

RISKS LIFE IN DARING FEAT.

Woman's Sensational Act Excites Parisians to Wonder.

Novel sensational feats on auto-cars and bicycles, in looping and circling circles and jumping gaps in tracks upside down or right side up, are still forthcoming, and there is always someone ready to invent a new and specially thrilling flight. The latest recruit to the daring band of performers, prepared, for a consideration to run the risk of breaking their necks, is Madame Maurice de Tiers, who is known as the Auto-Bolide—the Auto-Meteor—of the Folles-Bergere, in Paris. The



lady's meteoric flight is made on an S shaped track—an S with the middle part wanting. She starts from the top and descends, her car gripping the rails and holding to them, the latter part of her descent on this upper half of the S being made head downward; and in this position she is projected across the gap to the lower half of the S, upon which she lands and completes the course in safety. The entire length of Madame de Tiers' remarkable flight is 160 feet, the gap is 32 feet, and the course is run in 4½ seconds, "moments of greater anguish," says a Paris paper, "for the spectators than for the courageous lady. The latter remains quite calm during her terrific flight, which is like a rapid vision of an automobile upside down in space, then a terrible shock, and then the descent to the stopping-point. The tires are pneumatic and it is a mystery how they resist the impact upon the track."—Montreal Herald.

Worn by French Children.



Bare knees and these fantastic costumes are decreed by fashion and worn by the children in France.

Cow Assists at a Wedding.

A strange wedding celebration took place at Shohola, Pa., recently. Herman Hipsman married Miss Christina Kulm. After the ceremony the couple went to the bridegroom's home, a stock farm, where all the neighborhood had congregated.

The stock of beverages gave out and Hipsman brought one of his best Jersey cows into the kitchen.

Each person who desired a drink had only to go to the cow. She was a good representative of her stock and did not go dry, although one man was kept busy doing the milking.

Take Census With Beads.

The recent census of the natives in the Transvaal was taken with beads. Each headman was furnished with a number of beads of different colors, and twine on which to string them. A big black bead represented an adult married native, a big yellow bead a grown single man, a big blue bead a married woman, and a white bead a single woman over fifteen years old. A small yellow bead stood for a boy and a small white bead for a girl.

Brahmin's Proverbs Popular.

The old English proverb writers used Pilpay's proverbs very largely—in fact, were it not for the old Brahmin there would be many fewer English proverbs than there are. The proverbs have been translated into every European language and into many Asiatic tongues—Persian, Malay, Mongolian, Afghan; they are the proverbs of the world.

A Record in Trees.

The largest tree in the world is to be seen at Mascali, near the foot of Mount Etna, and is called "The Chestnut Tree of a Hundred Horses." Its name rose from the report that Queen Jane of Aragon, with her principal nobility, took refuge from a violent storm under its branches. The trunk is 204 feet in circumference.

Japanese Never Conquered.

Speaking of the Japanese, Voltaire said it was the only nation that had never been conquered. In the thirteenth century the Japs repulsed 107,000 Mongolians in a naval warfare. They fought with success in Korea and China, and Dr. Bertillon says that they are invincible on account of their all-powerful Jiu-Jitsu.

Difference in Farming Methods.

The average gross returns per acre from cultivated land in this country is only \$10.50 per acre, and from land devoted to the growing of cereals but \$8.02 per acre. In Great Britain the intensive system of farming has brought the average gross returns up to within the neighborhood of \$30 per acre.

Husband of Little Importance.

Among some of the ancient Mexican tribes the husband left his people and dwelt with his wife's family, where he seems to have been considered of minor importance.

Italy and Spain have fewer houses in proportion to their population than any other country in the world. The Argentine republic and Uruguay have the most.

Spite of fall de bright sunshine in dis worl', some mens will go roun' huntin' fer happiness wid a candle.—Frank Stanton in Atlanta Constitution.

A wise girl always pretends to be a little more daffy than the young man she is planning to face the parson with.

A mother's prayers, silent and gentle, can never miss the road to the throne of all bounty.—Beecher.

SADIE ROBINSON.

Pretty Girl Suffered From Nervousness and Pelvic Catarrh—Found Quick Relief in a Few Days.



NERVOUSNESS AND WEAKNESS CURED BY PE-RU-NA.

Miss Sadie Robinson, 4 Rand street, Malden, Mass., writes:

"Peruna was recommended to me about a year ago as an excellent remedy for the troubles peculiar to our sex, and as I found that all that was said of this medicine was true, I am pleased to endorse it.

"I began to use it about seven months ago for weakness and nervousness, caused from overwork and sleeplessness, and found that in a few days began to grow strong, my appetite increased and I began to sleep better consequently my nervousness passed away and the weakness in the pelvic organs soon disappeared and I have been well and strong ever since."

Address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus O., for free medical advice. All correspondence strictly confidential.

On the Trail with a Fish Brand Pommel Slicker

"I followed the trail from Texas to Montana with a FISH BRAND Slicker, used for an overcoat when cold, a wind coat when windy, a rain coat when it rained, and for a cover at night if we got to bed, and I will say that I have gotten more comfort out of your slicker than any other one article that I ever owned."

(The name and address of the writer of this unsolicited letter may be had on application.)

Wet Weather Garments for Riding, Walking, Working, or Sporting

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TOWER CANADIAN CO., Limited TORONTO, CANADA



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