

Try One Package.

If "Defiance Starch" does not please you, return it to your dealer. If it does you get one-third more for the same money. It will give you satisfaction, and will not stick to the iron.

Oldest Tree.

The oldest tree in the world is on the Island of Kos, lying off the coast of Asia Minor. The trunk is thirty feet in circumference. A wall of masonry surrounds it and supports the two main branches. It is believed to be more than 2,000 years old.

Cheerfulness and Grumbling.

How many people in real life there are who are a perpetual drain on the sympathies of their more cheerful friends and neighbors! They like to be comforted with strong, uplifting words; they appreciate cheerfulness—in others. It does not occur to them that it is a cultivable quality, just as grumbling is.

Corn Birds Will Not Bother.

A well known farmer says he wets his seed corn with coal oil before planting it, and as a result the birds and insects do not bother it before it comes up. The oil does not injure the germ and keep it from sprouting. This has been proved by experience, as he has never had to replant.—Fillmore (Mo.) Lever.

Training of Japanese Wrestlers.

In the place of training to remove superfluous flesh, as do the athletes of other lands, the wrestlers of Japan eat to put it on. Great size and weight do not appear to interfere with their agility. Instead it is one of the principal means of overcoming an adversary.

It is easy to find something good to say of success, but the struggler must go a-begging for encouragement.

JUST ONE DAY

Free From the Slugger Brought Out a Fact.

"During the time I was a coffee drinker," says an Iowa woman, "I was nervous, had spells with my heart, smothering spells, headache, stomach trouble, liver and kidney trouble. I did not know for years what made me have those spells. I would frequently sink away as though my last hour had come.

"For 27 years I suffered thus and used bottles of medicine enough to set up a drug store—capsules and pills and everything I heard of. Spent lots of money but I was sick nearly all the time. Sometimes I was so nervous I could not hold a plate in my hands! and other times I thought I would surely die sitting at the table.

"This went on until about two years ago when one day I did not use any coffee and I noticed I was not so nervous and told my husband about it. He had been telling me that it might be the coffee but I said 'No, I have been drinking coffee all my life and it cannot be.' But after this I thought I would try and do without and drink hot water. I did this for several days, but got tired of the hot water and went to drinking coffee and as soon as I began coffee again I was nervous again. This proved that it was the coffee that caused my troubles.

"We had tried Postum but had not made it right and did not like it, but now I decided to give it another trial so I read the directions on the package carefully and made it after these directions and it was simply delicious, so we quit coffee for good and the results are wonderful. Before, I could not sleep but now I go to bed and sleep sound, am not a bit nervous now, but work hard and can walk miles. Nervous headaches are gone, my heart does not bother me any more like it did and I don't have any of the smothering spells and would you believe it? I am getting fat. We drink Postum now and nothing else and even my husband's headaches have disappeared; we both sleep sound and healthy now and that's a blessing." Name given by Postum Co., Battle Creek, Mich.

Look for the book, "The Road to Wellville" in each pkg.

Condemns Flannels.

Dr. Leonard Williams, in an article in the London Practitioner, declares that flannel underclothing is a fraud. "Dry flannel," he says, "is practically unabsorbent, whereas linen, cotton and silk are, in different degrees, very absorbent." He concludes that "woolen underclothing is, of all others, the best calculated to induce a relaxed and unresponsive condition of the skin."

A woman has simply got to love something, even if it is only a man.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs.—WM. O. ENDREY, Vanburen, Ind., Feb. 10, 1900.

Do our Clothes Look Yellow?

Then use Defiance Starch. It will keep them white—16 oz. for 10 cents.

The greatest merit of some men is their wives.—Poincelot.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

When you feel like telling your troubles write them down—then burn the paper.

Defiance Starch is put up 16 ounces in a package, 10 cents. One-third more starch for the same money.

Italian Joan of Arc.

The Italian sculptor Ettore Ferraria has completed a relief portrait of "the Italian Jeanne d'Arc," Signora Stamura, for Ancona, which she helped to defend during the siege by Barbarossa. She inspired courage in the citizens by her exhortations, and during a sally applied the torches with her own hands to the German siege towers, according to tradition. She was a widow.

The Cause of Sleep.

The man who is kept awake by pain, or who suffers in any other way from lack of sleep, can usually obtain it by the use of a drug. Such sleep, however, is generally regarded as unnatural, and hypnotic drugs are avoided when possible. But now comes Mr. Raphael Dubois, a French physiologist, who tells us that all sleep is the result of drugging, the sleep-producer being carbonic-acid formed within the system.

Irrigation in Kansas.

Great state, Kansas! There is neither a mountain nor a marsh in all her length and breadth of 82,000 square miles. One-third of her area is almost a barren steppe, owing to lack of rain. Irrigation will make the dry prairies a veritable "garden of the west," raise the Kansas corn crop to 300,000,000 bushels and increase her live stock valuation to \$180,000,000.—New York Press.

England's Great Artist.

George Frederick Watts, the great English artist, who died recently in London, rarely worked from a living subject, but modeled fragmentary studies in wax and clay for particular parts of the figures of his pictures. This patriarch of painters said in reference to his principal works that one of his great aims was to take the terror away from death.

Labouchere on Intoxicants.

"I myself never drink spirits, or, indeed, either wine or beer when I can get water," said Henry Labouchere. "I can understand the liking for beer or wine. The taste for spirits, however, is incomprehensible to me. I tried all of them. The experiment did not succeed, but gin struck me as the least nasty."

Weight of Dead Sea Water.

A gallon of distilled water weighs ten pounds, of sea water ten and three-fourths pounds, of Dead sea water twelve pounds. There are eight and one-half pounds of salt in every 100 pounds of Dead sea water to two and four-fifths pounds in ordinary sea water.

A widow is usually more particular about the choice of a second husband than she was about the first.

Beware of Ointments for Catarrh that Contain Mercury.

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

The hope of the world is that to which our hearts turn in sorrow.

FREE TO TWENTY-FIVE LADIES.

The Defiance Starch Co. will give 25 ladies a round-trip ticket to the St. Louis exposition to five ladies in each of the following states: Illinois, Iowa, Nebraska, Kansas and Missouri who will send in the largest number of trade marks cut from a 10-cent, 16-ounce package of Defiance cold water laundry starch. This means from your own home, anywhere in the above named states. These trade marks must be mailed to and received by the Defiance Starch Co., Omaha, Neb., before September 1st, 1904. October and November will be the best months to visit the exposition. Remember that Defiance is the only starch put up 16 oz. (a full pound) to the package. You get one-third more starch for the same money than of any other kind, and Defiance never sticks to the iron. The tickets to the exposition will be sent by registered mail September 5th. Starch for sale by all dealers.

Lawsuits make the parties bare, the lawyers fat.—German.

Less Than Half to St. Louis and Return via Wabash R. R.

Tickets sold Tuesdays and Thursdays in August; rate from Omaha \$8.50. Daily round-trip rate \$13.80. Correspondingly low rates from your station.

The Wabash is the ONLY line landing all passengers at its own station main entrance World's Fair grounds, thus saving time, annoyance and extra car fare. All World's Fair maps show Wabash station, main entrance. For all information address Harry E. Moores, G. A. P. D. Wab. R. R., Omaha, Neb.

'When swimming with the current look out for the falls.'

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher.*
In Use For Over 30 Years.
The Kind You Have Always Bought.

If the play is a frost the audience soon melts away.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 331 Arch Street, Philadelphia, Pa.

A safe secret is a confidential letter—unwritten.

Sensible Housekeepers

will have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

A little wine is good for the stomach's sake. The trouble begins when a little is taken for friendship's sake.

When You Buy Starch

buy Defiance and get the best, 16 oz. for 10 cents. Once used, always used.

AGENTS WANTED

Portraits and Frames. Frames, 12s, 15c, 40c and up. Portraits 30c, 50c and up. Catalogue and Samples Free. HUDSON PORTRAIT CO., 1236 W. Madison St., Chicago, Ill.

HOMESTEADS on Crow Reservation in Montana. Send 50c. for map and information to J. F. KELLEY, Real Estate Agency, Billings, Mont.

PISO'S CURE FOR CONSUMPTION
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

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HAVE YOU A BABY?

If so, you ought to have a

PHOENIX WALKING CHAIR



(PATENTED)

"AN IDEAL SELF-INSTRUCTOR."

OUR PHOENIX Walking Chair holds the child securely, preventing those painful falls and bumps which are so frequent when baby learns to walk.

"BETTER THAN A NURSE."

The chair is provided with a removable, sanitary cloth seat, which supports the weight of the child and prevents bow-legs and spinal troubles; it also has a table attachment which enables baby to find amusement in its toys, etc., without any attention.

"As indispensable as a cradle."

It is so constructed that it prevents soiled clothes, sickness from drafts and floor germs, and is recommended by physicians and endorsed by both mother and baby.

Combines pleasure and utility. No baby should be without one.

Call at your furniture dealer and ask to see one.

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SHEBOYGAN, WIS.

Can only be had of your furniture dealer.



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destroys all the flies and affords comfort to every home—in dining-room, sleeping-room and places where flies are trouble-some. Clean, neat and will not soil or injure anything. Try them once and you will never be without them. In fact keep by dealers, sent prepaid for 25c. HAROLD SOMERS, 149 Dekalb Avenue, Brooklyn, N. Y.

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5¢ Cigar better Quality than most 10¢ Cigars

Your jobber or direct from Factory, Peoria, Ill.

BEGGS' BLOOD PURIFIER

CURES catarrh of the stomach.