

Cure For The Blues

ONE MEDICINE THAT HAS NEVER FAILED

Health Fully Restored and the Joy of Life Regained

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a sad picture. It is usually this way: She has been feeling "out of sorts"



for some time; head has ached and back also; has slept poorly, been quite nervous, and nearly fainted once or twice; head dizzy, and heart-beats very fast; then that bearing-down feeling, and during her menstrual period she is exceedingly despondent. Nothing pleases her. Her doctor says: "Cheer up; you have dyspepsia; you will be all right soon!"

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting BLUES.

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vegetable Compound. See what it did for Mrs. Rosa Adams, of 819 12th Street, Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes: Dear Mrs. Pinkham—

"I cannot tell you with pen and ink what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered with female troubles, extreme lassitude, 'the blues,' nervousness and that all-gone feeling. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it not only cured my female derangement, but it has restored me to perfect health and strength. The buoyancy of my younger days has returned, and I do not suffer any longer with despondency, as I did before. I consider Lydia E. Pinkham's Vegetable Compound a boon to sick and suffering women."

If you have some derangement of the female organism write Mrs. Pinkham, Lynn, Mass., for advice.

Coal Fields of Spitzbergen.

The coal fields of Spitzbergen, after experimental mining in previous seasons, have been found of sufficient value to justify more extensive operations. An expedition has been fitted out at Sheffield, England, in which also some Norwegian capital is invested. About seventy men are engaged. It is the intention to erect eleven large buildings to be used for lodgings, sheds for machinery, etc.

Do Your Clothes Look Yellow?

Then use Defiance Starch, it will keep them white—16 oz. for 10 cents.

Meaning of Prison Sentences.

Lord Justice Mathew of England, speaking at a meeting of the Catholic Prisoners' Aid Society, said that when he first became a judge he asked a certain prison governor what it really meant to a man to be sent to a convict prison. The reply was: "Five years do not hurt him much, especially if he is a young man. But seven years means utter ruin to him."

When You Buy Starch

buy Defiance and get the best, 16 oz. for 10 cents. Once used, always used.

Weak Bear Pain Best.

Dr. J. P. Lockart Mummy, the famous British surgeon, says it is often extremely difficult to estimate the condition of a patient with regard to his power of standing a severe operation. Often a weakly looking individual, who looks as if he would not stand a severe operation well, stands it quite well, and vice versa.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer.

Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 23 Arch Street, Philadelphia, Pa.

The Thoughtless Rain.

Little drops of water
Showers far and wide,
Always spoil the temper
Of the gentle bride.
—Cleveland Plain Dealer.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs.

—Wm. O. ENDSLEY, Vanburen, Ind., Feb. 10, 1900.

The real skeleton at the feast is the man who refuses catsup and them explains to all the table that he never uses it because he has seen it made in the factories.

STOLEN GEMS HARD TO SELL.

Man Who Stole Tiffany Diamonds Gathered in a White Elephant.

In the opinion of Detective "Charlie" Heidelberg, the man who stole the great Tiffany diamonds has a white elephant of prodigious size on his hands. While the stones represent a fortune in themselves, there is absolutely no way in which the thief can dispose of them without subjecting himself to immediate capture. The only satisfaction left him is to gaze at the gems in the solitude of his home and weave dreams about great possibilities contained in those three sparkling bits of carbon.

"All the diamond cutters in the world may be numbered on the fingers of both hands," said Heidelberg. "They have all received accurate descriptions of the stones and if they are presented to any of these experts to be cut, the person in whose custody they are will immediately be arrested. "Some days ago it was reported that there was a diamond cutting expert in Pittsburg who had not been included in the official list. An investigation was made at once and the report proved to be false. There is one cutter in Chicago, but none nearer. The description of the missing gems has been scattered broadcast, and so much publicity given to the matter that even the most daring 'fence' would not take the diamonds at a tithe of their value.

"In my opinion, the theft was not the work of an outsider," added the detective. "The stones were taken by some one in the store who was familiar with the methods of the establishment."

An Appreciation.

I am very fond of poetry—
Couldn't possibly be more—
Every thing I lay my hands on,
Modern works or ancient lore,
But of all things I've perused,
Byron? Well, his style's too free,
Nothing seems to me so clever
As the poetry I write.

Shakespeare? Well, he's pretty good.

Milton? H'm, I guess he'll do.
Pope and Browning? Just so-so.
Keats? I've never read him through.
Byron? Well, his style's too free,
Tennyson? Too serious, quite.
None of them can hold a candle
To the poetry I write.

I can sit and read it over.

Backward, forward, by the hour.
Such magnificence of diction!
Phrasing of unequalled power!
Often over it I've pored
Far into the still night.
Nothing fills me with such bliss
As the poetry I write.

Every word's a polished jewel.

Strings of gems are every line.
Strange that editors' opinions
Rarely coincide with mine!
Some day they will beg my verse
But they'll never get a mite.
For they won't deserve such luck
As the poetry I write.
—Blanche Goodman.

Bath in Goldfield.

"All trouble and inconvenience growing out of the scarcity of water in the new mining camps of Nevada is rapidly disappearing," remarked Oscar J. Smith, lawyer and capitalist of Reno. "They have quite as much water in Goldfield now as will satisfy the requirements of the camp. I was down at Goldfield recently, and noticing a sign on a building which proclaimed the fact that baths were to be had there I went in and announced that I would like to get a bath. The fellow in charge handed me a ticket and took my money.
"Well, see here," said I, "I don't want a bath ticket. I want a bath."
"Oh, you'll get a bath all right," and the bathroom manager. "Let me see your ticket, No. 813. There are about 812 people ahead of you. Come around in about three or four weeks."
—San Francisco Chronicle.

A Proper Distinction.

Here is a story that the Rev. Moxom of Springfield tells of John Fiske, which illustrates his frankness:
It seems that one day his wife had to report to him that their son had been guilty of calling Mrs. Jones, a neighbor, a fool and Mr. Jones a much worse fool.
Prof. Fiske sent for the youngster, and when he appeared in the library said to him sternly: "My son, is it true that you said Mrs. Jones was a fool?"
Hanging his head the boy replied: "Yes, father, I did."
"And did you call Mr. Jones a worse fool?"
"Yes, father."
After a moment's reflection the famous historian said slowly: "Well, my son, that is just about the distinction I should make."
—Boston Record.

Where the Gang Rules.

Col. Sheldon Potter, who represents reformed Philadelphia in the headship of the city's police department, was talking at a dinner party about gang rule and municipal corruption.
"Gang rule," he said, "encourages bad habits, drunkenness, a hundred evils. This was well shown in a school board meeting in a New England town. Corruption in that town was rampant, and in consequence dissipation was rampant, too.
"Well, at the school board meeting I speak of it was said that the clerk before the night's business ended was signing checks with the whisky and drinking the ink."
—Cincinnati Enquirer.

Tearful Milk.

A lady was complaining to her dairy man some time ago about the quality of his milk. "Short o' grass feed mumm—short o' grass feed this time o' year," said the jocular milkman. "Bless you, them cows o' mine are just as sorry about it as I am. I often stands and watches 'em cryin'—regu lar cryin', mumm—because they feel as how their milk don't do 'em credit. You don't believe it?"
"Oh, yes, I believe it," said the lady; "but I wish in future you'd see that they don't drop their tears into our can."
—The Tatler.

How to Preserve Eggs.

New-laid eggs can be preserved for months by smearing the shells of them with pure glycerine on the same day that the eggs are laid. It is best to place them in a position with the smaller end up. Pure glycerine is much better than butter or grease, as it never turns rancid and thus avoids the chance of spoiling the flavor of the eggs.

Sensible Housekeepers

will have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

Lapsed in Meaning.

When menus are written in French, by those who are imperfectly acquainted with that language, amusing effects are sometimes produced. For instance, on the front of a small restaurant in Vvalon, a few days ago, there appeared the following surprising item: "Yellow-tail a la gratis." And it isn't a free lunch, either.

Try One Package.

If "Defiance Starch" does not please you, return it to your dealer. If it does you get one-third more for the same money. It will give you satisfaction, and will not stick to the iron.

Old Excuse Is Rejected.

A married Italian couple who left their lodgings at Avellino without paying their rent because they thought the house was haunted have been fined \$100. The judge ruled that modern science does not recognize the existence of ghosts.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Benefit of Good Manners.

Good manners pay even if they do not make friends, because we cannot try to make others happy, to radiate sunshine, without feeling better and purer ourselves.—Success.

"I had Inflammatory Rheumatism, but I am well now, thanks to Dr. David Kennedy's Favorite Remedy. It's my best friend."

—Garrett Lansing, Troy, N. Y.

In after years it usually gives a married man a headache every time he hears another man whistling the wedding march.—Chicago News.

Defiance Starch is put up 16 ounces in a package, 10 cents. One-third more starch for the same money.

Most of the so-called original ideas have been on the toboggan for centuries.

The Best Results in Starching can be obtained only by using Defiance Starch, besides getting 4 oz. more for same money—no cooking required.

He who hopes for the best seldom expects it.

Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

Lion Coffee

is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people.

The uniform quality of LION COFFEE survives all opposition. LION COFFEE keeps its old friends and makes new ones every day.

LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.

Sold only in 1 lb. packages. Lion-head on every package. Save these Lion-heads for valuable premiums.

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WOOLSON SPICE CO., Toledo, Ohio.

USE THE BEST FAULTLESS STARCH FOR LAUNDRY WORK

FOR SHIRTS COLLARS CUFFS AND FINE LINEN

Mueller Pianos Are Sent Free

to responsible people on trial. If you don't say they are \$100.00 better than any piano you have seen, box it up, send it back at our expense.

Our Prices Are Way Down because we have no agents or travelers. Our terms are cash, or \$20.00 down and \$5.00 monthly. Write today for catalog and prices.

Address the makers,
SCHMOLLER & MUELLER
Established, 1850. OMAHA, NEB.

Follow the Flag! Very Low Round Trips

South and Southeast, one fare plus \$2.00.

Hot Springs, Ark., daily	\$23.00
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Chautauque, N. Y., July 29	\$4.00
Detroit, Mich., August 13th and 14th	21.50
Pittsburg, Pa., Aug. 17th and 18th	25.25
Richmond, Va., Sept. 8th to 11th inclusive	33.75
Philadelphia, Pa., Sept. 14th to 16th, inclusive	32.75

Long limits, stopovers and other features offered in connection with the above rates.

All Agents can sell you through tickets and route you Wabash from Chicago east are optional with passenger via Lake or Rail either or both directions.

Call at Wabash City office, 1601 Farnam St., or write and let me give you all information, maps, descriptive matter, folders, etc.

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G. A. P. D. Wabash R. R., Omaha, Neb.

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SPECIAL OFFER

The name and address of your shoe dealer and 15c to cover cost of mailing, etc., will secure one of the handsome rolled gold pins illustrated above. Enameled in colors and will wear for years. These pins were secured by thousands of World's Fair visitors.

Only a few hundred left. Write Quick.

ROBERTS, JOHNSON & RAND
SHOE CO. ST. LOUIS
MANUFACTURERS OF
"STAR BRAND SHOES"

PAXTINE TOILET ANTISEPTIC FOR WOMEN

troubled with ills peculiar to their sex, used as a douche is marvellously successful. Thoroughly cleanses, kills disease germs, stops discharges, heals inflammation and local soreness, cures leucorrhoea and nasal catarrh. Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES. For sale at drug stores, 50 cents a box. Trial Box and Book of Instructions Free.

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PIT & PITLESS SCALES. For Steel and Wood Frames, \$25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. BECKMAN BROS., Des Moines, Iowa.

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writing health and accident insurance; experience unnecessary. Write Bankers' Accident Co., Des Moines, Ia.

W. N. U. Omaha. No. 29—1905.

Don't Poison Baby.

FORTY YEARS AGO almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labelling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. CASTORIA DOES NOT CONTAIN NARCOTICS, if it bears the signature of Chas. H. Fletcher.

900 DROPS CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. SAMUEL PITCHER
Pumpkin Seed—
Licorice—
Sulphate of Soda—
Ginger Root—
Rhubarb—
Elix. Sarsaparilla—
Molasses—
Flavored Syrup—
Whitening—
Flavor

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

See Similar Signature of
Chas. H. Fletcher
NEW YORK.
At 6 months old
35 Doses—35 CENTS

EXACT COPY OF WRAPPER.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinsdale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children."
Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children."
Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is, deserves the highest praise. I find it in use everywhere."
Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children."
Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it."
Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young."
Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy."
Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children."
Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."
Dr. Howard James, of New York City, says: "It is with great pleasure that I desire to testify to the medicinal virtue of your Castoria. I have used it with marked benefit in the case of my own daughter, and have obtained excellent results from its administration to other children in my practice."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought In Use For Over 30 Years.

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Don't Be Without Them in Your Home They Are Always Ready to Serve

Lunch Tongues
Boneless Chicken
Brieket Beef
Jellied Hocks

Veal Loaf
Dried Beef
Soups
Baked Beans

Ask Your Grocer
The Booklet "How to Make Good Things to Eat" sent free.

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