



### This Pretty Girl Saved From Catarrh of the Lungs By Pe-ru-na.

MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes: "A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently. I was advised to try Peru-na, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since."

**WOMEN SHOULD BEWARE OF CONTRACTING CATARRH.**

The cold wind and rain, slush and mud of winter are especially conducive to catarrhal derangements. Few women escape. Upon the first symptoms of catching cold Peru-na should be taken. It fortifies the system against colds and catarrh. Peru-na for Colds and Catarrh. The following interesting letter gives one young woman's experience with Peru-na. Miss Rose Gerbing, a popular society woman of Crown Point, Ind., writes: "Recently I took a long drive in the country, and being too thinly clad I caught a bad cold which settled on my lungs, and which I could not seem to shake off. I had heard a great deal of Peru-na for colds and catarrh and I bought a bottle to try. I am pleased that I did, for it brought speedy relief. It only took about two bottles, and I consider this money well spent. I now have a firm friend in me, and I not only advise its use to my friends,

but have purchased several bottles to give to those without the means to buy, and have noticed without exception that it has brought about a speedy cure wherever it has been used."—Rose Gerbing. **Pe-ru-na Contains No Narcotics.** One reason why Peru-na has found permanent use in so many homes is that it contains no narcotic of any kind. Peru-na is perfectly harmless. It can be used any length of time without acquiring a drug habit. Peru-na does not produce temporary results. It is permanent in its effect. It has no bad effect upon the system, and gradually eliminates catarrh by removing the cause of catarrh. There are a multitude of homes where Peru-na has been used off and on for twenty years. Such a thing could not be possible if Peru-na contained any drugs of a narcotic nature. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio. All correspondence held strictly confidential.

### News in Nebraska

An opera company has been organized in Madison.

Four houses in Albion are now flying the red flag for smallpox.

The Dodge County Farmers' Telephone company has made a slight raise in rates.

Mrs. Beats of Grand Island, who went to Indiana to nurse her sick husband, died suddenly in that state.

The Blue Valley Milling company of Holmesville, has been reorganized with an authorized capital stock of \$25,000.

The Norfolk police have entered upon a crusade against vice in that city, raiding some places of questionable character.

Three colored men placed in jail at Alliance for house breaking, pleaded guilty and are awaiting sentence as soon as the judge arrives.

Recently a grafter persuaded a number of Cass county people to invest in an incubator at the small price of \$7, and afterwards attempted to realize \$37 for the same.

Governor Mickey has honored the resignation of the governor of Missouri for the return to that state of Leo Norman Taylor, wanted in Andrews county for grand larceny.

The new city directory of Fremont for 1905 is out. It contains 4,416 names, which would indicate a population of 11,000 an increase of 1,000 since the last directory was issued.

Bythe & Patton, whose elevator was destroyed by fire at Blue Springs a few days ago, expect to soon erect a new 20,000-bushel elevator not far from the Burlington depot at that point.

Word was brought to Clay Center of the burning of a barn on the farm of Mrs. Crit Stephenson, five miles southeast. No particulars were learned as to the amount of loss or cause of fire.

Joe C. Hottel of Omaha, a lad 18 years old, was killed at Ashland by falling under a Rock Island train over the Burlington tracks. It is supposed that he was catching a ride and slipped.

William Threadkell was killed in the Burlington yards at Lincoln while trying to uncouple two cars. He caught a foot in a fish plate as he stepped between the cars and was instantly killed.

William M. Quackenbush, a farmer living thirteen miles northwest of Beatrice, was accidentally shot and instantly killed by William N. Pincknett, his wife's cousin, while the two were duck hunting.

Both of the incubator factories at Clay Center are running night forces in their shops. The postoffice there has been paying out to these concerns over \$2,000 per day in money orders for some time.

A society for the prevention of cruelty to animals has been organized at Osceola. Dr. E. D. Buckner, Judge F. H. Ball and Postmaster Henry H. Campbell are the incorporators and board of trustees.

Relatives of Michael Lamb of Greeley county, who is doing time at the penitentiary on a charge of being implicated in a cattle stealing case, have renewed their efforts to have him pardoned, or his sentence commuted.

Since the ice has broken up in Gibson's lake east of Nebraska City, thousands of dead fish have floated to the shore. Among the dead fish are hundreds of bass and crappie. Many of the bass weigh from four to six pounds each.

The house committee on claims discovered that the claim of the heirs of Herman Goedde of Sioux City had been raised from \$1,500 to \$11,500. Goedde died several years ago and his heirs live in Germany. The property went to the state.

State Auditor Searle has refused to honor the warrant of State Senator Jennings for \$2 a day extra pay as president of the senate, claiming the act providing for increased remuneration is unconstitutional. The attorney general upholds the auditor in his contention.

Colin H. McIsaac, commissioner general of the Lewis and Clark exposition, is in Lincoln conferring with state officials and legislators in regard to increasing the proposed \$15,000 appropriation from Nebraska. He reminds the state that Oregon appropriated \$30,000 to make the Omaha exposition a success; that Oregon has sustained the most cordial relations with Nebraska and does a business with us of more than \$10,000 per year.

The general store of J. Carlyle at Scotia was entered and robbed. The thieves broke open a desk and secured \$203. Evidently the use of blood hounds was anticipated for a quantity of sulphur was sprinkled on the floor and also upon the sidewalk for some distance outside the door. Sheriff Smith came in a few hours after the robbery was discovered, bringing his bloodhounds, but the sulphur entirely baffled them and they could do nothing.

Four cars of Northwestern freight train No. 46 were piled in a heap and wrecked near Platte river station, six miles west of Fremont. The wreck was caused by a broken flange. Large quantities of grain were spilled on the ground.

Holdrege is enjoying an unusual building boom this spring. There are now twenty-seven residences in course of construction and the new Carnegie library will be commenced within the next thirty days. There is also talk of a new \$15,000 school building which, in all probability, will be erected in time for the fall term.

**English Names.** In a list of candidates who were recently admitted to the bar in England there were men whose parents had given them such "Christian" names as these: Eldray, Amvend, Laxmishanker, Benalah, Samson and Archimedes. Evidently they have no S. P. C. C. in England, or if there is one there it can't be very watchful.

**Do Your Clothes Look Yellow?** Then use Defiance Starch; it will keep them white—16 ounces for 10 cents.

**Cemetery for Books.** "A cemetery for books" is what a French writer calls the National Library in Paris, in which the history of France alone is represented by 300,000 volumes.

**Sensible Housekeepers** will use Defiance Starch; not alone because they get one-third more for the same money, but also because of superior quality.

A cynic is a man who would be unhappy if there were nothing for him to be unhappy about.

**The Best Results in Starching** can be obtained only by using Defiance Starch, besides getting 3 ounces more for the same money—no cooking required.

Every real reaper of power comes from some suffering in the past.

**When You Buy Starch** buy Defiance and get the best; 16 ounces for 10 cents. Once used, always used.

A man's popularity generally ends when he gets home.

**Mrs. Winslow's Soothing Syrup.** For children teething, softens the gums, reduces inflammation, always cures whooping cough, croup and colic.

He seldom thinks of the future who walks with the Father.

**Dr. David Kennedy's Favorite Remedy** cures all kinds of Croup, Whooping Cough, Sore Throat, Hoarseness, etc. Sold in bottles.

No man is a bore who talks to you about yourself.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 2-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 oz." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Too many so-called opportunities turn out to be optical illusions.

**FITS** permanently cured. No fit or nervousness after first day's use of Dr. King's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kane, Ltd., 50 Arch Street, Philadelphia, Pa.

A fast friendship may be slow but sure.

### ALL SICK WOMEN SHOULD READ MRS. FOX'S LETTER

In All Parts of the United States Lydia E. Pinkham's Vegetable Compound Has Effected Similar Cures.

Many wonderful cures of female ills are continually coming to light which have been brought about by Lydia E. Pinkham's Vegetable Compound, and



through the advice of Mrs. Pinkham, of Lynn, Mass., which is given to sick women absolutely free of charge. Mrs. Pinkham has for many years made a study of the ills of her sex; she has consulted with and advised thousands of suffering women, who to-day owe not only their health but even life to her helpful advice.

Mrs. Fannie D. Fox, of 7 Chestnut Street, Bradford, Pa., writes: Dear Mrs. Pinkham: I suffered for a long time with womb trouble, and finally was told by my physician that I had a tumor on the womb. I did not want to submit to an operation, so wrote you for advice. I received your letter and did as you told me, and to-day I am completely cured. My doctor says the tumor has disappeared, and I am once more a well woman. I believe Lydia E. Pinkham's Vegetable Compound is the best medicine in the world for women.

The testimonials which we are constantly publishing from grateful women establish beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. She asks nothing in return for her advice. It is absolutely free, and to thousands of women has proved to be more precious than gold.

## Are You Bilious?

If so, you will have more or less of the following **SYMPTOMS:**

Not unfrequently the complexion becomes pale and sallow, there may be frequent attacks of bilious or sick headache, bitter taste in the mouth, tongue coated white or covered with a brown fur, unnatural, dry, harsh, or scaly condition of the skin, or branny eruptions and pimples. There is likely to be "backache" with tired feelings, lassitude and a sense of debility. There is depression of spirits with a decided tendency to be discouraged and despondent. There is loss or irregularity of appetite, uneasiness in region of the stomach, oppression, sometimes sour stomach, "heart-burn," nausea and eructations; the bowels become irregular, usually constipated, and occasionally subject to diarrhea, attended with colicky pains. The foregoing symptoms are not all present in any one case nor are any two cases alike in every respect.

The only way to help a disordered liver and cure biliousness is to treat it as it is—the great, organic, human filter of the human system. Doctor Pierce's Golden Medical Discovery *cleanses and clears it; invigorates and revitalizes this most important organ by its wonderful alternative power.*

**A Terrible Case of Suffering Caused by Liver Complaint.** Dr. R. V. Pierce, Buffalo, N. Y., writes: "I will tell you how I regained my health, though I ought to have written long ago. Have been well two years, seven years for many months afterward I could only say I never felt well. The doctor said the trouble was liver complaint. After taking six or eight bottles of Dr. Pierce's Golden Medical Discovery, which put me in a worse condition than I ever was before. Did not take a step but I would have my stomach so full that it would fill with gas and it would throw up my food to my throat. I kept getting worse, my stomach bloated badly, until there seemed no more room left in my body to hold it. My tongue became coated and the inside of my mouth so sore that, although it did not affect my voice itself very much, it caused pain in the tonsils when talking. In addition to all this the urine became so scalding that the burning sensation caused me to wring when passing it. Oh! the suffering and the anguish of that week I will never forget. I could not lie down nor sit up straight, nor walk nor do anything. Was all debilitated and had to be led from place to place; but here I am today, sound and well, all the thanks due to Dr. Pierce's medicine. I used sixteen bottles of 'Golden Medical Discovery,' three of 'Favorite Prescription' and eighteen vials of 'Peppets.' May you live long to drag many more poor sufferers from the slough of despair, such as I had fallen into. Gratefully yours, Miss ARRESTA RAFFLE, 429 Findlay Ave., Big Rapids, Michigan."

**Golden Medical Discovery** contains no alcohol, syrup, or sugar, yet keeps perfectly in any climate. Do NOT BE DECEIVED.—It is an insult to your intelligence for a dealer to attempt to palm off upon you a substitute for this world-famed medicine. You know what you want. It's his business to meet that want. When he grasps some substitute he's thinking of the larger profit he'll make—not of your welfare. Turn your back on any dealer who offers you such treatment.

In obstinate constipation the "Discovery" should be used in conjunction with Dr. Pierce's Pleasant Pellets, the most natural and thoroughly scientific laxative ever devised. The "Pellets" regulate and invigorate the stomach, liver and bowels. There is a gentle laxative; two act as a mild cathartic. If you require medical advice write Dr. R. V. Pierce who will give you the best advice possible, free.

Dr. Pierce's 1,000-page "Medical Advertiser" is the most useful "doctor book" published. A copy in still paper covers sent on receipt of 21 one-cent stamps to pay expense of mailing only; in cloth binding ten stamps extra. Address Dr. R. V. Pierce, Buffalo, N. Y.

## Facts Are Stubborn Things

Uniform excellent quality for over a quarter of a century has steadily increased the sales of LION COFFEE, The leader of all package coffees.

**Lion Coffee** is now used in millions of homes. Such popular success speaks for itself. It is a positive proof that LION COFFEE has the Confidence of the people. The uniform quality of LION COFFEE survives all opposition. LION COFFEE keeps its old friends and makes new ones every day. LION COFFEE has even more than its Strength, Flavor and Quality to commend it. On arrival from the plantation, it is carefully roasted at our factories and securely packed in 1 lb. sealed packages, and not opened again until needed for use in the home. This precludes the possibility of adulteration or contact with germs, dirt, dust, insects or unclean hands. The absolute purity of LION COFFEE is therefore guaranteed to the consumer.



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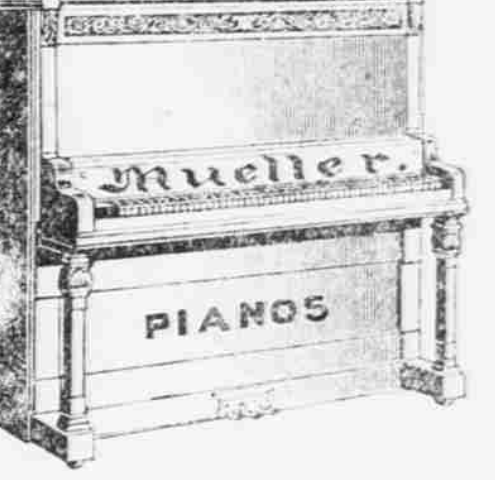
W. L. Douglas makes and sells more Men's \$3.50 shoes than any other manufacturer in the world. \$10,000 REWARD to any one who can identify this statement.

## Free Book ON DEFORMITIES AND PARALYSIS

will be sent free, postpaid, upon request. This book is of a hundred pages, handsomely illustrated throughout and is of an experience of over thirty years in the treatment of Crooked Feet, Spinal Deformities, Infantile Paralysis, Hip Disease, Deformed Limbs and Joints, Etc. It tells of the only thoroughly equipped Sanitarium in this country devoted exclusively to the treatment of these conditions and how they may be cured without surgical operations, plaster casts or other severe treatment. Send for this book, and if directly interested, mention character of the affliction and special literature bearing on the subject. **The L. C. McLean Orthopedic Sanitarium, 3104 Pine St., St. Louis.** **BEGGS' BLOOD PURIFIER** Cures catarrh of the stomach. When Answering Advertisements Kindly Mention This Paper.

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