

How to Keep Well

By DR. W. A. EVANS

Questions concerning hygiene, sanitation and prevention of disease, submitted to Dr. Evans by readers of The Bee, will be answered personally, subject to proper limitation, where a stamped addressed envelope is enclosed. Dr. Evans will not make a diagnosis nor prescribe for individual diseases. Address letters in care of The Bee.

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New Liver Diagnosis.

Some use of a new method of examining the liver and of treating certain of its disorders has been made during the last four years. Reports on the results are coming into medical literature.

The method consists in introducing a tube through the mouth, oesophagus and stomach into the duodenum or upper part of the small intestine. The end of the tube comes to rest in the immediate neighborhood of the place where the duct from the liver empties.

Through the tube, a quantity of a 15 per cent watery solution of magnesium sulphate is passed. Magnesium sulphate is the ordinary salt so frequently used as a saline purge.

The solution is allowed to remain in the duodenum just long enough to have its effect on the opening of the liver duct and the liver gall bladder and ducts itself, whereupon so much of the solution as can be withdrawn is pumped out. The physician using the method expects to pump back about one-half to two-thirds of the salt solution injected for the purpose of stimulating the secretion of bile.

Shortly the bile begins to pour out of the duct into the duodenum, whereupon it is pumped up and examined chemically, microscopically, bacteriologically and otherwise.

Certain precautions must be taken if the results are to be worth while.

The patient eats no food for 12 hours before the test is made in order that the stomach and upper intestine may be free from food. The nose and mouth and teeth are cleaned the night before the test by means of sprays, gargles and tooth brushing.

Just before retiring, the subject drinks a large quantity of cold water.

The next morning, just before swallowing the tube, the mouth and teeth are brushed. The tube is sterilized. The tube is passed with the subject quiet and in a comfortable position. No general or local anesthetic is used.

In a few cases the use of a fluoroscope is required to make certain that the tube has passed beyond the stomach and in position to deliver the solution of salts at the opening of the bile duct.

About the only local effect of the salt is opening up of the bile ducts. The first bile that comes out is that which was lying in the duct. Next comes bile from the gall bladder and, finally, bile from the liver. Those who have had most experience say they are able to tell from which of these sources a given specimen has come directly.

The bile is pumped up and immediately examined. When used for the purpose of diagnosis and as a preliminary to surgical treatment, as a rule out one set of specimens is required. There are some cases of liver trouble

and of gall bladder trouble that are not amenable to surgical treatment. Some of these have already been reported upon, with the removal of gall stones or of the gall bladder, but symptoms continue.

There are some cases of liver trouble this method of liver stimulation and gall duct drainage as a therapeutic measure.

Dr. Frank Smithies gives 12 diseases or groups of symptoms in which this method of bile tract drainage is or ought to be at least as effective as any other treatment.

Has Sweet Tooth.
C. V. S. writes: "How much should a girl 15 years old and five feet four and one-half inches tall weigh?"

"Does chocolate (such as candy and cakes) contain any kind of dope? I have a terrible craving for chocolate and I eat an excessive amount of chocolate candy every day. I simply cannot wait until I get it. Is it harmful to eat too much of this chocolate? I do not eat pastries of any kind, and do not eat candy of any other kind but chocolate."

"What causes head noises? My

head has been troubling me for the last two years. The trouble seems to be only on one side of my head, the left side. Whenever I get a cold there seems to be a swelling on this side."

REPLY.
1. About 125 pounds.
2. No. It contains a little caffeine, but not much.
3. I judge you have some middle ear trouble. It has probably traveled there from your throat.

Killing Red Ants.
L. A. F. writes: "Will you tell us how to rid our house of the little red ants? We are bothered to death by them and have found nothing as yet to exterminate them."

REPLY.
Herrick advises making food inaccessible, stopping cracks and destroying nests. Good auxiliary measures are these:
Expose a sponge wet with sweetened water. When it fills with ants drop in hot water.
Tartar emetic dissolved in four to

five ounces of sirup exposed in shallow dishes.
Send to the United States Department of Agriculture for their bulletins on ants.

Laundry or Bath.
A. E. M. writes: "What will turn bright silver very dark after being carried in a man's pocket for a day? Is it owing to the system?"

REPLY.
It may be due to oxidation. The action of sulphur acids has the same effect.
The phenomenon noticed does not

mean that you are diseased in any way.
It may mean that your pocket lining needs laundering.
Laundering of the skin is indicated in some cases.

Edquist Funeral Today
Funeral services for David Emmanuel Edquist, 56, brother of the Swedish vice consul, P. A. Edquist, will be held today at the home of the daughter, Mrs. A. J. Swanson, 1801 Emmet street, at 1:15. Other services will be held at Zion Lutheran church at 2. Burial in Forest Lawn cemetery.

Women Obtain Release of Man Arrested as Vagrant
Harry Cross, arrested for vagrancy by Detectives Walker, Killian, Haney and English, was discharged by Judge Wappich in central police court yesterday on arguments presented by his two employers, Mrs. J. R. Cain, Jr., wife of the vice president of the Peeters Trust company, and Mrs. H. J. Root, wife of a prominent business man.

Cross secured employment through the American Legion. The two women demanded a definition of the term

vagrancy, then argued before the judge that Cross was working, making his own way, lived in Omaha and was not a vagrant.

SUN Last Times Tomorrow
"UNDER TWO FLAGS"
Priscilla Dean—Jas. Kirkwood

BRANDELS TONIGHT AND SAT. Saturday Matinee
A. L. Erlanger's Presentation of
ED WYNN THE PERFECT FOOL
NEW MUSICAL RIOT
2 Acts—19 Scenes—Original Cast and Production—Augmented Orchestra
Plenty of Good Seats Available
Evgs., 80c to \$3.00; Mat., 50c to \$2.00

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Matinee Daily 2:15; Every Night 8:15

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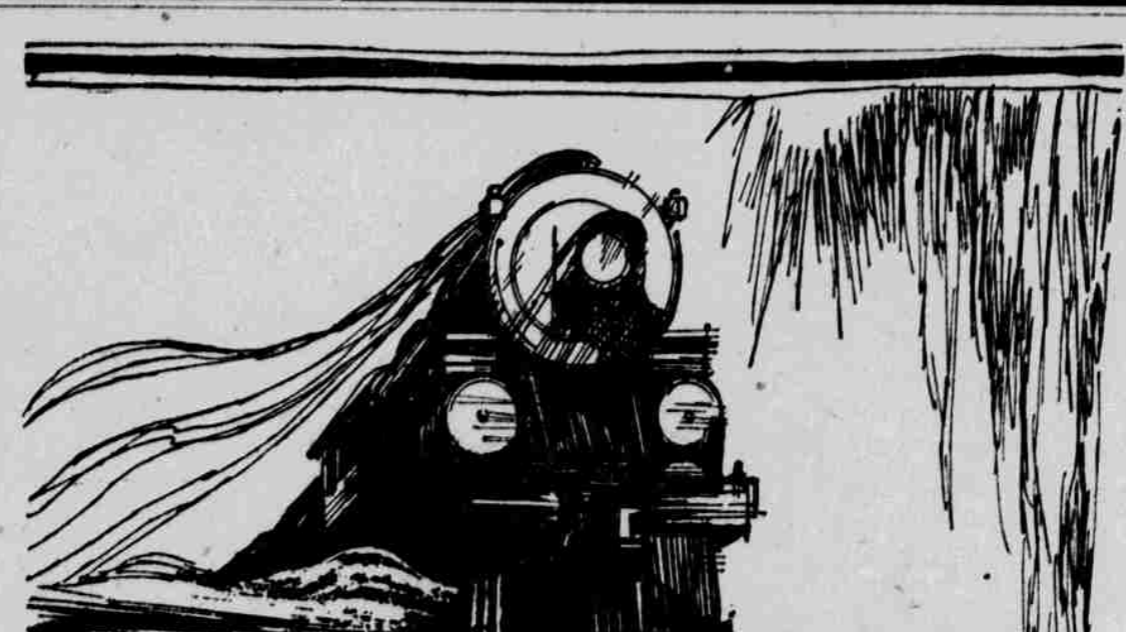
THE DE MARCOS
With Seven Musical Sketches
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Mats., 15c to 50c—Nights, 15c to \$1.00

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Friday and Saturday, This Week

Our big One-Cent Sale is over and it surpassed in every way all previous ones, but our stores are filled with thousands of items in every day use in the hospital, home and nursery. You save time and money by trading at Sherman & McConnell's.

<p>1c Sale Goods That Came Too Late A few of our 1c Sale goods came too late for the sale, and we shall offer these next Friday and Saturday on the 1c Sale plan. 3,456 cakes Zay-tek's Sweet Chocolate, 35c at 2 for 36c \$1.00 Gem Razors, complete for \$1.01 25c Pink and White Veilour Puffs at 2 for 26c All three of the above items we considered as among the most attractive bargains in our 1c Sale, but the shipment came so late that goods were not available during the Sale.</p> <p>Denatured Alcohol 188% Proof Better buy it right now and prevent grief and expense. Full qt., 40c; full 1/2 gal., 60c; 5-pt. bot., 70c; 1 gal. with container, 80c; 5 gal. without container, per gal., 55c. 50c extra for 5-gal. can.</p> <p>Concentrated Ammonia This is the article also known as "Stronger Ammonia" and "Caustic Ammonia" and contains 28% by weight of Ammonia Gas, which is 2.8 times as much as the common Aqua Ammonia of Commerce and of the U. S. Pharmacopoeia. We offer this article for sale in 15c, 20c, 35c and 45c bottles.</p>	<p>English Complexion Clay  We have just secured the Omaha agency for McGowan's English Complexion Clay or Terra-Derma-Lax. The price has now been reduced to \$1.00 for the large jar, formerly retailing for \$2.00. For sale in all 4 of the Good Sherman & McConnell Drug Stores.</p> <p>Auto Ether Better Be Safe Than Sorry—Buy NOW 1/4 lb. can Motor Ether 23c 1/2 lb. can 35c 1-lb. can 60c</p> <p>Here is a Bargain for Shavers This way: Rubber Shaving Brush 10c Rexall Shaving Cream 30c Both Friday and Saturday for 70c Both Friday and Saturday for 40c</p> <p>Cigar Bargains La Fendrich Cigars, for 8c 2 for 15c Box of 50 \$3.65 Tiffard Tuxedo Cigars, each 9c 3 for 25c Box of 50 \$3.00</p>	<p>Medicinal Articles At Cut Prices \$1.00 Tanlac 84c 40c Castoria 29c \$1.25 Pinkham's Compound 98c \$1.00 Squibb's Mineral Oil for 89c 25c Nature's Remedy for 19c 60c Syrup Pepsin 44c \$1.25 Lyko Tonic 98c 30c Bromo Seltzer 23c \$1.00 Wine of Cardui for 84c 45c Pluto Water 29c Alkalot Antiseptic for 50c and 80c 30c Hill's Cascara 19c Quinine for 19c \$1.10 Nuxated Iron for 80c 65c Glover's Mangle Remedy 49c 50c DeWitt's Kidney Pills 39c \$1.15 Swamp-Root 98c 1/4 lb. Peroxide Hydrogen for 12c</p> <p>Hufeland Tonic  This is prepared from the formula of the "Original Swiss Stomach Tonic" and is an aid to digestion and a general system tonic and blood builder. Large bottles for \$1.25.</p>	<p>TOILETRIES at Reduced Prices 50c Non Spi Deodorant for 39c 50c Orchard White 39c 30c Pure Test Glycerine and Rosewater 19c</p> <p>Ku-Co, the Talcumless "Talcum" for Infants (sheds water) 25c</p> <p>\$1.50 La May Gold Box Compact for 98c 15c Hair Nets, "Good form" 9c 35c Holmes' Frostilla for 24c \$1.50 Gouraud's Oriental Cream \$1.1f 60c Sempres Joyenay for 44c 25c Cuticura Soap 19c La May Face Powder 35c and 60c six for 39c 50c Hind's Honey an Almond Cream 34c 60c Dandierine 44c 50c Pebecco 34c 50c Daggett & Ramsdell's Cold Cream for 39c 50c Nadine Face Powder for 39c</p> <p>Ocean Grove Bath Salts 5-lb. Bags 35c</p> <p>Alberite Tooth Brushes, 35c each This is the new "Rubber-set" Tooth Brush and is said by eminent Dental authorities to be a Perfect Tooth Brush.</p>
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