

SPRING FEVER IS HEALTHY

It Indicates Fresh Hopes and Renewed Buoyancy of Spirit.

How wonderfully tight the spring wander-just for the countryside grips one!

Spring fever, with all of its healthfulness, is the harbinger of fresh hopes and a buoyancy of spirit.

I noticed a passenger on a Detroit-Chicago train the other day who had started out on his trip with the evident intention of becoming deeply taken with one of the best sellers, that he might shorten the trip between the two cities. You have done the same thing yourself.

But his book had been cast aside. He had read only a few pages. His interest in it had lagged.

From the car windows he was counting the fields now bared of snow. The ditches were carrying away the water and the still less sluggish creeks were now streams bearing the overflow to the rivers. The farmer, in his shirt sleeves, was repairing the fences after the winter drifts; the cattle showing proof of a winter's stabling and now heading here and there toward the meadows, seeking the new-green patches of grass; the farm help, in field and stubble, was putting into repair this and that necessary feature, here looking after his plow and there his harrow, and on all sides were scenes which reminded the traveler that spring was here, at last!

As the train sped onward and glimpses of the painter as he worked on the weather-beaten buildings were revealed, the interest of the tourist was aroused and, when I asked him the reason, he answered: "Spring is here and I feel its blood flowing!"

The truth was, that like many others, he was planning the work he was to do the coming summer. He was going out to the farm—his farm in Western Canada. He had his wells to dig, his horses to get into shape, his grain implements to fix up, his seed grain to prepare, and other details for the land that was ready to receive it. His was what might be termed an "unrest"—to get to the farm!

Thousands in Western Canada today are making the preparations that this interested man contemplated. Their summer fallows are ready for the wheat, their spring plowing is being attended to, fences are being rebuilt or being put into repair; indeed, the entire country is one great hive of industry.

Railroads are in readiness to take care of a great rush of settlers, those charged with the reception of whom are prepared to extend every courtesy and thus meet the rush with judgment and without the least friction. Thus, the enjoyment of the opening of spring is fully met.

At many of the stations throughout many of the middle western states, trains of settlers' effects are in readiness to move to Western Canada. Not only in these states are scenes of this kind to be witnessed, but, also, on either coast and throughout the eastern states there is the same activity among those going to Western Canada this spring. The crops have been heavy and all reports are that the winter was enjoyable; also, that the prospects for a satisfactory year were never better. There is plenty of land yet to be had by homesteading or otherwise. Adapted, as Western Canada is, to small grain farming, it is especially adapted to cattle raising and many of the farmers are placing small and large herds, as their individual means will permit.

The illustrated literature sent out by the Canadian government agents tells the truth clearly and the inquirer should send for a copy and if you be one of those who has an ambitious interest, you may be the gainer by a perusal of such information—straight, cold facts in themselves.—Advertisement.

Canal Comment.

"Charley dear," said young Mrs. Torkins, "they are having a great deal of agitation about the big canal, aren't they?"

"Yes."

"Don't you know, I sometimes think it might have been better if we had been content with the old-fashioned canals where all the talking was done by the man who was driving the mule."

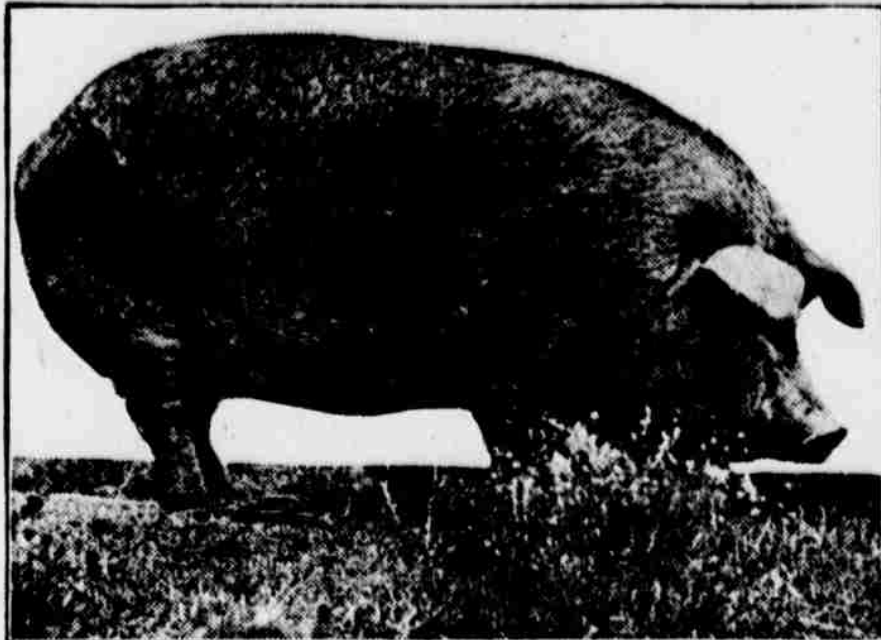
Many a cook who has a good range is unable to sing.

REMEMBER Pe-ru-na

When You Call At Your Drug Store

Mr. Robert H. Norris, No. 1333 Henry St., North Berkeley, Cal., writes: "We have never had any other medicine but Peruna in our home since we have been married. I suffered with kidney and bladder trouble, but two months treatment with Peruna made me a well and strong man. My wife felt weak and was easily tired and was also troubled with various pains, but since she took Peruna she is well and strong."

SUGGESTIONS REGARDING HOG CHOLERA



Excellent Specimen of Healthy Hog.

(Prepared by the United States Department of Agriculture.)

Keep posted concerning the condition and health of hogs on your neighbors' farms, advises the department of agriculture. Sick hogs on neighboring farms are a positive menace, for the germs of hog cholera are easily carried on the feet of men or animals. Look over your herd regularly in order that any sick hogs may be promptly discovered.

If any hogs in the herd are found to be "off feed" or appear in anywise sick, separate them immediately from the remainder of the herd, and keep them and the main herd under close observation daily. If there is a tendency for the disease to spread in the herd the trouble is probably hog cholera. This diagnosis may be confirmed by killing one of the sick animals and examining the organs in the manner described in Farmers' Bulletin 379 of the department.

When the first symptoms of sickness are observed an immediate change of feed sometimes corrects the trouble. This is particularly true of swill fed hogs. If there is any tendency for the disease to spread in the herd do not temporize, but immediately treat the herd with serum from the state college or state live stock sanitary board. Prompt administration of the serum is essential to success.

Remember that hog cholera kills millions of hogs where other diseases kill thousands. Dismiss from your mind all thought of such diseases as "lung plague," "infectious pneumonia," "pig typhoid," for these are generally merely fanciful designations given to hog cholera by uninformed men.

An All-Metal Poultry Cooling Rack. It is essential that the animal heat be removed from poultry as soon as possible after killing. The all-metal

Top of base, eight inches from floor. Corner brace plates, ten inches on square edge.

End brace plate, ten inches wide, nine inches high.

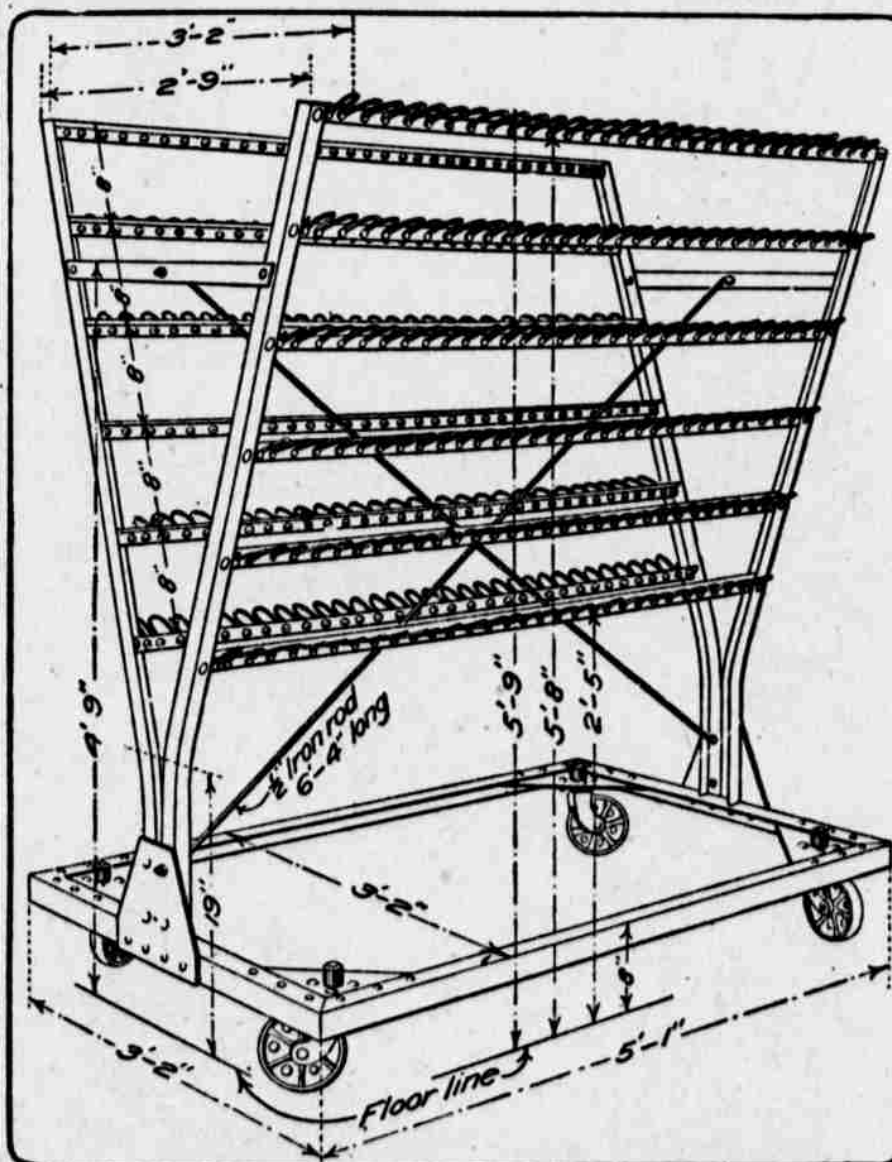
Casters, six inches in diameter, 1 1/4-inch face, extra strong castor socket.

Base frame two inches by one-quarter-inch angle iron.

Great Damage Caused by the Chinch Bug.

The department of agriculture states that chinch bugs in 60 years have probably caused a loss of \$350,000,000 to the American farmers. The bugs are more effectively destroyed during the winter months than later when they have left their winter quarters. The burning of dry grass, leaves and rubbish along the margin of woods and fields is the best method of destroying the pest during winter weather.

The chinch bug is distributed generally throughout the United States except in the extreme West, and has caused particular damage to the staple grains throughout the Middle West. The greatest losses from the insect have been in Ohio, Indiana, Kentucky, North Carolina, Missouri, Iowa, Wisconsin, Minnesota, Kansas, Nebraska, Oklahoma and Texas. The bug when full grown is about one-fifth of an inch in length. It is black with numerous hairs. Pasturing sometimes aids in the destruction of the bug. This is particularly effective to the northward in the Middle West, when the grass is green and matted or occurs along hedge rows and rail fences so that it cannot be burned. Leaving the ground bare of vegetation permits the bugs to be exposed to the winter weather, which kills them. It is often possible to clear out hedge rows and along rail fences, piling the refuse to one side where it can be burned later. It is most advisable to get rid of the bugs before they enter the young



Angle-Iron Poultry-Cooling Rack—Each Rack of This Size Holds 180 Chickens Rabbits or Ducks, or 48 Turkeys.

portable rack for cooling and grading of poultry, rabbits, game, etc., facilitates cooling and permits rapid and accurate grading, according to the department of agriculture. The dimension of a practical and durable iron poultry rack are:

- Height over all, 68 inches.
- Width, over all, 38 inches.
- Width of base, 38 inches.
- Length of base, 61 inches.
- Width of top of frame, 33 inches.
- Height of top of frame, 68 inches.
- End supports, four inches apart at base.
- Bend in end supports, 19 inches from floor.
- First cross bar, 29 inches from floor.
- Cross bars, eight inches apart.
- Two bottom cross bars, nine inches apart.
- End cross brace, 26 inches long, 57 inches from floor.
- Center brace rods, 76 inches long.

wheat in the early spring. Once they have reached the wheat they are not readily accessible. Most of them spend the winter in the thick bunches of clump forming grasses in waste places, pastures and meadows, along roadsides and railroad rights of way.

Spraying Fruit Trees.

It is not necessary to apply arsenate of lead, paris green or other arsenical poison to fruit trees, except when the trees are in leaf. These materials are poisons, used to destroy insects which eat the foliage and fruit. Because of this, these poisons do no good at times when the leaves are off the trees.

Economical Cow.

A cheap cow is not always the most economical. The value of a dairy cow should be based upon her capacity to produce, and not upon the appearance of the animal itself.

If Sealed in a Bottle it couldn't be more Dust Proof, Dirt Proof, Impurity Proof!



The new

"SEAL OF PURITY"

keeps out dampness—water—even the air. Everything undesirable is kept completely away from the fresh pure beneficial dainty inside.

So give constant and delicious aid to your teeth, digestion, breath and appetite with the gum with the "Seal of Purity."



BUY IT BY THE BOX

for 85 cents at most dealers. Each box contains twenty 5 cent packages. They stay fresh until used.

Chew it after every meal

Be SURE it's clean, pure, healthful WRIGLEY'S.

Look for the spear.

Some women believe that husbandless marriages would be far more satisfactory.

And many a man who claims to be self-made was made what he is by his wife.

RASH ITCHED AND BURNED

400 South Hermitage Ave., Chicago, Ill.—"I was attacked with a breaking out on the inside of my arms. It was a small rash or pimples and it itched and burned, especially at night, so that before I knew it I had made myself sore. I had to wear the finest kind of cotton underwear, no woolen at all, because the least thing irritated it and made it much worse. The rash itched and smarted until at times I got no sleep at all.

"I had this trouble and took treatments for about one year, but they only gave me relief while taking them. Then I began using Cuticura Soap and Ointment and I got relief right away. In three months I was a well man again." (Signed) H. W. Foley, Nov. 5, 1913.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with \$2-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston."—Adv.

But many a slip occurs soon after the cup has been to the lip.



HORSE SALE DISTEMPER

You know what you sell or buy through the sales has about one chance in fifty to escape SALE STABLE DISTEMPER. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventive, no matter how they are "exposed." 50 cents and \$1 a bottle; \$5 and \$10 dozen bottles, at all good druggists, horse goods houses, or delivered by the manufacturer, SPOHN MEDICAL CO., Chemists and Bacteriologists, GOSHEN, IND., U. S. A.

At the Auction. Stranger—May I bid? Auctioneer—Certainly, sir. Stranger—Then I bid you good day.

Proper Discipline. "The ship won't mind her helm, sir." "Then dock her."—Baltimore American.

Very Different. "Were the fish biting on your last country trip?" "No, but the dogs were."

It is the easiest thing in the world to bear the aches of another man's callouses.

The man whose wife takes in washing is usually long on words and short on action.

A Change. "Did Caesar's disposition change much during his life?" asked the professor. "Well," answered the bluff student, "he had a lot more Gaul when he died."

Bell Never Stops Tolling. A bell in a temple in North China has been kept ringing for a century. A tax is levied in the district for paying relays of ringers to work incessantly day and night.

Pettit's GOOD FOR EYE SORE Salve

\$3.00 A DAY and Over Paid Men and Women (over 21 years of age) for distributing advertising matter in their districts. If you have had any kind of selling experience we can make you A Bigger OFFER. Write immediately for territory. Address: Room 120, Great Northern Building, Chicago, Ill.



SPECIAL TO WOMEN

The most economical, cleansing and germicidal of all antiseptics is

Paxtine

A soluble Antiseptic Powder to be dissolved in water as needed.

As a medicinal antiseptic for douches in treating catarrh, inflammation or ulceration of nose, throat, and that caused by feminine illis it has no equal. For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been cured say it is "worth its weight in gold." At druggists. 50c. large box, or by mail, The Paxton Toilet Co., Boston, Mass.

VITAL FORCE

Disease germs are on every hand. They are in the very air we breathe. A system "run down" is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

Strengthens the weak stomach. Gives good digestion. Enlivens the sluggish liver. Feeds the starved nerves. Again full health and strength return. A general upbuilding enables the heart to pump like an engine running in oil. The vital force is once more established to full power. Year in and year out for over forty years this great health-restoring remedy has been spreading throughout the entire world—because of its ability to make the sick well and the weak strong. Don't despair of "being your old self again." Give this vegetable remedy a trial—Today—Now. You will soon feel "like new again." Sold in liquid or tablet form by Druggists or trial box for 50c by mail. Write Dr. R. V. Pierce, Buffalo, N. Y. Dr. Pierce's great 1898 paper "Medical Advisor," cloth-bound, sent for 21 cent stamp.