## DISGUISED CATARRH.

A Stealthy, Insidious, Weakening Enemy to Women-Many Thousand Women Suffer Needlessly From This Cause.

MRS. EVA BARTHO.

There are a multitude of women, especially housewives, and all other women obliged to be on their feet constantly, who are wretched beyond description, simply because their strength and vitality is sapped away by catarrhal discharges from the pelvic organs. These women get up in the morning tired, drag themselves through their daily duties tired, only to go to bed at night as tired as before.

Mrs. Eva Bartho, 133 East 12th Street' N. V. City, N. V., writes: "I suffered for three years with what is generally known as leacerthea, in connection with alceration of the womb. The doctors advecated an operation of the womb. The doctors advecated an operation which I dreaded very much, and strongly objected to go under it. Reading of the value of Penna, I thought it best to give this well known remedy a trial, so I bought three bottles of it at once. Now I am a changed woman. Person cured me; it took nine bottles, but I felt so much improved I kept taking it, so I dreaded an operation so much. I am to day at, as I dreaded an operation so much. I am to day in perfect health, and have not felt so well for affect years." Mrs. Eva Bartho.

MISS LOUISE MAHON.



taken. I used it faithfully for two weeks and it completely cured me. I have not had any pains since, anywhere, but feel like a new woman. I am truly thankful for what Peruna has done for me."-Barbara Alberty.

Mrs. Kate Mann. 806 Bathurst Street, Toronto, Ont., Can., Vice President of the Ladies Aid Sciety, writes: "I am pleased to give praise to Peruna for the blessed relief I found through its use. I suffered for years with backache and dragging down pains and often had to give bed and stay there when I was so busy that I could illy be soured. It was therefore a simple godsend to me when Peruna was brought to my notice. Every drop seemed to give me new life, and every dose made me feel much better, and I promised myself that if I found that it cured me I would advocate it so that other suffering women should know of it. I have been in perfect health for one year, I enjoy work and pleasure because in such fine health, and no trouble seems too heavy to bear when you are in good health. Peruna has simply been a household blessing, and I never will be without it again." Mrs. Kate Mann.

MRS. KATE MANN.



Feruna is such a perfect specific for each case that when patients have once used it they can never be induced to quit it until they are permanently cured. It begins to relieve the disagreeable symptoms at once. The backache ceases, the trembling knees are strengthened, the appetite restored, the digession made perfect, the dull headache is stopped and the weakening drains are gradually cured. These results certainly follow a course of treatment with Peruna. arbara Alberty, corner Seventh and

Walnut streets, Appleton, Wis., writes as follows in regard to Peruna: For years I have suffered with backache and severe pains in the side. I doctored so much that I became discouraged. A school friend told me how very much Feruna had benefited her and I sent out for a bottle, which did more to relieve me than all the other medicine I have ever

Mrs. Anna Martin . 47 Hoyt St., Brooklys N. Y., writes:—"Peruna did so much for me that I feel it my duty to recommend it to others who may be similarly afflicted. About a year ago my health was completely broken down, had backache, dizziness and irregularities, and life, seemed dark indeed. We had used Peruna in our home as a tonic, and for colds and catarrh, and I decided to try it for my trouble. In less than three months I became regular, my pains had entirely disappeared, and I am now perfectly well."—Mrs. Anna Martin.

> Mrs. Wm. Hetrick, Kennard, Washington County, Neb., writes: "I am fifty-six years old and have not felt well since the Change of Life began ten years ago. I was in misery somewhere most of the time. My back was very weak, and my flesh so tender it hurt me to lean against the back of a chair. I had pain under my shoulder-blades, in the small of back and hips. I sometimes wished myself out of this world. Had hot and cold spells, dizziness and trembling of the limbs, and was losing flesh all the time. After following your directions and taking Peruna | mind for the moment?" asked a man | ment, will manifest itself in many I now feel like a different person. "-Mrs.

Wm. Hetrick. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis, Peruna can be purchased for \$1 per bottle at all first class drug stores. Address Dr. Hartman, President of The

Hartman Sanitarium, Cclumbus, Ohio.

Bituminous Coal. It will perhaps surprise some people

to know that the production of bitum-

inous coal was eight times as great

WITH NERVES UNSTRUNG AND HEADS THAT ACHE

### WISE WOMEN **BROMO-SELTZER** TAKE

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WESTERN CANADA GRAIN CROWING. MIXED FARMING.

HOMESTEAD LANDS OF 160 ACRES FREE, Abundance of water and fuel, building material cheap, good grass for pasture and hay a fertile soil, a sufficient rainfail, and a climate giving an assured and adequate season of growth.

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The Union Metallic Cartridge Co. Bridgeport, - -Conn.

W. N. U .- Omaha. No. 13-1903



as the production of anthracite during the year 1902; for, in that year, owing to idleness at the mines, the hard coal position fell to where it was in the year 1885. While there is a great deal said and heard of the anthracite industry because it is concentrated in the hands of a few persons is a vast extent of the country which takes the soft or bituminous coaltakes it to the extent of 250,000,000

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and people heed him; tomorrw, ah,

tomorrow, "None so poor to do him

No chromos or cheap premiums.

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more of Defiance Starch for the same

A woman lays out an echo by get-

price of other starches.

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Over 2,000,000 people are now buy-

DILED CLOTHING

MRS. ANNA MARTIN.

RED CROSS BALL BLUE Should be in every home. Ask your grocer for it. Large 2 oz. package only 5 cents.

Have something to do, or you will

Mrs. Winslow's Soothing Syrup. hildren teething, softens the gums, reduces in-lation, allays pain, cures wind coile. 25c a bottle.

Irving in "Inferno." The inferno scene for Sardon's "Dante," which will be produced by Irving, will cost about \$20,000. opens in a graveyard by moonlight. Cypress trees will move back and the tombs will sink down. The legend, "Abandon hope all ye who enter will shine in phosphorescent greeting over the mouth of hell; gusts of red smoke will be puffed from this be distinctly heard. Bursts of fire, rain of blood, and from that to a ghastly green." Then there will be a view of the arctic hell, probably with real ice, as well as a procession of spirits, and the final return to earth.

An Uutomatic Baby Nurse. A Swiss mechanic claims to have invented an automatic baby nurse. The aparatus is attached to a cradle. If the baby cries air waves cause specially arranged wires to operate a phonograph, which swings a lullaby, while simultaneously clockwork is released and rocks the cradle. When the crying stops the wires cease to vibrate and the cradle stops rocking. One by one the bachelor's excuses are being destroyed.

DROPSY NEW DISCOVERY: gives yourse Book of testimonials and 10 DAYS' treatment Dr. H.H. GREEN'S SONS, Box E. Atlanta, Co. A Cure for Rheumatism. of Mr. F. J. Oswald of this place. Mr. wagons. Oswald suffered much with Rheuma-Dodd's Kidney Pills.

Mr. Oswald began a treatment of cabin. Sim observed: this remedy, which very soon did for "I say, skipper, thet's a mighty fine always welcome at the white house and they cannot understand it. This is the same remedy that cured

Hon. Fred A. Busse, our State Treasurer, of a very severe case of Rheumatism some years ago and which has Today the prophet wags his head since had an unbroken record of success in curing all forms of Rheumatism and Kidney Trouble.

There seems to be no case of these painful diseases that Dodd's Kidney Pills will not cure promptly and permanently.

Americans are going to put up seven thousand miles of barbed wire fence. No, it will not be around the ting in the first words as well as the Philippines; it will inclose one little cattle ranch

#### One of Earth's Loneliest Spots

Island of Tristan d'Acunha the Smallest Atom in the British Empire-Climate Is Excellent and the Residents Long-lived,

loneliest atom in the British empire. and governed in all respects as a Corporal William Glass, who, with ed sailors, and the captain is as absohis wife and two private soldiers, lute as on the quarterdeck.

tle, 500 sheep and some donkeys, pigs | 000 sheep in the isles. and poultry. Tobacco and spirits are

tice, all things being shared in com- England. mon and proportionately. The little Edinburgh in 1867.

Once a year the governor of St. munication with the outer world.

Tristan d'Acunha, 1,500 miles due | ant, being a fortified naval base. It south of St. Helena is the smallest, is rated by the admiralty as a ship. It was garrisoned during Napoleon's man-of-war. The ruler is the captain, imprisonment at St. Helena, and the and his crew consists of 260 inhabianhabitants are the descendants of tants. All the adult males are class-

The climate and soil are good, bananas being largely cultivated, Wives for the two bachelors were while goats form the live stock obtained from St. Helena, and some Turtles also frequent its shores, and women convicts were also landed when a war vessel calls twice a year there fifty years ago, while an ec- it incidentally ships a supply of chelmonidoe for the king and the lords of the admiralty.

Three hundred miles east of Cape inhabitants, of whom a bare score Horn lie the Falkland isles, and, are men. The climate is excellent, though they are unknown to the and the residents are very long-lived. street-bred man, these British out-The island is only eighteen square posts have more than 2,000 inhabimiles, and the chief crop is potatoes, tants. Sheep raising is the chief but the live stock consists of 600 cat- occupation, there being nearly 1,000,

The people are happy in being free unknown, nor are there any laws, the from public debt, while the fact that oldest inhabitant being regarded as the only taxes are the import duties on liquor and tobacco may well draw Communism is the prevailing prac- sighs from the heavily taxed people of

Moreover, there is prison accommosettlement of Edinburgh is the only dation for only eleven criminals, and inhabited quarter and the bunch of so rarely is even one cell occupied well-built stone houses received this that the solitary warder policeman name after the visit of the duke of puts in his time in the government

Until a few years ago education Helena visits Tristran d'Acunha was somewhat neglected, chiefly on with the mails and to see after its account of the scattered residences welfare and report thereon to the of the population, but this defect has paternal government at Whitehall, been remedied by the appointment of Otherwise the island has no com- peripatetic pedagogues, who now visit the pupils, since the pupils would not Ascension island is more import- visit them.-Pall Mall Gazette.

#### Habit of Snapping the Fingers

Argument Advanced That It Shows Close Intimacy Between the Mind and the Body-Physical Movement Seems to Aid Mental Process.

very interesting subject. Anything find other ways of bridging the gap. of the human mind is always of inter- forgets temporarily. Another will est to me, and I have noted with bite his lip, or place his finger fingers when he temporarily forgets memory really aided by these physia thing? Does this physical move- cal movements? It must be. Else ment aid the mental processes? Does humanity would have dropped them the fact prove the material basis of long ago. Almost every man, when the mind? It must show a very inti- he forgets something, a name, for inmate connection between the two. stance, which is right on the end of After all, the intimacy existing be his tongue, will make some kind of close, and personally, I have always image from its hiding place in the believed in the theory which teaches brain cells. Why it is I do not know. and worked as a rule at a profit, there us that psychology has a physiologi- I know merely that it happens, and I cal basis and can have no other basis. suppose it answers some good pur-The simple habit of snapping the fin- pose."

"Did you ever notice the peculiar | gers when one's memory fails for the labit some men have of snapping moment would seem to offer ample their fingers while trying to recall proof of the fact. Curiously enough, something which has escaped their this same condition, a physical movewho keeps a keen lookout for the ways under similar circumstances. relating to memory, the retentiveness | One man will pat his foot when he much concern these curious physical against his temple, or rub one hand manifestations when the mind picture across his forehead, or resort to some becomes so obscure that its lines are other effort to stimulate his lagging tost. Why should a man snap his memory. Why is this? Is one's tween the mind and the body is very physical effort to conjure the proper

#### Elder Took a Day Off

Brother Parker's Explanation of His Fall From Grace-His Reward for Forty-six Years of Faithful Service to the Church.

story of the north country, and this winded and all of a lather. He vouch-

man who lived in a small village a brown taste in his mouth. few miles from Potsdam. Mr. Parker was an elder in the church, a good eventually the minister and a brother husband and father, and a worthy elder called upon him. citizen, who was much respected in let a corpse peer out. "A sparklit such a thing had never happened berain of fire will change into a dull fore and they felt sure that some evil Potsdam and called at all his father's and man?" accustomed haunts, only to find that the old man had sold his potatoes and started for home before dark.

"The family remained in great dis- time?" tress all night and until the next afternoon, when Mr. Parker drove in served long and faithfully." at the big farm gate. The old man's clothes were torn, his face bruised, a thought so, too, 'n' I just thought I'd small portion of his front scalp was take a day off."-New York Times. 

A CHANCE TO GROW.

of Schooner. Sim Tarbox lives in a New England | nally all over the surface of the shell seaport town. He is as simple as he is | and the breaking pressures varied bebig and strong, his muscular develop- tween 400 pounds and 675 pounds per Alhambra, Ill., March 23d.-Physi- ment being the result of years of la- square inch. With the stresses applied clans are much puzzled over the case bor around ice houses and on ice internally to twelve eggs. these gave

One day when business was quiet pounds and 65 pounds per square inch. tism and was treated by doctor after Sim wandered away from his ice wag. The pressure required to crush the doctor with the result that he got no on and sat down on the stringpiece eggs varied between 40 pounds and 75 better whatever. They seemed un- of a pier to admire a shapely three- pounds. The average thickness of the able to do anything for him, and he masted schooner tied up alongside. shells was 13-1,000 inch. continued to suffer till he heard of Gradually Sim's curiosity was aroused. Espying the captain seated near his

> boat ve got thaer. "Yes." responded the captain, "she's a pretty good boat." After a silence of several minutes

how old be she?" six years, I guess."

peared to be deep reflection and speaking in his deliberate fashion, as his eyes again swept over the schooner. "won't she be a highster 'fore she's

Firmness of Egg Shells.

Trying Bacheller can always tell a mising, and his horse was broken-"Up in St. Lawrence county." he self to bed, where he slept for foursaid, "there was a God-fearing old teen hours, waking with a rich

"'Brother Parker,' said the minis the community. One day he hitched ter solemnly, 'it appears to us that mouth, and sobs, cries and curses will up his team and went off with a load some explanation is due the church of produce from his farm to Potsdam. of events which have recently transsmoke and thunder will come from Night fell, but Parker did not return. pired, and we have called to see if the graves, and a tomb will gape to His family was much frightened, for you have anything to say about them." "The old man pondered awhile, fore, and they felt sure that some evil and then asked: 'How long hey I had befallen him. His son went to been a member of the church, boy

> "'Forty-six years, my brother.' "'Hey I walked in the ways of the Lord pretty perpendicular during that "'Yes, Brother Parker, you have

"'Well,' said the old man, 'I

sure on the ends, but not many would credit the results of tests recently New Englander's Comment on Future | made. Eight ordinary hen's eggs were submitted to pressure applied exterway at pressures varying between 32

> President's Advice to Cortelyou. Stories of the doings of children are

and President Roosevelt is ready at any time to stop the flow of public business to hear a good story about some other fellow's boy as well as one Sim again broke out: "I say, skipper, of his own. When he was ready to appoint Secretary Cortelyou to the of-"Oh," answered the captain, "about fice of secretary of commerce and labor he asked: "Cortelyou, how is the "Gee!" said Sim, after what ap measles up at the house?"

"Well, we still have the measles, but I think the children are getting along all right."

"If you want to knock off a few days between the two jobs and help take care of the children I guess we can arrange it." said the president. Most people are aware of the power "It might be a good thing to get acof egg shells to resist external pres- quainted with your family."

#### DOAN'S DEAL GENTLY.

Its the gentle and effective action of Doan's Kidney Pills in Kidney, Bladder, and Urinary troubles that make them famous with Men, Women, and Children.

Mr. PLEASANT, OHIO. - I received the | Aching backs are cased. Hip, back, and sample of Doan's Kidney Pills, and never loin pains overcome. Swelling of the had any medicine do me so much good in limbs and dropsy signs vanish. had any medicine do me so much good in so little time. I had Congestion of the Kidneys and Bladder so severe it caused a pressure on the lungs like Asthma, but Doan's Kidney Pills dissolve and remove and easy now. GEO. W. SMITH, Veter tion, sleeplessness, headache, nervousn inary Surgeon, P. O. Box 41, Mt. Pleasant,

Aged people find Doan's Kidney Pills a great comfort for declining years. They cure incontinence and urinary weakness peculiar to children.

BAXTER SPRINGS, KANSAS -- I received the free sample of Doan's Kidney Pills. For five years I have had much pain in my back, which physicians said arose from the kidneys. Four boxes of Doan's Pills have entirely cured the trouble. I think I owe my life to these pills, and I want others to know it. SADIE DAVIS, Baxter Springs,

ALL UP-TO-DATE HOUSEKEEPERS

Use Red Cross Ball Blue. It makes clothes

dean and sweet as when new. All grocers.

warning, "and he is bound to have

"All that glisters is not gold."

some kind of a grievance."

through the use of Doan's Pills I am free calculi and gravel. Relieve heart palpita-FREE - GOOD FOR OLD AND YOUNG.

Please send me by mail, without charge trial box Doan's Kidney Pills.

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Any woman who speaks ill of her | American Girls With German Titles. Twenty-six German titles are worn neighbors gives them license to get by American grils who have married abroad and twenty English peerages. To Cure a Cold in One day.

Take Laxative Bromo Quinine Tablets. All five French countesses of American There are three French duchesses and druggists refund money if it fails to cure. 25c. Seventeen Italian noblemen birth. and six "Russians of title" have laid For a job lot of New Year's resolu- their coronets at the feet of American tion at cut rates, apply to any of your brides. Holland has two baronesses, American born; Bavaria, one countess, and the sovereign Princess of Monaco closes the list.

Superior quality and extra quantity must win. This is why Defiance "Give a man a drink or two of Starch is taking the place of all whisky," he said, in announcing the others.

> Worry is not to be encouraged, but the man who never worried never accomplished very much.

St. Jacobs Oil

Aches and Pains

for which an external remedy may be used. Price, 25c. and 50c.

# MRS. RATH'S BABY

Tired Mother's Touching Story of Anxiety and Suffering.

Cuticura Brings Blessed Cure to Skin Tortured Baby and Peace and Rest to Its Worn Out Mother.

It is no wonder that Mrs. Helena Rath was taken sick. Single-handed, she did all the housework and washed, cooked and mended for her husband, Hans, and their six children. After a plucky fight to keep on her feet, Mrs. Rath had to yield, and early in 1902 she took to her bed. What followed she told to a visitor, who called at her tidy home, No. 821 Tenth Ave., New York City.

"I hired a girl to mind the chil- | the directions, bathing Charlie and dren and to do whatever else she could. I couldn't stay in bed long. Sick as I was, it was easier for me to crawl around than to lie and worry about my little ones. So I got up after a few days, and let the girl go. I had noticed that she had sores on her face, hands and arms, but I paid no attention to that until Charlie, my youngest, began to pick and scratch himself. He was then ten months old, and the girl had paid more attention to him than to any of the others. Charlie was fretful and cross, but as he was cutting teeth, I didn't think much of that. Even when a rash broke out on his face I wasn't frightened, because everybody knows that that is quite common with teething babies. Sev-

and I thought nothing about it. "But the rash on Charlie's poor little face spread to his neck, chest, and back. I had never seen anything quite like it before. The skin rose in little lumps, and matter came out. My baby's skin was hot, and how he did suffer! He wouldn't eat, and night after night I walked the floor with him weak as I was. Often I had to stop because I felt faint and my back throbbed with pain. But the worst pain of all was to see my poor little boy burning with those nasty sores.

eral of my others had it when little,

"I believed he had caught some disease from the girl, but some of the neighbors said he had eczema, and that is not catching, they told Yes, I gave him medicine, and put salves and things on him. I don't think they were all useless. Once in a while the itching seemed to let up a bit, but there was not much change for the better until a lady across the street asked me why I didn't try the Cuticura Remedies. I told her I had no faith in those things you read about in the papers. She said she didn't want me to go on faith nor even to spend any money at first. She gave me some Cuticura Ointment—I think the box was about half full—and a piece of Cuticura Soap. I followed

putting that nice Ointment on the

my baby would have been cured by

a little thing like that. Not all of a sudden, mind you. Little by little, but so surely. Charlie and I both

got more peace by day, and more sleep by night. The sores sort of

dried up and went away. I shall

never forget one blessed night when

I went to bed with Charlie beside me, as soon as I got the supper dishes out of the way and the older

children undressed; when I woke

up the sun was streaming in. For the first time in six months I had

slept through the night without a

"I wouldn't have believed that

"Yes, that fat little boy by the window is Charlie, and his skin is as white as a snow flake, thanks to the Cuticura Remedies. I think everybody should know about the Soap and also the Ointment, and if it is going to help other mothers with sick babies, go ahead and pub-lish what I have told you." MRS. HELENA RATH.

The agonizing, itching, and burning of the skin as in eczema; the frightful scaling, as in psoriasis; the loss of hair, and crusting of the scalp, as in scalled head; the facial disfigurements, as in pimples and ringworm; the awful suffering of infants, and anxiety of worn-out parents, as in milk crust, tetter and salt rheum,-all demand a remedy of almost superhuman virtues to successfully cope with them. That Cuticura Soap, Ointment, and Resolvent are such stands proven beyond all doubt. No statement is made regarding them that is not justified by the strongest evidence. The parity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy have made them the standard skin cures, blood purifiers and humour remedies of the civilized world.

CUTICURA REMEDIES are sold throughout the civilized world. PRICES: Cuticura Resolv. ent, 50c. per bottle (in the form of Chocalate Coated Pills, 25c. per vial of 60); Cuticura ResolvOintment, 50c. per box, and Cuticura Soap, 25c. per tablet. Send for the great work, "Humours
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