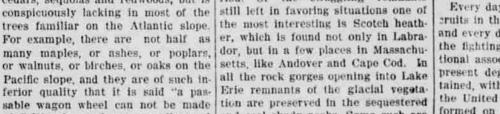


of California wood, nor a really good and cool shady nooks. Some such are



absent over all the intervening areas.

In some respects the effect of the

distribution was even more peculiar

than that on plants. During that pe-

were crowded down into central Eu-

rope and into the middle and north-

ern states of the Atlantic coast and

man's remains there are found those

reindeer, the musk ox and the arctic

fox, while the ibex and the chamios,

eral of these northern species now ex-

tinct were also present in these tem-

The indirect effect of this incur-

sion of arctic animals into the tem-

struction of many animal forms

which already occupied the region.

Just before the glacial period there

were living in America two extinct

lions, four species of the dog family

as large as wolves, while the walrus

was found in Virginia, the sea cow

in South Carolina. There were also

living six species of horses, the South

American tapir and llama, a camel,

two species of elephant and two of

mastodons, a species of megatherium,

three of megalonyx and one of mylo-

don-huge terrestrial sloths as large

insects also, as well as plants and

perate regions.

present degree of interest is maintained, within five years everybody in the United States will have been informed on the way to prevent and judge, if you kept a grocery store

the result price is stamped as the bottom.
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Shoes for Every Member of the Family, Men. Boys, Women, Misses and Children, Wherever you live, W. L. Douglas shoes are within pur result. If your dealer camber of you, write for Yaal Order Catalog. W. L. DOUGLAS, Brockton, Mass.



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Dysentery, Diarrhea, Cholera Morbus, Cholefa Infantum, Colic and Cramps. Also relieves Griping Pains, Sour Stomach, Vomiting, Sea Sickness, and Hysterics and Nervousness due to bowel affections.

# DR. D. JAYNE'S Carminative Balsam

stops pain immediately and almost invariably brings about speedy recovery. This medicine is just as safe as it is effective. Get a bottle at your druggist's, and keep it always in the house. For the children's sake, don't go away for the Summer with-out taking a supply along.

Per Bottle, 25c

Dr. D. Jayne's Expectorant is a reliable remedy for croup and whooping cough, coughs and colds.



are the best; insist on having the Ask your local dealer, or JOHN DEERE PLOW CO. OMAHA





old by the Best Dealers. We will send to pupils and eachers on receipt of lifets, in stamps, a livingh, hard maple, bram edged rule. JOHN G. WOODWARD maple, bras edged rule. JOHN G. WOODWARD & CO."The Candy Men"Council Bluffs, Ia.

one in Oregon." The Atlantic slope also preserved in similar narrow, cool has four times as many species of non- gorges opening into the Ohio river coniferous trees as the Pacific slope, below Cincinnati. but only a little more than half as many coniferous species.

The first step in the solution of this problem is found in the relation of sheet. Alpine plants are found on the the land continents in the northern high elevations of the White mounhemisphere to each other. Whereas, the tains, and on the high peaks of the southern ends of the continents pro. Rocky and Sierra Nevada mountains ject far out into deep seas so that they as far south as New Mexico, but are are widely separated from each other at the north they approached each

other and are separated by shallow seas. The water in Behring straft is only 150 feet deep, and that in the sea only a few hundred feet deep, so that a slight elevation of the bottom of the riod a large number of arctic species ocean there would join Asia to America, and permit the migration of plants and animals from one continent to another. That these continents have Mississippi valley. In company with been recently joined by such a change in land level is proved by the fact of the grizzly bear, the Irish elk, the that bones of the mammoth have been

and even on the Pribyloff islands, far which now occupy the high mountain out in Behring sea. A similar belt of crags, descended to the valleys. Sevshoal water extends from Greenland by way of Iceland to Norway. It is therefore easy to suppose a continuous land connection clear around the north pole enabling plants and animals to migrate freely. On the oth- perate zone was to cause the deer hand, the general resemblance of species both of plants and animals in the lands surrounding the north pole is proof that there has been such opportunity for migration. Whereas, there is this great similarity in species in the northern hemisphere, there is a total dissimilarity between the species occupying the southern extremities of the continents in the southern hemisphere.

found on both sides of Behring strait.

But with the coming on of the glacial period this happy family of species around the north pole was rudely disturbed by the new conditions, as the rhinoceros or even as the ele-The lowering of temperature and the phant. slow accumulation of glacial ice made it impossible for trees of a temperate climate to maintain their existence on the larger animals, were compelled to those inhospitable shores. If they reckon with the glacial period, Among were to exist any longer they must the most interesting illustrations of emigrate to milder climes. But how this occurs in the White mountains, shall a tree which is fixed in the soil where various Alpine species of butremove to better its fortune? Of terflies are found near the summit. In course, a single tree is helpless in ascending Mount Washington one such a situation. But, as Prof. Gray suddenly encounters near the top wittily says, when a tree is driven whole swarms of butterflies (Oeneis to an extremity it can "take to the

Semidea); so that, as Prof. Samuel Scudder has said, so far as insect woods," and the forest can begin a majestic movement toward better species are concerned, "in ascending Mount Washington we pass, as it elimes. were, from New Hampshire to north-As the conditions favoring the forest became severe along its northern ern Labrador and the southern exbelt they would become favorable tremity of Greenland." Similar speover a corresponding belt stretching cies occur also on the summit of the

to the south. Over this belt the seeds Rocky mountains. The story is the would be gradsally scattered by vari- same. Dispersed far and wide during ous agencies. Some seeds would be the glacial period, these insects have blown by the wind, some carried by at last been compelled to take refuge streams of water, some by birds and on the summits of the high mounsquirrels and other animals. Where- tains, where alone glacial conditions as formerly such stray seeds had perpetually prevail.

re tuberculosis, and concerning the infectious nature of the disease. Two things in particular are needed, and But the mountains formed the best

for these the National association is working in every way. They are, a retreats for the arctic plants, which more complete registration of tuberwere following up the receding ice culosis cases, and the further isolation of dangerous advanced cases of consumption.

#### A Sunday Sermon.

One must accept life as it is. It gives us great happiness if we are wise enough to see it, and it balances the scales by sending great sorrows, glacial period upon animal life and 100.

But that is life.

if you would make the world bright er try to forget your hurts, dry your eyes and turn to help those who need the pressure of a friendly hand, the encouragement of a smiling look.

Sorrows and troubles of all kinds should teach one a great lesson-the tesson of universal kindness .-- New York Times.

#### ON FOOD The Right Foundation of Health.

Proper food is the foundation of health. People can eat improper food for a time until there is a sudden collapse of the digestive organs, then all kinds of trouble follows.

The proper way out of the difficulty is to shift to the pure, scientific food. Grape-Nuts, for it rebuilds from the foundation up. A New Hampshire species of the cat family as large as woman says:

"Last summer I was suddenly taken with indigestion and severe stomach trouble and could not eat food without great pain, my stomach was so sore 1 could hardly move about. This kept up until I was so miserable life was not worth living.

"Then a friend finally, after much argument, induced me to quit my former diet and try Grape-Nuts "Although I had but little faith I

commenced to use it, and great was my surprise to find that I could ent it without the usual pain and distress in my stomach.

"So I kept on using Grape-Nuts and soon a marked improvement was shown, for my stomach was performing its regular work in a normal way without pain or distress.

"Very soon the yellow coating disappeared from my tongue, the dull, heavy feeling in my head disappeared, and my mind felt light and clear; the languid, tired feeling left, and altogether I felt as if I had been rebuilt. Strength and weight came back rapidly and I went back to my work with renewed ambition.

"To-day I am a new woman in mind as well as body, and I owe it all to this natural food, Grape-Nuts." "There's a Reason "

Look in pkgs, for the famous little book, "The Road to Wellville."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human Luferest.

and a man came in and asked if he could take a moving picture of your cheese?-Harper's Weekly.

man?

Prisoner-What would you do,

Important to Mothers. Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it Bears the

Signature of Cart Flitchird In Use For Over 30 Years. The Kind You Have Always Bought.

#### Reprehensible to Allow It.

Husband (reading from his paper) -Here, they say, is a comet coming towards the earth, traveling at the rate of a million miles a minute.

Wife (awaking from a doze)-Why don't they enforce the speed laws better?

PERRY DAVIS' PAINKILLER is the best, safest and surest remedy for cramps, colic and diarrhea. As a liniment for wounds and sprains it is unequailed. Mc, Mc and Mc.

Mrs. Winslow's Soothing Syrap. For chlidren techning, softens the guns, reduces in-fammation, allays pain, cures wind collo. So a bottle.

a man by roasting him.

A malicious truth may do more harm than an innocent lie.

Lewis' Single Binder straight 5c-Many smokers prefer them to 10c cigars.

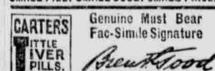
An easy beginning doesn't always justify the finish.

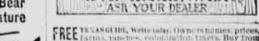


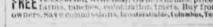
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They regulate the Bowels. Furely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.







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"For over nine years I suffered with chronic constipation and during this time I had to take an injection of warm water once every 24 hours efore I could have an action on my bowels, Happily I tried Cascarets, and today I am a well man. During the nine years before I used Cascarets I suffered untold misery with internal piles. Thanks to you, I am free from all that this morning. You can use this in behalf of suffering humanity. B. F. Fisher, Roanoke, IlL.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, 10c, 25c, 50c, Never sold in bulk, The gen-ulter tablet stamped CCC. Guaranteed to cute or your money back. 330

NONE BETTER The next bill of shingles you buy look to see what mark is on them, particularly what the name of the manufacturer is. If you see DAY LUMBER COMPANY and

this mark you can be sure of the quality.

