

MADE WELL AND STRONG

By Lydia E. Pinkham's Vegetable Compound

Bardstown, Ky.—"I suffered from ulceration and other female troubles for a long time. Doctors had failed to help me. Lydia E. Pinkham's Vegetable Compound was recommended, and I decided to try it. It cured my trouble and made me well and strong, so that I can do all my own work." Mrs. JOSEPH HALL, Bardstown, Ky.

Another Woman Cured. Christiana, Tenn.—"I suffered from the worst form of female trouble so that at times I thought I could not live, and my nerves were in a dreadful condition. Lydia E. Pinkham's Vegetable Compound cured me, and made me feel like a different woman. Lydia E. Pinkham's Vegetable Compound is worth its weight in gold to suffering women."—MRS. MARY WOOD, R.F.D.3.

If you belong to that countless army of women who suffer from some form of female ills, don't hesitate to try Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

For thirty years this famous remedy has been the standard for all forms of female ills, and has cured thousands of women who have been troubled with such ailments as displacements, fibroid tumors, ulceration, inflammation, irregularities, backache, and nervous prostration.

If you want special advice write for it to Mrs. Pinkham, Lynn, Mass. It is free and always helpful.

PROOF POSITIVE.



"Do you really love me, George?"
"Didn't you give me this tie, dear?"
"Yes, love. Why?"
"Well, ain't I wearing it?"

Grievous Offense.

"No, sir," said Plodding Pete; "I would not stop another minute to talk to dem folks. Dey passed me out a short an' ugly word."
"What was it?"
"Work."

A Rare Good Thing.

"Am using ALLEN'S FOOT-EASE, and can truly say I would not have been without it so long, had I known the relief it would give my itching feet. I think it a rare good thing for anyone having sore or tired feet."—Mrs. Matilda Holtwert, Providence, R. I. Sold by all Druggists, 25c. Ask today.

Mean Question.

The Lover—I love the true, the good, the beautiful.
The Cynic—Three girls?—Harper's Bazar.

Asthmatics, Read This.

If you are afflicted with Asthma write me at once and learn of something for which you will be grateful the rest of your life. J. G. McBride, Stella, Neb.

When the thief has no opportunity to steal he considers himself an honest man.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

And they get the biggest tips who only stand and wait.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels; cleanses the system effectually; assists one in overcoming habitual constipation permanently. To get its beneficial effects, always buy the genuine.

MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. SOLD BY LEADING DRUGGISTS 50¢ A BOTTLE

Look for This Mark on every bundle of shingles you buy. It means 250 first class shingles in every bundle, every shingle clear of knots, its full length of 16 inches. Made from the best WASHINGTON RED CEDAR. Remember the name.

NEBRASKA NEWS AND NOTES.

Items of Interest Taken From Here and There Over the State, The Midwest Life.

A few evenings ago the president of the Midwest Life was gratified to answer an inquiry by phone as to whether or not his company wrote women. An agent of an eastern company had been trying to sell the wife of the questioner an endowment policy. The husband was a believer in the "Stand up for Nebraska" idea in life insurance as well as in other things, and when informed that the Midwest Life issued insurance on women an appointment was readily made for a representative of the company to call. These are the acts which are appreciated as it is the practical standing up for Nebraska institutions which counts. Surely the people of Nebraska are under no obligation to help make the big eastern companies bigger. That is something which can be left to their own people.

The Midwest Life issues all of the standard forms of life insurance policies at reasonable rates. Write for particulars. Home office 1007 "O" street.

Arapahoe will have saloons, license having been granted to three.

W. G. Cross of Beatrice was arrested for bootlegging.

Catholics are building a \$4,000 church at Ansley.

York is doing an unusual amount of building this year.

Florence, Douglas county, is preparing for an old-fashioned celebration on the 4th of July.

The corner stone of the new Roman Catholic church at Blair was laid with imposing ceremonies by Bishop Boncum.

Merrick county is now without a single saloon, the last one in the county, that at Silver Creek, having closed last week.

At Beatrice, Ferreno Bertuca, charged with the murder of John Preuhs, an 11-year-old boy at Wymore, was held to the district court without bail.

The Midwest Life, old line, always is ready to give a reliable man a good agent's contract either for full or part time. Write N. Z. Snell, president, Lincoln, Nebraska.

The Midwest Life of Lincoln will be three years old May 1, 1909. It has \$1,500,000 of insurance in force and is increasing its assets and insurance each month. Agents wanted. Write the home office.

At Grand Island Wilhelm Boldt, a laborer, over 50 years of age, died of exposure, the result of a mishap, it is charged, while he was under the influence of liquor.

The governor appointed Hannah J. Kelly of Omaha as matron at the Lincoln insane asylum, in place of Miss Beatrice McGinnis, whom Supt. O. D. Woodward asked to resign.

After lying dormant since Jan. 1, at which time the plant went into the hands of a receiver, the Fairbury Iron Works and Windmill company resumed operations last week.

The W. C. T. U. ladies of Fairbury have closed a deal for the purchase of a lot near the square for \$1,800, upon which they will erect a building to cost \$15,000 to be used as headquarters.

Parker Asbury, living near Du-buque, was caught beneath a falling tree which suddenly gave way. Several bones were broken and he sustained internal injuries. He is not expected to live.

At this writing no trace has been found of Bert Palmer, 14 years old, who mysteriously disappeared from his home near Liberty. He was without money and had on his working clothes when last seen.

It is feared, says a Tecumseh dispatch, that considerable damage will result from the freeze in this locality. The wind blew from the north all night, and ice formed to the thickness of half an inch at least.

In addition to the encampment of the Omaha High school cadets at Ashland, from June 7 to 15, the University of Nebraska cadet battalion will hold its annual encampment at that place from June 2 to 6.

At a special meeting of the city council of Beatrice an ordinance was passed fixing an occupation tax of \$100 per year on each person or firm operating a business of dealing in options in stocks, grain or provisions.

Gov. Shallenberger appointed Dr. Carroll D. Evans of Columbus and William H. Kilpatrick of Beatrice as delegates from Nebraska to the first American congress of road builders, which will meet at Seattle July 4 to 8.

In 6,858 school districts of Nebraska—5,000 of which are in the "corn belt" of the state—Supt. E. C. Bishop of the department of public instruction is looking for 50,000 boys to plant at least one ear of good corn and cultivate it with such care that it will be permitted to enter prize winning classes at the National Corn Exposition in Omaha and the state contest in Lincoln.

The Central Telephone exchange of Howe burned. The building was totally destroyed. There were about 200 telephones in the building, and all were lost.

Mrs. Mamie MacAvoy of Omaha followed her ten year-old son to Fremont and found him at the Fremont police station. The boy had been arrested by the Fremont police.

Chicago dispatch: Alleging loss of \$935, Theodore Langston, aged 76, of Tecumseh, Neb., appealed to the chief of detectives and asked help in finding Miss Mary Bodey, a dashing brunette, with offices in the Schiller building, where she carried on a real estate and brokerage business. Langston said he had given her \$935, and that she had promised to marry him, but disappeared.

DOLLAR WHEAT HAS COME TO STAY

IN LESS THAN FIVE YEARS CENTRAL CANADA WILL BE CALLED UPON TO SUPPLY THE UNITED STATES.

A couple of years ago, when the announcement was made in these columns that "dollar wheat" had come to stay, and that the time was not far distant when the central provinces of Canada—Manitoba, Saskatchewan and Alberta—would be called upon to supply a large part of the wheat consumption in the United States, there were many who laughed at the predictions and ridiculed the idea of wheat reaching the dollar point and staying there. Both of these predictions have come to pass. Dollar wheat is here—and it is not only here, but is here to stay; and at the same time, whatever unpleasant sensations it may arouse in the super-sensitive American, Central Canada is already being called upon to help keep up the bread supply, and within the next five years will, as James J. Hill says, literally "become the bread-basket of our increasing millions."

There are few men in the United States better acquainted with the wheat situation than Mr. Hill, and there are few men, if any, who are inclined to be more conservative in their expressed views. Yet it was this greatest of the world's railroad men who said a few days ago that "the price of wheat will never be substantially lower than it is today"—and when it is taken into consideration that at that time wheat had soared to \$1.20, well above the dollar mark, the statement is peculiarly significant, and doubly significant is the fact that in this country the population is increased at the rate of 65 per cent., while the yield of wheat and other products is increasing at the rate of only 25 per cent. For several years past the cost of living has been steadily increasing in the United States, and this wide difference in production and consumption is the reason.

This difference must be supplied by the vast and fertile grain regions of Manitoba, Saskatchewan and Alberta. There is now absolutely no doubt of this. Even the press of the country concedes the fact. Results have shown that no other country in the world can ever hope to equal those provinces as wheat producers, and that no other country can produce as hard or as good wheat. Said a great grain man recently, "If United States wheat maintains the dollar mark, Canada wheat will be well above a dollar a bushel, for in every way it is superior to our home-grown grain."

With these facts steadily impinging their truth upon our rapidly growing population, it is interesting to note just what possibilities as a "wheat grower" our Northern neighbor possesses. While the United States will never surrender her prestige in any manufacturing or commercial line, she must very soon acknowledge, and with as much grace as she can, that she is bound to be beaten as a grain producer. It must be conceded that a great deal of the actual truth about the richness of Canada's grain producing area has been "kept out of sight," as Mr. Hill says, by the strenuous efforts of our newspapers and magazines to stem the exodus of our best American farmers into those regions. It is a fact that up to the present time, although Canada has already achieved the front rank in the world's grain producers, the fertile prairies of Manitoba, Saskatchewan and Alberta have as yet scarcely been scratched. Millions of acres, free for the taking, still await our American farmers; and when these millions are gone there are other millions in regions not yet opened up to immigration. A few years ago the writer, who has been through those wheat provinces several times, laughed with others of our people at the broad statement that Canada was bound to become "John Bull's Bread Basket." Now, after a last trip (and though he is a staunch American) he frankly believes that not only will Canada become John Bull's bread-basket, but it will within the next decade at least BECOME THE BREAD-BASKET OF THE UNITED STATES. Perhaps this may be a hard truth for Americans to swallow, but it is a truth, nevertheless. And it is at least a partial compensation to know that hundreds of thousands of our farmers are profiting by the fact by becoming producers in this new country.

The papers of this country have naturally made the most of the brief period of depression which swept over Canada, but now there is not a sign of it left from Winnipeg to the coast. Never have the three great wheat raising provinces been more prosperous. Capital is coming into the country from all quarters, taking the form of cash for investment, industrial concerns seeking locations, and, best of all, substantial and sturdy immigrants come to help populate the prairies. Towns are booming; scores of new elevators are springing up; railroads are sending out their branch lines in all directions; thousands of prosperous farmers are leaving their prairie shelters for new and modern homes—"built by wheat;" everywhere is a growing happiness and contentment built by wheat—the "dollar wheat," which has come to stay. Notwithstanding this, the Canadian Government is still giving away its homesteads and selling pre-emptions at \$3.00 an acre, and the Railway and Land Companies are disposing of their lands at what may be considered nominal figures.

Baked in White Tile Ovens
On the top floor of the finest bakeries in the world—
The whole bakery flooded with pure air and sunshine—
In these clean, appetizing places are baked—

Takoma Biscuit

Compare them with common biscuits, baked, goodness knows—Where?
Yet Takoma Biscuits cost no more than the poorer kinds—
It's a pleasure and satisfaction to know that Takoma Biscuits are at your grocer's in triple-sealed, moisture-proof packages—5 and 10 cents.

LOOSE-WILES BISCUIT CO.

Early Experiences.
Some time ago an office boy, answering the telephone for the first time in his life, and not knowing how to use it, was told that when the bell rang he was to answer it.

When, therefore, he heard it ring, he picked up the receiver and shouted:
"Hello, who's there?"
The answer came back: "I'm 105."
"Go on," said the boy. "It's time you were dead."

Deafness Cannot Be Cured
by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a running sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness caused by catarrh that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists.
Take Hall's Family-Fix for constipation.

Wealth of Melody.
After a hard day in Wall street he had been dragged by his spouse to the opera, where he promptly proceeded to take a nap. In the midst of it he was awakened by this in the most soulful accents:
"Ah! What a rich chord! Isn't it, dear?"
"Er—ah—yes—how much would you say it's worth?" he murmured.

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of starch necessary, with the result of perfect finish, equal to that when the goods were new.

The Tally.
"What are those notches in your gun?" asked the flirt, who was visiting the ranch.
"They represent men," replied Cactus Sim, "who thought they wuz smarter than I wuz."
"A good idea! I'll have to notch my parrotol handle."

A Famous Health Builder.
A medicine that will cleanse the bowels and put them in condition to do their proper work unaided will do more than anything else to preserve health and strength. Such a medicine is the tonic laxative herb tea, Lane's Family Medicine. Get a 25c package to-day at any druggist or dealer. No matter what you have tried before, try this famous herb tea.

Dull.
"There goes the dullest man in town."
"Is that so?"
"Yes; he's the only man I know that hasn't a first-rate solution of the street car problem."—Detroit Free Press.

Important to Mothers.
Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fitcher* In Use For Over 30 Years. The Kind You Have Always Bought.

The Natural Proceeding.
Editor—I say, this story's too long about that fellow hanging himself.
Reporter—What shall I do about it?
Editor—Cut him down.

Pain and swelling seldom indicate internal organic trouble. They are usually the result of local cold or inflammation which can be quickly removed by a little Hamlin's Wizard Oil. Try and see.

Woman's taste for dress is so instinctive that a dairy maid could readily and becomingly change positions with a society queen.

Take Garfield Tea! Made of Herbs, it is pure, potent, health-giving—the most rational remedy for constipation, liver and kidney diseases. At all drug stores.

After having been so mad he couldn't say things a man begins to boast of his wonderful self-control.

MAPLEINE

is here—Distemper among the horses may be near also—mares are foaling—Distemper may take some of them—corn planting may be late if your horses have Distemper.

SPOHN'S DISTEMPER CURE
is your true safeguard—a cure as well as preventive—50c and \$1.00 bottle—\$5.00 and \$10.00 dozen, delivered. Large is more than twice the smaller size. Don't pull off. Get it. Druggists—order to manufacturers.
Spohn Medical Co., Chemists and Bacteriologists, Goshen, Ind., U.S.A.

Omissions of History.
Romulus, having built Rome, was constructing a wall around it.
"What's the use of putting a wall on the north side?" jeered Remus.
"Evanson will never try to break in."
Then ensued the first boxing contest in the new city, with the result, as all the world knows, that Remus was permanently knocked out.

Lewis' Single Binder straight 5c. You pay for cigars not so good. Your dealer or Lewis' Factory, Peoria, Ill.

A man's religion never dies so long as he uses the golden rule in measuring his actions.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

As soon as a man marries, his sins decrease.

DODDS' KIDNEY PILLS
FOR ALL KIDNEY DISEASES
FOR RHEUMATISM, BRONCHITIS, DIABETES, BACKACHE
"Guaranteed to Cure"

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS. Positively cured by these Little Pills.
They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Headaches, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.
SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear Fac-Simile Signature
Brushwood
REFUSE SUBSTITUTES.

THE BUSY WORLD WEARS
W. L. DOUGLAS
\$3.00 SHOES \$3.50

The Reason I Make and Sell More Men's \$3.00 and \$3.50 Shoes Than Any Other Manufacturer is because I give the wearer the benefit of the most complete organization of trained experts and skilled shoemakers in the country. The selection of the leathers for each part of the shoe, and every detail of the making in every department, is looked after by the best shoemakers in the shoe industry. If I could show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, and wear longer than any other make.
My Method of Drawing the Soles makes them More Flexible and Longer Wearing than any others. Shows for Every Member of the Family, Men, Boys, Women, Misses and Children. Made by skilled workmen in every part of the world. For sale by shoe dealers everywhere.
CAUTION! Some and some stamped on bottom. For color knots and trademarks. Hangtags with name, W. L. DOUGLAS, 101 N. BROAD STREET, BRIDGEVILLE, PA.

"A Little Cold is a Dangerous Thing" and often leads to hasty disease and death when neglected. There are many ways to treat a cold, but there is only one right way—use the right remedy.

DR. D. JAYNE'S EXPECTORANT

is the surest and safest remedy known, for Coughs, Croup, Bronchitis, Whooping Cough, Asthma, Pleurisy. It cures when other remedies fail.

Do something for your cold in time, you know what delay means, you know the remedy, too—Dr. D. Jayne's Expectorant.

Bottles in three sizes, \$1, 50c, 25c

45 to 50 Bu. of Wheat Per Acre, have been grown on farm lands in

WESTERN CANADA

Much less would be satisfactory. The general average is above twenty bushels.
"Allure loud in their praises of the great crops and that wonderful country."
tract from correspondence National Editorial Association of August, 1908.

It is now possible to secure a homestead of 160 acres free and another 160 acres at \$3.00 per acre. Hundreds have paid the cost of their farms (if purchased) and then had a balance of from \$10.00 to \$12.00 per acre from one crop. Wheat, barley, oats, flax—all do well. Maxed farming is a great success and dairying is highly profitable. Excellent climate, splendid schools and churches, railways bring most every district within easy reach of market. Railway and land companies have lands for sale at low prices and on easy terms.

"Last Best West" pamphlets and maps sent free. For these and information as to how to secure lowest railway rates, apply to Superintendent of Immigration, Ottawa, Canada, or the authorized Canadian Government Agent.

W. V. BENNETT,
601 New York Life Building, Omaha, Nebraska.

This Trade-mark Eliminates All Uncertainty in the purchase of paint materials. It is an absolute guarantee of purity and quality. For your own protection, see that it is on the side of every keg of lead you buy.

NATIONAL LEAD COMPANY
1902 Trinity Building, New York

Bad Breath

"For months I had great trouble with my stomach and used all kinds of medicines. My tongue has been actually as green as grass, my breath having a bad odor. Two weeks ago a friend recommended Cascarets and after using them I can willingly and cheerfully say that they have entirely cured me. I therefore let you know that I shall recommend them to any one suffering from such troubles."—Chas. H. Halpern, 114 E. 7th St., New York, N. Y.

Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripes. Do. Do. Do. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back.

DEFIANCE Cold Water Starch

makes laundry work a pleasure. 10c per pkg. 10c.

W. N. U., OMAHA, NO. 19-1909.