

The KITCHEN CABINET



THE TURNPIKE road to peoples' hearts I find, Lies through their mouths, or I mistake mankind.

Grape Fruit. Grape fruit owing to its bitter principle was on its first introduction more of a curiosity than an epicurean delight. It is a fruit, however, that grows upon one. It is now generally accepted as a wholesome fruit valuable also for its medicinal virtues.

Owing to the high price of grape fruit it is not as commonly used as the orange. The most universal manner of serving grape fruit is to cut in halves and eat with a spoon. Served after standing on ice with a little sugar added there is no more appetizing breakfast fruit to serve.

Grape Fruit Ice. Extract the juice from three or four grape fruit. Boil the rind in a quart of boiling water for 15 minutes. Make a syrup of two cupfuls of sugar and one of water and the juice of one lemon, cook until thick, add the water that the peeling was cooked in to the fruit juice and freeze.

Grape Fruit Sherbet. Extract the juice from the desired number of grape fruit and add about two-thirds of a cupful of sugar and one-third of a cup of water for each average sized fruit. Dissolve a tablespoonful of gelatin for six grape fruit. Boil the juice and sugar five minutes, add the dissolved gelatin and freeze. When half frozen add the well beaten whites of two eggs. Serve with a preserved cherry on each dish.

Household Hints. Clean mirrors with a damp cloth dipped in alcohol.

In the spring when apples grow tasteless add a little rhubarb to the pie to give it a fresh taste.

Freshen a carpet by wiping with cloth dipped in alum water, using one tablespoonful of powdered alum to six quarts of warm water.

Mattings is freshened by washing in salted water. A tablespoonful of salt to six quarts of water.

Save the tea leaves from the tea pot to use on the carpet when sweeping.

Maple Custard. Beat five eggs until well mixed, add one-half a cup of maple syrup, a dash of salt and three cupfuls of milk. Strain into a dish or mold. Set the mold in a dish on a folded newspaper or trivet, pour boiling water around it and bake until the custard is firm. Serve cold.



CONVERSATION is but carving; Give no mors to every guest Than he's able to digest. Give to all but just enough. Let them neither starve nor stuff. —Walter Scott.

Fish Chowder. A delicious fish chowder may be made of any of our fresh water fish. Clean and boil them, removing the bones and skin, then shed the fish and add to the other ingredients prepared as follows: Fry out a piece of fat salt pork (half a pound, cut in dice), add half a dozen potatoes, sliced three onions and sufficient water to cover, cook until the vegetables are tender, add a quart of milk, half a dozen large crackers, butter and salt to taste. Serve hot.

It seems too bad that people living inland should not enjoy the fish chowders of the seashore; the fresh fish may take the place of the salt water fish and make a dish very little inferior to the coast chowders.

Date Pie. Line a pastry plate with crust and cover the bottom well with well-cleaned dates from which the stones have been removed. Add a cupful of milk, a dash of salt, a grating of nutmeg and one egg well beaten, bits of butter dotted over the top and a quarter of a cupful of sugar. Bake in a slow oven until set.

Household Hints. Rub the lumps of sugar to be used in Russian tea or iced tea with lemon peel and you have a delicately flavored sugar which adds to the tea.

Equal parts of baking soda and salt dissolved in water and well rubbed in will relieve the pain caused by bites of insects.

Breakfast Hash. Prepare any hash of meat and potatoes finely chopped and well seasoned; make a nest for each individual and in it place a nicely poached egg, sprinkle with salt, dot with butter and serve. A poached egg is much better in appearance if dropped into a greased muffin ring in the pan of water. Then remove with a skimmer.

Fricateilli. Chop raw fresh pork very fine, add a little salt, pepper and two small onions chopped fine, half as much bread as there is meat, soaked until soft, and two beaten eggs. Mix well and make into patties; fry like oysters. Serve with slices of lemon.



WHO TOILS in faith and knows not fear Shall live to find his cross some day Supported all along the way By angels who are walking near. —Ella Wheeler Wilcox.

Care of Furs. Furs are needed nearly the year around in our uncertain climate and many women do not put them away at all.

Furs that are often used need constant watchfulness and frequent sunning and airing. They should be kept in air-tight bags and hung where they will not be forgotten.

Very heavy long coats and furs, rugs and wraps should be sent to a professional packer. These firms keep them in cold storage and are carefully preserved from moths. Such furs should be carefully tagged, so that no exchange will be made. Where furs are packed at home, as most furs are, they should be well cleaned before putting away. A soiled spot is often the nesting place for moths. Rub dry bran or cornmeal into the durable furs and powdered magnesia into sable, ermine and chinchilla. When very dirty, meal may be mixed with gasoline before using. Do not rub too vigorously. Never hang on a line and beat, as such treatment will mean torn skins.

In brushing use a stiff brush, parting the hair evenly and getting at the felt. To remove any cleaning meal a man's hat brush is good.

Sun and air furs for several days before packing away. Brush with the nap of the fur. Small furs if wrapped in newspaper are well protected, as moths dislike the printer's ink. After wrapping in paper tie up in a thick cotton bag; a pillow case makes a good bag. A few cedar twigs put into the top of the bag or cedar chips may be used, but many successful furriers use no preservatives when using this method.

Washing Flannels. Do not leave woolen garments lying about wet; it causes them to shrink.

Avoid extremes of heat and cold. Warm water is the best.

Do not dry the flannels in the sun or in front of a fire; they should not be allowed to steam.

Melt the soap to make a lather; never rub soap on flannel.

Squeeze the articles gently between the hands, but do not rub them; turn and repeat until clean. Rinse in water of the same temperature. Pass through a wringer. Dry in the open air.



GOOD HABITS are the soul muscles—the more you use them the stronger they grow. Talent develops itself in solitude, character, in stream of life. —Goethe.

Laundry Notes. To preserve color in gingham, soak them in a pail of water to which add a tablespoonful of kerosene an hour before washing.

To bring back the pink into a faded dress, use dark red crepe paper in the rinsing water and a little of the color in the starch, using care to strain the pulp of the paper out of the water. A dress will bear another washing before it will need to be dipped again.

Home Remedies. Take common rock salt, dry in an oven and mix with spirits of turpentine in equal parts, put it into a rag and wrap it around the felon. As it dries put on more and in twenty-four hours the felon is cured.

For cold on the chest, wring out a flannel from hot water, sprinkle with turpentine and lay on the chest. Lard and turpentine in equal parts rubbed on the chest is also a fine remedy for a cold.

Sandwich Filling. A very simple but good filling for sandwiches is made by chopping fine two hard-cooked eggs, add two tablespoonfuls of melted butter with a few drops of onion juice and season well with salt and pepper. A bit of chopped olives with fried bacon minced fine makes a very appetizing sandwich filling.

Nellie Maxwell.

Contrary Disciplines. First Maid—My master is the contrarist of men.

Second Ditto—How do you mean? First Maid—The other day he came home and found missus dressing up. What do you think he did? Second Ditto—What did he do? First Maid—Gave her a dressing down.

Latest Claim to Fame. Little Willie—Say, pa, who was it that invented sleep? Pa—I'm not sure, my son, but I think it was William Penn. Anyway he founded Philadelphia.

For High Occasions



BY JULIA BOTTOMLEY.

A GROUP of handsomely gowned women, dressed for a social function requiring their best efforts, shows the more or less beautiful effects which have been brought about in draped skirts. Fashion has turned a smiling face to this innovation; it is welcomed more for its possibilities than for its accomplishments. It must be confessed that a "built to order" figure and natural grace of carriage are required to redeem some of the models from clumsiness, but given slenderness and grace in the wearer, costumers have turned out a few unforgettable models, with touches of beauty not to be achieved, except by the employment of draped effects. One of these was brought out in the gown made for a maid of honor in a wedding in what we are pleased to call high life. This gown, of marquisette, over voile, which in turn was posed over messaline, showed the marquisette turned up about the bottom of the drapery, providing a nesting place for a long band of roses which were held by it as one holds an apron full of roses. The panier drapery, which was heralded with much noise—mostly of alarm—failed to be accepted except in a form so modified that its identity was lost. A trace of it is seen in the figure at the left of the group.

The drapery which has met with most success falls in straight lines nearly to the foot of the skirt where it is confined in various ways. Sometimes a band of embroidery gathers it in; sometimes it is gathered into several points and fastened to the skirt with ornaments, or buckles. Most often it falls free in front and is gathered to a point at the back where it is confined by a buckle made of the same material as the dress. The center figure shows a gown embodying the best liked of the season's new features. This is the inlay of a plain broad band of lace or silk on the material. The top edge is shaped usually in slanting lines, but many gowns are finished with plain broad bands of material, heavier than that employed in the body of the dress.

Embroidery in rich and varied colors is introduced in nearly all gowns for state occasions. Bits of Persian and other Oriental designs in silk add to the appearance of intricate design in these costumes. As a result gowns are brilliant.

Chiffon coats in long, clinging lines are worn over these sparkling creations. The effect is very fine and emphasizes once more the liking for Oriental splendor in the use of colors. We are borrowing ideas from all over the world, making them our own. And in turn we are impressing the rest of the world with ideas of our own.

STRIPED LINEN DRESS. Very Little Skill Required to Turn Out Article at Once Pretty and Useful.

Wonderfully pretty hat pins can be made out of plain, ordinary sealing wax, and they require very little skill in the making. A plain hat pin is taken and a knob formed on it of red sealing wax, which has been found to make the best foundation. When the knob has become thoroughly hard it is covered with as thick a layer of wax as desired, according to the size that is preferred for the hat pin, this layer being, of course, the color of the hat for which the pin is intended.

Round, square, flat, oblong and, in fact, all sizes and shapes imaginable are to be seen in the fashionable hat pins of the moment, so that the maker is given a wide range of ingenuity. To obtain the required shape the wax must be worked and molded with the fingers while in a half molten state, but care must be taken not to try to work it too soon, for nothing burns more cruelly than boiling wax. As soon as the wax is near enough the desired shape it should be plunged into cold water to harden. When quite hard another application of a different colored wax may be given. This last may be put on in streaks or circles, to give the effect of a definite design. Two shades of blue, for example, used in this way will be most effective, while a bit of gold or silver sealing wax should always be at hand for embellishing the more somber colors.

With a little practice numberless different designs can be worked out and soon, with just a little skill, a girl can provide herself with a pretty set of smart pins for each and every hat, and all these for the small cost of a few long pins and a box of sealing wax.

Sane Advice to Girls. Marcel Boulanger, a noted French writer, gives this sane advice to girls: "Remember, girls, that your faces really matter little or nothing. To preserve for a long time the illusion that you are as fresh as the morning and to show off dress to the best advantage, you must study your bodies above everything else and become mistress of the art of movement and charm. Never allow yourself to become 'slack,' carry yourselves well, keep in good health and keep your minds keen. And, above all, don't become round shouldered and crooked by constantly sitting in one position for hours playing bridge. Take plenty of fresh air and exercise and live as life ought to be lived."

White Belts. The white washable belts for wear with trim shirtwaist suits of white goods are exceedingly attractive, while the prices at which they are marked are cheap. The smartest of these belts close with small round or oval white pearl buckles, which can be removed when laundering. Imagine a white duck belt so fitted, one and one-half inches wide, at 40 cents, and a pretty white mercerized embroidered Jacquard belt a little wider at 18 cents. Twenty-five cents will buy a white linen all-over embroidered belt, stitched edge and lined, and 35 cents the same design in a better quality.

HAVE TO WAIT.



"You ought to take some quinine for that cold."

"I'm sorry, old man, but there are ninety-eight cures ahead of yours."

Try This, This Summer. The very next time you're hot, tired or thirsty, step up to a soda fountain and get a glass of Coca-Cola. It will cool you off, relieve your bodily and mental fatigue and quench your thirst delightfully. At soda fountains or carbonated in bottles—5c everywhere. Delicious, refreshing and wholesome. Send to the Coca-Cola Co., Atlanta, Ga., for their free booklet "The Truth About Coca-Cola." Tells what Coca-Cola is and why it is so delicious, refreshing and thirst-quenching. And send 2c stamp for the Coca-Cola Baseball Record Book for 1910—contains the famous poem "Casey At The Bat," records, schedules for both leagues and other valuable baseball information compiled by authorities.

Immense Saving Possible. In a preliminary bulletin on the cost of maintaining a tuberculosis sanatorium, the National Association for the Study and Prevention of Tuberculosis announces that the average cost per patient per day in thirty semi-charitable sanatoria scattered in all parts of the United States is \$1.669. These institutions represent an annual expenditure of over \$1,300,000 and over \$15,000 days of treatment given each year. The bulletin, which is part of an extensive study the National association is making for its bureau of information, points out that the country could save annually at least \$150,000,000 if the indigent consumptives were properly segregated.

Silenced the Critic. Charles Sumner, when in London, gave a ready reply. At a dinner given in his honor, he spoke of "the ashes" of some dead hero. "Ashes! What American English!" rudely broke in an Englishman; "dust you mean, Mr. Sumner. We don't burn our dead in this country." "Yet," instantly replied Mr. Sumner, with a courteous smile, "your poet Gray tells us that 'Even in our ashes live their wonted fires.' The American was not criticized again that evening.

The Deacon's Parable. A self-conscious and egotistical young clergyman was supplying the pulpit of a country church. After the service he asked one of the deacons, a grizzled, plain-spoken man, what he thought of his morning effort. "Waal," answered the old man, slowly, "I'll tell ye in a kind of parable. I remember Tunk Weatherbee's fust deer hunt, when he was green. He follered the deer's tracks all right, but he follered 'em all day in the wrong direction."—Housekeeper.

Caught in the Rush. "My poor man," said the sympathetic woman, "and how came you to be crippled for life?" "I'll tell you, madam," replied the beggar. "Once I spent my vacation at a summer hotel and I was trampled down trying to get into the dining room after the first bell."

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Aromatic Effects. "What you ought to do," said the physician, "is to take the air in an automobile or a motor boat."

"Can't I stay home and open a can of gasoline?"

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Knock and the world will join in the anvil chorus.

Women's Secrets

There is one man in the United States who has perhaps heard more women's secrets than any other man of woman in the country. These secrets are not secrets of guilt or shame, but the secrets of suffering, and they have been confided to Dr. R. V. Pierce in the hope and expectation of advice and help. That few of these women have been disappointed in their expectations is proved by the fact that ninety-eight per cent. of all women treated by Dr. Pierce have been absolutely and altogether cured. Such a record would be remarkable if the cases treated were numbered by hundreds only. But when that record applies to the treatment of more than half-a-million women, in a practice of over 40 years, it is phenomenal, and entitles Dr. Pierce to the gratitude accorded him by women, as the first of specialists in the treatment of women's diseases. Every sick woman may consult Dr. Pierce by letter, absolutely without charge. All replies are mailed, sealed in perfectly plain envelopes, without any printing or advertising whatever, upon them. Write without fear as without fee, to World's Dispensary Medical Association, Dr. R. V. Pierce, Pres., Buffalo, N. Y.

Where He Came In. "Have you ever figured in a divorce suit?" "No; the lawyers did the figuring, I just paid the bills."

Lewis' Single Binder gives the smoker a rich, mellow-tasting 5c cigar.

We are still patiently awaiting the advent of wireless politics.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, may, granules, easy to take. Do not grip.

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