

Libby's Evaporated Milk

Contains double the nutriment and none of the impurities so often found in so-called fresh or raw milk.

The use of Libby's insures pure, rich, wholesome, healthful milk that is superior in flavor and economical in cost.

Libby's Evaporated Milk is the purest, freshest high grade milk, obtained from selected, carefully fed cows. It is pasteurized and then evaporated (the water taken out). filled into bright, new tins, sterilized and sealed airtight until you need it.

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Your Liver is Clogged up

That's Why You're Tired-Out of CARTER'S LITTLE will put you right CARTERS They do their duty. lousness, Indigestion, and Sick Mondache.

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Nebraska Directory

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CAFE PRICES REASONABLE MILLARD HOTEL 13th and bauglas 5ts.



OMAHA Take Dodge Street Car ROME MILLER

KUFGHEN



till they are seasoned."

what the world calls wisdom."

Some More About Rice. Rice is a cheap food and should be served often in the home. There are any number of ways of serving it so that one need never tire of monotony. and salt, it takes the place of a vegetable at dinner, and if well cooked is most acceptable this way.

A dainty dessert of rice and cream is made as follows:

Rice and Almond Cream, Blanch one-half cupful of almonds, cut in strips or chop fine. Put them into a double beiler with three cups of milk, one-fourth cup of sugar, onehalf teaspoonful of salt and when hot add one cup of well-washed rice. ready to serve fill sherbet glasses half full of the rice, add a teaspoonful of apple jelly, then fill with thick whipped cream and another bit of jelly on the top.

Rice gems are very nice and economical for one can use the cold cooked rice left over. Beat one egg, spoonful of salt and one teaspoonful milk, and one cupful of cooked rice.

Chicken and Rice, Spanish Style. Cut up a chicken as for fricassee, In a deep frying pan put half a cup of olive oil and heat, gradually adding two bruised cloves of garlic. When the garlle begins to color lay in the chicken and turn several times until a golden brown all over; add two sweet red peppers cut in strips, two white onions sliced. When the onions are yellow add four large tomatoes. peeled and quartered, and one-half cup of well-washed rice, and sufficient stock or water to cover. Simmer until the rice is tender, adding salt and more stock as needed. Serve very

Scrambled Eggs With Rice.

Take one cupful of cold cooked rice. put in a saucepan with two tablespoonfuls of water, cook very slowly, stirring constantly. Season with salt. pepper and a teaspoonful of worcestershire sauce. Serve on toast.



have a wonderfully ac-tive liver," said a clever woman, speaking of a friend, "for she is never given to reproachful spells. She never to my knowledge, has imagined herself to be wronged."

Tasty Dishes Easily Prepared. Roast the rump end of a loin of mutton and cover it with two sheets of buttered paper; roast two hours. Have ready some French beans, it. Drop an egg in each and turn as boiled tender and well drained. After soon as lightly browned. They rethe mutton has been removed heat semble fried eggs, but are more delithem in the gravy and serve as a bed cate. for the meat.

Italian Stew.

Fry a sitce of salt pork, brown in the fat three pounds of beef for a pot roast. Add to the meat four onions, six tomatoes, a bunch of sweet herbs and parsley, and a tablespoonful of salt, cover and stew four or five hours on the back of the stove. The cover should be tight and never allow the contents to get above the simmering point.

Banana Snow.

Take six ripe bananas, slice and mash as fine as possible. Add the juice of a lemon, the white of one egg and whip to a cream. The longer you whip the more banana snow you until the sugar is dissolved. When ready to serve decorate with English walnuts. Raspberries, strawberries or any kind of fruit may be used.

Household Hints. Keep a couple of pairs of old stocking legs to draw on over the sleeves while baking and frying. They will save burns and blisters if pulled down over the hand when reaching into the oven. Holders made of old stocking legs are very satisfactory.

Fried Potatoes, New Style.

Put the potatoes peeled, through the coarse cutter of the meat chopper, or chop about the size of a large pea. Season well and turn into a smoking hot frying pan, in which there is sufficient hot fat to grease the bottom generously. Do not stir until well-browned, then cover and set on the back part of the stove to finish cooking, and roll out on the platter as an omelet when serving This is one of the nicest and most attractive ways of serving fried potatoes. Garnish with parsley if desired

A perfectly delicious breakfast dish is baked mackerel. If the fresh can not be obtained see that it is well- ning for a car)-"Hallo, old boy! I freshened. Put in the oven with a lit- thought you were too lazy to run like tle water in the pan to parboli. Ten that." Mr. Stoutman (languidly)minutes before serving pour over a "Fasily explained, my dear boy; lazicupful of good thick, sweet cream and ness runs in our family."-Lippin you have a dish "fit for the gods." | cott's.



know not how: Everything is happy now. Everything is upward striving:
Tis us easy now for the heart to be true

As for the grass to be green or skies to 'Tis the natural way of living.

Some Company Dishes. very appetizing way to serve cheese for any meal is to use the fol-Served plain, seasoned with butter lowing rule: Take one cake of cream cheese, one cup of grated New York cheese, mix well with thick cream and half a cup of stuffed olives, season with salt and cayenne pepper and form in a roll Decorate with thin slices of the olives and serve on a dainty plate on a dolly, each guest serving himself by cutting a slice with a small butter spreader laid on

the plate. A dainty dessert, easy to prepare for the unexpected guest, is prepared Cook until the rice is tender. When by adding marshmallows cut in quarters with shears, a few blanched, shredded or chopped almonds stirred into sweetened whipped cream. Decorate with candled cherries, ginger or cubes of bright jelly. Serve in sherbet glasses.

A delicious sandwich is made by mixing chopped almonds (blanched) add one cupful of flour, one-half tea- with a boiled salad dressing, just enough to spread nicely. Butter the of baking powder, and one cupful bread, then add the filling. For a sweet sandwich nothing is daintier than grated maple sugar and walnuts chopped and browned in a very little butter, adding enough cream to mix



Onion and Bean Puree.

Take a cup of cooked beans of any kind, baked will do; pour a pint of cold water or macaroni, or rice water over them. Mince a good sized onion fine, add salt and the onion to the scup, and simmer until smooth; rub through a sieve, then add a tablespoonful of butter and half a tablespoonful of flour and a cupful of milk, cook together, pour in the puree, add a dash of paprika and a little minced parsley. In the bottom of each soup plate lay a thin slice of lemon. Serve with croutons made by buttering a slice of bread, cut in cubes and brown in the oven, or without using butter. fry in deep fat until brown.

Such a soup is sufficient with a little bread and butter and some preserves or fruit for an evening meal. Cheap and nourishing soups are worth spending time looking up.

Griddled Eggs.

Heat the griddle, butter lightly and range small buttered muffin rings on

Veal and Sweet Potatoes.

Get the inexpensive cut of veal from the breast. Have the ribs cracked and a pocket made in the tissue which lies between them and the fleshy covering. Fill the pocket with stuffing made of two cups of breadcrumbs, two minced onions and salt and cayenne. Dredge the meat with flour and pack around it a sufficient number of sweet or Irish potatoes. Baste during the roasting, adding a pint of water to the pan.

Armenian Rice Pilau.

Cook one-half cup of rice until tender, salt and pour over the rice two tablespoonfuls of melted butter in have. After a thorough beating add which one tablespoonful of onion has two tablespoonfuls of sugar and beat | been cooked, add half a pound of chopped meat and cook. When nearly done add a few walnut meats. Serve

> Nellie Maxwell. Problem of Cost of Living.

In discussing the problem of the assistant professor in American universities, in science, Prof. Guido H. Marx of Stanford university says: "The rapid increase in the cost of living in the past 20 years has made the situation acute; for there has been no general increase of salaries commensurate with this, and as a consequence these men find themselves driven to a lower and lower standard of living. This is a grave menace to the efficiency of the institution both present and future, for it must not be forgotten that the highest ranks must

A Speedy Fault.

be recruited from time to time from

men whose development has neces-

sarily been limited by the conditions

surrounding this rank."

Mr. Agile (to Mr. Stoutman, run-

Many women who suffer with backache, bearing-down pain, headaches and nervousness do not know that these ailments are usually due to

trouble with the kidneys. Doan's Kidney Pills remove the cause. Mrs. Joseph Cross, Church St.,

Morrilton, Ark., says: "For weeks was bent double by pain in my back and the kidney secretions were profuse. My feet and ankles were badly swollen and I had headaches and dizzy spells. Six doctors treated me without relief and I

finally began taking Doan's Kidney Pills. They cured me." Remember the name-Doan's.

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Here is a story about a diplomatic negro waiter; also about two wellknown Kansas men, who can go by the names of Smith and Jones, just to tell the yarn.

Smith and Jones look much alike And are frequently taken for each other. One day Smith was in a certain big hotel not a thousand miles from Kansas City and went into the dining room for dinner. The negro waiter busily brushed off the crumbs and said: "Why, how is you, Mr. Jones, how is you? I's glad to see you. I hasn't seen you since I waited on your table when you all used to have a little game upstaihs."

"I'm fraid you are mistaken," said Smith, very quickly. "My name isn't Jones. You have the wrong man."

"Nuff said; nuff said," smiled the negro, with much bowing and scraping. "Ah knows all right when to keep mah mouf shet; Ah knows all right, Mr. Jones."-Kansas City Journal.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that sevence has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical traternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer one Hundred Dollars for any case that it fails to ture. Send tar list of testimonials.

Address F. J. CHENEY & CO., Toledo, O. Soid by all Druggists. The.

Take Hall's Family Pills for constipation.

Perspiring Vegetation. The eyes of a little Washington miss were attracted by the sparkle of dew at early morning. "Mamma," she exclaimed: "It's hotter'n I thought it

"What do you mean?" "Look here, the grass is all covered with perspiration."-Baptist Common-

All Tired Out.

Do you feel dull, occasionally-out of sorts? Headaches and Dizziness? The fault is either with your stomach or your liver. The safe, shre and easy way to get rid of either trouble is to take NATURE'S REMEDY. Take an NR Table to night. REMEDY. Take an NR Tablet to night-it will sweeten the stomach and regulate the liver, kidneys and bowels. Easy-sure to act. Get a 25c Hox. The A. H. Lewis Medicine Co., St. Louis, Mo.

Not Exactly What She Meant. She-We've bin very busy at the mothers' meetin' gettin' ready for the sale of work.

He-Oh! I 'opes it will be a success. She-Yes, I think so; yer see the vicar is goin' to take most of our clothes off of us .- Tatler.

Not in the Agreement. Daniel had been cast into the lions'

"My main objection," he said, as he playfully tweaked a lion's mane, "is that I get no moving-picture royalties."--Puck.

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Gat H. Flitcher. In Use For Over 30 Years. The Kind You Have Always Bought.

Such a Difference! "Your daughter plays very sweetly

on the piano." "That's my wife playing." "I know it."-Birmingham Age-

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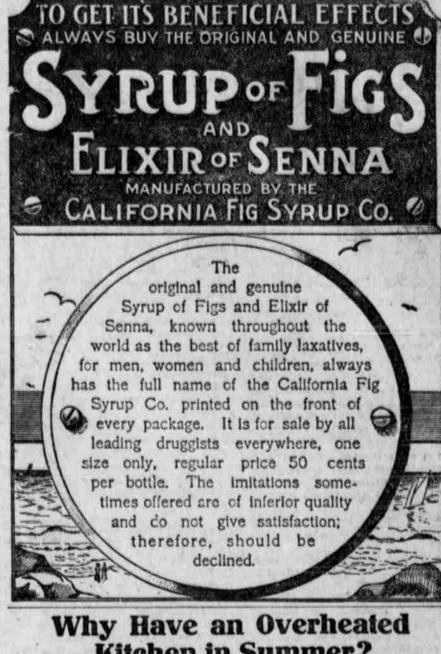
Those who are untrue to themselves

When You Think month it makes the gentleness and kindness always associ ated with womanhood seem to be almost a miracle. While in general no woman rebels against what she regards as a natural necessity there is no woman who would

not gladly be free from this recurring period of pain. Dr. Pierce's Favorite Prescription makes weak women strong and sick women well, and gives them freedom from pain. It establishes regularity, subdues inflammation, heals ulceration and cures female weakness.

Sick women are invited to consult Dr. Pierce by letter, free. All correspondence strictly private and sacredly confidential. Write without fear and without fee to World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

If you want a book that tells all about woman's diseases, and how to cure them at home, send 21 one-cent stamps to Dr. Pierce to pay cost of mailing ealy, and he will send you a free copy of his great thousand-page illustrated Common Sense Medical Adviser—revised, up-to-date edition, in paper covers. In handsome cloth-binding, 31 stamps.



Kitchen in Summer?

When the sultry days come and the coal range makes the kitchen almost unbearable and cooking a dreaded task, put out the range fire and try the newest method of cooking in hot weather-use a

What a contrast! The kitchen no longer is stifling hot, the work is now done with comfort, and the housewife is not worn out with the heat.

> She saves her strength, keeps her health and is better able to enjoy the summer.

The New Perfection does everything that any other stove can do-all the family cooking, baking, washing and iron-ing. No smoke, no dust, no odor. Heat is applied directly and not wasted. A turn, and the flame is out.

The New Perfection stove has Cabinet Top with shelf for keeping plates and food hot, drop shelves for the coffee pot or saucepans, and nickeled

It has long turquoise-blue enamel bright blue of the chimneys, makes the stove very attractive and invites clean-liness. Made with 1, 2 and 3 burners; the 2 and 3-burner stoves can be had

with or without Cabinet. Every dealer everywhere; if not at yours, write for Descriptive Circular to the hearest agency of the

Little Johnnie, who cannot

nounce S, has been frightened into

keeping out of the attic by tales told

by his nurse of a dreadful ghost that

lives in the dim recesses under the

eaves. The other day he was over-

heard to say confidentially to a small

"We've got an old gho't up in our

To which his friend, much inter-

A smile that won't come off soon be-

ested, responded: "Do he butt?"

comes monotonous.

Standard Oli Company

An Unusual Attribute.

attic!"

Description or a Mountain. "Jimmy," said the teacher, "what is

a cape?" "A cape is land extending into the water."

"Correct. William, define a gulf." "A gulf is water extending into the

"Good. Christopher," to a small, eager-looking boy, "what is a mountain?"

Christopher shot up from his seat so suddenly as to startle the teacher, and promptly responded: "A mountain is land extending into the air."

Limit to Woman's Suffrage. Women have obtained the right to vote in Krain, a province of Austria. They will be allowed to cast their ballots in person and not by proxy. There is, however, one limitation imposed on them. A special time of the day has been allotted to them for the exercise of this right.

SUCCESS FOR SEVENTY YEARS
This is the record of Pariskiller Perry Distor). A reliable remedy for diarrhea, dysentery and all howel
complaints. Get the genuine. 25c, 35c and 55c.

Many a man rails to make good be cause he spends most of his time trying to prove that luck is against him.

Mrs. Winslow's Soothing Syrup. Toll, says the proverb, is the sire of

KIDNEY D

DEFIANCE STARCH to the fire

Sticky Sweating

Palms after taking salts or cathartic waters-did you ever notice that weary all gone feeling—the palms of your hands sweat—and rotten taste in your mouth — C. tharties only move by sweating your bowels -Do a lot of hurt-Try a CASCA-RET and see how much easier the job is done - how much better

CASCARETS 10c a box for a week's treatment, all druggists, Biggest scher in the world. Million boxes a month.