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DESERVES PLACE IN HISTORY

William Billings of Boston Heads the List of American Composers of Music.

America's first composer of any note was William Billings, who was born in Boston, October 7, 1746. In his youth he was a tanner, but a love for music led him to become a teacher of singing and a composer of psalm tunes, which eventually found their way into every church choir of New England and became great favorites with the people.

He published no fewer than six collections of tunes, all founded upon the new school of religious music then coming in vogue in England. Their contrast to the dismal old tunes previously in use naturally gave them an immense popularity; and, in fact, they effected a musical revolution in all the English colonies of America. They were far from being perfect in melody and harmony and would be considered very crude today, but the composer displayed an originality approaching genius, and had he enjoyed the educational advantages open to composers of today his compositions would doubtless have possessed a permanent value.

Seagoing Jitney.

In Los Angeles an electric car met a jitney bus with disastrous results, and among the passengers who were called upon to give testimony was a "Jackie" from the monitor Cheyenne. His letter to the claim agent follows: "I was standing on the starboard forecastle of the car when the gas line cutter hove in sight off our port bow. We were making 15 knots, and the cutter was coming about the same along another channel. It was clear weather and not much ground swell. Our chief engineer blew his siren and reversed his propellers, but he couldn't leave her in time to keep from ramming her. There wasn't even time to get out the life preservers or sound the emergency call. We smashed in a couple of the little craft's compartments. Her captain stuck to his post. The jitney went down like a submarine.

"I think the cause of the wreck was that the jitney's binnacle light was out."—Electric Railway Journal.

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IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.) (Copyright, 1918, Western Newspaper Union.)

LESSON FOR MARCH 31

JESUS OUR EXAMPLE IN SERVICE.

GOLDEN TEXT—Let this mind be in you, which was also in Christ Jesus.—Phil. 2:5

PRIMARY TOPIC—Jesus our example in helping others.

MEMORY VERSE—Follow me.—Matt. 9:9

EASTER LESSON. GOLDEN TEXT—Thanks be unto God who giveth us the victory through our Lord Jesus Christ.—1 Cor. 15:57.

(Read Phil. 2:1-11.)

A great many Sunday schools will probably omit the review lesson and devote the day to some special Easter exercises. This practice we cannot wholly condemn, but we would urge every school to devote some time to a consideration of the lesson text.

Review Sunday is dreaded by many superintendents, but it is a test of knowledge and skill in teaching, as well as the character of work done during the past three months.

Some condemn Bible-school teaching by comparing it disparagingly with that of the day school without taking into consideration the difference between paid and volunteer teachers, the limited time devoted to study, discipline and other features. It is manifestly unfair to judge the Sunday school by the same pedagogical standards as are applied to our public schools. The Sunday school deals with spiritual realities and not alone with moral issues. It is a wonderful testimony to the blessing of God that with such meager equipment, training and time at our disposal, the results of the Sunday school are so wonderfully effective in the Christian development of our country. With religious education legislated out of our public-school system, almost entirely neglected in our homes, and not one family in five or six connected with the Christian church, this suggests a conditionavoring of cultured paganism. This ought not to discourage the Sunday-school worker, but rather challenge him to greater concentration and more valiant endeavor.

If a review is desired, summarize the lessons by allowing twelve classes or twelve persons to each bring in a brief digest.

Lesson 1 gives us the testimony of John the Baptist concerning the one "mightier" than himself, "whose shoes he was not worthy to unloose." Lesson 2 shows the impeccability of Jesus, in that he was "tempted in all points like as we are, yet without sin." Lesson 3 reveals him as the holy one of God, with power over unclean spirits and other sicknesses. Lesson 4 shows us Jesus as Savior who has power on earth to forgive sins. If he be not the Son of God the worship of Jesus is nothing less than paganism or idolatry. Lesson 5 shows us Jesus as Lord of the Sabbath. Lesson 6 as the Son of God, not only in his healing power but in his authority over unclean spirits with power to delegate that authority to others. Lesson 7 shows Jesus as the great teacher who will bring forth abundant fruit and eternal life. Lesson 8 shows the marvelous germinal power of the divine seed. Lesson 9 shows Jesus as the Son of God, whom even the winds and the sea must obey. Lesson 10 shows us Jesus as the Son of God with power over death. Lesson 11 shows us Jesus as not only having authority over unclean spirits, but possessing power to impart that authority to others, while Lesson 12 shows us his compassion upon the unshepherded multitude, and the exercise of his divine creative power in feeding them.

Of course such a review will be rapid and perhaps incomplete, but it will show that Jesus meets every situation and that his grace is sufficient for all the conditions of life. It will also show that his words communicate vitality to society but that their effectiveness depends upon the response which is accorded to them.

If a test is required of the pupils, a set of questions covering the work of the quarter should be prepared and given to them a week in advance, from which a half dozen might be selected for written review during the class hour. This is no theoretical plan. The writer knows of many Sunday schools where written reviews are being successfully conducted.

The Holy Land where Christ lived, suffered, died and rose again, has recently been captured from the control of the Ottoman empire, and current history indicates the probable early establishment of a Jewish state in this land of prophecy.

A Christian on his knees can get a clearer vision of heaven than a sinner can with a telescope.

The first law that God gave unto man was the law of pure obedience—for as much as to obey is the proper office of a rational soul.—Montaigne.

"It is only when tomorrow's burden is added to the burden of today that the weight is more than we can bear."

An inconsistent Christian is no evidence that the Bible is not true.

He who keeps close to God will not be close with God.

LOOKING FOR A VICTIM



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LESS MEAT IF BACK AND KIDNEYS HURT

Take a glass of Salts to flush Kidneys if Bladder bothers you—Drink lots of water.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid-stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders. Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.

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