

## Box Butte County Fair at Alliance, September 28 - 29 - 30

### RAINY DAYS

Come to everybody. Life has more ups than downs. Right now, while you are making, you ought to be saving; then when the downs come you will have something to fall back upon.

Where is the money you have been earning all these years? You spent it and somebody else put it in the bank. Why don't you put your own money in the bank for yourself—why let the other fellow save what you earn?

BE INDEPENDENT  
AND  
START A BANK ACCOUNT  
WITH

THE  
FIRST NATIONAL BANK  
OF ALLIANCE

THE FAMOUS  
"Monarch" Brand  
**Strings**  
FOR  
Violin and Cello  
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GEO. I. HAND, M. D.  
EYE, EAR, NOSE AND THROAT  
Eyes Tested and Glasses Fitted.

**FOREST  
LUMBER  
COMPANY**  
We always give you the Most of the Best for the Least  
J. A. Berry, Mgr.

**KREAMER & KENNEDY  
DENTISTS.**  
Office in Alliance National Bank Bldg.  
Over Postoffice.  
Phone 391.

**Big Price for Cream**  
The Alliance Creamery is paying 22 cents for cream. 31-1f  
**Cement Contractor**

For estimates on cement walks, cement blocks and all kinds of concrete work, see J. J. Vance, West Lawn, Alliance, Nebr. Phone 551. 34-4w

### WHAT TO EAT IN SUMMER.

According to some dietists, the summer don'ts are so numerous that there appears to be little left that is appetizing. It is agreed by observers that it is rational to avoid all forms of food known to be injurious at other seasons. There is no reason to suppose that they are less likely to make trouble during the heated term.

EAT MEAT NOT MORE THAN ONCE A DAY and alternate this with fish if it can be procured absolutely fresh. Get the needed strength at two meals from milk and eggs and from dishes in which these foods have been incorporated, such as milk soups and custard puddings.

Use crisp breads instead of fresh ones or pasty cereals.

Use fresh green vegetable salads freely. Dress these salads with plenty of oil and a dash of vinegar. Oil and butter are heat giving to a certain extent, but they are not heavy and are useful in keeping up bodily tone.

For desserts use perfectly ripe fruits, water ices flavored with fruit juices or the custard puddings spoken of.

Use tea and coffee as seems best for the individual.

A sudden cutting off of either of these beverages is not advisable, according to most physicians, but one should not depend on the stimulation gained from their free use for refreshment in hot weather.

### BUSINESS LOCALS.

Four room house, city water, Simon-ouson addition for rent. Enquire at Herald office.

For Sale—9 or 10 choice milk cows, 5 yearling calves, 7 spring calves, also 1 fine yearling mare colt and 1 3-year old gelding. Enquire at Canton or Curly postoffice, 3 or 4 of these cows will be fresh in September or October.

Boarders wanted—Will furnish rooms and board for two or three men.—W. F. Knight, 518 West Dakota St. 35-3w

I am now ready to make contracts for cement work to be done as soon as the weather will permit.—John Pederson. 1f

For Sale—Five quarter sections of fine land, 14 miles north of Alliance. Will sell part or all.—Mrs. Matilda Hood, Alliance, Nebr. 33-4w

Lawn Swings at The Gadsby Store.

For Rent—Ten room house, close in, furnace, toilet and bath. See G. W. Duncan at Graham's grocery. 30-1f

For rent—Furnished room, modern. Enquire at Herald Office.

Before ordering anything in the line of office supplies of traveling salesmen or mail order houses call up the Western Office Supply Co., and let them show you samples. Phone 58 or 340.

### Doing Some Campaigning

Thomas B. Shrewsbury, candidate for the democratic nomination for sheriff, has had cards printed at The Herald office announcing his candidacy, and has been using the same in canvassing for votes. We believe this is the proper thing to do. While we do not think any good citizen ought to be too eager to secure an office, we think, as before stated in these columns, that when a man is a candidate it is perfectly proper for him to frankly say so, and openly solicit the votes necessary to make him successful.

It was also quite proper for him to order his job printing done at The Herald office, not only because of the superior quality of printing turned out at this office, but for other reasons. The Herald depends upon business and professional men largely for its patronage, but is pre-eminently the paper of the laboring people, farmers and wage workers. We try to give due prominence to city affairs, but at the same time we are giving more attention and space to the interests of ranchmen, farmers and laboring men than any other paper in western Nebraska. In view of the above facts we consider it was particularly appropriate for Mr. Shrewsbury to make use of The Herald columns and job printing department in giving publicity to his campaign, as he is a representative of both the farmer and wage-working classes. He resides on a farm near Alliance, but for some time past has been employed in the Burlington shops. If nominated and elected, as now seems quite probable that he will be, he will resign his position at the shops in order to give his entire attention to the duties of the office of sheriff.

### Largest and Best

The Broken Bow papers are still claiming that the State Junior Normal held at that place this year was the "largest and best" in the state. As to whether it was the best or not is a matter of opinion, and the Broken Bow people are entitled to their opinion, but it is not possible to convince any student of the Alliance State Junior Normal that it was not the best in the state this year.

As to which of the Junior Normals was the largest, i. e. had the largest attendance, is a matter that can be proven by figures. While the teachers' annual institute for each county in which there was a Junior Normal was held during the time of the Junior Normal, it was no part of the same. Leaving out the names of teachers, who enrolled only for the teachers' institutes, and counting only those who enrolled as Junior Normal students, the Alliance Junior Normal had an attendance considerably larger than any other in the state this year.

Notwithstanding any claims to the contrary that may be made by other parties, we still maintain that the Alliance State Junior Normal was the "largest and best" in the state.

### Reimund-Scott Nuptials

At the home of the bride's parents at Greeley, Colo., on Tuesday evening, Aug. 10, '09, occurred the wedding of Prof. H. H. Reimund, formerly principal of the Alliance high school, and Miss Frances Scott, well known as one of the successful teachers in our city schools last year. They will make their home in Crawford, where Prof. Reimund has been elected superintendent of the city schools for the coming year.

We regret to lose this worthy young couple from our city, but in extending felicitations predict that the number of their friends in their new home will be limited only by the number of their acquaintances.

### Preparing for the Future

The farmers around Alliance, Nebr., recognize a good thing when they see it. They have employed a Campbell soil culture expert to instruct them in the science of "dry farming." When Hereford county farmers do likewise they will then be placing themselves in a position to make "two blades of grass grow where but one grew before." The profitable days of the "pettifog" lawyer are no more surely past than are the profitable days of the "slipshod"

farmer, and the sooner that the latter class of our body politic recognize this fact, the sooner will our lands become worth \$100 per acre from a productive standpoint.—Hereford Texas Democrat.

In the above interesting item the Hereford Democrat is slightly mistaken in one or two particulars. In the first place, the expert is employed and his expenses paid by one person, although many others are co-operating in the work that is being done. In the second place, the work that is being done is not exactly the "Campbell method," which requires expensive tools and machinery not usually found in the equipment of the ordinary farmer.

### Happy Hearts Unite for Life

In the beautiful city of Boulder, Colo., occurred a wedding on the 7th inst. that is of unusual interest to Alliance people on account of the prominence of the contracting parties and their large number of acquaintances here. At the home of the bride's parents, Mr. and Mrs. Joseph Fickell, Miss Sadie Emma Fickell and Mr. Eugene Albon Hall were united in the holy bonds of matrimony. The groom holds a prominent position among the business men of this city, being a member of the real estate firm of Hall & Graham. The bride's circle of acquaintance here has been enlarged through her work as assistant cashier of the Alliance National Bank, a position which she held for some time until she recently resigned. They will be at home, 718 Cheyenne Ave., Alliance, after October 1.

There will be so many congratulations and good wishes that The Herald will probably be lost in the multitude, but we venture to extend the same.

### Alliance Hospital Notes

Miss Ethel Hagaman of the hospital force left Saturday for a few weeks' stay at her home west of the city. Miss Mabel Ford fills her position during her absence.

Geo. Darling's mother having returned to her home, he was removed a few days since to the hospital, where he is getting along so nicely that he will probably soon be able to attend to business again.

Mrs. Harry Brown left Sunday morning with her babe for her home at Paulette, Nebr.

### Crawford Fair

Crawford, Nebr., Aug. 10.—The matter of preparation for the fall fair and race meet to be held in Crawford the latter part of September is now up before the citizens, and a committee will be appointed immediately to make arrangements. A carnival is now booked for Crawford for the week of Aug. 23rd.

### Wedded in Alliance

At the home of the bride's parents, Mr. and Mrs. Ernest Gutberlet, 211 East Wyoming St., at 8 o'clock p.m., Aug. 11, '09, Rev. J. L. Vallow performed the ceremony that united in marriage Mr. Peter Olden Muntz of Denver and Miss Edith Gutberlet of Alliance. A large number of friends witnessed the ceremony and partook of a sumptuous wedding dinner which followed.

The bride is one of this city's most highly respected young ladies, and the groom is well spoken of by those who know him. The Herald joins their many friends in congratulations and best wishes.

Jas. B. Gray returned this week from his trip to New York and other eastern points. He came over the North-Western and attended to business matters in Crawford, Edgemont and Hot Springs.

### Will Organize in Alliance

Sanford Dodge, the actor, is organizing his dramatic company for the coming season at Alliance, and will open here in the Phelan opera house, Aug. 24th and 25th. Mr. Dodge informs us that the members of his company will meet here, coming from all points of the compass, and will do a lot of hard work preparatory to giving their first productions on the dates above mentioned.

### Dates Set for Box Butte County Fair

Pursuant to announcement in The Herald last week, a meeting of the share holders of the Box Butte County Agricultural and Fair Association was held in the city hall last Thursday night, and the following officers elected: John O'Keefe, pres.; Geo. Mollring, vice pres.; Earl Mallery, sec.; C. W. Brennan, treas.; Joe Vaughn, general supt.; Marcus Frankle, W. D. Rumer, E. P. Sweeney, Enoch Boyer, J. A. Berry, Peter Rubendall, I. E. Tash, W. J. Johnson, L. N. Worley and Dick Waters, directors.

On Saturday night an adjourned meeting was held to decide upon a location for fair grounds. By a large majority it was decided to accept the offer of the Lincoln Land Co. of forty acres just east of town for \$150 per acre.

The date for the fair this year was left to the board of directors, who decided upon Sept. 28, 29 and 30.

The following committees have been appointed:

Committee on race track: E. P. Sweeney, Joe Vaughn, Geo. Mollring.

On publicity: Marcus Frankle, J. A. Berry, I. E. Tash.

On building: W. D. Rumer, L. N. Worley, Enoch Boyer.

On speed: Dick Waters, E. P. Sweeney, Joe Vaughn, Wm. James.

On amusement: W. O. Barnes, F. J. Betzold, Geo. Darling, J. B. Miller, Fred Mollring.

On premium list: I. E. Tash, J. A. Hunter, Geo. Douglas.

### "THE GIRL AND THE GAWK"

One of Will Locke's Famous Plays Well Known to All Playgoers at the Phelan Opera House Friday, August 20.

The opera house management is pleased to announce that this well known play will be produced in Alliance by a very capable company on Friday night, August 20th. This play is different from the usual run of plays for it is of a refined character such as will please those who do not like the blood and thunder variety of plays. There are no stolen mortgages, no one murdered or ruined. The comedy is of the refined and clean variety that pleases and entertains. The play is given excellent press notices by newspapers in every city the company has played in and those having seen it once are anxious to see it again. Those failing to attend this play will regret having missed an opportunity for seeing something good. Further announcement will be made later.

### Partnership Dissolved

The partnership existing between Charles Ferris and Mike Vaughn, under the firm name of Ferris & Vaughn, was yesterday dissolved, the Ferris brothers having purchased Mr. Vaughn's interest in the business, will continue the same under the firm name of Ferris Brothers. They start out with a special stock-reducing sale, as will be seen by their ad in this issue of The Herald.

### Swimming.

I have been to great expense to provide a suitable place for this recreation, and since it is established an endeavoring to keep it in first-class condition. At least 2,000 gallons of fresh water is forced into the tank each day. I am forcing it through a small heater to take off the chill. Of course I cannot heat the entire tank.

I hope for the patronage which the expense incurred warrants.

L. A. BERRY,  
New House for Sale

I will sell my new house at 518 Dakota St. Five rooms, also pantry, closets, etc.; good well, large cellar; fenced. Easy terms. W. F. KNIGHT, 35-3w

### ANNOUNCEMENTS.

BAPTIST CHURCH  
Sunday-school and young peoples' meeting as usual. Preaching service at 11 a.m., subject, "Nothing Impossible with God," by the pastor, Rev. J. M. Huston. No preaching service in the evening.

ST. MATTHEW'S EPISCOPAL CHURCH  
Holy Eucharist at 8 a.m. Morning prayer and sermon at 11 by the pastor, Rev. F. A. Graves. The Ladies' Guild will meet Wednesday afternoon, Aug. 18, at the home of Mrs. McCleure.

FIRST PRESBYTERIAN CHURCH  
Sunday-school at 10 a.m.; preaching at 11 by Rev. H. P. V. Bogue. Subject, "The Secret of Happiness," Christian Endeavor at 7:15. No evening service on account of union services at U. P. church.

METHODIST EPISCOPAL CHURCH  
Subject of morning sermon: "A Winning Battle Cry." In the evening the pastor will preach at the union service at the United Presbyterian church; subject, "Theology vs. Sociology."

UNITED PRESBYTERIAN CHURCH  
Preaching in the morning by the pastor, Rev. A. L. Godfrey. Union service in evening at which Rev. Vallow of the M. E. church will preach.

UNION SERVICE  
The union service next Sunday evening will be held at the United Presbyterian church. Rev. J. L. Vallow, pastor of the M. E. church, will preach on the subject, "Theology vs. Sociology."

A complete canvass glove machine for sale cheap. Also an A No. 1 pop corn and peanut machine. Inquire of Desch Land Co., Grand Island. 36-6t

Philosophy of Sunburn.  
Don't stay out in the broiling sun in the effort to get yourself burned. It may be fine to be brown in the summer, but it's very ugly to be YELLOW IN THE AUTUMN, and that is what you will be if you get deeply sunburned now.

Water at Meals in Hot Weather.  
Do not drink water or other liquids when you have food in your mouth, for one part of the danger of drinking at meals is that the fluid may wash down into the stomach particles of food which have not been thoroughly masticated and impregnated by the digestive juices in the mouth.  
The second danger, especially in summer, is that your drink may be too cold, like ice water, which so many foolish persons indulge in too much.  
When you swallow ice water at mealtimes the water simply paralyzes the walls of the stomach for a time and stops the flow of gastric juices until the body warmth has overcome the chill and allows the juices to flow once more. But if you chew your food well and DO NOT DRINK VERY COLD FLUIDS there is no danger.

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SANITARY  
FOUNTAIN**  
It couldn't be better  
IT'S BEST  
**Conrad Koch**  
Jewelry  
and Watch Repairing  
Special attention given to  
RAILROAD WORK  
**BRENNAN'S  
DRUG STORE**