

DERANGED NERVES

DISTRESSING TROUBLES LEFT BY ST. VITUS AND GRIP.

Woman Afflicted for Years by Strange Spells of Numbness and Weakness Recovers Perfect Health.

When she was fourteen years old, Mrs. Ida L. Brown had St. Vitus' dance. She finally got over the most noticeable features of the strange ailment, but was still troubled by very uncomfortable sensations, which she recently described as follows:

"One hand, half of my face, and half of my tongue would get cold and numb. These feelings would come on, last for about ten minutes, and then go away, several times a day. Besides I would have palpitation of the heart, and my strength would get so low that I could hardly breathe. As time went on these spells kept coming oftener and growing worse. The numbness would sometimes extend over half my body."

"How did you get rid of them?"

"It seemed for a long time as if I never could get rid of them. It was not until about six years ago that I found a remedy that had virtue enough in it to reach my case. That was Dr. Williams' Pink Pills for Pale People, and they have since entirely cured me."

"Did it take long to effect a cure?"

"No! I hadn't taken the whole of the first box before I saw a great improvement. So I kept on using them, growing better all the time, until I had taken eight boxes and then I was perfectly well, and I have remained in good health ever since with one exception."

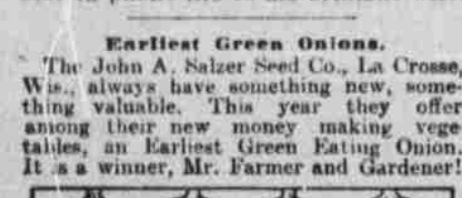
"What was that?"

"Oh! that was when I had the grip. I was in bed, under the doctor's care, for two weeks. When I got up I had dreadful attacks of dizziness. I had to grasp hold of something or I would fall right down. I was just miserable, and when I saw the doctor was not helping me, I began to take Dr. Williams' Pink Pills again. In a short time they cured me of that trouble too, and I have never had any dizzy spells since."

Mrs. Brown lives at No. 1705 DeWitt street, Mattoon, Illinois. Dr. Williams' Pink Pills are without an equal for the rapid and thorough cure of nervous prostration. They expel the poison left in the system by such diseases as grip and are the best of tonics in all cases of weakness. They are sold by every druggist.

Prince airy, Russia's reform statesman, attributes much of his success in public life to his brilliant wife.

Earliest Green Onions.
The John A. Salzer Seed Co., La Crosse, Wis., always have something new, something valuable. This year they offer among their new money making vegetables, an Earliest Green Eating Onion. It is a winner, Mr. Farmer and Gardener!



JUST SEND THIS NOTICE AND 10c. and they will send you their big plant and seed catalog, together with enough seed to grow

- 1,000 fine, solid Cabbages,
- 2,000 rich, juicy Turnips,
- 2,000 blanching, nutty Celery,
- 2,000 rich, buttery Lettuces,
- 1,000 splendid Onions,
- 1,000 rare, luscious Radishes,
- 1,000 gloriously brilliant Flowers.

In all over 10,000 plants—this great offer is made to get you to test their warranted vegetable seeds and

ALL FOR BUT 10c POSTAGE, providing you will return this notice, and if you will send them 25c in postage, they will add to the above a big package of Salzer's Fourth of July Sweet Corn—the earliest on earth—10 days earlier than Cory, Peep o' Day, First of All, etc. [W.N.U.]

YELLOW CRUST ON BABY
Would Crack Open and Scab Causing Terrible Itching—Cured by Cuticura.

"Our baby had a yellow crust on his head which I could not keep away. When I thought I had succeeded in getting his head clear, it would start again by the crown of his head, crack and scale, and cause terrible itching. I then got Cuticura Soap and Ointment, washing the scalp with the soap and then applying the Ointment. A few treatments made a complete cure. I have advised a number of mothers to use Cuticura, when I have been asked about the same ailment of their babies. Mrs. John Boyce, Pine Bush, N. Y."

Piety does not turn a man into puffy.

IMPERIAL HERNIA CURE.
Dr. O. S. Wood cures Rupture by a new process, in a few weeks, without loss of time or inconvenience. Rectal diseases cured without the knife. Send for circular. O. S. Wood, M. D., 521 N. Y. Life Bldg., Omaha.

No man climbs to heaven by tall talk.

Insist on Getting It.
Some grocers say they don't keep Defiance Starch. This is because they have a stock on hand of other brands containing only 12 ounces in a package, which they won't be able to sell first, because Defiance contains 16 ounces for the same money.

Do you want 16 ounces instead of 12 ounces for same money? Then buy Defiance Starch. Requires no cooking.

The world will not be saved by stained glass saints.

Mother Gray's Sweet Powders for Children.
Successfully used by Mother Gray, nurse in the Children's Home in New York, cure Constipation, Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and Destroy Worms. Over 30,000 testimonials. At all druggists, 25c. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

One man's hypocrisy does not excuse another's indolence.

INAUGURAL ADDRESS OF PRESIDENT ROOSEVELT

Short Speech Delivered by Chief Executive After Taking the Oath of Office—Our Duties a Nation to the World and to Ourselves.

After taking the oath of office during the inaugural ceremonies at Washington March 4, President Roosevelt delivered the following speech:

My Fellow Citizens: No people on earth have more cause to be thankful than ours, and this is said reverently, in no spirit of boastfulness in our own strength, but with gratitude to the Giver of Good, who has blessed us with the conditions which have enabled us to achieve so large a measure of well-being and of happiness. To us as a people it has been granted to lay the foundations of our national life in a new continent. We are the heirs of the ages, and yet we have had to pay few of the penalties which in old countries are exacted by the dead hand of a bygone civilization. We have not been obliged to fight for our existence against any alien race; and yet our life has called for the vigor and effort without which the manly and harder virtues wither away. Under such conditions it would be our own fault if we failed; and the success which we have had in the past, the success which we confidently believe the future will bring, should cause in us no feeling of vainglory, but rather a deep and abiding realization of all which life has offered us; a full acknowledgment of the responsibility which is ours; and a fixed determination to show that under a free government a mighty people can thrive best, alike as regards the things of the body and the things of the soul.

Much has been given to us, and much will rightfully be expected from us. We have duties to others and duties to ourselves; and we can shrink neither. We have become a great nation, forced by the fact of its greatness into relations with the other nations of the earth; and we must be as becomes a people with such responsibilities. Toward all other nations, large and small, our attitude

is inevitably accompanied by a like growth in the problems which are ever before every nation that rises to greatness. Power invariably means both responsibility and danger. Our forefathers faced certain perils which we have outgrown. We now face other perils the very existence of which it was impossible for they should foresee. Modern life is both complex and intense, and the tremendous changes wrought by the extraordinary industrial developments of the last half century are felt in every fiber of our social and political being. Never before have men tried so vast and formidable an experiment as that of administering the affairs of a continent under the forms of a democratic republic. The conditions which have led to our marvelous material well-being, which have developed to a very high degree our energy, self-reliance, and individual initiative, have also brought the care and anxiety inseparable from the accumulation of great wealth in industrial centers. Upon the success of our experiment much depends; not only as regards our own welfare, but as regards the welfare of mankind. If we fail, the cause of free self-government throughout the world will rock to its foundations; and therefore our responsibility is heavy, to ourselves, to the world as it is today, and to the generations yet unborn. There is no good reason why we should fear the future, but there is every reason why we should face it seriously, neither hiding from ourselves the gravity of the problems before us nor fearing to approach these problems with the unbending, unflinching purpose to solve them aright.

Yet, after all, though the problems are new, though the tasks set before us differ from the tasks set before our fathers who founded and preserved this republic, the spirit in which these tasks must be undertaken

PRESIDENT ROOSEVELT.



Inaugurated March 4, 1905.

must be one of cordial and sincere friendship. We must show not only in our words but in our deeds that we are earnestly desirous of securing their good will by acting toward them in a spirit of just and generous recognition of all their rights. But justice and generosity in a nation, as in an individual, count most when shown not by the weak but by the strong. While ever careful to refrain from wronging others, we must be no less insistent that we are not wronged ourselves. We wish peace; but we wish the peace of justice, the peace of righteousness. We wish it because we think it is right and not because we are afraid. No weak nation that acts manfully and justly should ever have cause to fear us, and no strong power should ever be able to single us out as a subject for insolent aggression.

Our relations with the other powers of the world are important; but still more important are our relations among ourselves. Such growth in wealth, in population, and in power as this nation has seen during the cen-

en and these problems faced, if our duty is to be well done, remains essentially unchanged. We know that self-government is difficult. We know that no people needs such high traits of character as that people which seeks to govern its affairs aright through the freely expressed will of the freemen who compose it. But we have faith that we shall not prove false to the memories of the men of the mighty past. They did their work, they left us the splendid heritage we now enjoy. We in our turn have an assured confidence that we shall be able to leave this heritage unwasted and enlarged to our children and our children's children. To do so we must show, not merely in great crises, but in the everyday affairs of life, the qualities of practical intelligence, of courage, of hardihood and endurance, and above all the power of devotion to a lofty ideal, which made great the men who founded this republic in the days of Washington, which made great the men who preserved this republic in the days of Abraham Lincoln.

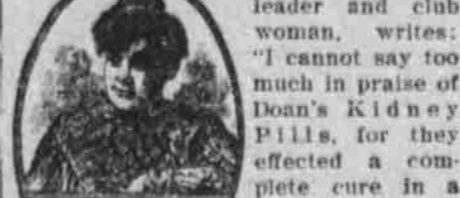
Thinks "Ben-Hur" Great Book.
Ayad A. Ghazul, an Egyptian, engaged in the work of the medical department of the University of Cincinnati, has applied to the publishers of "Ben-Hur" for permission to translate the work into Arabic. Mr. Ghazul has translated a number of works, including Spencer's "History of Philosophy." It is his opinion that there is need for just such a book as "Ben-Hur," which he describes as "one of the most instructive and interesting books of this age," in the Egyptian church of which he is a member.

Everybody "Practical" Now.
"We live in a practical age," remarked a West Philadelphia, "For years I've noticed the sign of a man who advertises to do practical horse-shoeing. Now, a Woodland Avenue barber has himself down as a practical hair-cutter. Napoleon always shaved himself. I always thought it proved him either over-suspicious or cowardly; but perhaps it was because those who wielded the razor were not practical in those days. The sign of the practical tooth-puller is yet to appear."—Philadelphia Record.

FROM MISERY TO HEALTH.

A Prominent Club Woman, of Kansas City, Writes to Thank Doan's Kidney Pills for a Quick Cure

Miss Nellie Davis, of 1216 Michigan Avenue, Kansas City, Mo., society leader and club woman, writes:



"I cannot say too much in praise of Doan's Kidney Pills, for they effected a complete cure in a very short time when I was suffering from kidney troubles brought on by a cold. I had severe pains in the back and sick headaches, and felt miserable all over. A few boxes of Doan's Kidney Pills made me a well woman, without an ache or pain, and I feel compelled to recommend this reliable remedy."

(Signed) Nellie Davis.
A TRIAL FREE—Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price, 50 cents.

Adulteration of Coffee.
A German review contains an article by Bertarelli on a new adulteration of coffee. The roasted beans are plunged in a five per cent solution of borax and then left to dry. The borax makes them shine and absorb water, thus adding to the weight of the coffee. The way to discover this ingenious fraud is to dry the coffee and if it loses over 4 per cent in weight there has been a fraudulent absorption of water.—London Globe.

Believed Smallest Shetland Pony.
A Blackburn (England) man owns a Shetland pony which is believed to be the smallest in the United Kingdom. Four years old, fully grown, jet black, with a long, shaggy coat, it is only twenty-seven and one-half inches high, or one-half inch short of seven hands.

Tobacco and Deafness.
Tobacco has been discovered to have a selective action upon the auditory nerve. Moderation in the use of the drug, and avoiding it altogether where deafness has already begun, or where there is a family history of such troubles, is advisable.

Curious Weather Vane.
An Englishman has erected a curious weather vane on his house alongside the road near Westerham. It depicts a motor car running over a pedestrian, while at the arrow end of the vane stands the avenger—a policeman with uplifted arm.

What London Spends on Cabs.
A statistician has arrived at the conclusion that \$25,000,000 is spent yearly by the public of London on cabs. He also estimates that of that great sum perhaps \$7,500,000 represents tips and overcharges.

At the government station Lulea, in Sweden, experiments are being made to secure varieties of plants not like 'y to be injured by frost.

Unlike the human being, the horse with the biggest "pull" does the most of the pulling.

THE TRICKS.
Coffee Plays on Some.

It hardly pays to laugh before you are certain of facts, for it is sometimes humiliating to think of afterwards.

"When I was a young girl I was a lover of coffee but was sick so much the doctor told me to quit and I did but after my marriage my husband begged me to drink it again as he did not think it was the coffee caused the troubles.

"So I commenced it again and continued about 6 months until my stomach commenced acting bad and choking as if I had swallowed something the size of an egg. One doctor said it was neuralgia and indigestion.

"One day I took a drive with my husband three miles in the country and I drank a cup of coffee for dinner. I thought sure I would die before I got back to town to a doctor. I was drawn double in the buggy and when my husband hitched the horse to get me out into the doctor's office, misery came up in my throat and seemed to shut my breath off entirely, then left all in a flash and went to my heart. The doctor pronounced it nervous heart trouble and when I got home I was so weak I could not sit up.

"My husband brought my supper to my bedside with a nice cup of hot coffee but I said: 'Take that back, dear, I will never drink another cup of coffee if you gave me everything you are worth, for it is just killing me.' He and the others laughed at me and said:

"The idea of coffee killing anybody."

"Well, I said, 'It is nothing else but coffee that is doing it.'"

"In the grocery one day my husband was persuaded to buy a box of Postum which he brought home and I made it for dinner and we both thought how good it was but said nothing to the hired men and they thought they had drunk coffee until we laughed and told them. Well we kept on with Postum and it was not long before the color came back to my cheeks and I got stout and felt as good as I ever did in my life. I have no more stomach trouble and I know I owe it all to Postum in place of coffee.

"My husband has gained good health on Postum, as well as baby and I, and we all think nothing is too good to say about it." Name given by Postum Co., Battle Creek, Mich.

Words Which France Loves.

The number of English words absorbed into the French language during recent years without any employment of italics type or quotation marks, is considerable. In a rapid skimming of one number of a Paris daily paper, an editor came across the words "interview," "meeting," "dockers," "steepchase," "handicap," "editorial," "wagon," "clown," and "tramway."

Worth Remembering.
It made the air shine after the sound had died away, and yet it was just the remark of a young man who walked past me one day arm-in-arm with a companion: "Depend upon it, Tom, St. Edmund of Canterbury was right when he said to somebody, 'Work as though you would live forever; live as though you would die today.'"—Exchange.

Close Prisoner for 21 Years.
Twenty-one years ago a peasant in the village of Jaennersdorf, near Ostprignitz, placed his son in a small building, and, after walling him in, kept him there. Food was handed in through a small opening not many inches in diameter, which was the only channel for light and air within. The peasant is now aged 90, his wife 86 and the son 46.

Promptly Fixing the Blame.
Miss Three-Year-Old was obliged to remain indoors because of a severe cold. Looking out of the window, she saw her favorite boy playmate with another little girl. They were having a fine time in the snow. Turning to her mother, the cooped-up exclaimed: "I never did like that girl!"

Dealing with Burning Oil.
To extinguish burning oil do not throw water on the flames, for it will only spread them by causing the oil to float. The right plan is to throw on flour, earth or sand. Any of these things will soak up the oil—generally paraffin from an overturned lamp—and quickly extinguish the fire.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 5-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Love leaps over the grave.

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *Chas. H. Fletcher.* In Use For Over 30 Years. The Kind You Have Always Bought.

You can only sell honor once.

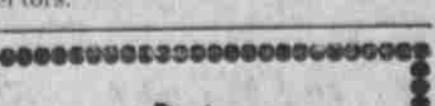
DO YOU COUGH DON'T DELAY TAKE KEMP'S BALSAM THE BEST COUGH CURE

It Cures Colds, Coughs, Sore Throat, Croup, Influenza, Whooping Cough, Bronchitis and Asthma. A certain cure for Consumption in first stages, and a sure relief in advanced stages. Use at once. You will see the excellent effect after taking the first dose. Sold by dealers everywhere. Large bottles 50 cents and 90 cents.

At all places where *Thompson's Eye Water* is sold, use it.

FARMS FOR SALE
J. MULLALL, Sioux City, Iowa.

It is the bankrupts who pray: "Give us our debts and we will forgive our debtors."



For Cupboard Corner

St. Jacobs Oil

Straight, strong, sure, is the best household remedy for

Rheumatism

**Neuralgia Sprains
Lumbago Bruises
Backache Soreness
Sciatica Stiffness**

Price, 25c. and 50c.

BEST BY TEST

"I have tried all kinds of waterproof clothing and have never found anything at any price to compare with your Fish Brand for protection from all kinds of weather."

(The name and address of the writer of this unsolicited letter may be had upon application.)

A. J. TOWER CO. The Sign of the Fish
Boston, U. S. A.

TOWERS CANADIAN CO. LIMITED
Toronto, Canada
Makers of Warranted Wet Weather Clothing

VERY FEW, IF ANY, CIGARS SOLD AT 5 CENTS. COST AS MUCH TO MANUFACTURE, OR COST THE DEALER AS MUCH AS

"CREMO"
IF THE DEALER TRIES TO SELL YOU SOME OTHER

ASK YOURSELF WHY?

Chicks Well Hatched
Are Half Sold

To be profitable an incubator must hatch chicks to average 80% of fertile eggs set—good, strong, healthy chicks that grow and give to maturity. That's what the

SURE HATCH INCUBATOR does. 60,000 of them doing this in the middle of November.

TRIAL with \$100,000.00 5 Year Guarantee. Operates with half the cost and half the trouble others do. High percentage hatches, hatched early, that live and grow, make money. Best chicks are a loss. The best procedure is to hatch chicks—our 120-6000 INCUBATOR, complete with all extras, including all changes from 10 to \$10.00. Write for free catalogue today and learn why Sure Hatch makes money while others lose money. **SURE HATCH INCUBATOR COMPANY,** Clay Center, Neb., Indianapolis, Ind.

MIXED FARMING WHEAT RAISING RANCHING

Three great pursuits have again shown wonderful results on the Free Homestead Lands of Western Canada this year.

Magnificent climate—farmers plowing in their shirt sleeves in the middle of November.

"All are bound to be more than pleased with the final results of the past season's harvest."—Extract. Coal, wood, water, hay in abundance. Schools, churches, markets convenient.

Apply for information to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agent—W. V. Bennett, 501 New York Life Building, Omaha, Nebraska.

Please say where you saw this advertisement.

FARMS For Sale on crop payments
J. MULLALL, Sioux City, Iowa.

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions of housekeepers who have used LION COFFEE for over a quarter of a century?

Is there any stronger proof of merit, than the Confidence of the People

and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

