LEGISLATURE of NEBRASKA

A Synopsis of Proceedings of the Twenty-Ninth General Session,

SENATE-Balloting for the United States senator formed the interesting in session a short time on the 18th. phase of the session of the senate on a receas was taken to meet with the the 17th. The hour fixed for the ballot senate in joint session for the election was 11:30. Lieutenant Governor Mc- of a United States senator. Standing Gilton announced that the first can- committees reported favorably on H. vass of the senatorial vote would be R. 1, H. R. 5 and for more time on H. taken and Assistant Secretary Greevy R. 3, the guaranty bond bill by Burns called the roll. Thirty-two senators of Lancaster, the bill by Kyd of Gage voted for Elmer J. Burkett. Senator to re-adopt Cobbey's statutes and the Hart was absent. The committee on bill of Windham of Cass for six surevenue reported favorably on the preme court commissioners, respecbill of Senator Good to classify proptively. Bills introduced included: An orty under the revenue law. It was act defining the duties of railroad complaced on general file. Senate file 5, panies in the shipment and transportby Senator Epperson of Clay, was placed on general file. This bill proalties for the violation thereof. Revides for complete records in suits quires railroads to allow one roundinvolving land titles. In other classes of litigation if a complete record is and an additional return trip pass for ordered it must be paid for by the each two cars in addition shipped at litigants. The matter of rules and committees was taken up. The comdamage to stock on request to furnish mittee on mining and the committee such transportation; requires caboose on emigration were abolished and the on stock trains; stock to be transportcommittee on game created. The judiclary committee has eight members. sixteen miles an hour. An act to pro-

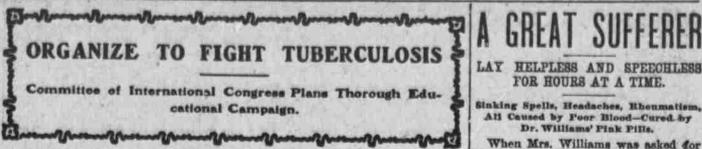
HOUSE-The first three bills to pass the house were unanimously ap-Nebraska at the Lewis and Clark exposition and for the appropriation of proved by that body ou roll call on the 17th. T.ese were house roll 53, by Wilson, appropriating \$80,000 for the payment of legislative salaries, house risks of fraternal beneficiary societies fish hatcheries at South Bend. Proroll 54, by Wilson, appropriating \$20,-" with or by other societies or organ-000 for the payment of legislative inizations, and providing a plan therecidental expenses, and house roll 55 by Wilson appropriating \$18,000 from auditor and a two-thirds vote of local t.e Norfolk asytum fund to the Lin- or supreme lodges or societies concoln asyium fund. The house having fixed the hour of 11 o'clock for voting on United States senator, and that ing a physician's certificate for pur- keeping or selling of intoxicating hour having arrived, proceeded to chase, imposing penalty of \$20 to \$100. liquors as a beverage within four vote. There were no nominating An act to appropriate the sum of miles of United States fort, army speeches. The vote resulted, Elmer J. Burkett 86; Richard L. Metcalf 9, Aladditional fish ponds, etc., at the state fred Sorenson 1 and J. A. Douglas of fish hatcheries at South Bend. An act Rock county, a member of the legis- to declare void sales, trades or other lature, 1. The speaker thereupon de- disposition of stocks of goods or porclared far. Burkett the choice of the tions thereof in bulk. Identical with house, sarnes of Douglas moved that senate bill. each employe of the house be allowed pay for six days weekly, the pages to receive \$1.50 per day, the elective ed the senate occurred on the 19th This precipitated an "economy" fight. McChar of Lancaster moved that the resolution be referred to the speaker. The resolution was tabled. Bills were introduced: To create a state registrar of vital statistics and to provide for the appointment of local registrars bill becomes a law, the valuation of for compensation of local registrars of 25 cents for each certificate to be paid that this bill will prevent all the taxout of the county funds, for the registration of births and deaths and for the payment out of the funds appropriated for the state board of health

conditions may require, I desire to say that I am fully in accord with the views of the president on the question; Lave had frequent interviews with him upon this subject and shall endeavor to do my duty toward legislation to give additional powers to the interstate commerce commission." Bills introduced included: To require all buildings, except private residences, above three stories in height, to be equipped with fire escapes; HOUSE-After the house had been present limit is four stories; also requires fire escapes on theaters; emergency clause. To protect trade and commerce against unlawful festraints and monopolies and to prohibit the giving or receiving of rebates on the transportation of property. SENATE-Senator Thomas 0

Douglas county introduced his voting machine bill on the 20th, and the Douglas delegation, it is understood, will urge its passage. The bill among other thngs provides for a "voting machine commission," to be composed of the governor, the secretary of state ation of live stock, and providing penand the state auditor, who shall have charge of the matter. These have the right to employ or appoint three deptrip pass for each car of live stock utles to have supervision of the machine. Several committees reported favorably on bills. The senate adsame time; makes roads liable for journed shortly after 11 o'clock until Monday. The following bills were introduced: An act relating to negotiable instruments, being an act to establish ed at average speed of not less than a law uniform with the laws of other states. An act to apportion the state vide for participation by the state of inte jadicial districts and for the election of officers thereof. To appropriate the sum of \$3,000 for construct-\$15,000 therefor. An act to provide for ing additional fish ponds and making consolidation or reinsurance of the general improvements at the state viding for the stocking of private ponds with fish or spawn under direcfor. Requires approval of the state tion of the game warden. An act to provide for the publication of the proceedings of the regular and special cerned. An act to regulate the sale of meetings of the directors of irrigacocaine, morphine and opium, requir- tion districts. An act to prohibit the \$3,000 for the purpose of constructing post or soldiers' home.

> HOUSE-On the 20th the house held another short morning session, adjourning at noon. H. R. 18, by Kyd of Gage, a bridge bill, was made a special order for Tuesday, when the

house goes into committee of the SENATE-The first bill that passwhole. The idea of this measure as explained by Kyd is to make all conofficers \$4 and the appointive help \$3. and that was a revenue law amend- tractors bid to plans drawn by the ment. Senate file No. 3, by Good of county commissioners for the con-Nemaha, was indorsed after third struction of iron bridges. Bills were reading. This bill provides for a classintroduced: An act to equalize the ification of property. When the state distribution among counties of the board of equalization raises the valuonefourth of the school fund, ignoration of property in a county, if the ing the provision of distribution on a population basis. An act to compel property may be raised. It is claimed railroads to put hinged gates over private rallroad crossings. Providing payers from suffering from the shirkthat mill sites shall revert to originings of a particuar class of property al owners when mills are not operated owners. Senator Cady requested that for ten years or rebuilt within two the judiciary committee prepare a bill years after destruction. An act to alof the expenses incurred in keeping listing all property that is exempt low any constable in the county to vital statistics. To allow 2,000 or more from taxation. The senate went into serve papers issued from a justice of members of any fraternal insurance the committee of the whole with the peace court in cases



Early in October there was held in | covery, the best method is training. St. Louis, at the Hall of Congresses, in connection with the World's Fair, the American International Congress of Tuberculosis, which consisted of representatives gathered from all parts of the American continent, to discuss the best means of preventing and curing this dreadful disease. Spesial attention was given to the subject of prevention. The congress was in seasion three days. Many important questions were discussed and commitees were appointed for the purpose of carrying forward an active campaign against this most terrible of all

the foes of human life. The committee of publicity was charged with the duty of organizing a proper educational campaign in connection with Chautauquas, conventions, associations and fraternities of various sorts. for the purpose of placing in the hands of the public information relating to the best means of preventing and combatting this scourge. Those who are especially interested in this

phase of the question should address for further information the American Congress on Tuberculosis, Committee on Publicity, 28 Thirty-Third Place, Chicago, Ill.

Movement to Suppress Tuberculosis. Science has demonstrated beyond question that pulmonary tuberculosis or consumption of the lungs is both a preventable and a curable disease. This disease is produced by germs which find their way into the body through abrasions of the skin, through the mucous membrane of the mouth or the intestines and through the lungs. The germs of the disease are found in the sputum of persons suffering from tuberculosis. The germs are also found in the flesh and milk of animals suffering from the disease. The germs are found nearly everywhere. These germs cannot live in the tissues of a thoroughly healthy person, as the cells of the body are capable of destroying the germs, but when the body is weakened by indigestion, by the habits of breathing foul or bad air, by anything which impairs the health, the tissues lose their power to destroy germs so that when they enter the body they find lodgement, grow and develop and tuberculosis of the lungs, bowels or of some other part is the result.

Statistics show that at least 150,000 persons die of this disease in this country annually. Four or five times that number of persons are sick all the time with this disease. Tuberculosis kills more than any other malady. Experience has shown that the disease is not incurable, as has been generally supposed, but is a very cur-

able malady if taken in time, and if

Weak muscles must be trained to act with energy. Weak nerves must be toned up and steadied. The weak stomach must be trained to normal activity and the whole body must be brought in harmony with the forces which make for health.

Buttermilk for Consumptives. Buttermilk is an excellent food for tubercular patients. It may be taken in the quantity of one to three quarts a day, according to the amount of other food taken. The patient may take two meals, three meals, or four meals a day, according to the quantity of food taken at each meal, and the kind of food. A safe rule is never to allow a consumptive to go hungry. He should eat whenever he has appetite, so that the full digestive power of the stomach may be utilized in furnishing the body with constructive material.

Wanted-An Appetite.

Don't be without one. Why go to the dining room under protest. Don't try to buy appetite at a dollar a bottle. Earn it. One should enjoy eating and he will, if he has a natural appetite, such as comes to one who works for It.

The outdoor life creates appetite, and a cold morning bath awakens the brain, lungs, heart, liver, stomach and the appetite. An ice bag over the stomach for half an hour before meals is a good natural appetizer for a bedridden invalid.

Another mathod is a hot application over the abdomen for five minutes, followed by an ice rub over the same parts for one or two minutes. This not only produces an appetite but stimulates the flow of the digestive juices and thus furnishes the ability to digest.

Diet for Tuberculosis.

The tubercular patient needs proteids, or tissue-building foods, but only just the amount which can be assimilated and utilized by the body. Any excess must be treated like poisons, and hence must be a burden to both liver and kidneys, and a waste of vital energy.

Proteids must be taken, not only in moderate quantity, but in the purest form possible. The vegetable kingdom presents proteids in combination with fats in great abundance, and in nuts, which can be made easily digestible by thorough chewing or by proper preparation.

The yolks of eggs afford also a com bination of fats and proteids which is admirably suited to the tubercular pa tient. Milk, especially rich milk, if from the itching and pain. I had givanother food adapted to this class of when it does not produce "billousness" through indigestion Many tubercular patients have dila tation of the stomach. Such cases must avoid milk. Nearly all can take surprise and joy, one cake of soap and nuts if the right kind is selected and one box of ointment made a complete great care is taken with the mastication. Pecans, hickory nuts, almonds and filberts, pinons, or pine nuts are the best varieties. Half a pound of nuts may be taken daily by the consumptive, not only without harm, but with great benefit, if combined with other foods. A diet consisting of nuts: well-toasted bread and fruits is a per fect dietary for the tubercular patient. The yolks of a dozen eggs may be used in place of nuts.



Sinking Spells, Headaches, Rhoumatism,

some details of the fearful illness from which she had so long suffered, she spoke as follows:

"Ever since I had nervous prostration. about thirteen years ago, I have had periodical spells of complete exhaustion. Any excitement or unusual activity would throw me into a state of lifelessness. At the beginning my strength would come back in a moderate time, but the period of weakness kept lengthening until at last I would lie helpless as many as three hours at a stretch."

"You were under medical treatment, of course?'

"Yes, when I became so had that I had to give up my housework, in May of 1908, I was being treated for kidney trouble, and later the doctor thought my difficulties came from change of life. I was not only weak, but I had dizzy feelings, palpitation of the heart, misery after eating, hot flashes, nervous headaches, rheumatic pains in the back and hips. The doctor did me so little good that I gave up his treatment, and really

feared that my case was incurable." "What saved you from your state of hopelessness?"

"In July of 1903 I had a very bad spell, and my husband came in one day with a little book which told of remarkable cures effected by a remedy for the blood and the nerves, Dr. Williams' Pink Pills. He bought a box for me, and that was the beginning of my return to health. My appetite grew keen, my food no longer distressed me, my nerves were quieted, and my strength began to revive."

"How long did you take this remedy?" "For two months only. At the end of that time I had regained my health and cheerfulness, and my friends say that I am looking better than I have done for the past fifteen years."

Mrs. Lizzie Williams is now living at No. 416 Cedar street. Quincy, Illinois. The pills which she praises so highly, cure all diseases that come from impoverished blood. If your system is all run down, Dr. Williams' Pink Pills are the very best remedy to take. Any drug-gist can supply them.

The famous diamond, "Star of South Africa," belonged originally to a witch doctor. A farmer named Nieuwkerk traded a wagon and several oxen for it, and sold it for \$55,000.

15 YEARS OF TORTURE.

Itching and Painful Sores Covered Head and Body-Cured in Week By Cuticura.

"For fifteen years my scalp and forehead was one mass of scabs, and my body was covered with sores. Words cannot express how I suffered en up hope when a friend told me to get Cuticura. After bathing with Cuticura Soap and applying Curticura Ointment for three days, my head was as clear as ever, and to my cure in one week. (signed) H. B. Franklin, 717 Washington St., Allegheny, Pa."

organization, organized under the new certificates without re-examination of members. To make void liquor requiring that, except in cities of the metropoutan class, where the entire matter is feft to the fire and police board, wholesale and retail business may not be transacted under one license; emergency clause. To provide for the payment of road taxes in cash in all counties not under town- as 7 per cent interest. To provide for ship organization, and to divide the a state registrar of vital statistics. proceeds equally between the county road fund and the district road fund.

SENATE-For the first time, on the 18th, the senate, in committee of the whole, discussed bills on general file. There were only two bills to be considered, and both were ordered engrossed for a third reading. They were S.F. 2, by Good of Nemaha, providing that the state board should have power to equalize property by lowering or raising valuations upon the different classes, and S. F. 5, providing for a simplification of the preparation of evidence for an appeal to the supreme court. After the reading of bills on second and first readings the senate adjourned to the house to become a part of the joint session that elected Elmer J. Burkett United Statessenator. A number of bills were introduced, among them being: Appointing a state board of control for the soldiers' homes and all charitable institutions, appointments to be made by the governor and the board to consist of three members, each of whom shall receive \$2,500 a year and serve six years. The board shall make all appointments for heads of institutions. To consolidate the Girls' Industrial school at Kearney, transferring the inmates of the former to Kearney and renting or leasing the state buildings at Geneva Allowing county treasurers to do away with a needless record book and making valid all entries made in the wrong book.

Senator Fries of Valley in the chair. laws of another state, to withdraw Senate file No. 5, by Senator Epperinvolving titles in other sults. The licenses in case where license has measure was ordered engrossed for contracted for exclusive purchase of third reading. The following bills were liquors from one or more persons and introduced into the senate: To permit errors in assessment to be corrected by the local board of equalization. To permit cities, towns and villages to engage in commercial lighting and to vote bonds for electric light plants. The bonds must mature in twenty years, and may bear as high

HOUSE-The house was in session

for less than two hours on the 19th. and then adjourned for the day. House roll No. 6, by Kyd of Gage, to change the method provided for the drawing of jurors in Gage county, was recommended back for indefinite postponement by the standing committee and the report was adopted. Most of the morning was spent in committee of the whole, with Perry of Furnas in the chair, in considering house roll No. 13, by Voter of Cedar. This is to give landlords a lien for rent upon all crops grown upon the leased premises and to provide for enforcement thereof under the same procedure as governs in regard to chattel mortgages. The bill was recommended for passage. Voter explained at some length the provisions of the bill and declared it was a necessary measure for the protection of landlords against dishonest renters. He deplored the fact that similar measures had always been defeated in previous sessions. The clerk read to the house a letter received from Congressman Hinshaw of the Fourth district, as follows: "I am in receipt of a resolution adopted by the house of representatives expressing approval of the views of President Roosevelt on dealing last mesage to congress, and request-

ing that the Nebraska delegation shall sustain the president and vote to increase the power and authority of the

A story is told by a London paper of a cabman who recently lost his voice when a man was brazen enough to pay alm only the legal fare without the customary tip. The cabby looked at the colu in the paim of his hand end tried hard to summon up words capable of expressing a porman had disappeared, and when the completely failed him. Finally a eighboring cabman came to his relief: "Lave him to God, Mike," he said: "lave him to God."

most as much at home with the an-XVI of France.

peace warrants. Providing for the election of six justices of the peace and from such organization and form a son, was taken up. It provides that six constables in Omaha, the connew society of their own and issue complete records shall only be taken stables to be elected every four years. in the cases of real estate litigation Authorizing any constable in the county to act where the constable of the court or precinct is disabled.

Involving

The house adopted a report of the printing committee awarding the contract for 1,000 copies of the governor's annual message to the State Journal company, which was the lowest bidder. The price was \$1.25 a The message will contain page. about thirty-five pages.

New Judicial Apportionment. The judicial apportionment bill in-

troduced in the senate on the 20th by Breese of Sheridan, provides for fifteen districts and that the present incumbents shall not be disturbed. The bill divides the state as follows. Where there is no number to indicate the district shall have one judge: First. Richardson, Nemana, Johnson, Pawnee, Gage and Jefferson; two judges. Second. Otoe and Cass. Pawnee, Gage and Jefferson; two judges.
Socond. Otoe and Cass.
Third. Lancaster; three judges.
Fourth. Douglas. Sarpy, Washington and Burt; seven judges.
Fifth. Saunders. Seward. Butler, Tork,
Hamilton and Polk; two judges.
Sixth. Dodge, Colfax, Platte, Merrick and Nance; two judges.
Sixth. Dodge, Colfax, Platte, Merrick and Nance; two judges.
Seventh. Saline, Filmore, Thayer,
Nuckolls and Clay.
Eighth. Cuming. Stanton, Dixon, Dakota, Cedar and Thurston.
Ninth. Wayne. Madison. Antelopa, Plerce, Knox, Holt, Boyd, Rock, Brown,
Keya Paha; two judges.
Tenth. Adams, Webster, Kearney,
Franklin, Harlan and Phelps.
Eleventh. Boone, 'Hall, Wheeler, Gree-ley. Garfield, Loup. Valley, Howard,
Blaine, Thomas, Hooker, Grant; two
judges.
Twelfth, Buffalo, Dawson, Contact

Judges. Twelfth. Buffalo, Dawson, Custer,

Sherman, Thiriteenth, Lincoln, Logan, Keith, Cheyenne, Deuel, Scott's Bluff, Kimball, Banner, McPherson, Arthur, Perkins, Fourteenth, Gosper, Furnas, Frontier, Red Willow, Hayes, Hitchcock, Chase, Dundy, Fifteenth. Cherry, Sheridan, Dawes, Sloux, Box Butte.

Bank of England Trade.

Obsequious Clerk-"Of course, madam, I can't sell you a tail like the one with corporations, as outlined in his you have on at the same price."-Woman's Home Companion.

It is estimated that a fog in London entails an expediture of \$115,000 for interstate commerce commission, as a single day's extra lighting.

Lord Howard De Walden of Eng-Speaker Cannon is now wielding a land has made himself pre-eminent in gavel made from a piece of dogwood the art of fencing. He is one of the which grew on the farm where he best swordsmen in Britain, and is alwas born near Guilford, N. C. John C. Fox of that place presented it to Mr .Cannon. "Uncle Joe" was de cient swords of the ages of romance lighted to get the relic and assured as with modern weapons. Through Mr. Fox that he would take the best tion of what he felt. Meanwhile the this idea of practicing with old fash- care of it. "But you know," he added, loned arms Lord Howard was led on "the life of a gavel in the house of cabby discovered this his language to collect them, and he has already representatives is a short, merry and added several exquisite specimens to difficult one. It has a rough road to bis old armor. One of these is an in- travel and is subject to a great many laid sword once the property of Louis hard knocks. It doesn't lead the sim-

ple life by a considerable sight."

the right treatment is applied. Not less than one hundred thousand lives could be saved every year by the application of proper means for preventing and curing this terrible disease.

Danger in Alcohol in Cold Weather. When the skin is warm it is red or pink in color. The cold air of winter causes the skin to become whiter in color. This is due to the contraction of the blood vessels of the skin. The amount of blood passing through the skin is decreased, and the amount of heat thrown off into the cold air is likewise decreased. If a glass of wine or brandy is taken the skin becomes red. The sensation of warmth produced is delusive. The victim imagines himself warmer. Indeed, the skin is warmer, but at the same time a great increase is observed in the heat thrown off from the skin. The result is an enormous loss of heat to the inside of the body.

Dr. Parkes, the eminent English sanitarian, says: "All observers condemn the use of spirits, and even of wine or beer, as a preventive against cold." 'The names of Dr. King, Dr. Kane, Capt. Kengedy and Dr. Hayes may also be cited as holding to this opinion. In the last expedition in search of Sir John Franklin the whole crew were teetotalers.

Prof. Miller states that the Russian military authorities "interdict its use absolutely in the army when troops are about to move under extreme cold, part of the duty of the corporals being to smell carefully the breath of each man on the morning parade, and to turn back from the march those who have indulged in spirits, it havin.

been found that such men are peculiarly subject to be frostbitten and otherwise injured." Dr. Carpenter is authority for the

statement that the Hudson Bay company has, for many years, entirely excluded spirits from the fur countries of the north, over which they have exclusive control, "to the great improvement," as Sir John Richardson observed, "of the health and morals of their Canadian servants and of the Indian tribes."

Health By Training.

Health-getting, for the chronic invalid, is simply a matter of training, of health culture under favorable conditions, which include the discarding of all disease-producing habits, such as the use of tobacco, tea, coffee and all irritating, indigestible and diseaseproducing foods.

The free use of flesh foods is no doubt a cause of liver and kidney disease, as well as of stomach disorders. The uric acid of flesh tood is also a cause of rheumatism and gout, as well as nervousness and calcultes.

For substantial and permanent re-

WHOLESOME RECIPES.

Lentil and Nut Loaf-To one pint of rather dry lentil pulp add one cup of grated Brazil nuts and sufficient stale breadcrumbs to make a stiff mixture. Season with salt and sage if desired. Press into a bread tin and bake in a slow oven one hour or longer.

Fruit Soup-Into one cup of warm water put one rounding tablespoonful of sago and cook in a double boiler one-half hour. Then add two or three whole cooked prunes, one-fourth cup stewed raisins, two tablespoonfuls stewed cranberries, one teaspoonful lemon juice and sugar to suit the taste. Allow it to heat until the fruit is hot, and serve. Vermicelli or pearl barley may be substituted for sago, and dried cherries, with strawberry and lemon juice, used in place of the fruits mentioned.

Snowballs with Prunes-Steam rice one hour or until tender, then form into balls, with one large or two small prunes in the center. Serve with a hot sauce made by warming for a few minutes one-half cup of meltose, to which the juice of one lemon has been added and a little prune juice to make it of a consistency to pour easily.

Banana and Nut Salad-Peel three bananas and slice thin; add one-half cupful broken (not chopped) walnut meats. Pour over this two-thirds cup \$ of the dressing and mix well. Serve on platters garnished with lettuce leaves.

Peas Croquettes-Boil until thoroughly done two cupfuls of Scotch peas Rub through a colander and add two well-beaten eggs, a little minced parsley, a small grated onion. salt to taste and dry bread crumbs enough to make quite stiff. Form into croquettes, roll in beaten eggs and breadcrumbs and bake in oven about ten minutes. A cup of chopepd walnuts will improve the croquettes.

Savory Lentils-Cook two cupfuls of lentils until well done. Rub through a colander and add salt and sage to taste. To serve, heap in the center of the dish and pour tomato sauce separatos catalogue around it.

The great thing which counts in this world is not talent, but faithfulness .- John Clifford.

Deafness Cannot Be Cured

Deatness Cannot Be Cured by local applications, as they cannot reach the dis-eased perilon of the car. There is only one way to cure deatness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a runbling sound or im-perfort hearing, and when it is entirely closed. Deaf-mess is the result, and unless the inflammation can be taken out and this tube restored to its norms! condi-tion, bearing will be destroyed forever; nine caused but an inflamed outlion of the nuccus surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be curred by Hall's Ostarrh Cure. Send for circulars free. Boid by Druggistar, 756.

Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

The pure in heart are slow to credit calumnies, but they sometimes like to hear about them.

Why It is the Best

is because made by an entirely different process. Defiance Starch is unlike any other, better and one-third more for 10 cents.

A liberal education is considered the best dowry, but £10,000 a year is still rather liked.

Piso's Cure is the best medicine we ever used for all affections of the throat and lungs .-- WM. O. ENDSLEY, Vanburen, Ind., Feb. 10, 1900.

Say little, look wise and all your neighbors will flock to you for advice.

Defiance Starch

should be in every household; none so good, besides 4 ounces more for 10 cents than any other brand of cold water starch.

